

# Hints for the Home

by Nancy Hart

Many of us have not been able to withstand the temptation of those sparkling new aluminum dripolators which have recently appeared at the stores. Naturally we have tried out the drip method of making coffee in them—and are converts. But do we all know just why the beverage tastes so much better and why it is better for us? It is because no tannin or bitterness is extracted from the coffee by the drip process, as it is by boiling; only the full flavor and the good qualities of the bean are obtained. This alone is news enough to make us want to try this modern method which is approved—and practiced—by almost every famous chef and domestic science expert in the country.

But in case some are thinking of the old-time process which used a slow-dripping muslin bag—it should be remembered that this new method of making "drip" is almost instantaneous. One simply puts the coffee (a dessert spoonful for each cup) into its perforated compartment, pours boiling water into the top section of the pot—and presto, in a second or two the beverage is ready to serve.

**For the Meatless Meal**  
Cream of Lima Bean Soup  
Corn Oysters Stewed Tomatoes  
Cabbage au gratin  
Apple and Celery Salad  
Boston Cream Pie  
Coffee

**Rabbit a la Mode**  
Joint young rabbit that has been skinned and cleaned; lay meat overnight in pickling liquid composed of 2-3 water, and 1-3 vinegar, salt and pepper to taste, cloves, allspice, celery seed and sliced onion. Next day remove meat from liquid, dry, dredge with flour and fry in butter as you would chicken. Thicken gravy with brown flour, (add a little pickling juice, if desired), strain and put meat back in gravy and simmer for half hour before serving.

**Mixed Vegetable Salad**  
On a salad platter arrange crisp lettuce leaves, six sections of cooked cauliflower, 1 cup cooked spinach, 1 cup cooked string beans; quarters of hard-boiled egg. Dress with French dressing to which 1 tbs. chopped pimiento has been added.

**Apricot Tarts**  
Drain a can of apricots and mush them. Sweeten to taste and add sufficient flour to thicken to proper consistency. Add a teaspoon of butter, line tart pans with puff paste, fill with the apricot filling, criss-cross with ribbons of pastry and bake until light brown. Dredge with confectioner's sugar and cinnamon just before serving.

**Browns Flour Quickly**  
For thickening meat gravies, browned flour is usually best. To prepare a quantity which can be used from time to time, spread one cup flour on a pie tin and set in hot oven. Stir frequently to prevent burning.

**Removes Color From Fabrics**  
You can bleach tinted fabrics that have become faded by washing them in boiling water to which cream of tartar has been added in the proportion of 1 teaspoon of powder to a quart of water.

R. E. Wilcox who diversifies his farming activities in the Lexington vicinity was in Heppner Monday morning delivering some choice turkeys for the American Legion dinner that evening.

**To Trade**, for milk cows or sheep, high grade piano in good shape; or will sell. Daisy Butler, Cecil, Ore. 30-32p.

## Bill Der Says



**Coming Up!**  
"Where'er you call, we start to stir," Says hustling, bustling William Der, "Quick service is our specialty—Just try us once, and you will see!"  
O-O-O

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What is lovely never dies, But passes into other loveliness. —Aldrich.

It is sometimes interesting to delve into the very distant past, through the many books available to us, to find out how our very ancient ancestors felt about beauty culture.

In my search I came across a story which amused as well as enlightened me. The tale was about a very elegant, artistic gentleman of the year 3300 B. C. who suddenly discovered that the feminine sex was losing interest in him. He attributed this lack to the fact that his hair was turning grey, and so he rushed to a learned gentleman of the village.

"Tell me, Oh learned one," he said, "what can I do to recover the color of my hair?" A modern beauty specialist might have hesitated, but the learned one immediately gave the formula for the treatment. "Get the blood of a black cow, rub it up in oil and boil, after which it is to be applied to the locks," answered the Learned One. Unfortunately, the book has no record of the success of this treatment, but there is no question in my mind that much time and money, whatever the currency of the day happened to be, was spent both by men and women in trying to prolong youth and enhance beauty.

Perfume was an essential to the life of the Egyptian. Religious rites could not be performed without incense. Perfume was used in embalming, and was also a vibrant part of the aesthetic side of living. Famous archaeologists who have in these modern times broken the silence of the old Egyptian tombs, unearthing mummies buried thousands of years ago, have brought forth evidence of the activities in the beauty field in ancient times. Some of these explorers discovered cream jars which had been buried with the mummies and which still gave forth a delicate haunting fragrance, which they could not analyze.

To critics who sometimes feel that too much time is devoted by the women of today for beauty culture, I should like to recommend these records which date back to the earliest times known to human



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knowledge. For they show conclusively that there has never been a time in the history of the world when men and women were not interested in prolonging youth—and enhancing their personal appearance.

