

# Hints for the Home

by Nancy Hart

Who has not had the disappointment of tuning-in, anticipating a long evening at the radio, only to find "tube trouble" had mysteriously introduced itself?

One regrettable feature of the old-style tubes has always been their fragility. If you have ever examined them carefully you have doubtless found the almost invisible wires arranged much like those in an electric light bulb—a construction so delicate that a very slight jar could cause damage to the tiny elements attached to the two-pillar center brace.

Now the screen grid tube made by one company has met this difficulty by using a four-pillar tube with the tiny supporting wires anchored at the top by a stiff mica plate. This holds the elements rigidly in place, so that they cannot be distorted by the jolts and jars of shipment or by necessary handling.

Another nice improvement is what might be called "two-unit" construction—whereby the power plant is mounted on a separate stage from the remaining tubes so that in case of trouble the one unit can be demounted and serviced independently of the other.

### For Sunday Dinner

Cream of salsify soup  
Roast stuffed shoulder of pork  
Candied sweet potatoes and apples  
Spanish corn Endive salad  
Coffee sponge with cream

### Creamed Corned Beef

In two tablespoons of butter soften a tablespoon minced onion; add two cups white sauce; season with celery salt and paprika, and a teaspoon minced parsley. When perfectly blended, add 1½ cups dried cooked corned beef; heat thoroughly and serve with baked potato.

### Hungarian Soup

Boil a large chicken in 3 quarts water; season with salt, sage and pepper; add 1 onion chopped and cooked until tender. Remove chicken, chop it fine, then add to soup with the yolks of 3 well-beaten eggs. When very hot, sprinkle with chopped parsley. Serve at once.

### Coffee Sponge

Dissolve 2 tbs. lemon-flavored gelatin in ¼ cup boiling water and add to 2 cups strong black coffee, boiling hot; then add 2-3 cup sugar. When cool and beginning to thicken, beat with rotary egg beater until quite stiff. Add white of 3 eggs, beaten stiff, or 1½ cups stiff whipped cream, and continue beating until mixture will hold its shape. Turn into mold, chill, thoroughly, remove and serve with thin cream.

### Washing Wool Sweaters

To wash brushed wool garments, make foamy suds of pure soap flakes and lukewarm water. Put garments in and squeeze with the hands, but do not rub or wring. Rinse in several waters, the last slightly soapy. Dry on a folded blanket spread flat on a table, shaping the garments carefully. Turn when one side is dry.

### Longer Life for Brooms

Whisks and brooms will last twice as long if first "tempered" by immersion in soapsuds to toughen the fibre. Dip in suds, rinse well, shake and hang up to dry. Repeat every week or ten days.

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Beauty, like wit, to judges should be shown; Both most are wanted when they best are known. —Lord Lytton.

### HOW BEAUTY AIDED THE DISCOVERY OF AMERICA

Of course beauty has long been recognized as very important in the lives of women. But, I feel that it has never been given sufficient credit in the way of world history. How many of you realize, I wonder, the part that beauty culture played in Columbus' voyage of discovery?

Straight through the middle of the fifteenth century, beauty was in its heyday. The demand for perfumes, cosmetics and beauty aids was tremendous. The home of these drugs was India, considered very far off at that time. Pirates were then dotting high seas, particularly on the route to India, and for many nations it was a precarious matter to pursue the trade. Of course Columbus had no idea of the vast world that he was to uncover, but he did want to find a shorter and safer route to India so that the drugs and spices so necessary to human life at that time could be more easily acquired.

It is already a part of history that Columbus received very little sympathy from the men he approached. It should be enlightening that Isabelle, queen of Spain, was the first to appreciate the desire of this truly great man. Of course, Isabelle may have been inspired by a desire to bring honor upon the country of which she was queen; but I think we are justified in suspecting that this question of personal beautification made her more willing than ever to aid the great adventurer.

One has only to consider a volume which depicts the life of those days to bear out my statement that beauty was in its heyday. Hours and hours were spent gazing into the mirror, the while misty applied the best beauty aids known at the times. Perfume, because of the great demand for it, became one of the greatest industries of Italy and France. Hair dyes, lip tints, special soaps for the hair and body were part of the dressing table accessories of every woman, and some very elegant royal ladies even indulged in milk baths.

Of course, most of my readers already know of the famous Ponce de Leon who went in search of the magic fountain which would give

eternal life. Although our modern age is a very skeptical one, I sometimes wonder whether even today one could not start a pilgrimage to such a fountain if rumor had it that one existed.

### OSC Tells How to Make Tough Meat Palatable

A great many people apparently do not know that pork means more than just pork chops, and that beef is not synonymous with sirloin steak. And their ignorance is misfortune, as anyone will agree who knows that delightful dish "Irish Stew," or some of its almost equally delicious contemporaries, such as Swiss steak and pot roast.

Of course, these dishes made from the less expensive and usually tougher cuts of meat require more care and ingenuity to make them attractive, and that is probably why so often pass them by, says Miss Agnes Kolshorn, assistant professor of foods and nutrition at Oregon State college.

There are three factors affecting the tenderness of a cut of meat, according to Miss Kolshorn—the animal from which it comes, the part of the animal from which it is cut, and the way it is cooked. Any good housewife knows that good beef is firm and lean, well mottled or marbled with fat, and that the parts of the animal which receive the most exercise are the toughest. But many of them do not know how the tougher cuts can be made tender.

As it is the thick connective tissue that makes meat tough, this must be either broken up or softened. It is broken up by grinding

for meat cakes or meat loaf, or by pounding as for Swiss steak. The most effective way of softening the tissue, Miss Kalshorn finds, is by including a small amount of acid, such as tomato juice, lemon juice or vinegar, as a part of the liquid used in the cooking. Very slow cooking in moisture also helps to soften the tissue, while high, dry heat toughens it. A temperature below the boiling point will bring far better and quicker results than a higher temperature.

### Homecoming Game Next At Oregon State College

Oregon State college is the first of the big state schools to hold its Homecoming celebration this year, the affair being set for next Saturday, October 26. The chief attraction for the old grads and others is, as usual, a big football game which will be between the Vandals of Idaho and the Beavers.

This occasion has for many years

been made a sort of "homecoming" for editors of Oregon as well, and the editor of the Gazette Times has received a special invitation to attend the game and sit with the other scribes and root as loud as the rest of the rabid fans. The gathering of editors is managed by the industrial journalism department and student guides are furnished for those who care to tour the campus.

The game this year begins at 2 o'clock instead of half hour earlier as is the custom when Homecoming is in November.



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