

**Three Leaders**  
London's literary bigwigs were being discussed.  
"George Bernard Shaw," said a publisher, "treated me to a vegetarian luncheon and told me with some pride during the carrot course that his 'Back to Methuselah' was the longest play that had ever been written."  
"He said that Wells' 'Clans' was the longest novel ever written, and that Arnold Bennett was going to do an uplift book that would be the longest of its kind twice over."  
"Then Shaw wound up with a laugh:  
"In fact, we three have now established our claim to being the world's leading dry goods merchants."

**WHEN IT LOOKS DARK** to any weak, nervous or ailing woman, Dr. Pierce's Favorite Prescription comes to her aid. Women in every walk of life today say Dr. Pierce's Favorite Prescription is a reliable medicine. It is made from roots and herbs, sold by druggists, in both fluid and tablets.

Blaine, Wash.—"I am so glad I have the opportunity to tell what Dr. Pierce's medicines have done for me. I have used the 'Favorite Prescription' for over ten years and think it is a wonderful medicine. It just seems to build up all the organs."  
"I have also used Dr. Pierce's Lotion Tablets—they are the best sanitary wash I ever used. I am stronger since using Dr. Pierce's medicine than I ever was in my life."—Mrs. H. D. Walser, Box 484.

Send 10c for trial pkg. tablets to Dr. Pierce's Invalids Hotel, Buffalo, N. Y.

**Speedy Toys in Europe**  
Children in Europe are demanding speed in their toys. Six-year-old Mario Contello recently appeared on the streets of Paris on his motor-driven unicycle. Three-year-old Warner Kimpel, son of a famous German auto racer, has his own electric racing car, and Alfredo Bonifatti, aged four, drives through the streets of Rome on a tiny, but speedy, motor cycle.

**PAINS**  
No matter how severe, you can always have immediate relief!

**Bayer Aspirin**  
Bayer Aspirin stops pain quickly. It does it without any ill effects. Harmless to the heart; harmless to anybody. But it always brings relief. Why suffer?  
**BAYER ASPIRIN**

**Nation's Gold Production**  
The production of gold in the United States which averaged about \$92,740,000 for the eight years up to 1913, has steadily declined until in 1928 it was only \$46,165,000, representing practically a 50 per cent decrease.

You don't have to speak; but you have to hear.

## Bride Tells Her Secret

"FOR a young bride of twenty-one to lose her vitality and pep is disastrous, almost a sacrifice," says Mrs. George E. Pillow, of Franklin, Va. "That, however," she continues, "is just what I did."

"I had only been married a few months to an athletic husband, who went everywhere and did everything. I tried to keep up with his pace, and simply collapsed under the strain. I never was really ill; just sallow-skinned, depressed, and lifeless. Swimming, dancing, golf, I just couldn't face them. When I began to lose my clear complexion, I was desperate."

"Then one day a girl friend came to pay me a visit. In the bottom of her little bag of clothes lay a crystal-clear bottle—Nujol! A short woman-to-woman talk—a telephone call to a neighboring drug store—and my future happiness was settled."

"That was a year ago. Now I too am never without Nujol, which has brightened and cleansed my body like a cake of pure soap. I eat, sleep, swim, and hike with the enthusiasm of a child. My complexion is all it used to be—and best of all—I am my husband's little pal again."

The wonderful thing about crystal-clear Nujol is that it is not a medicine; it contains no drugs—it cannot hurt even a baby. It is simply the normal internal lubrication which

**Insures Your Complexion**  
Some Women Are Always Admired  
You too want to be lovely and admired. You can have a radiant complexion and the charm of youth if you use MARCELLE Face Powder.  
MARCELLE Face Powder quickly matches your complexion and brings out the sweet charm that every woman has.  
MARCELLE Face Powder makes your skin feel younger and you yourself look younger.  
Then people will admire you and say: "What lovely skin you have!"  
Popular size packages at 25c and 50c, all shades—at all dealers.  
Send for free liberal sample and complexion chart.  
**MARCELLE LABORATORIES**  
C. W. ROGERS BROS. & CO., Chicago, Illinois  
Selling to the American Women for Half a Century

