

The bureau of home economics of the United States Department of Agriculture gives these directions for washing slik garments of any kind: Use lukewarm and neutral soapsuds. Do not rub hard. Squeeze and work the garments in the suds. Do not twist the fabric. Rinse thoroughly in water of the same temperature, and remove the water finally by squeezing and patting between dry towels. Dry as quickly as possible, but never in the sun. Slik hose should not be ironed. and many other knit slik garments do not need pressing. For crepe de chine and other woven silks, use a warm, but not hot, iron, and protect the fabric with cheesecloth. The fabric should be evenly damp, but not wet. To keep pongee slik from spotting. tron # dry.

is used for washing.

## May Save Paper Parasols

Uninese paper parasols, once popuhir in this country until Americans turned against their odor and their propensity to wilt in the rain, may be saved by Americans. Chinese students of American universities are trying to find a deodorant for the oll used on the parasols, and treated American kraft paper is hoped to make them more durable. Four years ago half a million Chinese parasols were carried in the United States; now there is practically none.

# Some Timely Food Hints By NELLIE MAXWELL

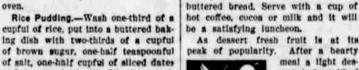
oven

Spiritual achievements are the consummation of boly aspirations. He who lives constantly in the con-ception of noble and lofty thoughts, who dwells upon all that is pure and unselfsh, will as sure-ly as the sun reaches its senith and the moon is full, become wise and noble in character, and rise in-to a position of influence and blessedness.—James Allen.

The common foods so often spurned are most appetizing and tasty if nice-

ly prepared. There is no dessert more delightful than a well made Bread Pudding. -Spread three slices of stale bread with butter and a

generous layer of marmalade; cut into quarters and place on the bottom of a greased, shallow baking dish. They should cover the bottom, but not overlap. Scald one and one-half cupfuls of milk, add one-fourth cupful of sugar, two eggs lightly beaten, one tenspoonful of van lils or other flavor to taste, one-fourth teaspoonful of salt and cover the bread silces. Sprinkle one-half cupful of co- | ter, cover with the hot onion and egg.

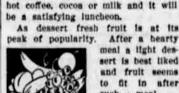


conut over the top and bake in a slow | and place over it another slice of

and one quart of milk. Stir, in a mod erate oven, every fifteen minutes dur ing the first hour of baking. Serve hot with a hard sauce, or cold with whipped cream Scalloped Potatoes .-- Cut three or four potatoes very thin, place in tay-

ers in a baking dish with a cupful or more of chopped cooked beefstenk. Repeat, add salt and pepper, any gravy or butter for seasoning and a bit of shredded onlop. Cover with mlik to moisten well, bake in a moderate oven until the potatoes are well done.

Egg Sandwich .-- For a hungry man or boy try this way of serving a hot sandwich. Shred a small onlos in a frying pan with two tablespoonfuls of butter, cook until the onion is soft but not brown, add the egg and cook carefully. Spread the bread with but-



such a meal. With souffles, gelatins, bavarian creams, frozen fruit juices, down

Ordinary taploca is glorified to a point of new interest in the following recipe by the addition of lemon

Lemon Tapioca .- Take two-thirds of a cupful of minute taploca, eight cupfuls of water, one teaspoonful of salt, the grated rind of two lemons, and cook until clear. Add two cupfuls of sugar, one cupful of lemon juice and fold in the stiffly beaten whites of four eggs. Chill and serve in tall glasses.

