

**STOMACH, BLOOD, BAD**



Portland, Oregon—My blood was impoverished, I also had some stomach trouble, sometimes when I would be lying down gas would come up and I would smother and have terrific pains around my heart. I broke out with little pimples caused by bad blood. I was just all rundown in health and after taking the "Golden Medical Discovery" for a while my blood was good, the pimples all disappeared and I have never had another spasm with my stomach since.—Mrs. Emma Dixon, 480 East Grant St.  
Fluid or Tablets. All druggists.  
Send 10c to Dr. Pierce's Clinic, Buffalo, N. Y., for trial package.

**Memorial to First Printer**

A fund has been established at Weimar, Germany, for the erection of a memorial to be known as the "Temple of the Letter" in honor of Gutenberg's discovery of movable type. The memorial, the cornerstone of which it is planned to lay in 1940, the fifth centenary of his invention, will be placed over Gutenberg's grave at Mainz. It is planned to enlist international co-operation for the building of the temple, which is intended to constitute evidence of the world's gratitude to the father of books, magazines and newspapers. The movement was initiated by the Society of Bibliophiles of Weimar.

**Benefactor**  
"How is it you don't care to prosecute the man who stole your car?"  
"He put two new tires on it."

**that sluggish feeling**

Put yourself right with nature by chewing Feen-a-mint. Works mildly but effectively in small doses. Modern—safe—scientific. For the family.

**Feen-a-mint**  
The Chewing Gum LAXATIVE  
No Taste But the Mint  
Chew It Like Gum  
INSIST ON THE GENUINE  
FOR CONSTIPATION

Just Out—Kwikfire Lighter. Millions will be sold. Fire in stove in few seconds. Kwikfire Mfg. Works, Everett, Wash.

**FOR FIRST AID**  
SINCE 1846  
HANFORD'S BALSAM OF MYRRH

**PARKER'S HAIR BALSAM**  
Removes Dandruff—Stops Hair Falling  
Imparts Color and  
Beauty to Gray and Faded Hair  
Sells at 25¢ at Druggists.  
Floreston Shampoo—Ideal for use in connection with Parker's Hair Balsam. Makes the hair soft and fluffy. 50 cents by mail or at Druggists. Hiacox Chemical Works, Patchogue, N. Y.

**Oregon & California Directory**  
**Hotel Roosevelt**  
One of PORTLAND'S NEWER HOTELS  
All rooms have shower or tub. \$2.00 up. FIREPROOF.  
221 W. Park St. Coffee Shop. Garage opposite.  
**MULTNOMAH HOTEL**  
4th and Pine—Portland, Ore.  
A Hotel where you are welcome  
Fireproof Room-bath \$2.00 up

**Start Now** EARN BIG MONEY  
\$5 to \$10 per cent profit while  
learning. Position secured.  
Lectures weekly. 32 colleges. Write for catalog.  
**MOLER SYSTEM OF COLLEGES**  
71 Third St. - Portland, Ore.

**Hotel Hoyt**  
Special winter  
rate by day, week  
or month  
PORTLAND, OREGON  
Absolutely Fireproof  
Corner 6th and Hoyt Sts., Near Union Station.

**HOTEL ROOSEVELT**  
SAN FRANCISCO'S NEW FINE HOTEL  
Every room with bath or shower. \$2.00 to \$5.00.  
Jones at 22nd. Garage next door.

**WELL OR MONEY BACK**  
Your Piles eliminated or fee refunded—  
WRITTEN ASSURANCE. We give in administering  
the Dr. C. J. Dean famous  
non-surgical method of treat-  
ment. (Used by us exclusively)  
Remarkable success also with  
other Rectal and Colon ailments.  
Send TODAY for FREE 100-  
page book giving details and  
hundreds of testimonials.  
**DEAN RECTAL & COLON CLINIC**  
PORTLAND - SEATTLE  
HEALTHY - EASY - PAINLESS - WRITING