**CHICKS**  
Queen Hatchery Nudies for Poultry Profits  
R. I. Reds, R. I. Whites, White Rocks, Barred Rocks, Black Minorcas, Black Giants, White Leghorns—all from carefully supervised flocks. Also W. L. Pullets, yearling hens and day old turkeys. Order now to insure delivery when wanted.  
Write for Special Discount.  
100% live delivery guaranteed. 20 years' reputation your safeguard.  
**(JAY TODD) QUEEN HATCHERY**  
2420 1st Avenue - Seattle

**RECTOR COLON**  
SUFFERING ELIMINATED  
15-years success in treating Rectal and Colon troubles by the Dr. C. J. Dean.  
NON-SURGICAL method enables us to give WRITTEN ASSURANCE of CURES ELIMINATED or FREE REFUND.  
Send today for FREE 100-page book describing causes and proper treatment of such ailments.  
**DEAN RECTAL & COLON CLINIC**  
PORTLAND, OREGON  
MERTON - THIS PAPER WHEN WRITING

**PARKER'S HAIR BALSAM**  
Removes Dandruff Stops Hair Falling  
Imparts Color and Beauty to Gray and Faded Hair  
60c and \$1.00 at Druggists.  
Harris Chemical Works, Patented N. Y.  
**FLORESTON SHAMPOO**—Ideal for use in connection with Parker's Hair Balsam. Makes the hair soft and fluffy. 50 cents by mail or at druggists. Harris Chemical Works, Patented N. Y.

W. N. U., PORTLAND, NO. 14-1930

**A Rare Case**  
Blinks—Bill's wife has the utmost confidence in him, hasn't she?  
Jinks—Say, she even lets him buy his hats and suits without going along to do the choosing for him.

The new telescope at Pasadena, Calif., will have a lens 16 2-3 feet in diameter.



**Beauty, Charm, Clear Skin—How Can They be Won?**

your body needs. Let Nujol clear the poisons out of your body (we all have them), and flood the sunshine of happiness into your life.

It sounds like a fairy tale, but millions of people have proved it. So can you. Get Nujol at any drug store—sold only in sealed packages, with the Nujol trademark. It costs but a few cents and it will make you feel like a million dollars!

**Shampoo the CUTICURA way**  
What a delightful and healthful shampoo it gives! Anoint the scalp lightly with CUTICURA OINTMENT; then make a strong lather with CUTICURA SOAP by dissolving shavings of the SOAP in hot water. Wet the hair thoroughly, then shampoo with the suds and rinse, several times, finishing with tepid or cold water. This will keep your scalp in a healthy condition, and your hair will be soft and lustrous.  
Sole U. S. and Foreign Proprietors: The Cuticura Soap Co., Malden, Mass.



## Scraps of Humor

BY VIRTUE OF NECESSITY

On a very stormy Wednesday evening the congregation who arrived for the mid-week service at the village church were the minister and John, the sexton.

The disappointed minister said: "Surely, John, if you and I could venture out in the storm, others should do so."

"Deed, sir," said John, "if you an' me wians' paid for it we wuidna' be here, either!"

## NOT NEEDED NOW



Jim—Do you still do your deep breathing exercises, old boy?  
Nasium—I haven't recently, I'm rooming next to a tannery at present.

**Try This on Your Hearstring**  
You're sweeter than jelly  
And softer than putty;  
Although you're no Shelley,  
You're certainly nutty.

**Thankful for Harp**  
Crashing into a telegraph post, the motorist smashed his machine and was picked up in an unconscious state entangled in the wires.  
Just as his friends feared the worst, a smile swept over his face and he was heard to murmur as he fingered the wires, "Thank Heaven, they've given me a harp!"

**Fare's Fair**  
"What's the fare," inquired the woman of the taxi driver, when he stopped at her destination.  
"Two dollars, ma'am," was the prompt reply.  
"Well, here's a dollar and a half—I'm not such a fool as I look."  
"No," said the driver. "I wish you were, ma'am!"

**Necessary**  
Traveler—In heaven's name, why did you come out in the middle of this dried-up, barren, God-forsaken prairie to build a home? There isn't a tree within a hundred miles of you.  
Homesteader—Wot else could I do? The wife was dead set on learnin' to drive the car.

**Easy to Believe**  
Mrs. Askem—Are you and your former husband still good friends?  
The Grass Widow—Why, we are better friends than we were when we were married.

## WHEN IN THE VEIN



Tom—"Why do you call that dog a bloodhound?" Joe—"He's so savage when he's in the vein."

**Words and Principles**  
To words of public quarrels  
High principles you fix,  
And some of them are morals,  
And some are politics.

