

Distress After Eating

Nausea between meals, belching, vomiting, flatulence, fits of nervous headache, pain in the stomach, are all symptoms of dyspepsia, and the longer it is neglected the harder it is to cure it. **Hood's Sarsaparilla and Pills**

Radically and permanently cure it—strengthen and tone the stomach and other digestive organs for the natural performance of their functions.

Accept no substitute for Hood's. "I had dyspepsia twenty-five years and took different medicines but got no help until I began taking Hood's Sarsaparilla. Have taken four bottles of this medicine and can now eat almost anything, sleep well, have no cramps in my stomach, no burning and no distress." Mrs. WILLIAM G. BARNETT, 14 Olney St., Providence, R. I. **Hood's Sarsaparilla promises to cure and keep the promise.**

Friendly Suggestion.

"I'm at a loss to know what to make of my only son," said the trust magnate. He seems to have no brains for business." "Permit me to hand you a suggestion," rejoined the merchant prince. "Make a society leader of him."—Philadelphia Inquirer.

What Microbes Are.

Since Pasteur demonstrated the fact that many human diseases are due to minute living things which grow and multiply in our bodies, there has been a tendency to call all microscopic organisms, whether harmful or not, "germs" or "microbes" or "bacteria" indiscriminately. This confusion may be cleared by the statement that protozoa are the lowest known forms of animals and that bacteria are the lowest known forms of plants, while "germs" and "microbes" may apply to the disease-causing forms in either group.—From Gary N. Calkins' "Protozoa and Disease" in the April Century.

For bronchial troubles try Piso's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

About Correct.

Teacher—Can you tell me the difference between caution and cowardice? Bright Boy—Yes, ma'am. When you are afraid yourself, that's caution; when the other fellow's afraid, that's cowardice.

The Wonderful Cream Separator

does its work in 30 minutes and leaves less than 1 per cent butter fat. The price is ridiculously low, according to size, \$2.75 to \$5.00 each, and when you have one you would not part therewith for fifty times its cost. JUST SEND THIS NOTICE with stamps for postage to the John A. Sauer Seed Co., La Crosse, Wis., and get their big catalog, fully describing this remarkable Cream Separator, and hundreds of other tools and farm seeds used by the farmer. [P. C. L.]

Longest Road in the World.

In 1901 the great Siberian railway was thrown open to the public. There was then in operation a total of 1,444 miles in Manchuria and 3,559 miles in Siberia, a continuous Russian line from Moscow to Port Arthur of 5,429 miles; and the new trains de luxe, which will begin running this summer, will give virtually a through service from Paris to Port Arthur, a distance of 7,299 miles, 6,800 miles of which is over Russian lines.—From James W. Davidson's "The Great Siberian Railway" in the April Century.

Do Something for the Boys.

Secretary Shaw makes a few terse remarks every little while on "The Boy." The Secretary is pretty sure to make the friendship of boys generally because he talks directly to fathers when he says that boys want the companionship of boys and that the home should welcome the boy as much as it does the baby and the man. Secretary Shaw calls attention to the fact that the world is producing a higher type of womanhood than of manhood; that there are more young women whom you would welcome to your homes as daughters-in-law than young men whom you would welcome as sons-in-law. He says there is no excuse for this, although there are reasons, among which is that about the only place where the boy is sure of a cordial greeting is where you do not desire him to go.



Indispensable

For all aches from head to foot

St. Jacobs Oil

has curative qualities to reach the

PAINS and ACHES

of the human family, and to relieve and cure them promptly.

Price 25c. and 50c.

PISO'S CURE FOR CONSUMPTION

A Bantam to the Rescue. One day a flock of sparrows were noticed flying excitedly around a house, and on going near I saw that a young sparrow had fallen from a nest under the tiles and was too young to fly back.

Suddenly a bantam cock stepped forward. He evidently quite understood the state of affairs, for he picked the little mite up very tenderly in his beak, mounted an empty cart that happened to be conveniently near, flew from it on to the tiles and, stretching his neck out over the edge replaced the sparrow in its nest.

