

Hints for the Home

by Nancy Hart

You are planning a special luncheon—and have no maid? Then choose recipes that can be partly prepared in advance, and a menu that permits easy service—the main course on one plate, let us say. If attractively arranged this is permissible for informal service.

Usually the unruly member of "plate service" is the salad, which, if it is to be appetizing, must not spread or allow its dressing to wander to other parts of the plate. Good recipes for this purpose are the jellied salads: Asparagus tips, egg and pimiento garnished with a puff of mayonnaise; pineapple, shredded cabbage and cucumber in gelatin; fruit salad, and almost any combination of cooked vegetables can be molded in jelly.

These can always be made the evening before and set away in the ice box until wanted—relieving the cook of one trouble—some course to prepare on the day of entertainment.

A very good plate service menu is the following:

- Persian Melon
- Breaded veal cutlet
- Shoestring potatoes
- Creamed peas and mushrooms in green pepper cases
- Jellied vegetable salad
- Mocha Mousse
- Coffee

Virginia Soup
Soak a cup of dried lima beans overnight. Drain next day and put them in a kettle with two quarts of cold water. Add a ham bone and a cup of ham cut in tiny pieces, and simmer until almost tender. Peel two sweet potatoes, add to the beans and boil until soft; rub through a strainer, season with salt and pepper and serve very hot.

How to Fry Raw Potatoes
Peel potatoes and slice them in thin rounds; put into frying pan 1 tbl. each butter and sweet lard. When this is hot enough to fry, add potatoes, sprinkling with salt and pepper. Cover with a tight-fitting lid so the steam will partly cook them. Then remove lid and fry until potatoes are a golden brown, turning them carefully so they will brown equally. Serve at once.

Russian Salad
1 cup cooked diced beets; 1 cup cooked peas; 1-2 cup diced celery. Blend with Russian dressing; serve on crisp shredded lettuce and garnish with hard-cooked egg.

Pineapple Caramel Pudding
Caramelize 1 cup sugar and put in buttered shallow, square pan. Cut slices of pineapple into quarters and arrange on bottom of pan. Over this pour your favorite sweet muffin batter and bake. Turn on a large plate so the pineapple will be on top, and serve with whipped cream.

Cleans White Enamel Quickly
When washing your white enameled cooking utensils, stains will come off readily if you dip the wet cloth in baking soda and rub over the enamel. Use plenty of soda.

When Basting Meat
It is always better to use fat, or butter mixed with water when basting meats. Plain water or juice that contains little fat dissolves the outside coat of the meat, releasing both juice and flavor.

Attorney F. H. Robinson of Ione was in the city for a short while on Wednesday while looking after business of a legal nature. He accompanied Frank Engelman, merchant, to the city.

FOR SALE—A few good Short-horn bulls, 15 months to one year old; 25 head crossbred yearling ewes. W. B. BARRATT & SON.

Bill Der Says



Howdy!

Folks, meet Bill Der, the lumber man. The fellow with the hard-wood pan; He's due to give you lots of joy. This friendly, smiling builder boy!

And now that you've met Bill, why don't you drop in and meet us? We'd like to shake hands with you even though you may not be a prospective customer. But if you need lumber—say! We can supply you with anything from a 2x4 to a carload! We handle other building materials, as well. Give us a buzz!

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Preening and brushing and combing her hair—It wonders me not she remains very fair! —Warendolph.

Your hair probably has not profited by the summer vacation—unless you are unusually fortunate—and requires special attention at this season of the year. The sun, salt water and careless, hasty shampooing as well as complete neglect in the matter of massage and brushing, are likely to have robbed the hair of its smooth sheen and lustre.

Let us begin at the beginning. Good circulation is the prime essential for a healthy scalp and healthy, lustrous hair. The blood supply in the scalp must be kept active in order to nourish the hair roots and to keep the tiny glands in good working condition. This means that the scalp must be stimulated. Hair tonics should fulfill two functions. First, they should be stimulating to bring up the circulation. Second, they should be corrective in their effects upon the oil glands. For the dry scalp a tonic should be oily. For an oily scalp the proper tonic should have astringent, drying qualities. Simple massage when used in connection with an efficient hair tonic will frequently correct the common scalp troubles of dandruff and falling hair. Massage brings up the blood to the scalp, and tones up the tiny muscles at the root of each hair, thus permitting the nutrition and general good health of the hair.

Regular, vigorous brushing is another important beauty aid in developing healthy, lustrous hair. It is an excellent thing to remember at this time of the year that if you massage your scalp and brush your hair regularly and frequently as you eat your meals or brush your teeth you will not have to spend time and money later in curing unhealthy scalp and hair conditions.

Shampoos are important, too, but as I have recently gone into this matter so thoroughly and completely, I shall not take it up again. I shall mention one caution, however. When it is possible, avoid the drying machine for your hair. After it has received its final rinsing, wring it out thoroughly and wrap a warm towel around your head, rubbing the hair until most of the moisture is absorbed. Then divide the hair into sections and rub each section with a second warm towel. This is a good time to use your hair tonic, if you need one. Massage it well into the sections of the scalp. Shake your hair well, and, if convenient, finish the drying process with a sunbath.

