

# Hints for the Home

by Nancy Hart

One of our foremost decorators whose rooms at exhibitions receive special mention for their fresh, clean-cut color and composition, sends an interesting message to home-makers of modest means. She urges them to create beauty in the home by easy stages, adding here a little bit and there a little bit, instead of longing vainly for the time when the room can be redone as a whole, or costly new pieces bought. One beauty spot may make an entire room inviting, as she plans it. Let us say the room lacks decoration. She will place a simple console table before a window, give it a cover of silver fabricoid, perhaps and plan there a group of exquisite though simple things. One such group included a quaint colorful porcelain figure standing in the shade of smart, pottery jars, with related plants in colors harmonizing with the dress of the figure. Beautiful shells, old colored glass, a small collection of pewter or porcelain—all these treasures when staged effectively do much to make an interesting room.

**Summer Luncheon**  
Iced cantaloupe  
Creamed eggs on toast  
Asparagus salad  
Maple layer cake  
Iced beverage

**Italian Rice**  
Mix 4 cups cooked rice with 1-2 cups tomato juice, 3-4 cup grated cheese, 2 teaspoons salt, 1-2 cup chopped pimientos, 1-8 teaspoon pepper and pour in buttered baking dish. Cover top with pulp left from straining tomatoes. Bake for 30 minutes in moderate oven and serve hot.

**Plum Conserve**  
Cook 5 lbs. plums until tender in 3 pints water. Strain through colander and measure. Add 3-4 lb. broken English walnuts, juice and pulp of 3 oranges, 2 lbs. chopped seedless raisins. Add 3-4 lb. sugar to each pound of fruit; cook until the consistency of marmalade.

**Raspberry Julew**  
To 1 cup water add 1-2 cup crushed raspberries and a sprig of bruised mint. Stand on ice for 2 hours. Take out mint, strain and serve over crushed ice.

**When Sealing Jellies**  
Melt your paraffin in an old enamelware teapot it is handy to pour over jellies and can be set on stove to reheat each time without waste.

**Refurbishing the Velour Hat**  
For rain-spotted hats of velour, try the following method of restoring the nap to its original softness. Set a hot iron on hand and over it place a wet cloth, keeping it wet to supply a good flow of steam. Hold the hat down over this steaming iron and brush it vigorously with a good bristle.

**Removes Lime from Kettles**  
A solution of 30 grams of borax in 1 quart of water containing a few drops of ammonia will remove the lime deposit from the inside of kettles or pans.

**MISSION AT ST. PATRICKS CHURCH, SEPT. 8-15.**

Next Sunday, Sept. 8, at 8:30 mass a mission will be opened at St. Patrick's church for local members and also for members residing at Ione, Lexington, Lena and the Sands. All are earnestly requested to be in attendance from the opening to the closing of this mission. The second mass will be in Ione at 10:30.

It is the sincere wish of the Reverend Pastor that all members will pray earnestly for the success of the mission.

REV. P. J. STACK, Pastor.  
Jas. Carty, Tub Springs sheepman, was transacting business in the city Monday.

## FISH AND GAME ACTIVITIES

Released by the Oregon State Game Commission, Oregon Bldg., Portland

On the theory that sea gulls may be responsible for the carrying of worms that have been taking a heavy toll of fish in Elk Lake, near Bend, the state game commission had a dozen of the fowls trapped and are to be examined by officials of the state board of health. Although the lake is far from the natural haunts of the gulls large numbers of the birds are to be seen in the vicinity and it is thought that they may be responsible for the transportation of the worm. Thousands of fish have died in the lake and the number mounts daily while state game officials have made every effort to eradicate the parasites and check their spread to other lakes.

C. Anderson, a sheep herder, was fined \$250 and costs in the courts of Clackamas county last week for having deer meat in his possession. The state game department is keeping watch of a number of sheep camps where reports have been made that deer is being used for food in violation of the law. "When the offenders are caught and punished they regret that they did not kill one of their flock," said Harold Clifford, state game warden. "It would be less expensive."

Deputy wardens last week arrested two foremen of the Nehalem Boom company on a charge of stream pollution, and the case will come to trial early this month. It is charged that the company has dumped more than one thousand yards of bark and chips along the Willamette river slough banks below Linton, where it will be taken into the stream when high water comes and thus menace fish life.

