

## Salts Fine for Aching Kidneys

When Back Hurts Flush Your Kidneys as You Clean Your Bowels

Most folks forget that the kidneys, like the bowels, sometimes get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean and the moment you feel an ache or pain in the kidney region begin drinking lots of water. Also get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and is intended to flush clogged kidneys and help stimulate them to activity. It also helps neutralize the acids in the urine so they no longer irritate, thus helping to relieve bladder disorders.

Jad Salts is inexpensive; makes a delightful effervescent lithia water drink which everybody should take now and then to help keep their kidneys clean.

A well-known local druggist says he sells lots of Jad Salts to folks who believe in trying to correct kidney trouble while it is only trouble.

## Sure Relief

## No more NAUSEA

Gas, heartburn, sick headache, nausea, over-acidity and other digestive disorders quickly and surely relieved. Safe, Pleasant. Not a laxative. Send for free samples to Bell & Co., Inc., Orangeburg, N. Y.

Normalizes Digestion and Sweetens the Breath



**BELL'S**  
INDIGESTION  
REMEDY  
6 BELL'S  
Hot water  
Sure Relief  
**BELL-ANS**  
FOR INDIGESTION  
25¢ AND 75¢ PACKAGES EVERYWHERE

### Holland Longest Tunnel

London has its Blackwall and Rotherhithe tunnels, Glasgow its three tube harbor tunnel and Hamburg its twin tube Elbe tunnel. But none of these is as long as the Holland tunnel in New York.—American Magazine.

### Hard Work

"Ally says he does an awful lot of brain work."  
"I believe it. To make what little he has work must be awful."

### Physician's First Duty

For the physician there is only one rule: Put yourself in the patient's place.—Lord Lister.

An expedition has sailed from New York to dredge the ocean bottom in the region of the Azores, seeking the supposedly lost continent of Atlantis.

## "WORTH WEIGHT IN GOLD"

### Verdict of Woman Who Tried Pinkham's Compound

Tully, N. Y.—"It hurt me to walk or sit down without help and I felt sick and weak. My mother-in-law took Lydia E. Pinkham's Vegetable Compound and she induced me to take it. I am now on the fourth bottle and have also used Lydia E. Pinkham's Sanative Wash. The medicines that will do for me what the Vegetable Compound and Sanative Wash have done are certainly worth their weight in gold. I think I have given them a fair trial and I expect to take two more bottles of the Vegetable Compound."—Mrs. CHARLES MORGAN, R. F. D. 1, Tully, N. Y.

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Ask for Sample  
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## A Few Little Smiles

### KNOWS IT

During a heat wave a magistrate was discussing with a few club friends the question of summer drinks, and he admitted that he did not know of a good thirst quencher.

"Have you tried gin and ginger-beer?" asked one of the group.  
"No; but I've tried many people who have," was the response.—Glasgow Evening Citizen.

### DEEP DESIGNING

"What have you against me?"  
"Nothing," said Mr. Cumrox. "I think I should like you for a son-in-law."

"Then why did you forbid your daughter to see me?"

"I wanted to introduce an element of romance that would induce her to defy my wishes and concentrate on a young fellow for whom I really have a high regard."—Washington Star

### AMONG THE MASONS



"John has the gripe."  
"Hope he won't get the password as well."

### Joy of Contest

If everything went breezy  
And Fortune made no slips,  
Life would be all so easy—  
There'd be no Championships.

### Dozed on Her Job

Policeman—How did the accident happen?  
Motorist—My wife fell asleep in the back seat.

### Following the Sun

Crawford—Is Niblick really obliged to travel so much?  
Crabstew—Why, yes; he plays golf the year round.

### Irresistible

"So Mame has finally accepted that young lawyer?"  
"Yes, she says she could no longer resist the power of attorney."

### Lipstick

He—Let's kiss and make up.  
She—If you'll be very careful I won't need to.

### An Oasisatic Discovery

"Pa, when was Cuba discovered?"  
"July 1, 1919, my son."

### POOR FELLOW



Mosquito—You look sick.  
Frog—Yes, I feel like I am going to "croak!"

### Not So Dumb

A dumb-bell they call a  
Cute little thing—  
But she's not so dumb she  
Can't get a ring.

### Living on Some One Else

Dawson—How long will you remain here at Palm Beach?  
De Broke—As long as my money lasts.  
Dawson (who has loaned him \$50)—Then you must have left some time ago.

### He "Got By"

Dad—How did you come out with your exams?  
Son—Passed 'em just like they were curs ahead.

### His Way—Right or Wrong

Uncle Ed—Well, Johnny, how do you spell giraffe?  
Johnny—G-I-R-A-F-E.  
Uncle—The dictionary spells it with two f's.  
Johnny—Well, you asked me how I spelled, Uncle.

### Aloof

"The lieutenant seems distant," declared Ruth.  
"He belongs to the reserve corps," explained Klipsie.

