

IONE

(Continued from First Page.)

ment held last Friday at Milton-Freewater Ione was defeated by Adams, the score being 32-26. Pendleton won the championship.

A. E. Stefani made a business trip to Portland Saturday, returning Sunday. On the return trip he was accompanied by Elvon Oglesby who will assist Mr. Stefani in operating the Owl Truck line, and by his brother, Joe Stefani who will spend a few days in Ione.

Marquiss Greenwald made the trip to the city with Mr. Stefani. From there Mr. Greenwald planned on going to Roy, Wash., where he has relatives.

Rooms in the Harris building opening on Main street are being remodeled and fitted up for a model restaurant which, when completed about the first of April, will be occupied by Mrs. John Grimes. Mr. Harris already has sleeping rooms on the second floor of his building and as needed will fit up more rooms. A pleasant lobby will be provided in connection with the restaurant. This arrangement will fill a long-felt need in Ione. Since the burning of the Ione hotel, we have been without hotel accommodations.

J. O. Kincaid, Bert Johnson and Louis Balsiger have been named as drouth committee for this end of the county. All those wishing to make application for the loan should see one of these men.

Mr. and Mrs. Knight and children of Bend visited last week with Mr. and Mrs. Robert Smith at their home on Second street. When Mr. and Mrs. Knight departed Mr. and Mrs. Smith accompanied them to Portland.

Mr. and Mrs. W. P. Prophet and their son-in-law and daughter, Mr. and Mrs. William Whitson have moved onto a farm near Hermiston. Louis Pyle returned last week to Portland. Mr. Pyle is a civil engineer and will shortly resume his work in the state highway department.

Mr. Christopherson, Sr., was painfully injured by a fall at the home of his son on Thursday of last week. Mr. Christopherson and his wife are with their son Clifford, while Mrs. Clifford Christopherson is in the hospital at Heppner.

Morrow county institute will be held in Lexington March 20, as well as the meeting of the county unit of the O. S. T. A. The program is being prepared by George Tucker, principal of our school, as president, and by Mrs. Lucy Rodgers, county school superintendent.

I. H. S. Alumni News.

(Continued)

Glady's Lundell was clerk in Ione postoffice and also took a short course in music at the University of Oregon following her graduation. She is now the wife of Cleo Drake and the mother of a fine son, Robert Cleo. Mr. and Mrs. Drake live in Ione. Eleanor Swanson married Elmo McMillan. They make their home in Salem. Mrs. McMillan taught in the schools of our county before her marriage. She also attended school at O. S. C. She is the mother of an attractive little daughter, Beverly Jane. Vivian Fletcher married Oliver Hagwood. They live on a ranch near Lexington. Irene Devin is the wife of George Hanel and the mother of a daughter. Mr. and Mrs. Hanel live at Parkdale, Ore., where they are engaged in the mercantile business. Susan Lieb, following graduation, returned to her home state, North Dakota, where she taught for some time in the rural schools. Later she came to Washington where she completed a business course. She is now doing clerical work in the Indian service at Wapato, Wash. Inez Clark has made her home in Portland most of the time since she finished high school. She now holds a position in Jantzen Knit Goods Wear store at 3rd and Morrison streets. Dolly Musgrave took up nurses' training at The Dalles hospital after her graduation. She finished the course there and now holds a good position in a hospital at Rensselaer, Indiana. Robert Harbison took a five-year course in architecture at the University of Oregon. Aside from his work as an architect, Mr. Harbison has already made for himself quite a reputation in commercial art. He married Miss Estelle Mays of Hood River and they are the parents of a beautiful little daughter, Dorothy Anne. Mr. and Mrs. Harbison reside at Eugene.

IRRIGON

Mrs. W. C. Isom and daughter, Mrs. Geo. Kendler Jr., were shopping in Hermiston Wednesday.

Mrs. Harvey Walpole who has been in Seattle several years returned home Thursday.

Don Rutledge, Frank Leicht, Vern Jones and G. E. Aldrich were in Heppner on business Wednesday.

