

Coats for Vacation Wear

By JULIA BOTTOMLEY



Unwise the vacationist who starts on a pleasure trip without a practical top coat. Not too heavy in weight yet not too heavy should it be.

Preparedness of this sort brings its own reward. For cool breezes even in summertime sometimes hold sway. Then, too, there are motor trips, hours of travel by train and boat to consider, which emphasize the advisability of acquiring a smart coat such as the exceedingly handsome and distinguished model pictured.

This is just such a coat as the best shops are advocating for summer wear. Its medium is a loose light-weight woolen fabric, in a smart diagonal design. The model is featured with an ever important self-fabric scarf. Sun-ray tucking while it ornaments also achieves a perfect fit for this coat about the shoulders.

Pastel woollens bring a charming phase of fashion into play. It adds zest to sports and town modes, that so many are developed in lovely yellows, pale greens and blues, likewise

DIRECTIONS FOR MAKING "NOODLE RING"

A somewhat novel and dainty lunch dish is a "noodle ring" filled with creamed meat or stew, such as creamed chipped beef, minced lamb in gravy, chicken, or cooked fish in white sauce. The bureau of home economics gives directions for making a noodle ring.

Ingredients:
 3/4 pound noodles 2 tbs. butter
 2 quarts boiling water 2 eggs
 1 1/2 tsp. salt 1 cup milk
 1 tsp. grated onion or 2 drops tabasco sauce

Cook the noodles for about 20 minutes in the water to which 1 teaspoonful of salt has been added. Drain well, add the onion, butter, tabasco sauce, and remaining three-fourths teaspoonful of salt. Beat the eggs, add the milk, then the seasoned noodles, and stir until well mixed. Butter a ring mold, pour in the mixture, place in a pan with water surrounding the mold, and bake in a moderate oven until the mixture has set. Turn into a heated platter and fill the center with any kind of a creamed meat.

violet colorings—the latter being a voguish color which is receiving no end of exploitation. Indeed there is quite a rivalry between grayish greens and dusky violet shades for summer-

weight woolen coats and ensembles. In almost every instance these colorful costumes are topped with matching hats either felt or straw and the accessories through and through carry related colors. In mentioning fashionable shades, the new eggshell tint must not be omitted. Woollens in this smart tone are irresistible. Increasing favor for gray is noted. Coats or ensemble suits in this color call for perfectly matched accessories.

In fashioning practical coats of lovely colored woollens, style creators have done a commendable thing. Transforming the utility coats into a "thing of beauty" without sacrificing its practicality, has added zest not only to town and travel coats, but the new rain coats revel in color and charm.

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HINTS FOR HOUSEKEEPERS

Fine steel wool will remove starch or rust from the iron.

If the vacuum cleaner is to give good service, the dust bag must be kept clean.

To remove the burned crust from a cake rub gently with a piece of fine sandpaper.

To alternate two pairs of shoes is more economical than to wear one pair continuously.

Browned flour does not have the same thickening power as the same amount of unbrowned flour.

Darts stitched on the right side of the material give the effect of tucks if they are finished on an even line.

Play Clothes for the Little Tots



Shade Hats Are Desirable for Summer Play.

(Prepared by the United States Department of Agriculture.)

Shade hats are desirable for children during any periods of the summer day when there is glare. If the hats are chosen with a small brim in front but a short one or none in back, they will be cool and comfortable. These two little girls are dressed in

a very satisfactory way for the first countless days. Their print dresses are designed with loose neck, sleeves, and leg finishes, in style that depend on simplicity for their charm.

One child wears a short-sleeved collarless dress, but the other is almost as cool and free from unnecessary restraint of motion because the collar is made to set well away from the neck, and the sleeves are loose, although reaching to the wrist. Straight bands are used on the legs of the bloomers in each case. These are recommended by the bureau of home economics in preference to elastics, which impede circulation. The bands are wide enough to slide up the leg when the child bends over, but the bloomers are kept short on the sides to prevent the bands from slipping down over the knees.

cut fine, one cupful of sugar and two tablespoonfuls of lemon juice, with a bit of the grated rind. When thick add a tablespoonful of butter and cool. After the date covering has been added, cover with icing, to which a little lemon juice has been added.