**Permanent as a Wave**  
Spinks—These modern couples evidently would rather have a divorce than a golden wedding.  
Jinks—Yes, it is getting so a wife gets as tired of keeping a husband as quickly as she does of keeping a diary.

**The Ayes Have It**  
Bim—Do you think it right to buy an automobile on the installment plan?  
Bam—Sure, 16,000,000 people can't be wrong.

**Stale Joke**  
Finding his audience very difficult to please, a comedian cracked another joke and added, "I suppose you will laugh at that next year?"  
"No," said a voice, "but we did last year."

**Agreement**  
Saxophonist—I wish I had money and I would never play another note on the saxophone.  
Neighbor—I wish I had money—I would give it to you.

**HOW TO LIVE LONGER**  
By JOHN CLARENCE FUNK  
A. M., Sc. D.  
Director of Public Health Education,  
State of Pennsylvania.

## A Terrible Sacrifice

SYMPATHY is one of the most beautiful of life's attributes. And it usually is electrically responsive to any situation demanding it. But there somehow seems to be an unfortunate exception to the rule.

Last year in the United States 16,000 women lost their lives through one cause alone. And this great calamity never for a moment attained the importance of a front-page headline in the newspapers. In the main, it was not even noticed—except by those in the family who were left behind. Nevertheless, such was the awful price American women paid during the last 365 days that new lives might come into the world.

True, there was nothing spectacular about their deaths. Happening quietly, day by day, all over the nation, an occasional obituary notice would be read followed by an impersonal sigh. That ended the matter. But it in no wise lessened the terrible toll of life.

Somehow, prospective parents must be made to realize that the expectant mother not only needs a physician's care at the time of the event but requires constant supervision during the entire nine months' period. Essential as this is, the fact remains that thousands of families never consult a physician until the crisis occurs—which is oftentimes too late.

A physician in charge from the beginning means that complete physical examinations and regular tests will be made. In this manner forewarnings of serious conditions can be promptly and effectively acted upon.

Health departments can preach and preach upon this subject, but there is no law which compels those approaching maternity to seek the care of physicians during the months of waiting.

It is perfectly accurate to say that with the expectant mothers under the personal guidance of a capable physician during the entire period, a tremendous reduction in the maternal mortality rate would result.

Prenatal care is little enough to ask for the brave women who go down into the valley of the shadow of death that the race may be perpetuated. Stop the frightful sacrifice. Let the women who bear us live!

**"Water, Water All Around..."**  
FOR the young and hardy middle-aged swimming is one of the finest forms of exercise. Horse back riding excepted, it brings into play at one time more muscles than does any other form of physical activity.

With the remarkable increase in the all-season pool, the delights and advantages which formerly were limited to a few weeks during the summer months have now been spread over the whole year.

Many grown-up people who prefer to take their exercise in a comfortable chair could, with logic, go in more strenuously for health by going into the water. Assuming of course, that the doctor, after a physical examination, approves this type of exercise for them.

With that condition satisfied, health and discretion demand the observance of the following commonsense rules:

- 1—Choose a clean and cleanly operated pool. Better none than a dirty one.
- 2—Bathing suits are cheap. Therefore, use your own. The unsterilized commercial variety have been known to pass on serious communicable diseases.
- 3—Take a shower before entering the pool. You owe it to others and to the pool.
- 4—Take a cool or cold shower after leaving the pool. You owe it to your self as a needed protection against the cooler, outdoor weather. Never miss it.
- 5—Defer your swim if suffering from a cold or you may get something worse.
- 6—And above all else, keep your enthusiasm under control. Over exertion is as bad and sometimes more dangerous than no exertion.

Now then, One! Two! Three! Splash!

(© 1929, Western Newspaper Union.)

## Remarkable Oak Tree

in Small English Wood

The famous old oak, standing in the heart of a wood known as "Yardley Chase," took its name from a poem written by Cowper in 1791, while he was living at the Lodge, Weston Underwood, says London Tit-Bits.