In doing so, however, he overbalanced himself and tumbled to the ground. But after pluming his feathers for a minute he strutted about the yard none the worse for his adventure and evidently very proud of his exploit.

Growing Stock by Electricity. The possibilities of electricity have never yet been fully demonstrated. Its beneficial effect upon growing plants in the way of hastening development has been proved to an extent, and now the mysterious fluid is being tried on animals at the University of Michigan, at Ann Arbor. It has been demonstrated that rabbits enclosed in a pen about which run a number of electrically-charged wires reach maturity in two-thirds the time taken by those kept under normal conditions. The electrically-treated animals were in all respects healthy and their flesh has been found to be unusually tender. It is thought possible that the same treatment may be applied to beef cattle, making a 2-year-old steer as large as one 3 years old under present conditions, besides producing a superior quality of beef.

A Wonderful Discovery.

Broadland, S. Dak., March 28.—Quite a sensation has been created here by the publication of the story of G. W. Gray, who after a special treatment for three months was prostrate and helpless and given up to die with Bright's Disease. Bright's Disease has always been considered incurable, but evidently from the story told by Mr. Gray, there is a remedy which will cure it even in the most advanced stages. This is what he says:

"I was helpless as a little babe. My wife and I searched everything and read everything we could find about Bright's Disease, hoping that I would be able to find a remedy. After many failures my wife insisted that I should try Dodd's Kidney Pills. I praise God for the day when I decided to do so for this remedy met every phase of my case and in a short time I was able to get out of bed and after a few weeks' treatment I was a strong, well man. Dodd's Kidney Pills saved my life."

A remedy that will cure Bright's Disease will cure any lesser Kidney Disease. Dodd's Kidney Pills are certainly the most wonderful discovery which modern medical research has given to the world.

CAT CANNOT SUCK BREATH. I

Old Superstition is Upeet by the Highest Medical Authorities. Can a cat really suck the breath of a child?

We have always heard that it could. Away back in early childhood we distinctly remember of frequent warnings to look out for the cat. Do not allow the cat to get into bed with the baby, as it is liable to suck the baby's breath, which would cause the baby to die.

Is there any foundation for such a notion as this? We never could discover any real meaning to the belief that a cat can suck the breath of a child. Indeed, the sentence is totally unintelligible.

What is meant by sucking the breath? It may be true that the cat, attracted by the breath of a child who had recently been nursing, might attempt to interfere in some manner with the child's mouth. In young cats the impulse to nurse might be excited by the smell of the child's breath. It is barely possible that the cat might be seized with a desire to bite or to devour the child's lips or tongue, lured on by the smell of milk. We are not in a position to deny these possibilities. Maybe they are true.

But not any of these suppositions furnish a basis for the statement that the cat is liable to suck the child's breath. We have always heard this statement with a shudder of horror. It seems to convey some weird, horrible tragedy that can hardly be imagined. But it is a mere fancy, the origin of which is hard to explain.

Yet we would advise mothers to be careful about leaving the infant with a cat. We do not favor the idea of cats sleeping with children. Nor do we favor the practice of children playing with cats, handling them, mopping them around the floor, fondling them, dressing them up as dolls. It is not good for the cat. It is not good for the child. Neither cats nor dogs ought to be treated in this manner. They are all right in their place, but they are not fit for playthings.

If the superstition that a cat can suck a child's breath has operated as a preventive to mothers allowing their children to play with cats it has served a very good purpose, but such childish notions are hardly compatible with mature reflection. It is one of the old wives' fables which may have served a good purpose, but it is too ridiculous for repetition. There are other and better reasons why the cat and baby should not be left together than the vague, unintelligible fear that the cat will suck the child's breath.—Medical Talk.

Ayer's

Your doctor will tell you that thin, pale, weak, nervous children become strong and well by taking Ayer's Sarsaparilla. Small doses, for a few days.

Sarsaparilla

The change is very prompt and very marked. Ask your doctor why it is. He has our formula and will explain.