Fruity Custard.—Beat the egg yolks, add one-fourth of a cupful of sugar, two teaspoonfuls of flour, one-eighth teaspoonful of salt, two cupfuls of milk, one-half teaspoonful of vanilla added at the last, five tablespoonfuls of sugar. Beat the egg yolks, add the sugar, salt and mix well. Add the milk and cook until thick enough to coat the spoon. Cool, add the vanilla and turn into a serving dish containing four sliced oranges. Beat the egg whites, add the five tablespoonfuls of sugar, heap on top of the custard.

The reason toast is given to those of weak digestion is that the starch, by the heat, is partly changed to sugar and is quickly acted upon by the juices of the stomach and ready to be absorbed in the intestine.

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Good Food for the Family

By NELLIE MAXWELL

When the grilling day is over,
 And the sun is going down,
 When the shades of night are falling

Is the country and the town;
 When the whippoorwill is calling,
 And the wolf begins to roam,
 When the mocking bird is dozing,
 Then I want to be at home.
 —Morris Olson.

When making a layer cake of two layers, if the family is small, use one layer cut into halves and put together with sweetened whipped cream lightly flavored. The other layer fill with the following filling:

Orange Filling.—Mix one-half cupful of sugar, three tablespoonfuls of flour, and the grated rind of one-half an orange; when well blended add one-fourth cupful of orange juice, one tablespoonful of lemon juice, the yolks of two eggs, and cook until smooth and thick over water. Add a teaspoonful of butter and spread on the cake. Ice with confectioner's sugar moistened with orange juice.

Parsley Butter.—Take three tablespoonfuls of butter, one-fourth teaspoonful of salt, one-eighth teaspoonful of pepper, two tablespoonfuls of lemon juice and add one tablespoonful of finely minced parsley. Work

the butter until creamy, then add lemon juice and parsley.

A Delicacy.—Take two large oranges, three cupfuls of diced rhubarb, two cupfuls of sugar, one-half teaspoonful of mace, one-fourth teaspoonful of cinnamon, twelve whole cloves. Place all the ingredients together in a casserole adding the grated orange rind and cook with rhubarb until tender.

The mother who feeds her children green vegetables, plenty of milk, coarse cereals and breads, need have no fear of an undernourished child. The coarse foods, hard to masticate, make the teeth strong, by exercise. The gums which carry the blood that nourishes the teeth, need this coarse food also to keep them firm and healthy.

In recent investigations of school children in the East, the results are most interesting. The poorer children, coming often from very poor homes, averaged a better percentage than the children from wealthy homes. This

shows that intelligence and not wealth is the important factor in well nourished children.

The custom of giving everybody a glass of orange juice daily is a good one and most important for the child. It contains lime in small amount, furnishes excellent iron salt, is well supplied with vitamins especially C, which prevents rickets, and is free from possible contamination, which is not true of milk (always). Orange juice stimulates the retention of lime in the teeth, bone tissues and the body fluids. Alternate the orange juice with milk—it will be found most helpful. In many schools they are using oranges instead of milk for the lunch time.

Dates and Chocolate Cake.—Take two tablespoonfuls of butter, cream with one cupful of sugar, add a bit of flavoring, lemon, almond or vanilla, or a mixture of all; add two well-beaten eggs, two tablespoonfuls of cocoa, or a square of chocolate melted; add one and three-fourths cupfuls of flour sifted with two teaspoonfuls of baking powder. Add the flour alternately with one-half cupful of milk. Bake in a square tin and when cool cover with the following: One cupful of dates

Fairy Tale for the Children

By MARY GRAHAM BONNER

"We just saw two people go by," said the bird of paradise, "and as they went by one said:

"Oh, don't you wish you could have that bird of paradise for your hat?"