An all day meeting of the Home Economics club was held at the home of Mrs. W. C. Isom Thursday. Members present were Mrs. Sam Smith, Mrs. D. Brooks, Mrs. F. Leicht, Mrs. H. Wier, Mrs. Frank Braze, Mrs. Jess Oliver, Mrs. F. Markham and Mrs. Bert Dexter. The day was spent in making flowers and picture frames. Luncheon at noon and again at 4 o'clock was served by the hostess and enjoyed by all.

Mrs. George Kendler received a very happy surprise Friday in the form of a miscellaneous shower given her by friends while visiting at the home of her mother-in-law, Mrs. Geo. Kendler Sr. Many beautiful and useful presents were brought and a delicious lunch was served at the close of the day.

Mrs. Don Rutledge returned home from Portland Sunday.

Ira Grabbell left Saturday night for Portland.

Mr. and Mrs. George Haskell of Plymouth visited Saturday night with their daughter, Mrs. Don Brooks.

The secretary of the water board has just informed the farmers that

water has been turned into the ditch for necessary use.

Mrs. F. Leicht and Mrs. H. Wier were in Hermiston Thursday.

Mr. and Mrs. A. C. Houghton were in Heppner on business Thursday.

Mr. and Mrs. W. C. Isom and Mrs. Frank Braze attended the strange lecturer's conference at Boardman Saturday afternoon and evening. The state lecturer, Sister McCall, gave a very interesting discourse. A splendid time was had by those present at the dance Saturday night which was a special one by the orchestra.

Earl Isom and Verdie Leach visited the Mac Grabbels' Sunday afternoon.

Mr. and Mrs. Don Brooks, Don Isom and Robert Walpole motored to Hermiston to see the show Sunday night.

HARDMAN.

A large crowd attended church Friday evening when Rev. Hinkle of the Episcopal Church of the Redeemer in Pendleton, delivered a very impressive sermon which was made humorous by numerous anecdotes from real life. Ruby Ferril also presented a vocal selection which was much appreciated.

Mrs. Anna Heiny and Mrs. Eva Wright were visitors here Saturday.

Mr. and Mrs. Tindal Robison of Eight Mile were visiting friends here Sunday.

Mr. Sybouts, teacher in the Lone Rock schools, made a business visit here Saturday.

Roy Ashbaugh and children were visiting friends and relatives here Sunday.

Mrs. James Burnside and Mrs. Ted Burnside were calling on friends and relatives here Wednesday.

Mrs. Clyde Wright, Ray Wright and Orin Wright were visiting at the home of Mrs. Max Buschke one day last week.

Mr. and Mrs. Dick Steers were attending to matters of business in Heppner Sunday.

A party of young people made a pleasant journey to Glutton Falls Sunday.

Morris McKittrick was visiting at the home of Mr. and Mrs. Hiram Johnson Sunday.

Chas. Hackman has gone to work for Frank Wilkinson, near Heppner. Dud Flinn, who was called to the bedside of his friend, Chas. Repass, departed for his home at Ritter on Wednesday last.

Ira McConkie was a caller in town one day last week.

Mr. and Mrs. Percy Bleakman and son Norman were visiting at the home of Mr. and Mrs. Bert Bleakman on Sunday.

Roland Farrens spent the week end visiting at Rhea creek.

Marie Saling spent Sunday visiting at the home of Mr. and Mrs. Ted Burnside.

Several people of this community enjoyed the chivaree on Mr. and Mrs. Lloyd Harshman at the home of Mr. and Mrs. Clyde Swift near Heppner.

Gene Lovgren was transacting business in Heppner one day last week.

How to Select Good Beef Told by O.S.C. Professor

The woman who "knows her beefsteak" keeps four factors in mind when making a choice at her local market, says A. W. Oliver, assistant professor of animal husbandry, at Oregon State college. First, Professor Oliver says, she will notice the distribution and color of the fat in the beef. A beef animal deposits its fat in the muscles as well as on the outside of the carcass. This distribution of the fat is called marbling, and tends to break down the connective tissue, making the beef more tender. The fat of beef animals is white and flaky, while some of the dairy breeds have very yellow fat.

Mrs. Housewife will also notice the color of the meat, says Professor Oliver. The most desirable color for beef is light cherry red. Very young animals will have light pink meat, while the flesh of old animals is dark red or bluish. Meat from a thin animal is also darker in color than that from a fat one. Meat that is freshly cut is generally darker in color for 20 to 30 minutes.

