

Feel Tired and Achy?

Too Often This Warns of Sluggish Kidneys.

Sluggish Kidneys.

L AME? Stiff? Achy? Sure your L kidneys are working right? Sluggish kidneys allow waste poisons to accumulate and make one languid; tired and achy, with often dull headaches, dirziness and nagging backache. A common warning is too frequent; scanty or burning excretions. Don's Pills, a stimulant discretic, increase the secretion of the kidneys and thus aid in the elimination of bodily waste. Users everywhere endorse Doun's. Ask your neighbor!

DOAN'S PILLS A STIMULANT DIURETIC AL KIDNEYS Poster-Milburn Co. Hig Chen. Buffalo, KY.

Sure Relief No more Gas

Sourness, Dizziness Heartburn or Distress after eating or drinking

Not a laxative but a tested sure relief for digestive disorders of the stomach and bowels. Perfectly harmless and pleasant to take.

Normalizes Digestion and Sweetens the Breath



For Poisoned Wounds As Rusty Nail Wounds Ivy Poisoning, etc. Try Hanford's Balsam of Myrrh All dealers are authorized to refered your most first bestje if not suited.

Quickly Relieves Rheumatic Pains

12 Days' Free Trial

To get relief when pain tortured joints and muscles keep you in con-stant misery rub on Joint-Ease.

It is quickly absorbed and you can rub it in often and expect results more speedily. Get it at any druggist in America.
Use Joint-Ease for sciatica, lum-

bago, sore, lame muscles, lame back, chest colds, sore nostrils and burn-ing, aching feet. Only 60 cents. It penetrates.

Joint-Ease



PARKER'S HAIR BALSAM Restores Color and ty to Gray and Faded Hair to, and II.00 at living jets. x Chem. Wks. Fatefugus, N. Y.

FLORESTON SHAMPOO—Ideal for use in connection with Parker's Biair Raisum. Makes the hair soft and fluffy. 60 cents by mail or at drug-cists. Hiscox Chemical Works, Patchogue, X. Y.

HEADACHE



RELIEVED . . QUICKLY Carter's Little Liver Pills Purely Vegetable Lauritee move the bowels free from pain and unpleasant after

They relieve the system of constipu-tions which many times cause a dul-hing head. Remember they are a doc-secription and can be given with abao-nificance to every member of the family, upgiess 25c and 75c Red Packages.

CARTER'S INH PILLS

A woman may not be able to drive a nail, but at driving a bargain she is in her glory.

Personal Comment

by Mrs. G. E. Tower San Francisco, Calif.—"For the past seven or eight years I have tak-en Dr. Pierce's remedies off and on,

en Dr. Pierce's remedies off and on, that is, the 'Favor-ite Prescription,' and the 'Golden Medical Discovery.' I began with these when I was about grown. The 'Favorite Prescription' is the best medicine any woman ever took. The 'Golden Medical Discovery' is fine for the stomach—excellent for a person who is rundown in health."

Mrs. G. E. Tower, 1105 Laguna St. Obtain now from your druggist.

Obtain now from your druggist. Dr. Pierce's famous remedies.

Write Dr. Pierce, President In valids' Hotel in Buffalo, N. Y., fo tree confidential medical advice.

Sylvia of the Minute

HELEN R. MARTIN

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WNU Service

CHAPTTER IX-Continued

-21-

"Tou needn't try to bluff me, Mar-vin!" his father frowned. "I know all about it! You've come here to keep an appointment with this young woman !"

"I was not aware of it!" "I tell you," his father indignantly

insisted, "you needn't try to humbug me! I caught her in the very act of walting for you!"

Marvin looked perplexed. "Well,

if you did, why on earth should you (apparently) be blaming me for that?" "When I show you what I have But as his father snatched from his breast pocket a folded paper.

Meely broke in: "Now that you are here, Mr. Marvin, will you be so kind as to drive me to the nearest telegraph office? Pre got to wire some money to my

needy parents and it's pressing." "I'm at your service," Marvin, looking more and more bewildered, responded, taking her coat from a hook on the wall as she started to reach for it, and holding it while she slipped

"R-but," his father stammered flush ing very red, "Miss Schwenckton! Your promise! This paper you've signed-"

tt?

