

## Secrets of a French Chef

From a village in France, where I was born, I brought some years ago to this country a secret. My great-grandfather, grandfather and my father were all eminent and famous pastry chefs in France, known the country over, famous because of their delicate, appetizing and delicious pastries, cakes and desserts. These catered for most of the celebrated affairs given.

The secret that I brought over with me was a formula of a delightful Macaronade in Cream form. This product has been and is now manufactured by the Hip-O-Lite Company of St. Louis, Mo., under the name of Hip-O-Lite. It is known and used very largely by housewives throughout the United States. Ask your grocer for Hip-O-Lite.

Prepared by B. Chaminade.

The Hip-O-Lite Company publish an illustrated booklet in colors of famous Cateers and Chefs professional recipes. It is yours for the asking. Address the Hip-O-Lite Company, Department M, 200 Market Street, St. Louis, Missouri.

## CALIFORNIA STATE APPROVED LANDS

Small improved farms in well established settlement. Fruit, alfalfa, dairy, hogs, poultry. Churches, high school, grammar schools. Also unimproved lands with first water rights. Easy terms. Write Fresno Farms, Kernan, Calif.

## DR. STAFFORD'S olive tar

heals sore throat. Don't cough all night—a few drops gives quick relief. Never fails.

**colds and asthma**

### Congressional Pairing

The first known instance of pairing in the congress of the United States was in 1840, John Quincy Adams prepared a resolution declaring that it violated the Constitution, an express rule of the house and the duties of both parties. The resolution was never voted upon and the practice became very common.

### DEMAND "BAYER" ASPIRIN

Aspirin Marked With "Bayer Cross" Has Been Proved Safe by Millions.

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 26 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

**The Theater Talkers**  
He—"They have excellent acoustics in this theater." She—"Yes, and they're so polite, too."—Life.

**Don't Be Disfigured.**  
Keep Cole's Carbolic in the house. It stops pain from burn or cut quickly and heals without scars. At all good druggists, 50c and 10c, or W. Cole Co., 117 S. Euclid Ave., Oak Park, Ill.—Adv.

**Useless**  
"Do you allow visitors to kiss the children?" "Can't stop 'em. They're grown up now."

For economy's sake, why not buy a vermouth which expels worms or "Tapeworm shot" does it. 372 Pearl St., N. Y. Adv.

Better to die 10,000 deaths than wound thy honor.—Addison.

## Sure Relief

The great value of Bell-Ans is the relief of digestive disorders of the stomach and bowels is proved by its substantial increase in use every year for the past thirty years. Promptly and properly taken we have never known it to fail. Send for free samples to Bell & Co., Inc., Orangeburg, N. Y.

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Quick Relief! A pleasant effective syrup. 35c and 60c sizes. And externally, use PISO'S Throat and Chest Salve, 35c.

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Removes Dandruff, Stops Hair Falling, Restores Color and Beauty to Gray and Faded Hair. Sold at Druggists, 111 West 40th St., New York, N. Y.

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Removes Corns, Calluses, etc. Stops all pain, restores comfort to the feet, makes walking easy. 10c by mail or at drug stores. Illinois Chemical Works, Patheon, N. Y.

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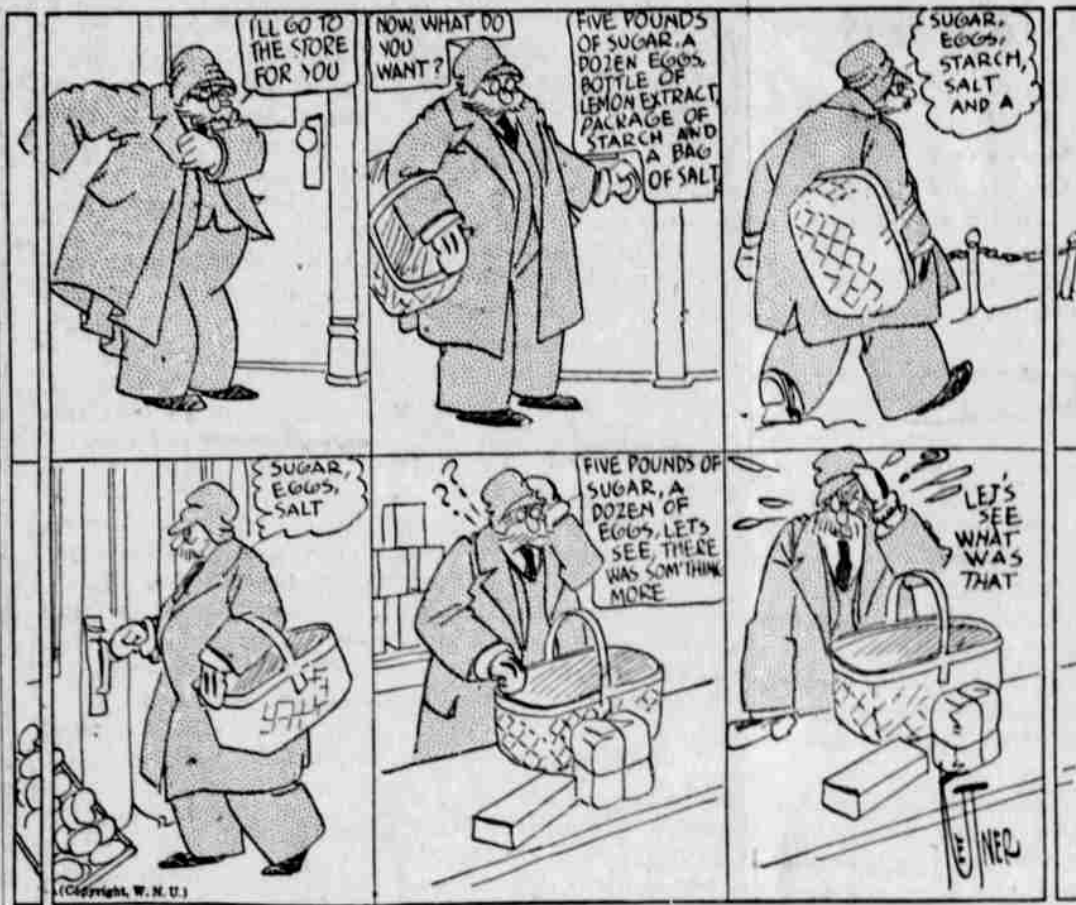
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# OUR COMIC SECTION