**The KITCHEN CABINET**

(© 1931, Western Newspaper Union.)  
"The strongest strand in the cable that binds a man to his God is a wife's devotion."  
"The purest altar from which prayers ascend to heaven is a mother's knee."  
**FOR THE BUSY HOUSEKEEPER**

In many homes fresh cookies are so much more enjoyed than a large amount baked at one time. Here is the ice-box cookie which may be kept many days and when a tin of fresh cookies is wanted, slice off a few, put them in the oven and bake them as brown as you like.  
**Ice Box Cookies.**—Take one cupful each of butter, brown and granulated sugar, two eggs, one teaspoonful each of salt and soda, one cupful of nutmeats, one teaspoonful each of almond and vanilla extract and four and one-fourth cupfuls of flour. Cream the butter, add the sugar, eggs and other ingredients. Roll into two rolls and let stand on a cloth in a pan placed in the ice box. The cloth keeps the dough from flattening and sticking to the pan and thus losing its round shape. Slice very thin, decorate with half a nut meat, a raisin or cherry as one's taste suggests.

Another food so much liked in all our homes is fresh rolls. It takes time to prepare a light and crisp roll. Here is a recipe which will keep for a week or longer in the ice chest and a pan of biscuits may be baked any time one cares to serve them!  
**Ice Box Rolls.**—Dissolve two compressed yeast cakes in one-fourth of a cupful of warm water, adding two teaspoonfuls of sugar. Add two teaspoonfuls of shortening, one teaspoonful of salt, one-half cupful of sugar to a pint of boiling water. Beat two eggs and mix all together with four cupfuls of flour. Beat well, then add three and one-half cupfuls more of flour, mix well with a spoon but do not knead. Set with in the refrigerator until the next day at noon, when it will be ready to use. Handle the rolls quickly, brush with melted lard or sweet fat when they are placed in the pan. Let stand until more than double their bulk; keep covered while rising in a warm place.

With these two mixtures in the ice box, one may be ready for the unexpected and need not worry.  
*Nellie Maxwell*

**World Pays Tribute at Shrine of Bobby Burns**

Many places have been "made" by the genius of a great writer. Scott has done more for the tourist agencies and the railways of England than any of his countrymen, because his range was so wide. He discovered the Trossachs and Loch Katrine, and even made the Peak of Derbyshire world-famous. But there are no more hallowed spots than those which dot the Burns country.

The country town of Ayr lies in the center of a fine sandy coast, with wonderful sea view across the great firth. There is no house in the kingdom, no palace or castle or great mansion, that has half the attraction for the world as the little thatched bignin at Alloway where Robert Burns was born. In its visitors' book are inscribed the names of men and women famous in literature, art and statecraft, the names of peers and peasants and of kings, all come to worship at the shrine of genius.

Close by is the Auld Brig o' Doon, leaping in a single gray and graceful span the little stream whose name has gone round the world. Close by, too, is the haunted kirk, where Tam o' Shanter saw witches and warlocks holding revelry in his churchyard. In the town itself can still be seen the Auld Brig of Ayr, the theme of one of his finest poems, whilst the river Ayr is forever associated with the ode.

**Man's Better Half**

The correct expression as used in the Bible to describe a man's wife is helpmeet. In Genesis 2:18 is this: "And the Lord God said, It is not good that the man shall be alone; I will make him a help meet for him." Meet is here used to mean fit or suitable—a helper suitable for him. The words were combined as helpmeet to mean a wife, and changed by popular misuse to helpmate, and both words now are recognized as proper.

**Where United States Leads**

Results of a survey by the Engineering News-Record of water consumption in 44 American and European cities showed that the per capita domestic use in the United States is two or three times more than that in Europe, due largely to higher standards of living.

**Scram!**

Irrked by his occupation, and restless for relief, a weary stoker asks Tit-Bits, "If people will follow the same pursuits in the next world that they do on earth?" "Not all," declares the editor. "We have an in-law who runs an ice cream parlor."