## Farm Pointers

Selling cows in order to market hay at high current prices, as is being reported from some sections of eastern Oregon, is a short sighted policy, believes the college extension specialist at Oregon State college. While there is a 16 per cent shortage of hay reported in Oregon over last year and a 9 per cent shortage from the five year average, a herd once built up is profitable to keep over this unusual period.

So-called "sweet apples" do not have a higher sugar content than standard varieties, and are thus no better for vinegar making than others, says the college horticultural products department. The sweet taste comes from an absence of acid, rather than a surplus of sugar. Winter varieties of apples are higher in sugar content than summer sorts and are thus preferable for vinegar making.

One of the greatest factors in getting high quality in dried Oregon prunes is full maturity of the fruit when it is picked, tests at the experiment station show. Too vigorous

shaking of the trees dislodges much immature fruit which reduces both the quality and appearance of the dried product. Immature prunes also dry down more and thus reduce the tonnage.

Where a lye spray is used to clean moss and lichens from fruit or shade trees, a coating of vaseline will protect the faces of the operators, says the experiment station. The usual strength used in Oregon is 1 pound of lye to 6 or 8 gallons of water. The lye solution gives the quickest results but a Bordeaux spray is more lasting and will be effective for several years.

## THIS YEAR'S JELLY NEED NOT "OOZE OUT" SAYS O.S.C.

Do you remember last year how proud you were as you surveyed the shelves of clear sparkling jelly all ready for winter use? And do you remember how you felt a few weeks later when you reached for a glass of this same jelly and encountered a sticky mess—jelly all oozed out over the paraffin and run down the glass?

You can prevent that mishap this year, says the home economics department of Oregon State college, if you pour the jelly into the glasses carefully so as not to get drops on the edge, then allow it to stand until thoroughly set and the sur-

## Stomach Test Free

If poor digestion makes you suffer from gas, bloating, heartburn, acidity, or sick stomach, try the Diotex 15 Minute Test. Absolutely harmless. Works fast. Five positive digestive aids, in pleasant tablet form. No soda, dopes or laxative. Get Diotex from your druggist today for only 60c. Absolutely free under the money-back guarantee. If it doesn't give stomach comfort in 15 minutes, and soon help restore good digestion.

face well dried before covering with paraffin. If necessary the glasses may be covered with cheesecloth and let stand in the sun a day or two before the paraffin is poured. Rotate the glass after the hot paraffin is poured so that it runs up the rim and forms a high ridge. Then as a final precaution cover the glasses with tight-fitting metal tops, and store in a cool, dry place, and you can be as proud of your jelly when you use it as when you put it away.

R. E. Harbison of Morgan was in the city Saturday.



## DRINK MORE MILK

Wise old Mother Nature made milk for children. Into it she put everything needed for sustenance, and in the most easily assimilated form.

So, Drink More Milk. Let the children have plenty. It is the cheapest food you can buy.

**Alfalfa Lawn Dairy** WIGHTMAN BROS., Props. Phone 30F3

## TUM-A-LUM TICKLER

Published in the interests of the people of Heppner and vicinity by THE TUM-A-LUM LUMBER CO., Phone 912

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Ramsay McDonald has arrived and peace will soon be in order. But we wonder how the gangsters will be made to fall in line with the idea.

**ALBERT ADKINS, Manager-Editor.**

Uzz French is making his ranch more attractive by the use of some of our good lumber.

The proper housing of chickens, the feathered variety, is one of the big problems for poultry men. We know the answer, ask us.

Would the wife appreciate some more shelves? Probably yes. In the cellar and basement, the closets, and other places she can tell you. Do it yourself, its easy with our LUMBER.

Little Johnny, a city boy, in the country for the first time, saw the milking of a cow. "Now you know where the milk comes from, don't you," he was asked. "Sure," replied Johnny. "You feed her some breakfast food and water and then drain the crankcase."

The nice rain this week should put everyone in the humor to clean up and fix up—their homes and other buildings, we mean. Let us show you how cheaply the material for needed repairs and alterations may be obtained.

Usually the fellow that says it is better to rent than to build has houses to rent.

That's all until next week.

It is not too late to insulate. Insulation prevents the roam Of heat from the home.

Usually the fellow that says it is better to rent than to build has houses to rent.

That's all until next week.

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TIME for the new book you want to read; for the theatre, for your friends, for your children—for the score of things you really want to do but lack—the time.

We have TIME for Sale—taken from household tasks. Electricity, through its servants—you may call them electrical appliances—can shorten your hours of work. These electrical servants are within the reach of everyone. A family income must be small indeed that cannot pay Electricity's wage.

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**FOOD SIGNS OF THE TIMES**

QUALITY, real quality; ECONOMY, consistent economy; SERVICE, genuine, whole-hearted service; SATISFACTION, complete, lasting satisfaction;—these are the modern food signs and they point clearly to the MacMarr Stores. Follow them and you can't go wrong, because we guarantee every purchase!

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