



When Is A Man Old?

"A dread to come to the end of a year," said a friend to me recently: "it makes me realize I am growing old."

That suggests a question. When is a man old?

In Shakespeare's time a man was old at forty, and often inviolated long before that.

Sir Walter Scott at fifty-five beamed the fact that he was an old man.

Montaigne retired to his castle at thirty-eight to spend his declining years in peace and study.

Dr. Samuel Johnson once remarked that at thirty-five a man had reached his peak, and after that his course must be downward.

Physiologists tell us that in all mammals except man the period of life is five times the period of growth. A dog gets its full growth in two years, and lives ten; a horse in five years, and lives twenty-five. On this basis a man should live from one hundred to one hundred and fifty years.

But William James, the great psychologist, said that most men are "old fogies at twenty-five."

He was right. Most men at twenty-five are satisfied with their jobs. They have accumulated the little

stock of prejudices that they call "principles," and closed their minds to all new ideas: they have ceased to grow.

The minute a man ceases to grow—no matter what his years—that minute he begins to be old.

On the other hand, the really great man never grows old.

Bismarck, who died at eighty-three, did his greatest work after he was seventy.

Titian, the celebrated painter, lived to be forty-nine, painting right up to the end.

Goethe passed out at eighty-three, and finished his "Faust" only a few years earlier; Gladstone took up a new language when he was seventy; Commodore Vanderbilt increased the mileage of his lines from 120 to more than 10,000 between his seventieth birthday and his death at eighty-three.

Laplace, the astronomer, was still at work when death caught up with him at seventy-eight. He died crying, "What we know is nothing; what we do not know is immense."

I suppose that is the real answer to the question, When is a man old? Laplace at seventy-eight died young. He was still unsatisfied, still growing, still sure that he had a lot to learn.

As long as a man can keep himself at that attitude of mind, he is still young.

The pursuit of whales for their oil has developed in the past twenty years to such an extent that international laws for the protection of these huge beasts are under consideration. Aviation has stimulated the demand for castor oil, which remains fluid at low temperatures and does not carbonize. Cod-liver oil is in greater demand than ever. Porpoise oil is used for lubricating watches. And the oil from coconuts is used in a thousand ways, for foods, candies and cosmetics.

One of the newest scientific discoveries is a germ which will extract the oil from coconuts without pressure, economically and completely.

WELCH

"No human being in this country is not his debtor, though millions have never heard his name."

No greater tribute could be paid to any man than that phrase which was applied to Dr. William H. Welch of Baltimore, "Dean of American Medicine," on his eightieth birthday.

Dr. Welch's great work has been in starting in this country the methods of medical research into the cause and prevention of disease and in leading in the application of the results of research to the practice of medicine. His special interest has been in preventive medicine. The public health systems of America owe their origin largely to him. It is because he established the principle that it is the physician's chief duty to aid in preventing disease that the world owes him a debt of gratitude.

W. C. T. U. NOTES

MARY A. NOTSON Reporter.

When before the senate committee in March, George W. Wickens, chairman of the Law Enforcement commission, was asked if the prohibition law is, or can be enforced, he said it was not being enforced 100 percent, but he quickly added that one of his most competent investigators had told him that the law is being enforced "better than any other federal law."

Some of the dries are worried and some of the wets are rejoicing over the Literary Digest poll on prohibition. Dr. Leigh Colvin points out that 32 states have held actual legal referenda on the liquor question and that 30 of these states have voted dry. He calls attention to the fact that while the Digest's presidential polls have been fairly accurate, its poll on prohibition in 1922 was far from accurate. The result of that poll was announced on the ninth of September. At the November election following, three states voted 30 percent higher for prohibition than the straw vote indicated. The straw vote showed only 35 percent of the people of California in favor of prohibition, yet in the election prohibition carried by 33,000 majority. The straw vote showed only 44.2 percent of the people in Ohio in favor of the enforcement statute, but at that election the dry majority was 189,000.

In five states binding referenda have been held since 1922, and the vote for prohibition was 52 percent higher than the straw vote indicated. So, do not get excited about the straw vote. As Will Rogers says, "Wait until you hear from the United States."

The following dispatch from Washington, D. C., shows the result of the poll taken by the Pathfinder, which shows a little different trend:

"A prohibition poll recently taken by the Pathfinder, weekly newspaper published at Washington, D. C., is receiving no publicity in the wet press. Yet this poll is far more representative of a cross section of American people than the Literary Digest's. The Pathfinder ballots went to rural and small town people in as large numbers proportionately as they did to larger cities. The Digest poll largely reflects city sentiment, stronghold of the wets. Of the 44,628 ballots returned to the Pathfinder, 27,828 favored prohibition either as it is or with strict

Political Announcements

FOR COUNTY JUDGE. To the Republican Voters of Morrow County: I hereby announce myself as a candidate for the office of County Judge of Morrow County, subject to your will as expressed at the primaries on May 16, 1930.