**Better Hustle**

Perhaps the world may owe you a living, but you will die of starvation if you sit down and wait for it to call and settle.—Terre Haute Tribune

**FASHIONS IN KNITTED WEAR PLACE EMPHASIS ON STRIPES**



**Charming Sports Costume**

therefore, for the sweet costume maiden who will be having everything her way in the south this winter, as well as for gay youth in the north which will dine and dance the winter out to heart's content.  
This "darling" dress achieves extreme youthfulness in its fine durable rosebud motif. It's flounced all the way up to the waist and if you have been studying the new fashions you have already discovered that designers are decidedly in favor of ruffles. Myriads of tiny ruffles or one, two, three or four wide ones for the skirt, that's the way they are doing it when it comes to fashioning sheer frocks.  
This winsome gown should prove an incentive to members of the home sewing society to make a tour of the early fabric displays and to especially take note of "what's doing" in way of sheer and beautiful cotton weaves. Leading Paris couturiers have declared their intention of making a wide use of fine cottons this season and embroidered effects are especially mentioned.  
It seems that the fashionable world is in line for a program of embroidered effects which will range from dainty eyelet effects to elaborate all-over patterning on firm-weave materials which will be made into sep-



**Lovely Party Frock**

temptingly displayed at this time of the year among resort fashions. Likewise half the fun in staying home is the lure of wearing frocks just as airy-fairy, to parties and dances which are so happily filling in the winter night hours for those who remain in the north.  
Every one knows that sheer cotton makes one look very young whether it be under southern sunny skies or in the dine and dance environment of midwinter festivities in the north. The frock illustrated is a timely theme arate jackets and coats to be worn for sports or over lingerie frocks.  
These embroidered materials may be bought with more than usual confidence in that the better grades are worked with durable cotton which means that their colorings are reliable and of an attracting luster due to special processing.  
With the midseason and spring suit the call of the mode is for the blouse made of fine eyelet-embroidered batiste in lovely pastel tones.  
CHERIE NICHOLAS.  
(© 1931, Western Newspaper Union)

**Daddy's Evening Fairy Tale**  
By Mary Graham Bonner

**SKATING PARTY**

The fairies are marvelous skaters and they thought they would love a party such as the elves had suggested, so the elves began to make their preparations at once.  
"We'll ask every one," they said, "the brownies, gnomes, the fairies and old Mr. Giant."  
So they went around giving their invitations, which were very unusual and very nice.  
They carried to every person a little block of ice upon which was a tiny skate make out of sharp steel.  
Of course no one could mistake what the invitation meant, and as the elves left each one they were inviting they said:  
"At three o'clock."  
Every one turned up at the exact time, and even old Mr. Giant came, wearing the longest pair of skates anyone had ever seen.  
"I have to wear them," he said. "No



**Dashed Off on the Ice.**

other kind or size of a skate would fit me.  
"I had these made by my old friend the Witch."  
"Oh, Witty Witch," cried the elves. "Why, she hasn't come as yet."  
Just then Witty Witch arrived.  
She was wearing her red stocking hat, a red cape, a red skirt, and had put her skates into a large red woolen bag.  
"Now I need my skating spectacles," she said, and from out of a tiny bag she produced a pair of red-rimmed spectacles.  
She certainly looked ready for a skating party.  
"You are too wonderful for words," the others all told her.  
She was much pleased with their praise.  
"Very well, then," said Witty Witch, "if I am too wonderful for words, let's not use any."  
"They're not at all necessary at a skating party. But we'll save the words until the sun goes down and it is cold."  
"Then you'll all have to come back to my cave and we will sit before the fire and I'll tell stories until we feel sleepy."  
"Splendid!" cried Effie Elf.  
But by this time they were all beginning to skate.  
How they screamed with delight as Witty Witch, in her most interesting looking costume, dashed off on the ice.  
They skated all the afternoon—and their cheeks became as red as Witty Witch's cape and hat.  
She did many a fancy figure on the ice for them, while old Mr. Giant skated along very slowly.  
"I've such a distance to fall," he said, "that I won't do any fancy skating."  
They all thought he was quite right!  
And what a jolly time they did have. But when the sun had gone to bed, back they all went to Witty Witch's cave for stories in front of her fire.  
And she made a delicious hot supper, too.  
Oh, it was glorious to have a skating party on a fine, clear, cold winter afternoon with a supper and stories at Witty Witch's cave afterward.