"When 12 years old, for many months no one thought I could live because of this blood. But, in a few weeks, Ayer's Sarsaparilla completely restored me to health."

MRS. E. BUCKMINSTER, Vineland, N. J.

30¢ a bottle. All druggists. J. C. AYER & CO., Lowell, Mass.

The Children

Biliousness, constipation prevent recovery. Cure these with Ayer's Pills.

A Degenerate. Kind Lady—Have you always been a tramp? Were you never any higher?

Tramp—Oh! yes'm. I uster be a second-story worker and porch-climber.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm. WAGER & TRUAX, Wholesale Druggists, Toledo, O. WALKING, KIRKMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free. Hall's Family Pills are the best.

It costs more every year to give children, even in the poorest districts, a good old-fashioned doll as compared with a box of Dodd's Kidney Pills.



Mrs. Elizabeth H. Thompson, of Lillydale, N.Y., Grand Worthy Wise Templar, and Member of W.C.T.U., tells how she recovered by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I am one of the many of your grateful friends who have been cured through the use of Lydia E. Pinkham's Vegetable Compound, and who can to-day thank you for the fine health I enjoy. When I was thirty-five years old, I suffered severe backache and frequent bearing-down pains; in fact, I had womb trouble. I was very anxious to get well, and reading of the cures your Compound had made, I decided to try it. I took only six bottles, but it built me up and cured me entirely of my troubles."

"My family and relatives were naturally as gratified as I was. My niece had heart trouble and nervous prostration, and was considered incurable. She took your Vegetable Compound and it cured her in a short time, and she became well and strong, and her home to her great joy and her husband's delight was blessed with a baby. I know of a number of others who have been cured of different kinds of female trouble, and am satisfied that your Compound is the best medicine for sick women."—MRS. ELIZABETH H. THOMPSON, Box 105, Lillydale, N.Y.—\$5.00 for six bottles if original of above letter proving genuineness cannot be produced.

W. L. DOUGLAS

\$3.50 & \$3 SHOES

W. L. Douglas shoes have by their excellent style, easy-fitting, and superior wearing qualities, achieved the largest sale of any shoes in the world. They are just as good as those that cost you \$4 to \$5—the only difference is the price. Sold Everywhere. Look for name and price on bottom. Douglas uses Corona Colliquin, which is everywhere conceded to be the finest Patent Leather yet produced. First Quality English Sole. Shoes by mail, 10c extra. Write for Catalog. W. L. Douglas, Brockton, Mass.

SEED POTATOES 500,000 BUSHELS FOR SALE CHEAP

Largest seed potato growers in the world! Elegant stock. Tremendous yields. From 400 to 1000 bushels per acre. **FOR 10 CENTS** and this notice we send you lots of farm seed samples and big catalogue, telling all about Potatoes, Rutabagas, Peas, Artichokes, Macaroni, Wheat, Irons, Barley, etc., send for same today.

JOHN A. SALZER SEED CO. LA CROSSE, WIS.

P. N. U. No. 14-1904.

WHEN writing to advertisers please mention this paper.

Perrin's Pile Specific
The INTERNAL REMEDY
No Case Exists it Will Not Cure

TOO GOOD A HOUSEKEEPER.

Modern hurry, rush and nervous strain are not perhaps so entirely modern as we sometimes think, although doubtless our pace and our complexity of living are greater than in the days of our ancestors. But there was a famous housekeeper of old Hentley who, had she lived to-day, would doubtless in middle life have found herself in a sanitarium under strict orders from the doctor to do nothing at all for several months or a year or two, and to move moderately ever afterward.

In her own day there was no sanitarium, and the doctor was avoided whenever possible. She died at 50, leaving a family of twelve children, whose education was completed by three successive stepmothers, who perished in the attempt, after increasing the flock to seventeen.