"Yes?" she inquired. "What about

"What about it! Your signed promise to make no demands on my son "But I wouldn't suppose my asking him to take me to the express office to cable—telegraph to my family a bit of money I've acquired-would come under the 'demands' referred to in

that paper, would it?" "In the very hour of your signing this paper and accepting that money you dare to go off driving with my

"What on earth?" asked Marvin, their demeanor and conversation not only not bearing out his supposition, but suggesting a very different state of things.

"Look at this!" his father exclaimed, thrusting the paper at him. "Read that! And then decide whether you want to go off driving with that

Marvin, feeling dizzy, read the few sentences on the paper signed "Amelia Schwenckton."

"But what, in God's name, is it all about? What sort of 'demands' is she swearing not to make on me-" He stopped short, a staggering idea flash-ing upon him. "You must mean St. Croix!" He turned to the girl. "Does this refer to St. Croix?"

"I don't know!"

"You don't know!" cried Mr. Creigh-"Why," he exclaimed, "are you both trying to saddle St. Croix with a thing he has nothing to do with? As if I'd ever have to buy off a girl from marrying him !"

"Are you buying off Miss Schwencktion from marrying me?" laughed Marvin, and as he spoke he tore the paper into bits and scattered them on the

"What makes you think, Father, FREE Send name and Address for 12 that such desperate measures as this tories, Desk 2, Hallowell, Maine. against even so dangerous a person as Miss Schwenckton?"

"And anyway," the girl spoke in, "I'm resigning. Please find a teacher, Mr. Marvin, for my school, will you?for I'm leaving tonight."

"Father! Why on earth are you driving her away? There's absolutely nothing between us and-"

"'Dangerous person' is right, Marvin, and no exaggeration! I have just given that girl five thousand dollars for the signed promise which you so imprudently destroyed!"

"I don't believe it!" cried Marvin charply.

"Miss Schwenckton, will you show him the roll of bills I've just given you?"

"He might tear them up as he did your piece of paper!" she demurred. showing no least embarrassment or shame, "It's not a bribe, Mr. Marvin," she explained, "it's a loan, which I shall pay back as soon as I've earned it at Hollywood. Your father seemed so anxious to believe that I was luring you to your ruin and so eager to buy me off you that I hadn't the heart to disappoint him; especially as I'm in desperate need of money. And it is nice of your father to give the American screen a chance to be elevated? So I'm off to Hollywood!" And before either Marvin or his father could reply, she had selzed her hat and fled from the room.

his father interposed-slamming the door and standing against it.

Marvin made a dash to follow, but

"Don't make a d-d fool of yourself, Marvin! Running after a girl who takes a bribe!"

"No worse than your giving her a bribe!" Marvin panted. "You can thank me for saving you

from being taken in by an unprincipled hussy!" "Stop calling her names! You're

entirely wrong about her!" "What would you call a girl who accepts five thousand dollars to drop

you cold?" "You heard her say she was borrow-

fectly right, too. She needs it and you don't. You've too much money and she hasn't enough. You held it out to her and she grabbed it. I don't blame her! What started you on such a wild chase as this? What on earth put it into your head that I was courting Surely she didn't claim I was?"

"Her accepting the bribe was an admission of it! If you'd marry a girl that would take a bribe-' "You thrust it on her-she needed

It desperately-" "Do you deny being in love with

her?"

"I wasn't sure until just now! But a girl with pluck enough to cheek you, Father, and grab while the grabbing was good-oh, well," Marvin drew a long breath and turned away, fils face suddenly gloomy and sullen, "you needn't worry! I wouldn't marry an actress, they're too temporary; I'd prefer a permanent arrangement in marriage. Let me out, please."

"Marvin!" His father's tone was uddenly gentle. "Give up this fool job of yours and come home! Your mother is unhappy, having you away.

And—of course I want you back, too."

Marvin bestated, "I can't turn
down this job until my term of office is over. And if my living at home means I've got to sell my manhood to you, Father-"

"I'll not interfere with you." "Even if I decide to marry a county

teacher? "We can deal with that contingency

when it comes up." "All right, then," The two men left the schoolhouse

together. Mr. Creighton took St. Croix to task for his misleading description of the school teacher.

"How you ever got the idea that she was Illiterate, common-'

"But she is!" "We can't possibly be talking of the same person!"

"The person I'm talking of is Miss Schwenckton, the teacher of William Penn school, the niece of the farmer, Sam Schwenckton. I had doughnuts and coffee with her and Sam Schwenckton and his wife in their very own kitchen the night my watch was taken from me!"

