



Too Much Bellyaching

I shall be criticized for the title of this editorial, but it is a good old Elizabethan phrase and there is no other which expresses so forcibly the thing I have in mind. Let me illustrate with a story. I stood in line one night at the ticket window in Providence waiting to take up the lower berth which I had reserved to New York. In front of me was a man who had come up from Chatham on Cape Cod, having telegraphed for a reservation on the part of the Chatham operator the telegram had gone to Boston instead of to Providence. If the man waited for the train to come through from Boston he would not get to bed until about two o'clock in the morning. If he got on a Providence car he would have to sleep in an upper berth because all the lowers were sold. He bought an upper, but not without a great deal of grumbling. "This is atrocious," he exclaimed. "Give me a telegraph blank. I am going to wire that operator in Chatham and tell him what I think of him."

To which the station agent answered very sanely: "What good will that do? You're mad already. What's the use of getting two men mad?" Every hour of every day a certain number of things happen which

just should not happen, but do. To err is human.

When I became a magazine editor years ago a very wise editor said to me: "You are about to make a sad discovery. You are about to learn that there are no efficient people in the world."

He went on to prophesy that writers would consistently misinterpret my instructions about articles and that artists would insist on drawing their pictures all wrong. To a certain extent the prophecy was fulfilled; but, having been warned in advance, I managed to get along without losing my temper often or increasing my blood-pressure much.

If you expect perfection from people your whole life is a series of disappointments, grumbling and complaints. If, on the contrary, you pitch your expectations low, taking folks as the inefficient creatures which they are, you are frequently surprised by having them perform better than you had hoped.

Too many of us are like that man in Providence, who probably "bellyached" to everybody he met the next day, saying that he was tired because a fool operator in Chatham had caused him to sleep in an upper berth. Doubtless he went home and "bellyached" to his wife; and he may still be telling the sad story for all I know. What's the use of it all?

tion of human ills are due to some bodily defect which prevents the full utilization of the elements which are taken into the body, or to the absence of some essential elements in the usual diet.

EXPLORERS

In the heart of the South American jungle rises Mount Roraima, in Venezuela. The high plateau from which this mountain springs has never been visited by white men. Three great scientific institutions, the American Museum of Natural History, the American Geographical Society and the New York Botanical Gardens are sending a joint expedition into this region next summer to find—what?

Gold, which was the object of the early Spanish explorers of South America? Oil? Rubber? Diamonds? Not any of those is the purpose of this quest. Merely knowledge. Scientists are concerned only with discovering facts. It is up to engineers and business men to make use of the facts after they have been found.

It is hardly likely that these explorers will find in this region, popularly known as the "Lost World," any living examples of prehistoric monsters, such as the late Conan Doyle imagined might still survive in the South American fastnesses. But they may find the true answers to many questions affecting the everyday life of everybody. It is even possible they will find a territory in which great numbers of civilized people could subsist with less effort than most of us have to put forth, once it were made accessible. Nobody knows.

LEARNING

Rabbi Naftali Fried, a Bohemian Jew, has been appointed librarian of the Pope's Hebrew library in the Vatican. He will live in the papal palace, but under the strictest rules of the orthodox Jewish religion; he will not work on Saturdays, his food will be prepared according to the Mosaic law, and he will have special religious services for a small Jewish congregation in a synagogue set up in the headquarters of the Roman Catholic church.

Learning knows no religious or racial distinctions. Truth is truth, in whatever tongue it speaks. Men of real learning have no prejudices against any other man of learning merely because he speaks a different language, dresses differently or worships his God by a different ritual. When Dr. Einstein, one of the world's most learned men, visited America, how many people thought of him as a Jew? All united to welcome and honor him because of his learning; his religion and race did not matter.

INVESTIGATION STARTED.

Salem, Ore. — (Special) — Investigation of the rates and practices of the Pacific Power and Light company which operates in Morrow, Gilliam, Umatilla, Wasco and other eastern Oregon counties, has been ordered by Chas. M. Thomas, public utilities commissioner. This is one of several investigations into utility rates which have been instituted by the new commissioner in the past two weeks, including the Mountain States Power company, California-Oregon Power company and the Pacific Telephone & Telegraph company.

IN THE DISTRICT COURT OF THE UNITED STATES FOR THE DISTRICT OF OREGON.