**Helping Himself**

They were entertaining a visitor at dinner, and when the dessert was being eaten, little Johnnie said: "Won't you have another piece of apple tart, Mr. Hobbs?"  
The visitor laughed. "Well, Johnnie, I believe I will have some more."  
"Good!" said Johnnie. "Now, mother, remember your promise. You said if it was necessary to eat into the second tart I could have another piece."

**Didn't Know His Dad**

"Johnny," said the teacher, "if your father owed a man one hundred dollars and promised to pay him five dollars a week, how many weeks would it take to pay the man?"  
Johnny—One hundred weeks.  
"You don't know your lesson," said the teacher.  
"You don't know my dad, either," said Johnny.

**Because Mummy Says So**

Two children were arguing.  
John—It is.  
Elizabeth—It isn't.  
John—I tell you it is, because Mummy says it is, and if Mummy says it is, it is, even if it isn't.



**Happy Again**

"Nothing seemed to please Betty Joan," says Mrs. James W. Nolen, 113 Center St., Dallas, Texas. "She was feverish and fretful. Her appetite was poor; she seemed bilious. A child specialist recommended California Fig Syrup and it certainly made my little girl happy, well again in a hurry. We have used it over three years for all her ills."  
Mothers by thousands praise this pure vegetable product. Children love it. Doctors recommend it for feverish, headachy, bilious, constipated babies and children; to open the bowels in colds or children's diseases.  
Appetite is increased by its use; the breath is sweetened; coated tongue is cleared; digestion and assimilation are assisted; weak stomach and bowels are strengthened.  
For your protection the genuine always bears the name California.

**CALIFORNIA FIG SYRUP**  
LAXATIVE-TONIC FOR CHILDREN

**No Happy Ends**

Miss Isabel MacDonald, a great reader, was discussing books with a girl reporter in New York.  
"In the past," she said, "a book had to end happily, or the publishers wouldn't publish it. How absurd that was! For nothing ends happily. Look at life—it ends in death."  
Miss MacDonald shook her head.  
"No play has a happy ending either," she continued. "A play runs on and on, and at last it ends tragically in some one-lane town, with the entire road company stranded, and without the price of a sandwich among the lot of them."

**Garfield Tea**  
Was Your Grandmother's Remedy

For every stomach and intestinal ill. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

**Boom in Insurance Business**

Careful estimates indicate that there are 67,000,000 persons insured in the United States. The total amount of insurance in force is about \$103,000,000,000. The assets of all life insurance companies in the United States are estimated at \$17,000,000,000. The increase in assets in 1929, amounting to \$1,630,000,000, is the largest on record and almost equal to the total assets of the companies at the beginning of the century.

**This College Life**

Intercollegiate sport has become a vested interest, representing a huge financial investment which pays exceedingly handsome returns.—Collier's Weekly.

In each small town there is one man who knows the genealogy of everybody for 100 years back.

**Don't neglect your child's COUGH or COLD**  
TRY this milder "counter-irritant."  
Good old Musterole now made milder for babies and small children. So pleasant to use and so reliable—apply Children's Musterole freely to the affected area once every hour for five hours. That's the safe, sure treatment that millions of mothers and leading doctors and nurses recognize and endorse.  
Musterole gets action because it is a "counter-irritant"—not just a salve—it penetrates and stimulates blood circulation, helps to draw out infection and pain.  
That's why this famous blend of oil of mustard, camphor, menthol and other helpful ingredients brings relief naturally.  
Keep full strength Musterole on hand for adults and Children's Musterole for the little tots.  
**CHILDREN'S MUSTEROLE**  
BETTER THAN A MUSTARD PLASTER  
MILD