"I don't understand it at all!" complained his father, "Barring the fact that the girl accepted a bribe from me, I'd call her a thoroughbred!"

The puzzle seemed insolvable.

Meantime, Marvin was feeling by no means so lenient toward Miss Schwenckton's accepting that money from his father as he had pretended. In spite, however, of the sick recoil he felt from her for departing with that five thousand dollars, the sight of her schoolhouse when he drove past it, now occupied by her efficient, informed and uninteresting successor, gave him a pang that every day grew sharper; a restless longing that was in danger of increasing to an insatiable hunger.

St. Crolx, meantime, had just about reached a stage where he was on the point of defying prudence and trying to see Meely once more; and Marvin was contemplating the probable folly and futility of his asking his board for a leave of absence to go to Hollywood. when a cablegram which their mother received just at this time from England diverted them somewhat from their absorption in their own misery.

The cablegram was from Mrs. Creighton's cousin, Sir John St. Croix. announcing that his daughter, Baroness Sylvia St. Croix, would sail for America on the Berengaria on January 2 for a short visit to her American cousins. She could be identified at the boat by a handkerchief tied on her left wrist.

This news threw the family into some excitement. St. Croix volun-teered to go to New York to meet the ship. He, however, demanded of Marvin that he leave him a clear field,

"I can at least safely promise you," sald Marvin, "that I'll keep out of it unless-until," he corrected himself, "she turns you down."

CHAPTER X

As St. Croix' longing for Meely was never for a moment associated in his mind with the idea of marriage, i did not in the least dampen the rest with which he went to New York to meet—as he confidentially hoped and believed-his prospective bride. This would be a marriage so exactly to his taste!—allied to an ole English famlly of rank, administerina a distin guished old estate that for generations

had been in the family.

His experience with girls gave him no reason to doubt that he would find favor with his noble kinswoman. So it was with a complacent self-confidence that, well-groomed and clad in his smartest clothes, he stood on the wharf on the afternoon of the arrival of the Berengaria and with tense expectation watched the passengers file past him down the gang-plank-his eyes searching for a young girl with a handkerchief on her left wrist.

He did hope she would be good-look ing. It would be an awful wet blanket if she turned out to be ill-favored though nothing short of an actual hump would stop him. A man could of course seek his consolations out-

It did not occur to him, naturally, that his wife might have need of consolations and compensations.

Looking for a wrist bound with a handkerchief proved to be rather a maddening business. Wrists could be examined only as the passengers passed close before him, while faces could be scanned halfway up the gangplank.

A procession of men and elderly women sent his gaze far up the plank in search of more young peoplesuddenly his eye was caught by a levely face at the top of the long slope which struck him as vaguely familiar -yet unfamiliar, too, in its vivacious expression, its intelligence, its delicacy. Surely he had seen that face somewhere before—though the polse of an exquisite small head, the general look and air of a thoroughbred, the modish style of the young woman,

were not familiar. She looked like Meely Schwenckton! How strange-and how absurd! At least her features didextraordinarily like!-yet so widely different, too, with that vivid, intelligent countenance, proudly arched little head, graceful bearing—and of course her neatly arranged hair, stylish clothing. But good G-d, how like Meely she looked!

"Am I seeing things?" he wondered his heart beating thickly.

So close she passed him by that her arm brushed his and her eyes looked for an instant straight into his-but not the trembling of a lash nor the least quiver of her lips suggested that walked on to mingle with the crowdleaving him bewildered, confounded. with a weird doubt and uncertaintywhen suddenly, as his gaze followed her, she lifted her hand to straighten her hat, which in the crowd had been pushed askew-and he saw, with a wild bounding of his heart, that her wrist was tied up with a handker chief!

In an instant he was at her side and had seized her hand-the confusion of his mind so great that all his usual self-confidence was lost in a floundering muddle. He had been so sure of himself, of his ability to impress favorably even a sophisticated English aristocrat with his case and sang-froid-and he was painfully aware that no country bumpkin could have been more awkward.
(TO BE CONTINUED.)

River Kept in Order by Chinese Engineer

appl floods it is interesting to note that 2,100 years ago a Chinese englneer, Li-ping, laid down the correct engineering principle for controlling the flood conditions of a river flowing through a flat alluvial plain.

The works that he and his sons established for controlling the waters of the Min river in Szechwan province and distributing them across the great Chengtu plain are still in perfect operation. The Chengtu plain is an area 100 miles long and sixty miles wide. Across this plain the Min river is distributed in eight main branches, converging at the lower end of the plain to form a single river again, which empties into the Yangtze above the Gorges.