Color of the bones is also an important indication of the age of the animal, Professor Oliver points out. A red color in the bones indicates that the animal was still growing, while the bones of a matured animal are white and hard. The bones in a desirable piece of meat will generally show this red color.

Another point to be considered is the grain or texture of the meat. Beef that has large, coarse fibers is generally less tender than meat with a fine, smooth velvety texture. This is well illustrated, according to Professor Oliver, by a comparison of T-bone steak with a cut from the neck region. The muscles of the neck are used a great deal, and the fibers will be much longer and coarser than those in a T-bone.

TO WORK ON DAM.

Cleve Burroughs of Boise, Idaho, was visiting at the home of his sister, Mrs. C. B. Cox, the first of the week. Mr. Burroughs is employed with the Big Six contracting company awarded the contract for building of the Hoover dam at Boulder canyon, and expected to receive a call at any moment to report on the job at the \$80,000,000 government project.

Oscar Peterson and family spent several hours in Heppner Saturday, coming to the city to have dental work done, and also to attend the funeral of the late Andrew Carlson. Mr. Peterson states that nights have been pretty cold and frosty of late but wheat is progressing well and he is proceeding with the spring plowing. There is a lack of moisture out his way, with prospects that the ground will be too dry for plowing before he has finished, unless rains should come.

SEED CLEANING METHOD GIVEN

Buckhorn Can be Separated From Clover or Alfalfa Seed on Farm, Says O.S.C.

The sawdust method of separating buckhorn or plantain seed from red clover or alfalfa seed is efficient and economical and can be done by the farmer. This method, while not new, is not generally known, says O. R. Hyslop, professor of farm crops at Oregon State college.

This plan is much cheaper than the usual method of removing buckhorn from these seeds which requires very careful management and special machinery, Hyslop said. In separating buckhorn by this method, the infested seed is soaked in water for two or three minutes and then thoroughly mixed with eight or ten times its volume of medium fine dry sawdust. The coats of the buckhorn seeds become mucilaginous and particles of the sawdust adhere to them, causing the buckhorn seeds to materially increase in size. The seed is dried for a short time and then run over screens where a majority of the buckhorn seeds due to their increased size are separated from the clover or alfalfa.

Two precautions are necessary. The seed if soaked longer than two or three minutes may lose a large part of the mucilaginous material and the sawdust will not adhere to it satisfactorily. If the sawdust covered seed is handled too roughly the particles of sawdust may not be loosened and thorough separation made difficult.

Planting red clover or alfalfa seed free from buckhorn on clean ground is the best way to eliminate the added cost of cleaning buckhorn from these seeds, Professor Hyslop points out. The grower by using the simple sawdust method on his own farm can readily remove practically all of the buckhorn from the seed he intends to plant.

U. of O. Offers Clinic For Motor-Minded

University of Oregon Eugene, March 10.—Children who have special difficulties in spelling, arithmetic and reading which have hitherto branded them as backward and which have prevented their normal progress, will have an opportunity to have their difficulties tested and perhaps overcome when the University of Oregon summer school clinic for the "motor-minded" opens its fourth session this year. During the past three years this unique clinic has tripled in size, attracting the notice of educators from all over the United States.

With greatly enlarged facilities, the work this summer will be again under the supervision of Dr. Grace Fernald, University of California at Los Angeles, Dr. E. W. DeBusk, University of Oregon, and Lillian Raynor, of Los Angeles. While the work is largely for children, high school pupils and those regularly enrolled in the university who find it difficult to learn by the ordinary visual or auditory means will also be taken into a special class, Dr. DeBusk said. Teachers who are interested in learning the method may enroll in the summer session classes. Appointments may be made with Dr. DeBusk for testing children's difficulties between now and the opening of the clinic on Wednesday, June 24.

Nearly 65 typical children were taught in the clinic last year, some of them coming from as far away as Hawaii, and already requests for entry this year have come from such distant places as Massachusetts, Georgia, South Carolina and the Middle West. Every effort will be made to take in all children who need help, Dr. DeBusk said, though it is pointed out that children who are merely back in their studies because of illness or who are really mentally deficient, cannot be taught in the clinic.

