Cheery News for Mothers Oakland, Calif.—"I married vary During my first ex-

L

pectant period a friend told me of pectant period a friend told me of Dr. Pierce's Favorite Prescription, I have had seven children—all very strong and healthy—and I took the Favorite Prescription' each time except the last, and that was my hardest ordeal. I nover had any trouble with any of the others, always felt well, was able to do all my own work right up to the last, never suffered very long with any axcept the last one, and I am sure that would not have been had I taken the 'Prescription' as before,"—hrs. Benits Birohallen, 877 86th St.

All dealers. Tablets or liquid.

Garfield Tea



and other derangeam so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

Quickly Relieves Rheumatic Pains

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To get relief when pain tortured

To get relisf when pain tortured joints and muscles keep you in constant misery rub on Joint-Ease.

It is quickly absorbed and you can rub it in often and expect results more speedily. Get it at any druggist in America.

Use Joint-Ease for sciatica, lumbago, sore, lame muscles, lame back, chest colds, sore nostrils and burning, aching feet. Only 60 cents. It penetrates.

FREE Send name and Address for 12 tories, Desk J. Hallowell, Maine.

Joint-Ease

For Caked Udder and Sore Teats in Cows Try HANFORD'S Balsam of Myrrh All dealers are authorized to refend your money for the first bettle if not collect.

To Combat Mine Dust

A prize of \$5,000 for the best contrivance for neutralizing the perniclous effects of dust in mines has been offered by the Prussian ministry of commerce and trade. The prize will be given either in full or split up into parts in the event of several acceptable devices being submitted.

Culture is knowing what is the best in art, literature, drama and music, and enjoying it.

The BABY



Why do so many, many bables of to-day escape all the little fretful spells and infantile aliments that used to worry mothers through the day, and

keep them up half the night?

If you don't know the answer, you haven't discovered pure, harmless Castoria. It is sweet to the taste, and sweet in the little stomach. And its gentle influence seems felt all through the tiny system. Not even a distasteful dose of easter oil does so much

Fletcher's Castoria is purely vege-table, so you may give it freely, at first sign of colic; or constipation; or diarrhea. Or those many times when you just don't know what is the mat-For real sickness, call the doctor, always. At other times, a few drops of Fletcher's Castoria. The doctor often tells you to do just

that; and always says Fletcher's. Other preparations may be just as pure, just as free from dangerous

drugs, but why experiment? Besides, the book on care and feeding of babies that comes with Fletcher's Castoria is worth its weight in gold!



Howe About-

BY ED HOWE

6), Bell Syndicate

coveries?

A noted doctor lately said that everywhere he notes the people are taking better care of their health; he expressed the belief that the average layman now knows more about tygiene than the average doctor did twenty years ago. I sincerely hope this is true. This is an age of information, because of endowed scientific men. And the results of their experiperiments are printed in newspapers, magazines and books. There is available in every home now a university, the course simplified for popular un-derstanding. Why should not ordi-nary people become educated, and share in the benefits of modern dis-

After the people have learned the truth about health, let them advance to finance, public affairs, sociology, all very simple, but immensely important.

There is no such thing as the millenium we once looked for. The brighter day we formerly expected is still far over the horizon. The prob-lem we confront is an individual one, and every man must handle it for himself. There is no perfume in a newspaper rose; no nourishment in a magazine loaf; everyone must provide his own.

The great preaching is the good example of individuals. Those in your audience remark not what you say, but what you do. A clean, well-behaved, successful, useful man is more valuable to a community than any dozen of its theory men.

If you are behaving properly, you

are preaching properly. * * *

I shall pass on presently, and am not personally interested, but sincerely wish those younger might find a more agreeable plan of association of the sexes. Could it not be handled better? In some way, both women and men suffer humiliation. What a sneak everone becomes when he en-gages in love! He is ashamed because he has been in love with some one else, and fears being caught. When the nicest woman marries, people say:
"I thought she intended marrying the
other man." And the husband hears about it, and is uncomfortable.

... I know a man who is always indignant because he does not get along better, and arraigns his country and its system bitterly. There is no pos-sibility of this man getting along. He has every habit that renders success impossible. When he isn't drunk, he is idle. There cannot exist on the face of the earth a country where a man may prosper with such habits as

Every system of philosophy is so long as to be confusing. One man wrote of philosophy all his life, we are informed, and at the conclusion of it had not made up his mind what he finally believes by the time he is thirty; life is sufficiently simple to ad mit of this.