Throughout the 2,100 years, the en-

Sound Advice

Of a gentleman who is frivolous none stands in awe, nor can his learning be sound. Make faithfulness and truth thy masters; have no friends like unto thyself; be not ashamed to 'ng it to go to Hollywood. She's per- | mend thy faults.-Confucius.

In view of the disastrous Missis- | gineering principle laid down by Liping, without which the whole system would have destroyed itself centuries ago, has been followed. Flood condi-tions are still unknown. On the walls of the temple built to the memory of Li-ping and his sons at Kuan-halen, is written this saying, familiar to every Chinese student: "Shen tho t'an tso yen," meaning "Dig the bed deep, keep the banks low."—Minneapolls Tribune.

Antiquity of Bagpipes

Jacques de Morgan, during his ex cavations in Persia, found some terra cavations in Persia, found some terra cotta figures, aating from the Eighth century B. C., playing on what ap-pear to be bagpipes. Again we find the bagpipe in Persia in the Sixth century A. D. on the great arch at Takht-l-Bostan. While crude, the representation serves as evidence that the bagpipe was in use during the 14 centuries which elapsed be tween the time the terra cotta figures discovered by De Morgan were molded and the carving in the rock at Takht-i-Bostan

Though you be one of the million, Hitched to the cart of care, Hitched to the cart of care,
Ride as your own postillon,
Driving and drawing fair.
What though the road be dreary,
Fraught though, each mile with
guile?
What though your eyes be weary?
Life up your face and smile!
—Stephen Chalmers.

EVERY-DAY GOOD THINGS

A glass of orange juice before breakfast and as many glasses during the day as one can enjoy and is able to provide, will keep the system in

health, sweeten the

blood and keep the

allmentary canal

in active order. When adding orange juice to various dishes it is best uncooked, though if not cooked at a high temperature or too long the flavor and food value will not be destroyed.

Orange Queen Pudding. - Three tablespoonfuls of butter, one-half teaspoonful of grated orange rind, three-fourths of a cupful of sugar, the yolks of two eggs, one-fourth cupful of orange juice; cook over boiling water until thick. Cool and add one tablespoonful of lemon Juice. Spread six slices of bread with butter then cover with the custard mixture and lay in a baking dish. Beat the whites of two eggs with two whole eggs, add three-fourths of a cupful of orange juice and one-half cupful of milk, a pinch of sait, pour over the bread and set the pan in hot water. Bake in a slow oven until the custard is set. Serve hot or cold.

Hashed Roast Beef Sandwiches. Chop meat from the Sunday roast (very fine), add gravy to it and a few shreds of green pepper for seasoning, or onion if the pepper is not at hand. Heat over boiling water, then add a little table sauce, or tomato catsup. Spread generously on buttered slices of whole-wheat bread or toast and serve on hot plates with spley pickles-such as apple or peach pickle.

Hot Hamburg Sandwiches.-Take half a pound of finely chopped round steak, one small onton, also chopped, cook in butter until well browned, season to taste and add one tablespoonful of flour and cook, stirring often until brown. Add one cupfui of tomato juice and finish cooking. Spread while hot over well-buttered slices of white or whole-wheat bread.

Seasonable Good Things. Fruit is such an essential in the diet of old and young that even when the fresh fruit is limited

the dried ones may be served acceptably. A most delightful dessert when nothing seems to be ready is stuffed dates with cream cheese. Roll them in granulated sugar and serve with black

When the fresh fruit supply runs low, try simmering a cupful of seedless raisins in one-fourth cupful of water, add a dash of orange juice and

coffee.

serve. Most breakfast foods are improved by the addition of a few dates, raisins or figs. A mixture of barley and whole wheat in the same proportion is especially well liked. All dry cereals are improved by heating them in the oven.

Whole Wheat Rolls - Take one cup

full of whole-wheat flour, one cupful of white flour, four tenspoonfuls of baking powder, two tenspoonfuls of brown sugar, one tenspoonful of salt, two tablespoonfuls of butter and three-fourths of a cupful of milk. Mix and sift the dry ingredients together; work in the butter, add the milk and when well mixed roll on a floured board and spread with the following mixture: Cream together one tablespoonful of butter and two of brown sugar; then add two table-spoonfuls of shredded raisins, one tablespoonful of broken nutments, oneeighth of a teaspoonful of cinnamon and a few grains of salt. After spreading roll up the sheet, cut into slices three-fourths of an inch thick, place in a greased pan cut-side up and bake 15 minutes in a quick oven.