The Camp Fire Girls had a meeting on Tuesday at which time it was decided to take a hike next Saturday. It was arranged to give a food sale at the F. W. Turner & Co. office on Saturday, the 5th, beginning at 9 o'clock a. m. The selling committee is Jennie Swindig, Marie Scrivner and Anabel Turner.

Mr. and Mrs. Fred E. Everson were lone people in this city on Monday. Mr. Everson reports that he was about finished with his fall seeding, not awaiting for rain to arrive. The summerfallow was in excellent condition and he looks for the wheat to come along all right.

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Uniform Accounting for Cities is Adopted

Salem, Oregon, Sept. 24.—A meeting of all persons interested in the accounting procedure of municipal corporations of the state has been called by Hal E. Hoas, secretary of state, for Thursday afternoon, October 24, in the hall of representatives in the state capitol building at Salem.

Establishment of a uniform system of accounting for all municipal corporations was provided by

the 1929 legislature, and the secretary of state was designated as state auditor to formulate a system to be followed. Counties, cities, school districts, special road districts, highway improvement districts, irrigation and drainage districts are included in the group affected by the new law. Those in counties having a population of more than 100,000 are excepted. The date of October 24 has been selected, as the regular meeting of the League of Oregon Cities is to be held the following day in Salem, and many attending the accounting session will remain for the following day's program.

Mr. and Mrs. Henry Blahm, daughter and two grandchildren were visitors at Heppner over the Rodeo, being guests at the home of Mr. and Mrs. Adam Blahm, below town. They returned to their home at Walla Walla on Monday.

Frank Young, who farms quite extensively in the lower Gooseberry country, was a visitor here on Tuesday.

SON OF 'I AM' TOPS RAM SALE

Woodland, Calif., Democrat. "I Am," the Rambouillet ram lamb raised by A. R. Cox of Woodland, and sold at the National Ram sale in 1927 when eight months old for \$2000, showed his value when he sired the yearling ram, "Utah's Choice," which topped the Rambouillets at the National Ram sale, held recently at Salt Lake City, for a price of \$1525.

"I Am" was, also, sire of three yearling rams sold in Texas for \$50, \$640, and \$300, making a total of \$3925 for four head. He also has to his credit two yearling ewes which won first and second prizes as lambs every place shown in 1928 and will be on this year's show circuit as yearlings. They are as outstanding in their class as the yearling which sold for \$1525.

Last year the University of Illinois purchased "Sensation," a lamb ram, from A. R. Cox which proved

to be another outstanding breeder. The University of Illinois has lambs sired by this ram lamb which will be shown at the International Stock show at Chicago this fall.

A ram lamb from the Cox flock sold at the National Ram sale the last week of August for \$325 to J. M. Owens of Ozona, Texas.

Cox has just returned after successfully exhibiting at the State fair.

Wanted: Work on ranch, man and wife or man alone. Man experienced with stock or cat. Can give reference. Address or phone N. M. Carr, Ione, Ore. 29-32.

John A. Williams was a west side farmer in the city on Monday for a few hours while looking after business. In his part of the county seeding has been the order, not many farmers waiting for the usual fall rain before beginning this work. It is the opinion of Mr. Williams, who has farmed in the county for many years, that the grain will come along in good shape if it rains any time this month, and he would be greatly pleased if this would be a soaker.

FOR SALE—Purebred Holstein bull, 3 years old, high producing strain. Chas. Benefiel, Irrigon, Ore.

Tum-A-Lum Tickler

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ALBERT ADKINS Local Mnsager, Editor.

Editorial
Here we are. Back again and after the rains we start celebrating an open deer season.

It seems that warship builders didn't realize they were paying money to wreck peace and disarmament treaties. Perhaps they thought the propagandist went to Geneva to shoot craps.

KEEP ALL YOUR FENCES IN REPAIR—YOU'LL FIND YOU HAVE THE TIME TO SPARE



If the Farm Relief Plan works well enough, the farmers will lose in the end because of having to pay an income tax.

There once was a farmer named Wether Who didn't care very much wether His machinery and stock Were protected or not From the wind and snow of the wether.

His cows were so thin They were just bone and skin; His machinery was rusty and worn. He couldn't make money But it wasn't funny, And Wether was always forlorn.

The moral? See our plans and get a price on barns and machine sheds to care for your stock and equipment this winter.

"Wheeh you all bin?" "Lookin' foash work." "Man! Man! Yoah cu'osity's gonna git yo' into trouble yet."

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Bad Year for City Slickers, Says Rogers

NEW YORK, Nov. 29.—Say, our champion New York university team looked like Man o' War till that bunch of Oregon apple knockers got a hold of 'em this afternoon. It was no place for a racoon coat athlete, up against an old bunch of wheat shockers whose college emblem is a pair of Levi overalls.

These old salmon giggers from the mouth of the Columbia had the city slickers strewn from goal to goal. With Yale, Harvard, Princeton, Columbia and Al Smith going down all in succession, it just looks like it's the old country boys' year. Yours, WILL ROGERS.

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