Before you start to do any can fic directions for each step of the work. The United States Department of Agriculture has a bulletin that is free for the asking. It is known as Farmers' Bulletin 1471-F, 'Canning Fruits and Vegetables at Home." Every part of the canning cold water and cook for several process is described; illustrations hours and use this stock for gravshowing just what is meant, and a full explanation of the reasons that etable soup. lie behind recommendations made

On the success of your canning and preserving depends much of the prosperity of your special depart-ment in farm management. So do not risk a single failure through spoilage or second-class results. be sufficient to keep them immacu-Send for a copy of that booklet be-fore you are confronted with too many harvest fruits and vegetables that require immediate preserva-

For Bridge Luncheon Tomato aspic salad Mayonnaise

Olives Sponge cake filled with whipped cream to which chopped pine-apple, nuts and cherries are added

Beef Roll 3 lbs. chopped beef; 1 lb. chopped fresh pork, 3 eggs, 6 crackers rolled fine, 2 tbls. milk, 1 tsp. black pepper, 1 scant teaspoon salt, 1 tbls. parsley 2 tbls, onion chopped fine. Butter size of an egg. Mix well, mold in roll, bake 45 minutes in a quart of water, basting frequently.

bake in slow oven until firm and

Tomato Relish Sauce

10 large tomatoes, scalded and for hot days than a heavy cloying peeled; 2 medium sized onions, 1 small red pepper. Grind all thru Heavy thickly sweet fragrances a meat grinder, then add 1 1-2 cups convey an illusion of heat. A rain-

Bottle while hot.

Blend together with French mus-ard or spicy mayonnaise, equal quantities of minced tongue and chopped cooked mushrooms. Spread between thin buttered bread; renove crusts, cut in triangles.

Easy Sponge Cake

4 eggs, 1 cup sugar, 1 cup flour, 1-2 tsp. salt. Beat whites of eggs until very light; combine other in-gredients with beaten egg yolks; fold in beaten whites of eggs last. Flavor with lenton or almond. Bake slowly at low temperature.

An Economy Hint

Never throw away the bones left from a roast or fowl. Put them in cold water and cook for several ies or as the foundation for a veg-

Care of Floors If you would keep your floors in best condition, and with least effort

Beauty Secrets

By HELENA RUBINSTEIN.

He to whom your soft lip yield: And perceives your breath in kissing All the odors of the fields Never, never shall be missing

Perfumes and summer have an undeniable kinship. The nature scents are never sweeter or more alluring than at this fragrant season. And not unnaturally the wo man who values charm and dain-tiness adds to her flower-tinted Corn Pudding
Cut corn from cob, boil until tender, add 2 eggs slightly beaten, 1 tsp. salt, 1-4 tsp. pepper, 2 tbls. meltical butter, 1 pint hot milk; mix well enable her to rival the freshness and allure of her surroundings.

In selecting summer perfumes it wardrobe nests of new, flower

In selecting summer perfumes it may help you in your choice to remember that a light flower or bou-quet scent is much more suitable

vinegar, 1 cup sugar, 1-8 tsp. cloves. drenched lilac has a fresh delicate Boll until mixture is quite thick. scent infinitely more delicious on a

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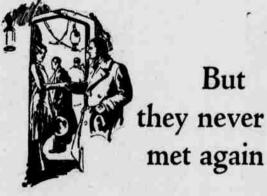
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He (as the guests leave): "I'll call you up."

She (embarrassed): "But we have no telephone."

He: "Oh, well, I'll probably see you again sometime."

What girl wants to live in a home that has no telephone?



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PERSPECTIVE

am looking out through the win-park enclosure ow as I write; the summit of a Especially a When I have finished this sketch, I see much from a window-case. So much depends on one's van-

tage-point. So much that is essen-tial to really intelligent living. I in the ditch." cannot see all that is for me, unless I hasten to the broad view. A long time ago, an author wrote, The West Through a Car Win-

"The West Through a Car Window." He saw a mere ribbon of the very interesting—what he saw, but my happiness cannot be complete meager in scope.

my happiness cannot be complete unless I fully understand. neager in scope. There are big things outdoors; one cannot see them through a car

I believe it is the duty of every row casements.

warm day than the heavy sweetness sure before you spray a flower es of a tuberose or narcissus.

The same principle holds true of your own perfume. An exotic lan-gorous blended scent is much less immaculately fresh throughout the successful than a faint fresh flower

Some fastidious women even ban-ish their perfume bottles at the first sign of summer weather and use you most but that best expresses Some fastidious women even banonly Toilet Water, a light diluted you perfume water that is delightful to ity. use on the hands and face in an atomizer or in the bath.

Let me warn you that the scent of perfume cannot be used to disguise the odor of perspiration so be | Charis. Main 462

Fiewpoint possible; yet there are It is a marvelous spring morning. looking through a knot-hole in the Especially are people

purple lilac-bush is visible—its blos-soms in process of formation. The politics. Men condemn church and sunbeams are at work. state, while viewing these colossa edifices through a crack in the shall hurry outdoors and get all of the wonderful picture; one cannot men and women are voting today on questions that they think see through their key-hole! "I

The extent of my enjoyment this splendid morning, will depend on how thoroughly I get acquainted with all the entrancing things dow." He saw a mere ribbon of the spread for my understanding, by west, some fifty miles wide. It was mingling, seeing, touching, tasting

The welfare of our great nation depends on the capability of its sovwindow, much less understand ereign voters; they must not peep them.

> sence on your gown that you have scrupulously attended to the use of

Experiment a little with the dain your own daintiness and personal-

Ladies, call or phone Mrs. O. L. Frye and she will come to your home and take your measure for

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