She was known far and wide as what New England folk call "a driver," and some characteristic anecdotes of her methods still survive. She used to come into the room of her sleeping elder daughters, before daybreak of a bitter winter morning, the candle in her hand wavering as she shook with the cold, and call to them briskly between her chattering teeth:

"Up, girls, up! Only slugsabeds laze between sheets after 5. No more coddling cheeks in pillows; jump right up! Only think of it! To-day is Monday—washing day; and to-morrow's Tuesday, and next day's Wednesday—half the week gone and nothing done!"

Once, at midnight, her oldest girl was alarmed at hearing footsteps moving about downstairs after all the family were supposedly in bed, and fearing her little brother was walking in his sleep, she ran down to investigate. She found her mother in bedgown and slippers upon a chair in the unlighted kitchen, clearing out the china cupboard. Close economy was necessary in so large a family, few lights were burned and none burned late, and the midnight worker explained that, having waked and noted how brilliantly the moonlight was streaming into her room, she had arisen to do some chores she had not been able to do by daylight. "It was a shame to waste such a fine moon!"

Poor woman! Tradition declares that her housekeeping was incomparable; but what housekeeper would wish to emulate a perfection which could take no account of the glorious moon of midsummer save as a lamp to light the china closet?—Youth's Companion.

AS OUR GIRLS DO IT.

Seventy-five Bouquets Counted as a Debutante's Share.

The way American girls "come out" seems to be regarded as curious in English society, and is thus described by a London society paper:

"Debutante teas occur in the afternoon from 3 to 6, and although brilliant sunshine may reign without, blinds are drawn and curtains closely pulled, while electric lights, excessive floral decorations and a general suggestion of something more substantial than bread and butter and tea pervade the establishment. The heroine of the afternoon, accompanied by her mamma, various female relatives and a bevy of her favorite friends, who are also of the debutante order, assemble in the reception room, all clad in the most elaborate ball gowns. The special 'bud' of the afternoon stands in front of a piled-up background of huge bouquets that have been sent her as a form of congratulation from her various admirers. A debutante of any social importance or personal attraction will not be in the least satisfied or happy until she has counted about seventy-five bouquets as her portion of the day's civilities. After handshaking necessities of the ordinary 'reception' formula have been accomplished and the crowd has gone, the debutante and her friends, their numbers now augmented by a specially selected crowd of young men, have an elaborate dinner, which is usually followed either by a dance or by a visit to the theater or opera, after which supper 'with what appetite they may,' and the debutante's first day in the great world is over."

No Time to Spare.

The man whose birthday gift to his son consisted in washing the windows so the boy could look out and see the cars by, belonged to the same family as the man to whom the Washington Post introduces its readers. He was proprietor of a country hotel.

The rules of the hotel kept everything under lock and key, and there was no chance for the casual loafer to get newspaper, pen, ink, soap or anything else free. There were not even free seats in the office.

One day the proprietor saw a chronic loafer looking at the old timepiece which hung on the wall. The next day a large sign hung over the face of the clock. It read: "This clock is for the use of guests of the hotel only."

A Modern Cinderella.

Lady Northcote, wife of the new Governor General of Australia, is the daughter of a poor Vermont clergyman who settled in Canada. She attracted the attention of Lady Mount Stephen, who adopted her after having previously provided her mother with a servant in order that the housework at home might not be neglected. A large fortune was settled on her when she was married to Lord Northcote. From the maid of all work in her own home to Vicereine of the Commonwealth of Australia is a transition that reminds one of the fortune of Cinderella.

THE OLD FOLKS AT HOME

Are Never Without Peruna in the House for Catarrhal Diseases.



MR. AND MRS. J. O. ATKINSON, INDEPENDENCE, MO.

Under date of January 10, 1897, Dr. Hartman received the following letter:

"My wife had been suffering from a complication of diseases for the past 25 years.

"Her case had baffled the skill of some of the most noted physicians. One of her worst troubles was chronic constipation of several years' standing."

"She also was passing through that most critical period in the life of a woman—change of life. In June, 1895, I wrote to you about her case. You advised a course of Peruna and Manalin, which we at once commenced, and have to say it completely cured her. She firmly believes that she would have been dead only for these wonderful remedies."