Authorities of eleven western states are in agreement on the proposal to make a uniform bag limit of 15 wild ducks, according to Harold Clifford, state game warden, who has returned from a convention of game officials held in San Francisco. During the last session of the legislature the law was changed so as to make it illegal to kill more than 15 ducks a day or 20 during a week. Game officials are of the opinion that there should be a uniformity of duck protective laws in all states west of the Rocky

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### About Permanent Waves

Now that summer is here more and more women will be interested in the type of wave called "permanent," for the warm, moist weather of summer is inclined to take every bit of life and "body" out of naturally straight hair so that it lies limp and dank and unattractive.

A permanent wave in this weather proves a real hair blessing, as both heat and dampness affect it as they do naturally curly hair, making it curlier than ever.

The term permanent, is of course misleading, since no artificial wave is ever permanent. But the good so-called "permanent" wave lasts usually from six to eight months, according to the type of hair to which it is given. And this is longer than any other type of wave lasts, except, of course, a natural one.

Contrary to the belief of many women, the good permanent wave does not injure the hair, if it is in a healthy condition. I know women who have had at least fifteen permanent waves and whose hair is soft and lustrous, quite as healthy

and normal as hair that has never been waved at all. Of course a great deal depends upon the operator.

If you are thinking of "waving" be sure, first, of two things—that your hair and scalp are in a healthy condition, and that you know a skilled operator who can be trusted to do the work well. The hair should not be twisted in wrapping it around the little rods that are baked to give the wave or curl. It should be wound flatly and smoothly to insure a perfectly natural, smooth, flat wave. When it is twisted a frizzy, irregular curl is the result.

Before you go to have your wave prepare your hair for the event by giving it several weekly, or semi-weekly, hot-oil treatments, using prepared balsam oil. Part the hair into sections and massage the oil into the partings thoroughly. Then brush the hair vigorously to stimulate the circulation and strengthen the tiny muscles at the roots of the hair. This will nourish the scalp and prepare it for the heat of the waving process.

not make this procedure necessary this season. Oregon has so far suffered no great losses, this season, from forest fires.

Reports coming to the state game commission indicate that there has been a substantial increase in the bands of wild turkeys that have been liberated in various sections of Oregon. A careful watch of the birds is being kept by the depart-

ment and organizations of sportsmen in the counties in which liberations have been made.

Plantings of fish made by the state game commission during the last week were as follows: Rogue river, 45,000 steelhead; Butte Creek, Jackson county, 50,000 steelhead; Big Lava Lake, Deschutes county, 10,000 Eastern Brook; Paulina Lake, Deschutes county, 10,000 Eastern Brook; Seven Mile Creek, Klamath county, 36,000 Eastern Brook. Cat fish taken from the Columbia Slough to the number of 15,000 were

shipped to Devil's Lake in Lincoln county and 20,000 bass, crappies and cat fish were sent to Smith Lake in Clatsop county. The department's "Fish pullman" is now in central Oregon distributing fish from the Fall River hatchery. More than a million trout will be planted from this hatchery during this week and next.

Mr. and Mrs. Eph Eskelson returned the last of the week from an enjoyable trip which took them to

Spokane, Lewiston, Ida., and Walla Walla. At Lewiston they went through the big lumber mill which employs 2200 men and turns out a million feet of lumber a day. The trip through the mill took half a day. At Spokane they visited at the home of Frank Bengt, brother of Mrs. Eskelson, and at Walla Walla they visited sisters of Mrs. Bengt.

FOR SALE—Purebred Holstein bull, 3 years old, high producing strain. Chas. Benefiel, Irrigon, Ore.

**Heppner-Pendleton Stage**  
Lv. Heppner 1:15 P. M., Ar. Pendleton 3:45 P. M.

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PEANUT BUTTER Fancy Bulk 2 LBS. 45c	DEVILED MEAT Large Size 3 CANS 29c		JAR RUBBERS Double Lipped 4 DOZEN 19c
Sandwich Spread Delicious PINTS 39c	BORAX SOAP Steam Refined 13 BARS \$1.00		FRUIT JARS IDEAL QUARTS, Doz. 98c
			CERTO Makes Fruit Juice Jell 2 BOTTLES 59c
			JAR CAPS BALL MASON DOZEN 25c

Carnation Oats Pre-Cooked, Large Package 25c

Stone's Cane and Maple SYRUP 89c HALF GAL.	Bread White, Rye and Wholewheat Full Pound Loaves, loaf 5c
Sperry's Pancake FLOUR 29c 3-LB. PACKAGE	

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