

Hints for the Home

by Nancy Hart

The decorators tell us that every living room should have its screen. If it is not needed to match the entrance to the dining room or bed room, then it is invaluable as a "high piece" to balance the tall secretary, bookcase or upright piano on an opposite wall.

Most attractive screens can be made at home at very little cost by covering the bare frame with antique wall paper or a delightful modern paper may be used if the modernistic touch is wanted in the room.

Another effective screen that can be made at home is the screen of prints. Wall paper in a tiny gold star, diamond or cross stitch pattern makes a good foundation; then mount old-fashioned flower prints, Godey or quaint French prints in panels at the top.

A Good Menu Without Meat
Cream of turnip soup
Eggs baked in tomato sauce
Stuffed potatoes
Butterscotch layer cake
Non-stimulating drink

A Dessert the Children Like
A substantial dessert for little folks is cold fruit pudding made by dissolving 1 package fruit-flavored gelatin in 1 pint boiling water. When beginning to thicken, stir in a handful seedless raisins, a few nuts, chopped dates and figs and a sliced banana. Mold and serve with or without cream.

For Flakier Pie Crust
Your pastry will be much finer and more tender if prepared cake flour is used instead of bread flour.

Beef Stew in Casserole
Use 1 pound lean raw beef cut in inch cubes, 3 cups tomato pulp, 3 sliced onions, 2 tablespoons melted butter, 3 tablespoons quick-cooking tapioca, 1 1/4 teaspoons salt; pepper and paprika to taste. Mix all together in casserole and bake in moderate oven for one hour, stirring occasionally. Delicious with baked potato.

Use Left-Over Meats in Patties
Dice cold cooked lamb, beef or veal, heat it in gravy to which a little softened onion, celery and green pepper (chopped) have been added. Bake patty shells of pie crust arranged in muffin tins and while still hot fill with the meat mixture.

RHEA CREEK.
The Grange Halloween party was held Saturday evening and by the many hearty laughs and intense interest of everyone it seems to have been the best party given this year, even if the ghosts and goblins were hovering about. Bob Allstott, Jr., and Edith Stevens walked off with the prizes given in the dress parade. Several other prizes were awarded for different games. The party finished at 1:30 a. m. with all partaking of a generous supply of pumpkin pie.
O. C. Stephens killed a large owl which had been infesting his chicken yard. When outstretched it measured four feet eight inches.
J. W. Stevens was here the last

of the week for the last of their farm equipment. He is very anxious to get everything moved to their new home before winter begins.
A. E. Wright and son are improving their ranch by building a new barn and garage.
The Golden West school went on a hike down Rhea creek where they secured a few small fish and other specimens for their aquarium which they started recently.
Mr. and Mrs. Clubine were up from their home in Portland visiting with relatives for ten days during the pheasant season. Mrs. Clubine is a daughter of A. E. Wright. Miss Nellie Wright accompanied them to their home for a visit of two weeks.
Stephens Brothers have taken their sheep back to the foothills for a while.
June Allstott has been out of school the past week with an attack of flu.

When Is It Safe to Send Children to School

From State Board of Health.

Every conscientious parent in determining the question of whether or not a child should go to school on some particular day when it does not feel quite normal is guided by two general principles; namely, first the interest of the child, and second, the interests of the neighbors' children.

There are certain symptoms, any one of which, if present, should automatically decide this question. Among these symptoms are the following:

1. Fever.
2. Sore throat.
3. Diarrhea.
4. Severe abdominal pain.
5. Earache.

6. Discharging sore eyes.
7. Discharging ears.
8. Paroxysmal cough, especially if coughing spells are followed by vomiting and always if followed by whoop.
9. Severe colds, even when no fever is present.
10. The presence of an eruption not due to scratches, hard soaps, to some other simple condition, or, in older children, acne. Acne is very often the penalty of a not too clean face or body, and it is granted that it is a little difficult to induce a youngster always to keep himself clean, especially his face.

Theoretically, in order to be permitted to attend school a child should be perfectly well. Among the individual precautions that the parent can take to prevent the child from contracting certain contagious diseases, there have already been mentioned vaccination against smallpox and immunization against diphtheria.

Children should be taught that there are ten objects which commonly carry contagious disease from one person to another and that these ten dangerous objects are nothing more nor less than the ten fingers. He handles a ball or other object, gets on it an infinitely small quantity of secretion from his own nose or mouth through the medium of his fingers, passes the object along to another, who gets an infinitely smaller quantity of the first child's nasal secretion on his fingers, passes it on to his mouth, and wakes up two weeks later with a large sized attack of measles. Of course, there are other ways in which these secretions can be exchanged, such as the common drinking cup and improperly con-

structed drinking fountains.
No right thinking parents will conceal contagious disease in their own child, and a physician who will do such a thing is unworthy of a parent's confidence. Theodore Roosevelt once said to one of his employees: "A man who will steal for me will steal from me." By the same token it may not be safe to trust the life of your child to a doctor who would connive in concealing a case of measles, diphtheria, scarlet fever, or other contagious disease of this kind.

ST. PATRICK'S CHURCH.

Rev. Thomas J. Brady, Pastor
Next Sunday will be the twenty-second Sunday after Pentecost, and there will be a mass in the Heppner church at 8:30 preceded by confessions and the distribution of holy communion. There will be a second mass in The Sands at 10:30, also preceded by confessions. The pastor will preach at both services. In the evening at 7:30 there will be rosary, litany, prayers and benediction of the Blessed Sacrament. Each morning during the entire month of October, there will be mass in the church at 7 o'clock in honor of the rosary month, and on Wednesdays and Saturdays at 7:30 in the evening there will be rosary, litany, prayers and benediction of the Blessed Sacrament.
The pastor returned from Boardman last Sunday morning after having held mass in the home of Mr. and Mrs. Leo Cooney at which there was a good congregation.

There is no doubt about the constant development of the Boardman country and a bright future is undeniable. What is in line of development is of the slow but safe and sure quality devoid of all boom elements.
On Thursday, November first, will occur the feast of All Saints, a day of special duties for Catholics involving assistance at holy mass and refraining from all servile work. To meet the requirement of working people and of school children, there will be two masses in the church at Heppner, the first at 7 for working people and for children, and a second at 8 for the general number in the congregation. Confessions will be heard before each mass. At noon on this same day will begin the commemoration of All Souls day, which will fall on November 2nd, also the first Friday

of November. On the feast of All Souls there will be a high mass for the dead at 7 in the morning, followed by a second mass at 7:45 and a third mass at 8:15. All Souls day is the annual religious Memorial Day for the dead. Preparation for this memorial service will begin on October 30 and continue on October 31 and November 1st, at 7:30 in the evening.

I. N. Basy, for many years a resident of the Heppner community, and owner still of the Basy ranch

on Heppner flat, came over from his home at Wapato, Wash., the first of the week to look after his interests here. It has been 18 years since Mr. Basy left here and the town does not look exactly right to him, though he notes that there has been much substantial improvement in the appearance of Heppner. Mr. Basy has been living at Wapato for the past ten years and is well pleased with the location. While getting well along in years, he enjoys splendid health and works every day.

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