

The Way of Life

by BRUCE BARTON

SEX

The headmaster of a preparatory school came to see me, and we talked about boys.

"What do you do about this sex business?" I asked him. "Do you have a course of lectures for the boys, or do you and the other masters talk with them individually? Or what?"

He shook his head. "No lectures," he answered. "I am on the black-list of all the Welfare Organizations and Social Hygiene Bands and Uplift Groups. They are always wanting to send speakers up to us, and I refuse to let the speakers come because, for some reason or other, they all seemed to be cracked on this subject of sex."

"The last speaker who slipped by me talked about the Great Mysteries of Life, and the Terrible Mistakes which boys make, and the Awful Penalties they incur. It was essentially a smutty talk, sweetened with moral prune juice. You could almost hear his lips smack as he delivered it."

"When he had gone, the boys appointed a committee to visit me."

"They said: 'Sir, we know all these things. We are gentlemen, and we are uncomfortable when

they are talked about. Please do not embarrass us with any more such speakers.'"

If you were to get all your information from looking at motion pictures, or attending Broadway shows, or listening to Social Uplifters, you would conclude that the United States has gone sex-crazy.

As a matter of fact, I am convinced that the two following statements are absolutely true:

First: Contrasting the United States with England under Henry the Eighth, which was only four hundred years ago, Greece or Rome, which represent the highest civilization of ancient times, there is no question that life today is a hundred times cleaner, more wholesome, and freer from dirt.

Second: The two great interests of this country are business and sports. Compared to these two, sex is a very weak third.

The longer I live the more confidence I have in the natural ingrained decency of men and women, of boys and girls. And the more I dislike the folks who are so professionally eager to guard, correct and improve them.

investigate the practicability of a railroad over the Andes to open up new land for German colonization. The same day I met an American engineer about to start for Abyssinia, to build a dam there.

The world is still full of adventure for those who have the same sort of pioneering spirit which actuated the forefathers of us who live in the United States today. It will be centuries before the whole world has been fully explored or even partly settled.

WATERWAYS

There is a revival of interest in the project to connect the Great Lakes with the sea by a ship canal. Some interests want to make it an international route, using the St. Lawrence River. Others advocate the taking over of the Erie Canal, which connects Buffalo on Lake Erie, with Albany on the Hudson River. Army engineers have reported that a 25-foot channel or even a deeper one, all the way from New York to Buffalo, is entirely feasible.

The opposition comes mostly from the railroads. The Erie Canal was built before there were any railroads; otherwise it never would have been built. It made New York the dominant seaport through which commerce to and from the newly-opened West flowed.

Hints for the Home

by Nancy Hart

VEGETABLE SALADS.

Lemon jelly is also a good foundation for many vegetable salads. A good tomato jelly is made by stewing two or three ripe, red tomatoes until a thick liquid results and straining that through a fine wire sieve—but not through cheesecloth, as that keeps out the color—into lemon jelly that is still liquid. When it is cool it may be poured into a ring mould, into individual moulds or into a square pan—if in the square pan it is cut in even sized blocks when it is ready to serve.

Diced cucumbers are delicious in this tomato jelly. Mixed fresh-cooked vegetables are also good in this lemon-tomato jelly. A mixture of either fresh green peas and diced carrots, or string beans and pickled beets is especially good. The jellied vegetable salads should be served on lettuce, and are usually preferred with mayonnaise dressing, though some persons prefer French dressing.

HOT WEATHER BREAKFAST

Everyone appreciates an attractive-looking breakfast table, and nearly everyone occasionally feels utterly tired of the usual breakfast.

The ordinary household's breakfast dishes must not take many minutes' preparation in the morning or even ask for much effort the day before. But often we can have delicious things for breakfast with very little trouble beforehand.

For one thing there is fruit. Be sure that the fruit you serve is fresh and clean as to skin and cool. Most of the summer fruits are very little trouble to serve. Whole peaches, plums or pears, halved musk melons, and summer berries are all both easy and tempting.

LEMONS

In making French dressing for salad, many persons prefer lemon juice to vinegar, and to some persons it is more wholesome. By way of variety it is worth trying, especially when the dressing is to be used with a fish salad. A few drops of lemon juice add much even when

NEIGHBORS NOTICE BIG CHANGE IN HER

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MRS. WM. F. HAGEMAN

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REDHEADS

The impression that redheaded people are brighter than the general run is widespread. A New York restaurant lately dismissed all of its old staff of waitresses and now employs only redheaded girls, 55 in all. The management reports that the service had been greatly improved. Another New Yorker, a manufacturer of specialties, for years has employed only redheaded men and girls, several hundred of them.