Orange Souffle .-- Remove the top of orange and scoop out the pulp carefully leaving the shell clean, Refill

trap has been opened. Coffee grounds are among the commonest sources of stoppage at the trap. Melted wax used for sealing jelly glasses finds its way into the trap, and when hardened is another frequent cause of trouble. Small obstructions are often forced down or drawn up by the use of a simple rubber force cup, sometimes called "the plumber's friend," costing 30 to 50 cents. The cup is placed over the fixture outlet and the fixture is partially filled with water. The wood handle of the cup is then worked rapidly down and up, causing alternate expulsion of the water from beneath the cup and suction upward through the waste pipe and trap. Chemical solvents are sometimes needed to free the pipes. Caustic soda or potash are sometimes used. Directions for their preparation and use may be found in Farmers' Bulletin 1426-F, "Farm Plumbing."

pint of cold water five minutes and dissolve over hot water. Add two quarts of orange juice, one-fourth cupful of lemon juice, two cupfuls of sugar, two reaspoonfuls of grated orange rind, one tenspoonful of sait. Stir until well dissolved then pour into molds. This will serve twenty-four. Orange Pie Filling .--- This recipe will make four ples: Take four cupfuls of sugar, one-half cupful of cornstarch. one and one-half cupfuls of flour, one tenspoonful of salt, two cupfuls of bolling water, eight egg yolks, onethird of a cupful of butter, four cup-

debut, do 17 Persecuted Male The ways that serve a pan to burt, A laundry's favor wins. It pulls the builtons off his shirt And fills it full of pins.

Judge-Have you ever been arrested

Prisoner-Now itssen, Judge! 1

don't look like no bud jes makin her

before my good man?

# Not a Question of Gallantry

Straphanger (to another who has just given up his seat to a woman)-Good luck, sir. I've been traveling on this line for three years and I've never offered my seat to a woman.

The Other-Then you've never had any manners, sir.

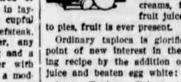
"No, it isn't that; I've never had a seat."-Stray Storles.

## Heart Trouble

"The doctor told me I'd have a tobacco heart if I didn't stop buying cignrettes." 'Yes?"

"So I started buying chocolates, and now I have a sweetheart."

# WHAT SHE DISLIKED



# Fur, Chenille for Hat Trimming By JULIA BOTTOMLEY

\* 



Hats must flatter, such is fash ton's ultimatum. Which, of course is a challenge to the milliner to not only tune the hat to the individuality of its wearer, but also, in order to complete the picture, it must be related to the costume in an ensemble

This demand for headwear which en ters into the ensemble scheme has inspired hat stylists to employ fur in the building of the smart chapeau. Here is how the plan works out: Let us assume for the moment that Mrs. X---- has yielded to the lure of a black broadcloth ensemble or say one of the smart black crepe princess frocks which is collared and cuffed with white ermine. The hat must match or at feast show some relation. Seeing which, the logical thing for Mrs. X---- to do is to forthwith order from her milliner a chapeau which likewise is touched with white fur. A cunning black felt, with wee ermine tails ranged across the back brim, ilke the model shown to the left in this group would be just the thing to erfect the ensemble. Perhaps the new suit is all black,

for according to fashionable Parisies, there is nothing quite so chic as black trimmed with black fur. Why nos take a piece of the black for which is left "over over," to your neapest milliner, asking her to "work it ig" on the new chapeau. Likely the gesult will be a handsome off-theface model into the upturned brim of which will be cunningly worked a patci of the fur in some such manner as is shown to the lower right in this pletury.

In 13gard to tuning the color of the hat to the color of the dress or cont perfectly charming are the crochet chenilis hats which repeat the dark green, the deep wine or the radiant brown of the costume. The illustra-tion includes a stunning haby-boanet type (below to jeft) crocheted entirely of soft chenide. It is an extreme type, we admit, but then there are many other models from which to choose most of them following simple turban or cap lines.

The gardenia-trimmed felt hat at the top is reversible, that is, it is fashioned so that the front may be worn at the back and vice versa-in reality two hats in one.

(@. 1929, Western Newspaper Union.)

#### Shut Out Temptation

If a man instantly turned his ears and mind away, the assault would be easily repuised; but as soon as he opens his cars so far as to dwell upon and daily with temptation, he is al ready well-nigh conquered, and the strife is at the bardest .-... John Tauler.

with the pulp mixed with sliced banana, grapefruit or peaches, until the shell is half full. Cover with vanilla ice cream and top with a meringue. Place in the oven to brown quickly and serve at once garnished with strips of candled orange peel and ginger.