Look over the most useful men of your town. Hoy many of them are men noted for quite rather than for noisy spluttering in clubs? The idea in everything is to get things done, not to talk about

It is a bad habit to clamor for more than you can get, as most people do. Examine the next ten people you meet, and you will find at least seven of them demanding things they are not entitled to. And if you take anything you are not entitled to, it will make you more trouble than it is worth.

The devil is dead, but he never took a much interest in your misconduct as your neighbors did. And your neighbors are still here to watch you.

For centuries the impression has been given in literature that only artists, writers, preachers and women are good souls, and long for human betterment. And for centuries, also, it has been practical business men who have made such progress in human betterment as has been made.

A woman member of the English parliament is very active in trying to reform the world, but is badly handicapped by the mean male members; one of them lately said to her: "I will answer If you shut your mouth and listen. You might at least try to bave some manners and sense."

Some any it is no disgrace to be poor. It is except in literature. A poor man is like a mechanic who works at his trade many years, and knows nothing about it. The finan-cial side of life is very important; it is a mistake to study art, religion, and neglect finance.

The devil is busy. Sometimes he does not punish promptly, but usually gets around to it finally. Even if man escapes entirely his worrying about it amounts to punishment.

Most men are unhappy because they cannot convert the world to their opinions. My ambition is one convert; and usually I can de little with

Overnight



CARTER'S IIII PILLS

Belated Honors

M. Stratopoulos, the Greek Croesus, has bequeathed \$10,000 for the erection of a memorial in Sparta to Leoni-das, the king who defended the pass of Thermopylae. It will belp to repair the ravages of time.

Such a memorial once existed, a stone ilon erected by the Greeks, but has vanished during the centuries. The same unsparing hand has wrought have with the pass, which is a dis-appointment to the sightseer. Once a narrow truck of about 14 feet, it has, by geological action, been widened to a couple of miles or more.

Polyandry in Tibet

The highest type of polyandry is found in Tibet and in this case there is a close approach to the essential elements of the modern family. The bands, who are kinsmen, usually broth ers. It is the prerogative of the eldest brother to choose the wife. All the children are assumed to belong to him, the first is known to be,

Just a Plain Senator

After the delegation had given the senator a list of what was demanded be remarked pleasantly: "I'll do my Still, I am not senator from

If you desire to give advice at every opportunity, become a doctor or lawyer and sell it.

Wrong to Call Human Heart Automatic Pump

The accepted idea of the heart as an automatic pump sending blood to all parts of the body may have to be

A famous German heart specialist, Doctor Mendelsohn, says the heart is simply a governor to control the orderly flow of the blood, this current itself being due to the constant intake and outgo of liquid caused by chem-ical action in the body cells.

Doctor Mendelsohn says the heart, a small muscle the size of a man's fist, could not possibly be capable of driving the tenacious mass of the blood through the entire body. He cites invalids with hearts so flabby as to release scarcely any energy, yet they lived for years with sufficient blood circulation.—Popular Science Monthly.

Had Saved His Money A Polish man who had worked on ar Otls farm for several years was told by his employer that the farm was not paying and that his services would have to be dispensed with. The farmer told him that there was no hurry, that he could leave any time to which the hired man answered that he was ready to leave at once. He took a pickax, went to an obscure corner, dug up a large milk can, brought it in and dumped the contents on the kitchen floor. It was money and amounted to more than \$1,700, money, that be had saved while in the employ of the Otis farmer,—Boston Globe.

Church 800 Years Old

Plans for the celebration of the eight hundredth anniversary of a church in Osio, Norway, are being discussed. The unique pagoda-like structure is the only surviving edifice in the vicinity having the style of architecture of the early Twelfth century and is one of the sights of the city. It is of wood and built entirely without nails, wooden pegs, braces and give holding the structure together.

Tragedy

He groaned and turned pale as he picked up the ticker tape.

"Yes," he sobbed. "I've just re membered that I was to get some rib-bon for my wife this noon."-Life.

There are as yet remote, unknown regions in Africa and the jungles of Brazil which have not yet been penetrated by white men.

.IGARETTES

The Cream of

the

Tobacco

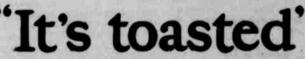
Crop

MARTIN JOHNSON,

Explorer, Smokes Lucky Strikes in Wildest Africa

"Once on the Abyssinian border my shipment of Lucky Strikes from America missed us, and I was miserable until the natives followed our tracks across the Kaisout desert to Nairobi with my precious cargo of Luckies. After four years of smoking Luckies in wildest Africa, I find my voice in perfect condition for my lecture tour in America."

Martin Johnson



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