Red hair is said by scientists to indicate a strain of Scandinavian blood. The Scandinavians have been rovers for thousands of years, and have left their strain in the blood of the people of many lands. I am inclined to agree with those who maintain that red hair indicates a quick intelligence and a high degree of nervous energy.

GAMBLING

Two brothers named Dougherty bought for \$1 a ticket in a Canadian sweepstakes on the Derby horse-race. They won the grand prize of \$179,000, went to Canada and collected the money. If they are ordinary human beings, their "luck" will probably ruin them. If they have more than the average of horse sense, it may be the foundation of a stable fortune.

"Easy come, easy go," is a rule to which there are few exceptions. I have known many successful gamblers, but only one or two who were able to keep their money after they had won it. One family prominent in New York society owes its foundation to the old Louisiana Lottery. After "cleaning up" in New Orleans the founder of the family had sense enough to invest his winnings in property which has steadily increased in value, and his grandchildren hobnob with the Astors and the Vanderbilts. But for every such instance as that, I could point out a dozen where winning something for nothing has literally ruined men who might have amounted to something if they had to work for every dollar they got.

NAMES

The newly-discovered planet will be named Pluto, following the custom of giving classical names, such as Mars, Venus, Neptune, Saturn, etc., to the heavenly bodies. That is a more sensible system than prevails in most parts of this country in giving names to towns and

places. A classical-minded official of New York's early days gave names out of ancient Greece and Rome to the unsettled townships, whence we have such cities as Syracuse, Rome, Utica, Troy, Niobe, Ilium, Ithaca, Carthage, Pompey and many others whose names mean nothing whatever in America.

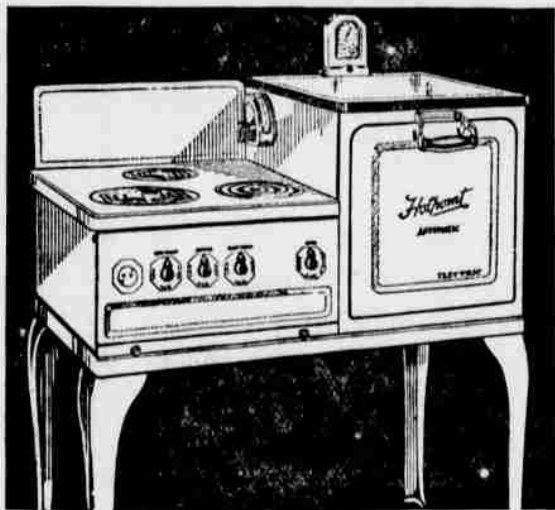
The early settlers lacked imagination. Otherwise we would not find in one county in New York the town of Chatham, North Chatham, East Chatham, Chatham Centre and Old Chatham. Portland, Oregon, got its name because the two men who founded the settlement tossed a coin to see which should name it. One came from Boston, the other from Portland, Maine, and the Portland man won. And St. Petersburg, Florida, got its name because the man who first settled there was a Russian.

PIONEERING

More than four-fifths of Alaska is as yet unexplored and unmapped. A group of young American engineers will start soon surveying a highway through the Alaskan wilderness.

I talked the other night with a young German nobleman who was about to start for Peru in an airplane, with American engineers, to

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vinegar is used and prepared mayonnaise is often improved by the addition of a little fresh juice just before using.

There are many excellent lemon desserts. Just run through your favorite cook book looking for them. Lemon jelly, lemon pie, lemon filling for cakes, lemon corn starch pudding, lemon egg pudding, lemon rice pudding, lemon tapioca, lemon pudding sauce, lemon ice, lemon cookies, lemon ice cream, lemon tarts, will appear to you as more or less familiar desserts.

You will find, too, that a large number of fruit desserts are improved by the addition of a little lemon. Prune and fig desserts are among them and toward the end of the season apples are very much improved if cooked with a little lemon. When you bake bananas lemon juice prevents them from tasting insipid. Almost all made fish dishes call for lemon and broiled fish needs a garnish of lemon quarters. Sweetbreads and very often veal dishes are improved with lemon juice.

HUMORETTES

"Here's a fellow who thinks a time-table has five legs."

"Ha, ha! How absurd! How many has the bally thing?"

Her Father: Can you give my daughter the luxuries to which she

has been accustomed? Youth: Not much longer. That's why I want to get married.

Ephraim: "What yo' all doin' wif dat papah, Mose?"

Mose: "Ise writin' mah gal a letter."

"Go 'way, yo' kain't write."

"At's all right, mah gal kain't read."

A man and a woman came round the corner in a car. He put out his

hand to turn to the left; she to turn to the right.

Traffic Policeman: What do you want—a divorce?

Eskimo child (in cot): "Ma can I have a drink of water?"

Eskimo mother: "No, you must wait, it's only three months til morning."

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