C. W. McNAMER, Heppner, Ore. (Paid Adv.)

FOR COUNTY COMMISSIONER. To the Democratic Voters of Morrow county: I will be a candidate for County Commissioner at the May Primary Nominating Election, May 16, 1930, subject to your will:

SAM J. TURNER. (Paid Adv.)

FOR JUSTICE OF THE PEACE. I hereby announce myself as a candidate for the office of Justice of the Peace for the 6th district of Morrow County, subject to the will of the democratic voters of said district as expressed at the May primaries.

E. R. HUSTON. (Paid Adv.)

FOR COUNTY COMMISSIONER. At the next Primary election I will be a candidate for the office of County Commissioner on the Republican ticket. If nominated and elected I will carry out the duties of such office to the best of my ability.

CREED OWEN. (Paid Adv.)

FOR COUNTY COMMISSIONER. To the Republican Voters of Morrow County: I hereby announce myself as a candidate for the office of county commissioner at the May primaries; if nominated and elected, I promise to serve the people of Morrow county to the very best of my ability.

JOE DEVINE. (Paid Adv.)

FOR COUNTY JUDGE. At the coming May primary election I will be a candidate for the office of County Judge of Morrow county on the Democratic ticket. If nominated and elected, I will, to the best of my ability, endeavor to carry out the program of the past five years.

R. L. BENGE. (Paid Adv.)

FOR COUNTY COMMISSIONER.

I hereby announce myself a candidate for the office of Commissioner for Morrow county, subject to the will of the Republican voters, expressed at the May primaries. (Paid Adv.)

GEO. N. PECK.

FOR COUNTY ASSESSOR. I hereby announce myself as a candidate for the office of Assessor of Morrow County, subject to the will of the Democratic voters at the May primaries. (Paid Adv.)

JESSE J. WELLS.

FOR COUNTY JUDGE. To the Voters of Morrow County: I hereby announce myself as a candidate at the coming primaries for the office of County Judge of Morrow County on the Republican ticket. If nominated and elected, I pledge the same faithful and sincere service that has characterized my long term with the County Court as commissioner. (Paid Adv.)

G. A. BLEAKMAN.

FOR COUNTY TREASURER. This is to announce that I will be a candidate for the office of County Treasurer, subject to the will of the voters of Morrow County, at the Primary elections, May 16th, 1930. I wish to thank my friends, both republican and democratic, for their generous support in the past, and hope I have proved worthy of their confidence. (Paid Adv.)

LEON W. BRIGGS, present incumbent.

FOR COUNTY JUDGE. To the voters of Morrow County, I wish to announce that I will be a candidate for the nomination of County Judge on the Democratic ticket at the next primary election, and if nominated and elected, I will perform the duties of such office to the best of my ability. (Paid Adv.)

G. L. BENNETT.

FOR COUNTY JUDGE. At the next primary election I will be a candidate for the office of County Judge for Morrow County on the Republican ticket, and if nominated and elected I will carry out the duties of such office to the best of my ability. (Adv.)

WM. T. CAMPBELL.

FOR COUNTY COMMISSIONER. I hereby announce myself for the office of County Commissioner of Morrow County, subject to the will of the voters of the Republican party at the May Primaries.

GEORGE W. DYKSTRA, Heppner, Ore. (Paid Adv.)



FACTS

The basis of all successful business is facts. The head of one of the world's greatest corporations has a sign over the door of his private office reading: "What are the facts?"

The difference between leaders and followers in this world is that leaders know how to use facts. The way to begin to prepare for leadership is to study facts.

The greatest collection of facts about the United States, our government, industries, business, people and conditions, is in a book published annually by the United States government. It is called "The Statistical Abstract of the United States." Anyone who wants to be able to answer any questions of fact about our nation can get them all in this book for one dollar sent to the Public Printer at Washington.

WILLIAMS

The most widely known newspaper man in the world is probably Walter Williams. Williams started life as a printer on a country paper in Missouri. His education, except for a few years in the common schools, came from his newspaper work, travel and reading. He conceived the idea of a college of journalism and in 1908 established the first school of that kind, at the University of Missouri. There are fifty or so colleges of journalism now, in different universities, all founded on the Williams model.

The other day Walter Williams was made president of the University of Missouri. He still retains the title of Dean of the School of Journalism. He is the first newspaper man ever to head a great educational institution.

SUGAR

Straw and cottonseed may soon supply the world with sugar. Xylose, one of the most widely distributed organic compounds in nature, is found in all vegetable fibers. It is a sugar which does not produce fat when eaten. It was first discovered in 1888 and chemists have been working for 44 years to find a cheap way to extract it. Up to recently it cost about a dollar a pound to get it out of the fibers. Under a grant by Congress two years ago the Federal Bureau of Standards has been engaged in chemical research into xylose, and now announce the development of a process which extracts it from cottonseed hulls at a cost of only five cents a pound.