"About the same time I wrote you about my own case of catarrh, which had been of 25 years' standing. At times I was almost past going. I commenced to use Peruna according to your instructions and continued its use for about a year, and it has completely cured me."

"Your remedies do all that you claim for them, and even more. Catarrh cannot exist where Peruna is taken according to directions. Success to you and your remedies."

John O. Atkinson.

Never Had One. Teacher—Johnny, what is an adamant? Johnny—You can't fool me. Adam never had no aunt.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Swiss watches, according to a report just published, are becoming popular in China. Those with fantastic designs on the face find the most ready sale.

In a letter dated January 1, 1900, Mr. Atkinson says, after five years' experience with Peruna:

"I will ever continue to speak a good word for Peruna. In my rounds as a traveling man I am a walking advertisement for Peruna and have induced many people during the past year to use Peruna with the most satisfactory results. I am still cured of catarrh."

John O. Atkinson, Independence, Mo.

When old age comes on, catarrhal diseases come also. Systemic catarrh is almost universal in old people.

This explains why Peruna has become so indispensable to old people. Peruna is their safe-guard. Peruna is the only remedy yet devised that meets these cases exactly.

Such cases cannot be treated locally; nothing but an effective systemic remedy could cure them. This is exactly what Peruna is.

If you do not receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Not Crowded. "I suppose there is plenty of room at the top in your business."

"Hardly. I am a stepple-jack."

FITS Permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 367 Arch St., Philadelphia, Pa.

Before boiling milk rinse out the saucepan with a little hot water; it will prevent the milk sticking to the bottom of the pan.

SURE INDICATIONS OF BAD BLOOD

OLD SORES, ULCERS, ABSCESSSES

The best evidence of a bad condition of the blood and unhealthy state of the system, is an old festering sore, running ulcer, or abscess. They show the bodily impurities are not passing out through the proper channels, but are left in the system to clog and poison the blood. So thoroughly does the poison permeate the system that every little scratch, cut or bruise inflames and festers. Everything about an old sore or ulcer suggests disease. They affect the general health, they require constant attention, and are a source of anxiety and trouble all the time, and in some cases highly offensive. There is danger, too, of these places becoming cancerous if not treated promptly and in the right way. Washes, salves and ointments are good for external use, but they can't stop the discharge or change the condition of the blood, and for this reason the sore never heals permanently.

Not until the blood is purged of impurities and the system cleansed of all harmful substances should the ulcer heal, or the effect upon the system might prove disastrous. S. S. S. goes into the circulation and searches out and removes the cause of the old sore and invigorates and builds up the polluted, sluggish blood again, and as the poisonous matter is driven from the system the sore begins to heal, new flesh forms and the place is soon covered over with fresh skin and the sore is gone for all time. Where the constitution is debilitated from the effects of chronic sores, ulcers, abscesses, carbuncles, boils or other severe skin eruptions, S. S. S. will build it up again and stimulate and strengthen all parts of the system. S. S. S. contains no strong minerals, but is guaranteed entirely vegetable. It is unequalled as a Blood Purifier and invigorating tonic. Do not depend upon local remedies alone. Get your blood right, and as it forces out the poison the sore must heal, because nothing is left in the system for it to feed upon. Write us should you desire medical advice, which is given without charge.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

SSS

Nothing so good for chickens as the **PRUSSIAN POULTRY FOOD!**

Makes Hens Lay and Keeps them Laying. Cures Cholera, Ring and all Diseases. It Strengthens Young Chickens and Helps Them Grow. WOULD'N'T BE WITHOUT IT.—Chas. Lusk, Hamilton, Wash., says he wouldn't be without Prussian Poultry Food. PRODUCES EGGS—makes an egg prodigious Prussian Poultry Food has no equal. R. H. Payne, Philadelphia, Ohio.

25 and 50c Pkg. Prussian Poultry Food, FREE. PATRICKSON BERRY CO., St. Paul, Minn.

FORTLAND SEED CO., Portland, Or., Coast Agents