

# Hints for the Home

by Nancy Hart

Have you noticed, of late, the vogue for gay quilts and comfortables? For years, in the artificiality of another age, the decorative possibilities of these pieces have seemed half-forgotten. Now suddenly—encouraged by today's demand for design and contrasting color—they have come back into fashion again. And so important is the subject that it has broken into print to tell its own fascinating story through the pages of a thick new book—"Old Patchwork Quilts and the Women Who Made Them"—in which the author gives not only a complete and history of the quilt, but also describes 310 different patterns and illustrates many of them.

It is a book to intrigue every girl and woman who dreams of a beautiful home. And the story seems particularly apropos, since the gay, colorful patchwork theme with its geometric patterns is so thoroughly in harmony with the modern trend in home-furnishings.

### Menu for Meatless Night

- Vegetable Chowder
- Stuffed Baked Squash
- Cream Turnips and Onions
- Hot pickled beets
- Custard Pie
- Coffee

### Ever Try Cucumber Soup?

For a soup that is different, try the recipe for cucumber soup: Peel 3 large cucumbers, slice and remove seeds. Cook in 2 tbs. butter for 10 minutes; then add 3 tbs. flour and 3 cups white soup stock. Scald 1 cup milk with 1 slice onion. Combine mixtures and rub through a sieve. Reheat to boiling point and add 1-2 cup cream and yolks of 2 eggs. Season with salt and pepper. Serve with cheese chips.

### Chicken Loaf

1-2 cup cooked chicken, chopped, 1-2 cup chopped cooked veal, 1-2 cup

soft bread crumbs, 1-2 ts. salt, dash celery salt, 1 ts. chopped parsley, 1 egg, 1-2 cup milk. Mix all ingredients. Add seasoning, egg and milk. Bake in well-buttered pan for 30 minutes.

### Piccadilly Salad

Peel and cut a large orange in dice; add sufficient chopped celery to make 1 cup and set on ice until wanted. Halve large pecan meats, using 2 cups nuts to the amount of fruit given. Mix, arrange on crisp lettuce and top with whipped cream mayonnaise. Garnish with strips of pimiento.

### Quick Plum Pudding

Soak 1-2 lb. stale crumbs in 1 cup scalded milk, let stand until cool; add 1-4 lb. sugar, beaten yolks of 4 eggs, 1-2 lb. raisins seeded, chopped and floured, 1-4 lb. chopped figs and 2 oz. finely cut citron. Chop 1-2 lb. suet, combine all ingredients, adding 1-4 cup grape juice, 1-3 ts. each of cloves, ginger, mace and nutmeg, 1 ts. cinnamon and 1-2 ts. salt. Add beaten whites of the 4 eggs last and turn into buttered mold. Steam for 6 hours.

### For Indoor Plants

Whitewashing the inside of wooden window boxes before filling them with soil will do much to preserve the boxes and keep out insects.

### Novel Bait for Mice

Instead of the conventional piece of cheese, bait your traps with pumpkin seeds. Mice are very fond of them.

### New Board Asks U. S. to Make Education Survey

The impartial survey of Oregon's institutions of higher learning, provided for in the law creating the joint board of higher education, will doubtless be made by the United States bureau of education as a result of action taken by the board at its first meeting at Oregon State college.

The board voted to open negotiations with the federal bureau at once, which under normal conditions would get the survey started early in 1930. The board also granted permission to the college to lease additional land for the experiment station farms and to add two lots to the campus.

# Here's How

BY E. W. HOWE  
"The Sage of Potato Hill"



### Stubbornness. Amateur Writing. Drunkards.

A reader asks: "What actuates a stubborn man?" Answer—Meanness: Scare him sufficiently, and he will come out of it.

I find satisfaction and value in the writing of amateurs. Their halting fear of an audience, appeals to me, and I am more readily disposed to approve than when I pick up a book of an old professional like Bernard Shaw or H. G. Wells. Both these men (and most of the noted) display contempt for us readers too frequently, whereas by reason of our great number, we have accomplished more than the few authors with all their skill manipulating the make-up box. . . . I find very good things in amateur writing. I have before me a modest book by Alfred Hitch, published by the author in the usual amateurish style, from which I quote samples: Virtue is its own reward; anything else is a bribe. . . . Not to fear is not courage, but insensibility. Courage is to fear and still attempt. . . . The possible always happens sooner or later. . . . The less people have in themselves the more they seek the society of others. . . . The Hubaiyat of Omar Khayyam celebrates that disgusting trait in man to get drunk when anything goes wrong (whereas adversity is the precise time one should remain sober). It is not strange that in the custom of "treating" a friend, the custom is to offer him poison that should go to an enemy? . . . Dogs are dogs whether they are under or on top. . . . The only immortality of which man is worthy would be that of preservation in alcohol with other reptiles and insects; and two or three specimens would be enough. . . . Give me facts, and I will not ask for truth. . . . The Russians and Germans cheerfully followed their sovereigns

through pillage and murder, and turned from them only when they failed.

I have never been able to understand a drunkard. Every man may be pardoned for making a fool of himself occasionally; and, if a man is behaving when we hear of his folly, it helps with the public. But the folly of the drunkard is continuous; he punishes himself every week or every day, and knows the loss is greater than the profit; not one drunk in the many he has engaged in has paid him. Therefore how does such a man satisfy his conscience? An old drunkard tells me the exhilaration of a good stiff drink of whiskey lasts forty minutes. For such exhilaration one pays with bushead lasting several hours; in the case of a drunkard, he pays with the contempt of everybody. Unless heir to a fortune, he accepts the unnecessary disgrace of failure and poverty—and even if born with a silver spoon in his mouth, he soon spews it out, and substitutes pewter. What is the philosophy of the drunkard? Or of the idler, the bore, the dead beat, or other persistent violator of rules of human society? They have excuses, but usually these are merely exercise in the trade of a liar, wherein one insults himself with further injury.

### Family Will Like Them if You Fix Them Right

Do you have to thrust vegetables upon your family, insisting that they eat them "because they are good for you" or do you make them so attractive that the family demands them? It's all in the manner of preparation, says the home economics department of Oregon State college. For instance, it is essential to keep the vegetables whole or in uniform attractive pieces, and to preserve the natural color as much as

possible. And cook them the shortest time possible—till they are barely tender. Longer cooking detracts from color and flavor, and injures the vitamin and mineral content so that little Johnny has to eat twice as much spinach to get the necessary amount of food value.

Allowing many vegetables to stand after cooking before being served also often causes them to become strong in flavor and unattractive in appearance. If all these points are observed, and care is taken to vary both the kind served and the manner of serving them, the family will soon begin to enjoy their vegetables.



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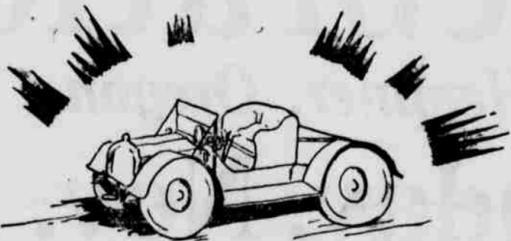
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