In the matter of E. H. Turner, Bankrupt.

IN BANKRUPTCY No. B-15964.

To the creditors of E. H. Turner of Lane, Morrow County, Oregon, bankrupt.

Notice is hereby given that on the 6th day of April, 1931, the said E. H. Turner was duly adjudicated a bankrupt and that the first meeting of his creditors will be held in the office of the referee in bankruptcy of this court in Pendleton, Oregon, at one o'clock in the afternoon of the 22nd day of April, 1931, at which time and place the said creditors may (and the said bankrupt MUST attend, prove their claims, appoint a trustee, examine the bankrupt and transact such other business as may properly be brought before said meeting.

Done and dated at Pendleton, Oregon, the 5th day of April, 1931.

C. K. CRANSTON, Referee in Bankruptcy.

MACMARR STORES

SIX DAY SALE

Beginning FRIDAY, APRIL 17; lasting for six days including THURSDAY, APRIL 23; MacMarr is featuring a Nation Wide Canned Food Sale. This gigantic sale is backed with thousands and thousands of dollars in new, fresh merchandise. Car load after car load has been shipped direct from the manufacturer to our own warehouses and stores, which of course cuts down the cost of distribution and brings MacMarr foods to you at these UNHEARD OF LOW PRICES.

LOWEST PRICES IN 15 YEARS

A careful comparison of today's prices with any prices we can find during the past fifteen years of food merchandising proves without a doubt that foods are cheaper today than they have been in fifteen years. So we say BUY NOW—SAVE WHILE YOU CAN.

MACMARR STORES

SEMI-ANNUAL

CANNED FOODS SALE!

APRIL 17th UNTIL APRIL 23rd INCLUSIVE

SALMON
Tall Cans—Alaskan Pink

3 Cans **35c**
6 Cans **65c**

Tuna Flakes
Mission Brand
Quality Tuna—No. 1/2 Cans

3 Cans **39c**
6 Cans **75c**

OYSTERS
5 oz. Can
Fancy Cove Oysters

3 Cans **35c**
6 Cans **65c**

SHRIMP
5 oz. Cans
Fancy Dry Pack

3 Cans **45c**
6 Cans **85c**

CRAB
Best Quality
Japan Crab

3 Cans **\$1.00**

Sardines
Mustard or Tomato Flavor
Oval Tins

3 Cans **35c**
6 Cans **65c**

PEAS
No. 2 Cans tender Peas
from Utah. Standard.

3 CANS **35c**
6 CANS **69c**
12 CANS **\$1.35**

CORN
No. 2 Cans Minnesota yellow standard corn.

3 CANS **35c**
6 CANS **69c**
12 CANS **\$1.35**

BEANS
No. 2 Cans cut Utah stringless.

3 CANS **35c**
6 CANS **69c**
12 CANS **\$1.35**

PEAS No. 2 Cans fancy small tender peas. **98c**
2 CANS 35c 6 CANS

BEANS No. 2 cans fancy stringless Utah Beans. 2 Cans, 35c 6 CANS **98c**

MacMarr CORN
No. 2 cans fancy MacMarr Golden Del Maiz.

3 CANS **45c**
6 CANS **85c**
12 Cans **\$1.65**

SAUER-KRAUT
No. 2 1/2 cans fancy solid pack.

3 CANS **39c**
6 CANS **75c**

TOMATOES
No. 2 1/2 cans Utah Tomatoes with puree

3 CANS **37c**
6 CANS **73c**
12 Cans **\$1.39**

SUGAR Pure C and H Cane Sugar Priced Low

Canned Fruits
Never before in the history of our Marchandising have we seen fruits at these low prices, which only means that fruit is now one of your best food values—eat more fruit.

Peaches - 3 Cans - 59c
No. 2 1/2 cans Rosedale Brand

Apricots - 3 Cans - 59c
No. 2 1/2 cans Our Brand

Pears - 3 Cans - 69c
No. 2 1/2 cans Rosedale Brand

Pineapple 2 Cans 43c
No. 2 1/2 cans Libby's fancy sliced

Pineapple
No. 2 1/2 cans Libbys pack, broken slices. Have you ever seen pineapple at this low price.—Buy a Supply!