# OUR COMIC SECTION

## Events in the Lives of Little Men



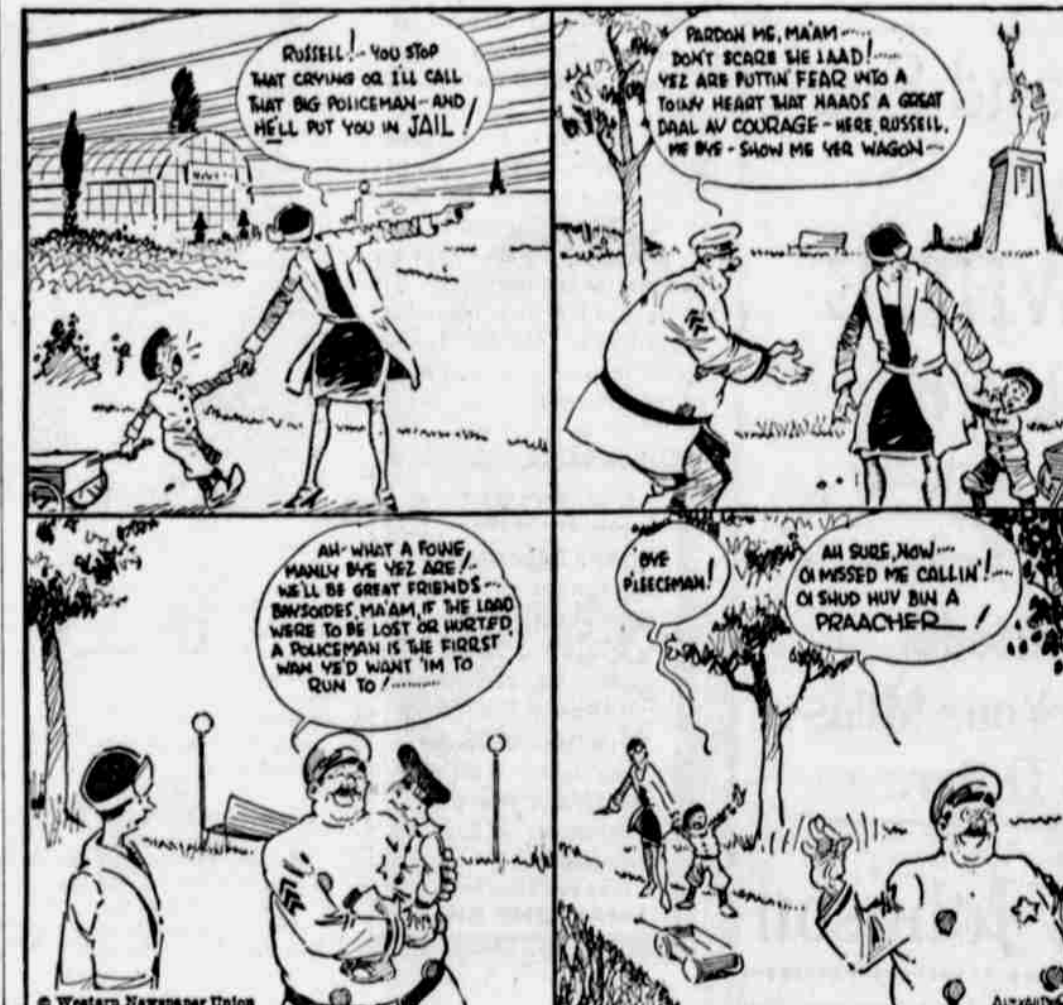
### THE FEATHERHEADS

### Trade-lasts



### FINNEY OF THE FORCE

### In Line of Duty



## Makes Life Sweeter

Next time a coated tongue, fetid breath, or acrid skin gives evidence of sour stomach—try Phillips Milk of Magnesia!

Get acquainted with this perfect anti-acid that helps the system keep sound and sweet. That every stomach needs at times. Take it whenever a hearty meal brings any discomfort.

Phillips Milk of Magnesia has won medical endorsement. And convinced millions of men and women they didn't have "indigestion." Don't diet, and don't suffer; just remember Phillips, Pleasant to take, and always effective.

The name Phillips is important; it identifies the genuine product. "Milk of Magnesia" has been the U. S. registered trade mark of the Charles H. Phillips Chemical Co. and its predecessor Charles H. Phillips since 1875.

## PHILLIPS Milk of Magnesia

### Disposing of Them

Buddy's grandfather had been talking about his farm and the condition of the corn crop. "It looks as if we're going to have a bumper crop this year," he stated.

Buddy was delighted. "Oh, Grampy!" he shouted, "will you sell the bumpers to the auto factories?"



## DR. CALDWELL'S THREE RULES

Dr. Caldwell watched the results of constipation for 47 years, and believed that no matter how careful people are of their health, diet and exercise, constipation will occur from time to time. Of next importance, then, is how to treat it when it comes. Dr. Caldwell always was in favor of getting as close to nature as possible, hence his remedy for constipation is a mild vegetable compound. It can not harm the most delicate system and is not habit forming.

The Doctor never did approve of drastic physics and purges. He did not believe they were good for human beings to put into their system. Use Syrup Pepsin for yourself and members of the family in constipation, biliousness, sour and crampy stomach, bad breath, no appetite, headaches, and to break up fevers and colds. Get a bottle today, at any drugstore and observe these three rules of health: Keep the head cool, the feet warm, the bowels open. For a free trial bottle, just write "Syrup Pepsin," Dept. BB, Monticello, Illinois.

### Turkey Takes Census

The population of Turkey, according to figures published by the director of statistics, based on the latest census, is 13,999,275 inhabitants. Of this number 1,044,296 live in Turkey in Europe and 12,915,969 in Turkey in Asia.

More than 400,000 species of insects have been described by scientists, and it is thought that there may be another 500,000 kinds not yet studied.



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