"Either of them would do beautifully."

"Oh," continued the bird of paradise, "it made me sad. But I was thankful that I was in the zoo. I love the air and I love freedom and I love my wild home and everything that goes with it, but here at least I am safe, safe, and oh, how people have gone after my family of late."

"They've always gone after my family," said Mrs. Heron, sadly.

"That's so, wick, waw, wick, waw, waw, waw," shrieked the bird of paradise, and the lesser bird of paradise nodded.

"You see," the bird of paradise continued, "we've become fashionable lately."

"In fact, we've become very scarce because so many of us have been killed."

"Of course, we don't get our long and perfect plumage until we are five years old."

"But we are beautiful birds and we have beautiful feathers. We can't help but admit it, though we're sometimes very, very sad that we are so beautiful."

"We have wonderful feathers—brownish, reddish, fawnish feathers. Our throats are of soft black and green feathers, our eyes are soft and yellow and our heads and beaks are yellow, though our beaks are edged with black and also shaded with blue and gray."

"But it's our long plume feathers,

our wavy beautiful feathers that people like—ladies like to wear them in their hats, and while my neighbor, the lesser bird of paradise, isn't so perfectly marked as are the members of my family, they've often been killed for their feathers, too."

"Oh," said Mrs. Heron, "that is too dreadful. But do you go after you at any special time?"

"Is there some month perhaps when



"But here at least I am safe."

you're not so much on your guard and they can get you more easily?"

"Yes," said the bird of paradise, "there is. When we're mating, when we're dancing in the trees, dancing and chirping and shrieking with delight, then the men with their arrows shoot up at us because we're not paying any attention to dangers."

"We're gay then, gay and glad, but alas! they kill us then for ladies' hats."

"They take us when we are joyous and merry and happy for trimming for hats which can't talk and

which can't have little birdlings. Oh, it's terrible."

"I should say it is," said the lesser bird of paradise. "They wait until we're really happy and gay, when we have our mates and are having happy dancing parties in the trees and when we're chirping and whispering secrets to each other about the little birdlings we're going to have later on—then it is that they shoot us down!"

"And all for hats!" said the bird of paradise. "Yes, at least we're safe in the zoo, but oh, the people who go by and say that they would like to have us on their hats!"

"But the keeper is telling every one he hears make such speeches about the sorrow that comes to our families because of fashions. And if they don't look out there'll be nothing left of us. We'll be all gone."

"It's something I can't understand," said Mrs. Heron. "You know I'm of the family known as the Snowy Herons."

"That is because my feathers are white, and they're called albigettes."

"People like to wear them on their hats; women, yes, mothers of boys and girls, for listen, birds of paradise."

There was a hush in the birdhouse of the zoo and the heron began to speak.

"They go after you when you're mating, but they go after me and my family when our little ones are born and when they can't even feed themselves."

"They wait until then—as then we're not noticing danger but only thinking of our little ones. Oh, we do wish people would change—that we do wish!"

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Community Building

Neglecting to Paint

Means Monetary Loss

Nobody wants to live in a dilapidated neighborhood, much less a shabby house. It is true that many people are forced to, since neglected houses won't sell. Their appearances are against them. A house that is old, in need of renovation and paint, is fast on its way to utter hopelessness—and nobody wants it.

Houses that appear neglected through lack of paint depreciate in value so much that an appreciable property loss is inevitable.

To become a little more cheerful on the subject, while nobody may want the old, windswept house, the same place with ever so slight renovation would increase in its value and desirability far beyond the cost of the improvements. Modernizing an old house makes it a desirable asset to a neighborhood, and a place to take pride in owning.

In modernization, where there is the slightest bit of structural beauty in the original lines, for economic reasons they should be allowed to remain. Minor changes which lend themselves to comfort and picturesqueness will be sufficient, since fresh paint in an attractive color scheme will add the important finishing touches.