2 Cans **39c** 6 CANS **\$1.10**

Blackberries Gal- lon 69c
Gallon cans solid pack berries

Loganberries Gal- lon 73c
Gallon cans solid pack berries

Catsup --Gallon-- 59c
Utah catsup, pure tomato, gallon cans

Tomatoes Gallon 43c
Puree tomatoes in gallon cans

MacMarr all Blended Hard Wheat

Flour 49-lb. Sk. \$1.10

4 SACKS \$4.29

Darigold Large 16-oz. Cans

Milk - 3 Cans - 23c
CASE \$3.49

P. & G. Large White Laundry Bar

Soap - 10 Bars - 33c

Large Boxes Buffalo Brand

Matches 2 Ctns. 29c

Mild Cured Fancy Breakfast Bacon, Armour Brand

Bacon - Per Lb. - 26 1/2c

Medium Size Best Cured Hams, Armour's Star Brand

Hams - Per. Lb. - 26 1/2c

Snow White Open Kettle Rendered Lard

Lard 8-lb. Pails \$1.19

Del Monte pure tomato catsup, large bottles

Catsup -- 2 for -- 43c

Kerr's Assorted Berry and Fruit Flavors

Jam - 3-lb. Jars - 59c

COFFEE

MAKE IT! ENJOY IT! DRINK IT!

MacMARR COFFEE

Save 15% on MAC MARR COFFEE For One Week— We are offering this unusually low price on MacMarr Coffee for one week—let us encourage you to take advantage of this offer. MacMarr Coffee, of course, is of equal quality to any canned coffee: it is ground fresh for every order.

IT SAVES YOU THE PRICE OF THE CAN YOU CANNOT DRINK.

Lb. 29c; 3 lbs. 85c

ECONOMY BLEND

Economy Coffee has proven a very satisfactory blend for the large family—it serves you with economy in price—it provides you with a freshness and quality that can not be duplicated at this price.

Do Not Hesitate to Buy Economy Coffee.

Lb. 19c . . 3 lbs. 55c



ELECTRICITY

The late Charles P. Steinmetz, the most original thinker in the field of applied science that we have ever had in America, once said that the time would come when electric current would be so cheap that it would not pay to read meters. A flat rate of a trifle per month, the way water is paid for now, will be all that domestic current will cost, beyond doubt, some day.

The latest invention for reducing the cost of generating electricity is the mercury boiler. The liquid metal, mercury, is used instead of water to drive the first of a series of turbines; the rest of the series are driven by steam generated by the cooling of the mercury. W. L. R. Emmett, a General Electric company engineer, has been working away at the mercury boiler for twenty years in his Hartford laboratory. Already he has proved that it can be operated for a small fraction of the cost of steam.

That is only one of the many economies which will eventually make electric current literally as cheap as water.

VITAMINS

Nobody knows yet precisely what vitamins are, but new facts about where they come from and what they do are being discovered almost every day. The latest discovery is that common colds are more likely to attack persons who do not get enough of Vitamin A in their diet. This is the vitamin which is found in whole milk, certain fruits and in the green vegetables. It, in turn, is directly traceable to the effects of sunlight on growing things. Vitamin D, another of the essentials for a balanced diet, and without which perfect health is not attained, is the subject of a business deal involving a million dollars. Scientists at the University of Toronto discovered a way of irradiating wheat flour so that ordinary bread made from it would contain more of this vitamin. A bakery concern in the United States has offered a million dollars for the right to use this process in making bread commercially.

The knowledge even of the existence of vitamins is only ten years old. Much is yet to be learned about them, but what has been learned so far points to a revolution in our eating habits in the course of another generation or two, and to the control of diseases which still baffle the doctors.

MANGANESE

The most curious discovery which modern medical research has made is that unless a mother's food contains a trifling percentage of the metal manganese she has no interest in her babies.

Fortunately there is manganese in infinitesimal amounts in almost every item of daily food, but in the rare instances where maternal affection is absent doctors now know what to do for it; they simply can make sure that the mother is getting a proper ration of manganese and assimilating it.

It has long been known that every element in Nature is present in the normal human body. Since the human body is the product of its environment, it is natural to suppose that it must partake in some degree of everything else on earth. The oxygen in the air is not put there because humans need it to breathe, as the old philosophers taught, but our bodies are organized to breathe oxygen because that is the active element of the air in which we have developed. And we are finding out that a large propor-

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