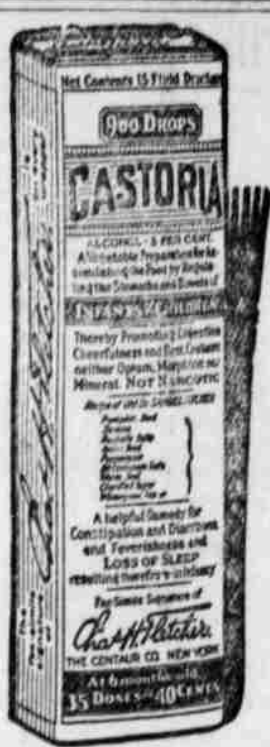
There is a tradition that it was formerly known as "Judith's Oak," and was so named because, as legend says, it was planted by William the Conqueror's niece, Judith, countess of Northumberland. If this be true, and the tradition is commonly believed in the parish, its age may be assigned to the time of the Norman conquest, nearly eight and half centuries ago.

Amongst Cowper's papers was found the following memorandum, undated: "Yardley oak, in girth feet 22, inches 6 1/2."  
The tree is wonderfully suggestive of old age, and yet many of the branches bear fresh green leaves every year.

## Plays Sanitary

Joyce's mother was entertaining a table of bridge. The five-year-old brought her cards, table and chair quite near the guests and said: "I don't play bridge, but I play sanitary, the kind of game that you just play alone."

**The upsets of Children**  
All children are subject to little upsets. They come at unexpected times. They seem twice as serious in the dead of night. But there's one form of comfort on which a mother can always rely; good old Castoria. This pure vegetable preparation can't harm the tiniest infant. Yet mild as it is, it soothes a restless, fretful baby like nothing else. Its quick relief soon sees the youngster comfortable once more, back to sleep. Even an attack of colic, or diarrhea, yields to the soothing influence of Castoria.  
Keep Castoria in mind, and keep a bottle in the house—always. Give a few drops to any child whose tongue is coated, or whose breath is bad. Continue with Castoria until the child is grown! Every drugstore has Castoria; the genuine has Chas. H. Fletcher's signature on the wrapper.



## Kept on Edge

Aunt Maria—And now that you're married, I suppose you're glad to be finished forever with shorthand and typewriting.

New Bride—No, I get lots of practice. Why, Henry talks a hundred and fifty words a minute in his sleep!

## "Cutty Sark"

Cutty is Scotch and North English for our word "short" and sark is a Scotch and English dialectical word for shirt.

A "choke circuit" devised by an engineer in France silences arc lamps, so that they can be used in the production of talking pictures.

## Oddities in Mishap

An automobile driven by a Norway (Maine) man sideswiped another car, cutting off the mudguards and running board, shot through a fence, plunged down a ten-foot embankment to the icy covering of a lake, tipped over and was bent and twisted beyond repair. But neither the windshield nor a headlight or window was broken; the driver was not injured and not a drop of coffee filling the bottom of a dinner bucket was spilled.

It isn't poverty that makes people steal hotel towels.

A writer finds so many of his best thoughts are useless.

## Three Mothers Agree

When mother is tired, nervous or ill the whole home is upset. For her family's sake, every mother wants to be well and strong. These three women tell how Lydia E. Pinkham's Vegetable Compound helps them to care for their families.



Mrs. H. Delfonde, 6318 York St., New Orleans, Louisiana

"Before my last baby was born, I started taking Lydia E. Pinkham's Vegetable Compound. I got such good results that I named her Catherine Lydia. I have six older children and five grandchildren, too. I am now taking the Vegetable Compound again because of my age. I eat and sleep better and I do all my housework, and my washing. I will do my best to answer letters."



Mrs. Harold Goodnow, 36 Cane St., Fitchburg, Massachusetts

"I cannot praise my medicine enough. After my baby came I was rundown. I had to go to bed often through the day. I took three bottles of Lydia E. Pinkham's Vegetable Compound and I felt like a different woman. If any mother has those tired feelings I advise her to take Lydia E. Pinkham's Vegetable Compound."



Mrs. Lloyd R. Blasing, 115 So. Ohio St., Anaheim, California

"After my baby came I was so nervous and tired that I felt miserable. One day a booklet was left at our door and after reading it I decided to try Lydia E. Pinkham's Vegetable Compound. I am now on my fourth bottle and I feel much stronger. It has helped me in every way and I feel sure that other women in rundown condition will pick up if they will only take a few bottles."

**LYDIA E. PINKHAM'S TEXT BOOK**  
64 pages of valuable information. Free to women.  
Mail this coupon to Name \_\_\_\_\_  
Lydia E. Pinkham Medicine Co. Address \_\_\_\_\_  
Lynn, Mass.

Lydia E. Pinkham's Vegetable Compound