Growing Movement for

Trees Along Highways

The possibilities of beautifying our main highways by means of trees, flowers and blooming shrubs inspires the hope that some day public demand will make these possibilities, at least in a large measure, realities. Many good things come from demonstrations. Near Louisiana, Mo., the state highway commission is setting out groups of spruce at intervals of from 200 to 300 feet for a distance of about 30 miles. The plants are a gift from a Louisiana nursery. The gift is generous, but probably a mighty good investment. When these groups of spruce attain blooming growth they will be an example that will be sure to inspire an extension of highway treatment. Indeed, such examples are numerous in some of the states, especially as to the planting of trees. Perhaps in time beauty along our principal motor car routes will be so compelling that almost everyone will respect it, including the beauty Nature has provided. If so, then we shall not have billboards and similar disfigurements.—Exchange.

Call for Simple Play Spots

The landscape architect's greatest contribution to modern civilization is designing parks to provide moral and physical health for the masses of the cities. Ferruccio Vitale of New York, member of the National Commission of Fine Arts, says in a symposium of the American Institute of Architects on collaboration in the arts of design.

"So long as only the aristocrats were the ones who desired open spaces outside of congested areas," declares Mr. Vitale, "the type of landscape development was bound to become one suitable for pomp and splendor."

"But when masses of people in a democratic community realized the necessity of these same open spaces, it was to secure relief from the congestion, to forget formality, and all the elements of structures and buildings by which they were surrounded."

Joy of Life in Country

What is there in country living? The shortest answer is that there is everything in country living, nowadays, that there is in big city living, and in less concentrated form. There is even more, for there is enough leisure and sufficient impulse toward the formation of really close friendships. It is not too difficult to see one's friends oftener than once a month or once a year of city dwellers, and it is possible to enjoy with them most of the things that make life important in America.—Exchange.

Not Too Many Evergreens

Care should be exercised in the use of accent shrubs and trees such as evergreens, weeping varieties and colored shrubs. Evergreens are greatly misused and overused. Generally speaking, except in homes of decidedly formal treatment, a combination of evergreens and deciduous shrubs are better than just evergreens. However, if your house does not have a formal treatment, the use of many evergreens is out of place.

Road Sign Interference

Effectiveness of the standard highway signs and direction and danger signals on the transcontinental highways, which have contrived immeasurably to the convenience and safety of travel, is hindered in many instances by advertising signs which are so placed as to obscure them or withdraw attention from them.

There's a Difference

A happy place to live, indeed, is the city where is constantly heard the sound of hammer and saw, but something else again is the city where only the hammer is heard.—Exchange.

Clothes for Stout Women

(Prepared by the United States Department of Agriculture.)

A woman who is of medium stout build must choose her summer wardrobe with especial care if she wishes both to feel comfortable and look well. Fortunately there is now such wide variety in washable cotton fabrics suitable for street or office wear that she can easily find a sufficient number to supply her needs and permit frequent changes of costume. In planning the design of her summer dresses, however, it may be that details which would look well in silk or other fabrics would not be practical in those intended for tubbing. The simpler and less trimmed garment, as a rule, the more successfully can it be laundered and the cooler it is on a scorching summer day.

Here is a particularly good summer dress for the women inclined to weight. It was photographed by the bureau of home economics to show what could be done with blue dotted Swiss, trimmed with Valenciennes edging. The dress is made in two pieces, with the tucked, lace-trimmed vest made on the bodice from which the skirt is hung. The blouse is finished by a belt which ties in front and gives the dress the appearance of a one-piece dress. A long rolling fitted collar edged with lace completes the blouse. Cuffs of tucks and lace are attached to half the bottom of the sleeve and the other half is hemmed and allowed to hang out from the arm.

Fullness for the knees is provided by several large inverted box plaits



Attractive Two-Piece Dress of Dotted Swiss for Medium Stout Woman.

In the skirt. On a woman of somewhat large figure skirts should not be too tight or too short if they are to look graceful.