Orange Gelatin .-- Take one-balf cupful of granulated gelatin, soak in a

Teach Right Food Habits

# 

(Prepared by the United States Department | of Agriculture.)

Training children in the right food habits can be accomplished largely by expecting them from earliest babyhood to like and eat what is set be fore them. At the same time the mother has definite responsibilities in connection with the child's food. It must be of the right sort, temptingly prepared and served, so that it is attractive in color, odor, and flavor. It must be served at regular times and there must be no interruptions or distractions. Small portions should be given so that the child can clear his plate without discouragement. The mother must especially learn to discriminate between a genuinely upset appetite and mere finickiness.

Lack of appetite, says a specialist in child training of the bureau of home economics, indicates that something is wrong. Constipation, sometimes arising from improper eating, is an all too common cause. Sufficlent emptying of the bowels is essential to keeping up the desire to eat. It is encouraged by drinking plenty of water and by the use of vegetables and fruits in the diet. Fortunately, these foods are all good sources of the vitamine that increases the appetite.

needed as a sort of extra meal about Fatigue and approaching illness inmid-morning or mid-afternoon. When terfere with the normal desire to eat. such lunches seem desirable they should be given at absolutely reguli The child who is tired needs a short times, but if they interfere with inrest without sleep just before the meal terest in the three usual meals they hour, and very small portions of ford when he comes to the table. should be discontinued.

fuls of orange juice, two tablespoonfuls of orange rind, one-half cupful of iemon juice, eight egg whites and a cupful of sugar.

Pickles are not only an incentive to the appetite, but because of their spice, acidity and general flavor, help to digest the richer heavier foods of the cold season.

(@ 1929, Western Newspaper Union.)

Behavior upsets near or during the

meal often destroy the appetite. The

trightened, angry, or disappointed

child is likely to have no interest in

food or to refuse it violently. Par-

ents must bandle emotionally dis-

turbed children carefully. Otherwise,

refusals will be aggravated, or un-

pleasant memories will become at-

Allow the ill, tired, or upset child

to miss a meal or to eat lightly while

he is temporarily out of order, and

place no emphasis on refusals at such

times. He may need rest or whole-

some activity to restore his appetite.

If poor appetite persists in spite of

all efforts, consult a physician as te

These situations are very different

from obvious devices children some-

times use to avoid eating certain foods

or to gain the center of attention.

Games to induce enting are fruitless

in the long run. Better let the child

go hungry for a long enough interval to bring back a normal healthy appe-

tite. Piecing or enting between meals

is sometimes responsible for poor ap-

petite and should be consistently dis-

couraged. However, for some chil-

dren a little light food, such as mlik

or orange juice and a cracker may be

the cause.

tached to the foods in that meal.



He-Don't you like my company? She-Your company is all right, but don't care for you.

#### Advanturers

The 'lassica are long-lived indeed; Best sellers seem forlorn. "Robinson Crusoe" still we read, But where is "Trader Horn"?

# A Hard Task

Parishoner-My daughter's husband treats her shamefully.

Priest-But a woman should be obedient to her husband, and follow him everywhere.

Parishoner-Yes, but she can't do that. Her husband is a chimney-sweep, -Karikaturen, Oslo,

## True Love

Fond Mother-Are you sure that he loves you and you alone?

Sweet Daughter-Oh, yes, mother. More then, than any other time.

## Logical

When Marion's mother coaxed her to drink her milk, she objected strongly. Trying to persuade her, her moth-er said, "Why, Marion, your little cousin, Ruth, drinks her milk better than you do."

Very quickly Marion responded, "Give it to Ruth. then!"-Christian Hernid.

# Or Extinct

Law Student-What would you call woman who has nothing to say? Attorney-Physically exhausted.