The salvation of the cotton farmer may come through this added by-product of the cotton seed, though it will hurt the sugar-grower.

OIL

Oil is the world's most precious commodity. I am not thinking especially of petroleum, which is the first thing we think of when we say "oil." Palm oil from interior Africa, olive oil from the Mediterranean shores, whale oil from the seven seas, were articles of international traffic centuries before Columbus. Today the animal and vegetable oils are still sought for everywhere and consumed in larger quantities than ever before. America has contributed corn oil, peanut oil and cottonseed oil to the list. We produce more linseed oil, from flax grown in the Northwest, than any other nation. Florida is beginning to produce tung oil, extracted from the nut of a tree native to China.

LOW FARES EAST. EFFECTIVE MAY 22 TO SEPT. 30. RETURN LIMIT OCT. 31, 1930. Reduced fares all parts of east; liberal stopovers. Fine trains; modern equipment; splendid service; scenic route. Short side trips enable you to visit: ZION NATIONAL PARK, GRAND CANYON NATIONAL PARK, BRYCE CANYON NATIONAL PARK, YELLOWSTONE NATIONAL PARK, GRAND TETON NATIONAL PARK, ROCKY MOUNTAIN NAT'L PARK. Information and Booklets on request.

Table with 2 columns: City and Fare. Includes Denver, Omaha, Kansas City, St. Louis, Chicago, Detroit, Toronto, New Orleans, Cleveland, Cincinnati, Atlanta, Pittsburgh, Washington, Philadelphia, New York, Boston.

UNION PACIFIC. Chester Darbee, Agent, Heppner, Oregon.

A statement from HARRY L. CORBETT, Republican Candidate for Governor. Includes a portrait of Harry L. Corbett and text: "I aspire to the office of governor because I should like to be of service to the state in which I was born, which my ancestors helped to develop and in which my children will live after me."

MAY DAYS ARE BIG VALUE DAYS AT THE WEST'S FAVORITE FOOD STORES. Here they are—May days! And everyone finds the MacMarr Stores stocked to the fullest with fresh, seasonable foods. Full of flavor, health and wholesome nourishment, these foods will bring praise from your family or guests. As for the VALUES—they are bigger than ever. We invite you to come in and see for yourself! You'll be glad you came!

Specials for This Week's Sale. Sugar: PURE CANE C. & H. BERRY 100 LBS. \$5.98. Coffee: MAC MARR BLEND 3 lbs. \$1.10, SPECIAL BLEND 3 lbs. \$1.00. Milk: DARIGOLD BRAND A Western Product 10 Cans 98c, Case \$4.35.

Buy a \$3.00 Order, Including Some Heinz Products and a Broom and Get Free Delivery

Wheaties. The breakfast cereal everyone is talking about. Again we offer them at 2 Pkgs. 25c.

Extra! Heinz Products Sale May 3 to 10 Inclusive. BAKED BEANS Med. Size 2 for 29c, 6 Cans 85c. TOMATO SOUP 2 for 19c; 6 for 55c. WHITE VINEGAR Pints 15c; 2 for 29c. CIDAR VINEGAR Pints 15c; 2 for 29c. Spaghetti, Med. Size 1 for 15c; 6 for 85c. CATSUP, Large 1, 25c; 2 Bots. 49c. RICE FLAKES, 6-oz. 2 for 29c; 6 for 85c.

Pancake Flour. A Sperry Product in 9 8-10 Pound Cloth Bags at 63c.

Corn-Peas. Tender and Sweet. No. 2 Tins. 6 CANS 83c PER CASE \$2.98.

FRUIT. Dried Peaches or Apricots. Per Pound 21c. 5 Lbs. 98c.

Tomatoes. SILVER DALE Brand—Packed in Puree, 2 1/2 Size. 6 CANS 85c PER CASE \$3.09.

SOAP. Citrus Laundry. Large Bars. VERY SPECIAL 10 Bars 35c.

Big Broom Sale, May 2 to 10. Better Buy a Couple at This Big Saving \$1.25 value for only 98c, \$1.00 value for only 79c.

Radishes AND Green Onions. LARGE BUNCHES 4 for 14c.

Bananas, Oranges, Grapefruit, Berries, Lettuce, Peas, new Spuds, Carrots, Beets, Turnips, Asparagus, Celery, Tomatoes, and all vegetables At LOWEST Prices.

Cabbage. Nice Crisp, Solid Heads. SPECIAL Per lb. 7c.

MACMARR STORES. Phone 1082 STONE'S DIVISION Hotel Heppner Bldg.