Making an average gain of one year in their studies in the six weeks of the clinic, the children who have taken the work testify to the success of the system during the past three years. It was devised for those who cannot learn by visual or auditory means, but must receive stimuli through their muscles first, until the "stoppages" in other ways have been broken down. While most of the cases treated have merely been children who have found their studies difficult, a few had been given up as being absolutely feeble-minded until they were taught with this kinesthetic method and found to be perfectly normal, intelligent children.

The method itself is simple. A word is written on paper in large handwriting, which the child traces with his finger until he thinks he can write it without help of the model. At the same time that he writes, he says the word. Thus, by saying, writing, seeing and hearing the word at the same time, he is able to make the association. Sometimes in the beginning this process must be repeated from 50 to 100 times, but eventually it may be discarded. For if the child is really "motor-minded," success always comes.

There will be two sections given for children this year, one for the primary and intermediate grades and one for upper grade and high school pupils. Four classes will be given in the summer season for those interested in learning the method.

David Hynd states that lambing will be under way at the Rose Lawn ranch in Sand Hollow in about another ten days. It is his opinion that the past winter was not so easy on the sheepmen because of the long continued foggy weather, necessitating steady feeding of hay to the flocks. The recent frosty snap has not improved range conditions either. Mr. Hynd was a visitor in town Friday.

W. C. T. U. NOTES.

MARY A. NOTSON, Reporter.

The wet crowd seem to follow all their old time tactics. If a minister of the gospel opposes them, as is his right as an American citizen, they vent their wrath upon him, hoping thereby to intimidate others. When Bishop Cannon, of the M. E. Church, South, dared to take a stand in accordance with his convictions, he became the object of a vicious attack. The wets induced the Lobby Investigating committee to begin investigating the Bishop, not for improper lobbying, but for campaign activity, which was a matter entirely outside of the scope of their duty. When the Bishop asserted his rights before the committee, there was a great howl, but the Senate had too much "horse sense" to attempt to punish him for contempt under the circumstances. Then his enemies made an underhanded attack upon him by persuading some of the members of his own church to accuse him of improper conduct for which he should be disciplined. A committee was authorized to investigate, somewhat after the manner of a grand jury, with the view of bringing the Bishop to trial before the next general conference if they found sufficient grounds. After a painstaking investigation the committee exonerated him.

Mark Sullivan in a recent article says that congress may "define" intoxicating liquor as a beverage containing 4 or 5 percent of alcohol, thus letting in beer and so-called light wines. This statement may mislead some. None of the advocates of light wines would be satisfied with wine containing only 4 or 5 per cent of alcohol. They want wine of 10 to 12 per cent of alcoholic content. If congress raised the percentage from one half of one per cent to 4 or 5 per cent, it would be all to the advantage of the brewers. However, if the courts found that beverages containing 4 or 5 per cent of alcohol are in fact intoxicating, they would set aside the act of congress as unconstitutional. The wets know that what they are trying to do is to secure a law which will permit the sale of some kind of liquor which is actually intoxicating. They deceive no one by such tactics. They howl about the absurdity of the one half of one per cent limit, but keep in mind the fact that it was the brewers, "in the good old days," who had the one half of one per cent limit written into the law. They did it to shut out by taxation any competition. They are the "fanatics" who are responsible for the one half of one per cent limit. Let them stew in their own juice.

LEAGUE INSTITUTE MEETS.

The Epworth League mid year institute of the Cascade district of the Methodist church, will be held at Heppner March 13th to 15th. A large group of young people from Central and Eastern Oregon will attend this meeting. The institute will begin with a banquet Friday evening at 6. This will be followed by a class lineup at 7. Classes will begin at 7 ending with a devotional period at 9.

There will be classes all day Saturday, beginning at 9 a. m. and closing at 9 p. m. Three services are scheduled for Sunday morning, the last one being at 11 a. m., when Rev. Joseph Knotts of The Dalles will bring the inspirational message to the young people.