Orange Nut Puffs.-Cream one-third of a cupful of butter, add three-fourths of a cupful of sugar, then the wellbeaten yolks of two eggs and onefourth cupful of orange juice. Mix one and three-fourths cupfuls of flour with three tenspoonfuls of baking powder and one-fourth of a tenspoor ful of salt; add the dry mixture with one-fourth of a cupful of milk, Add one-fourth cupful of chopped nuts, fold in the egg whites beaten stiff and pour into greased cup cake pans. Sprinkle with powdered sugar. Bake 20 minutes. The nuts may be reserved to mix with the sugar and sprinkle the top if desired.

Victorian Fruit Cup,-Mix one-half cupful of sugar, two tablespoonfuls of lemon juice, one-eighth of a teaspoonful each of cinnamon and nutmeg and one-half cupful of bot water; boil five minutes, then chill. Prepare two cup-fuls of sliced orange, one-half cupful of sliced pineapple, one-half cupful of sliced grapefruit. Place the fruit with all the juice in a cold place. When chilled mix with the sirup and serve in glasses. Top each with a cherry.

Neceie Maxwell

Earliest Railroad Tunnel

The first railgood tunnel was the Woodhead tunnel, in England, which was begun in the spring of 1839. The first train passed through December 2, 1845. This was over what was known as the Manchester, Sheffield & Lincolnshire rallway, now the Great Central division of the London & Northeastern rallway.

Modern Bell Towers

Modern examples of ancient bell towers are the campanile of the capital at Rome; Victoria tower, by Barry, at the houses of parliament, Westminster; the Great tower of the Basalique du Sacre Coeur, Montmartre, Paris, and the memorial tower in the Brown university campus at Providence, R. L.

Much Timber in Sequoia

Enough timber is contained in one of California's trees to build 22 homes of average size. This was announced by the state department of resources in conferring distinction upon a giant Sequoia near Crannel, Humboldt coun-The tree is 308 feet high and 20 feet in diameter.

Yiddish 70 per Cent German

Yiddish is the most widely spoken dialect of the Jews. Its content is 70 per cent German, 20 per cent Hebrew and 10 per cent Slavic. Since the beginning of the Nineteenth century it has been used as a literary medium by Jewish writers.—Mentor Magazine,

Magnetic Fields

The bureau of standards says that magnetic lines of force are not electric currents. Imaginary lines are used to aid in depicting the direction and intensity of the magnetic field, which is a condition in space and not a flow of anything.

Boys' Names Changing Names for boys are changing in

fushion, according to lists of pages at fashlonable weddings in London, Davids, Peters and Michaels bave given place to Jeremy, Timothy and Martin, while Julian, Simon and Brianare also popular. Self-Rule First Lesson

All government-in the home, the school, the state-is only an aid to self-government. Nothing else really

controls. No one is truly law abiding until he has learned to rule himself and to obey the voice from within .-Smoke Cuts Off Light The smoke pall that hangs over the average American city cuts off as much as 42 per cent of daylight on runny

mornings, and as high as 18 per cent at noon, according to a survey made by the United States public health

Golf and Energy A scientific investigation of energy shows that a man works as hard playing three rounds of golf as in plowing an acre of land, says the Montreal Gazette. And some players turn over as much sod as the plowman.-Toronto Globe.

Otherwise Alike It seems to be the general idea that the only difference between the big cities and Hades is that in the latter place they don't play such up-to-date music and it has fewer tall buildings.

But Call It Smoke Screen

-American Magazine,

Titanium tetrachloride is the chemical used for smoke screens. It is a liquid which turns to a heavy smoke when it comes in contact with the nir.

Almond Cultivation

The origin of the almond species was in the Mediterranean basin, and the first important cultivation in the United States has been since 1800,

A man is guilty of all those sins he hateth not. If I cannot avoid all, yet I will hate all,-Bishop Hall,

No Compromise With Sin

Not only commission makes a sin.

Point Farthest North Cape Prince of Wales is the most northerly point of North America, lying opposite East cape on the coast of

Ocean "Rollers"

The extreme height of ocean waves has been estimated at 30 feet and their length at from 600 to 700 feet



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