The classes are as follows: (a) League Methods; (b) Negro Life in America; (c) Picturesque Interviews with Jesus; (d) Awakening World Missions. The topics for the devotional periods will be "The Lure of Christian Life," "How Do We Become Christians?" and "The Growing Christian." All who may be interested are invited to attend Institute. This is an unusual privilege for the young people of Heppner.

"SHOULD HAVE HAD SARGON AT FIRST"

"I've got the strength and vigor now I had twenty years ago," recently stated Theodore Pierce, 96 10th St., Portland. "My stomach



THEODORE PIERCE

was so acid I couldn't eat without suffering agony. I had a bad case of constipation; my sleep was restless; and I was tired and 'all in' during the day. Sargon ended every one of my troubles, and I enjoy hearty meals, along with sound sleep, and feel fine all the time. Sargon Soft Mass Pills ended twelve years of constipation for me, and I never have to take laxatives any more. Sargon is the medicine I should have had at first." Sold by Patterson & Son, druggists, Heppner.—(Adv.)

MEANING OF 4 H'S EXPLAINED TO LIONS

(Continued from First Page.)

scholarship in Morrow county, and this year the International Harvester company created one hundred \$500 scholarships which will be awarded club workers in the United States.

C. W. Smith, county agent, who had charge of the program, and Mrs. Lucy E. Rodgers, county school superintendent, have had charge of organizing and supervising club work in the county. Mr. Smith has charge of the agricultural clubs and Mrs. Rodgers, the home economics clubs. Each told something of the progress of the work in the county since last started three years ago. Twenty-seven clubs are now active in the county, having a total membership of 250. Mrs. Rodgers said. Two primary essentials in organizing clubs is the interest of parents and availability of local leaders. Seven clubs are active in Heppner, with a total membership of 77. Mr. Smith said. Average membership is seven or eight, with 26 the largest.

Workers Present Numbers.

Numbers presented by club workers included explaining of the "4-H" motto and emblem by Joe Stephens of Hardman, a darning demonstration by Fern Luttrell and Betty Doherty of Lexington, a talk on why he liked club work by Boyd Redding of Eight Mile, and a chicken demonstration by Jean Adkins and Myrtle Green of the Eight Mile poultry club.

Scholarship certificates won for outstanding club work the past year were presented Joe Stephens and Boyd Redding, which will entitle them to attend the summer school the coming summer. Leader-

The BEST Gray Hair Remedy is Home Made

To half pint of water add one ounce bay rum, a small box of Barbo Compound and one-fourth ounce of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Apply to the hair twice a week until the desired shade is obtained. It will gradually darken, streaked, faded or gray hair and make it soft and glossy. Barbo will not color the scalp, is not sticky or greasy and does not rub off.

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A LIGHT LUNCH OR FOUNTAIN

REFRESHMENTS

ELKHORN RESTAURANT

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ship pins, given only to leaders of 100 percent clubs, were awarded Miss Alena Redding, Eight Mile; Mrs. O. C. Stephens, Rhea creek; Mrs. Algott Lundell, Gooseberry, and Mrs. Floyd Worden, Hardman, all of whom were present. Mrs. F. W. Turner, leader of the Lexington sewing club, was also present and outlined the progress of club work since its inauguration in Lexington last year. One hundred percent achievement certificates were given clubs represented.

Mr. Smith advised that any boy or girl so situated as not to be able to work with an organized club, may on application carry on a pro-

ject under the supervision of his or her parents. Several new clubs are now in prospect, he said. To show something of the amount of attention given club work by his office, he said that 14.2 percent of the working time of the office last year was devoted to it.

Be sure to see EXTRAVAGANCE at the Star Theater Sunday, Monday and Tuesday. Superb entertainment for everyone.

3 years for \$5—where can you get more for your money?—The G. T. Fresh Cow for Sale, 2 years old. F. S. Parker, Heppner. 45ft.

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- Babbitt's Cleanser, a real cleanser ..... 2 for 15c
- Red & White Coffee ..... Lb. 35c
- Fancy Cookies (bulk) ..... 1 Lb. 20c
- Fig Bars ..... 2 Lbs. 25c
- Palmolive Beads ..... 2 for 19c
- Shrimp ..... 2 cans for 33c
- Oysters ..... 2 cans for 30c
- Almond Oil Soap, high quality, 2 bars for 23c

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