## Our Pet Peeve



## THE FEATHERHEADS



## MICKIE, THE PRINTER'S DEVIL



## And Then It Poured

## The DAIRY

### DAIRYMAN MUST BE GOOD FARMER

Successful dairymen need to be just as good farmers as they are dairymen. It is pointed out by W. J. Fraser, dairy farming authority of the college of agriculture, University of Illinois. This is true because to make a profit under modern conditions dairymen must make their farms supply the feeds for their dairy herds, he explained. It does them no good to know how to feed profitably if they do not have the feed, he added.

"The dairyman's rotation plan must dovetail into his dairy plans before he can get the greatest possible return from his farm. The rotation for a dairy farm must be planned from three standpoints: (1) Feed. The dairy farm rotation must supply proper quality and quantity of feed the year around at the least expense to the dairy herd. (2) Land. The rotation must use land to the fullest advantage through the use of the most profitable crops, the growing of enough legumes to maintain and increase soil humus and nitrogen in order to maintain soil fertility and through diversifying crop returns so as to minimize failure of any one crop. (3) Labor. The rotation must provide for labor distribution to prevent burdensome peak loads and to utilize labor available throughout the year. This is especially important to the dairy farmer because he has so much work with his dairy herd.

Demands for the dairy herd for legume feeds, demands of soil for nitrogen supply, and the need for the most profitable use of land and labor dovetail together so that legumes are the basis of a good dairy rotation.

On most soils limestone is an absolute necessity before legumes can be grown, yet is a minor item of cost compared to returns. Dairymen often buy alfalfa at \$25 a ton while \$4 to \$8 an acre in limestone would allow them to produce it at about \$10. Freight, baling and handling make purchased feed expensive.

The rotation is a definite business plan, providing a sure return as possible year after year, and thereby reducing the gambling element in farming. It must be planned for a definite number of animals so that enough feed will be on hand every day in the year to keep every cow fed to the limit of her productive capacity. Fields must be of the same size so that about the same amount of feed is produced each year. Good legume hay, alfalfa preferred, and corn silage, are the foundation upon which the winter feed supply is based. One and one-half tons of alfalfa hay and four tons silage should be allowed per cow per year for the larger breeds.

Pasture must be provided each year. On tillable land three-fourths of an acre of sweet clover a cow is a good standard. Where untillable blue grass is available then the rotation must be planned in reference to it. Often it can be limed and sown to sweet clover. No one rotation fits every farm, but some one rotation can be worked out for each and every farm.

### Young Calves Thrive on Skim Milk, Hay and Grain

Young calves will usually begin to nibble at grain and hay when they are between thirty and forty days old. These feeds should be placed available to calves at this age. As long as the calves are getting a liberal supply of skim milk and have access to good quality legume hay, the grain mixture may be composed of equal parts of whole corn and oats, or barley may be included. At forty days of age calves will be eating about one-half pound each of grain and hay daily. This amount should gradually be increased to where they are getting about four pounds of grain and three pounds of hay at one hundred eighty days of age in addition to which they should get from sixteen to eighteen pounds of skim milk daily.

### Cows Need Protection During Winter Weather

Dairy cows need protection in the way of good housing and sleeping quarters during cold winter weather, says L. P. McCann, associate professor in animal husbandry, Colorado Agricultural college. "Exposure to cold weather and storms means that the cows are consuming an extra amount of feed to overcome such exposure. Dairy cows do not have a thick coat of fat to protect them against the elements as do beef cattle and hogs, hence their need of protection. Cows kept in comfortable quarters consume slightly less feed and produce a trifle more milk than those allowed to run in the open during the winter months."

### Using Dusty Feeds

One reason for a lot of trouble from high bacteria as well as dirt in milk comes from the practice of feeding dusty hay or fodder before milking. Bacteria and germs travel in the air, and even small particles of dust carry many thousands of bacteria. When such feeds are given to the cows before milking, a large amount of the dust and dirt will get into the milk. This will not only cause milk to spoil more quickly, but will be objectionable from the standpoint of sediment.

## Have Kidneys Examined By Your Doctor

Take Salts to Wash Kidneys If Back Pains You or Bladder Bothers

Flush your kidneys by drinking a quart of water each day, also take salts occasionally, says a noted authority, who tells us that too much rich food forms acids which almost paralyze the kidneys in their efforts to expel it from the blood. They become sluggish and weaken; then you may suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To help neutralize these irritating acids, to help cleanse the kidneys and flush of the body's urinous waste, get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days, and your kidneys may then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help flush and stimulate sluggish kidneys; also to neutralize the acids in the system so they no longer irritate, thus often relieving bladder weakness.

Jad Salts is inexpensive, cannot injure and makes a delightful effervescent lithia-water drink.

### Copper in Small Coins

More than two million pounds of copper were required by the United States Treasury department in 1925 to mint \$5,115,675 in pennies and nickels, the Dearborn Independent comments. The "nickel" contains 75 per cent copper.

One who commits crime may be cleared, but one who is gossiped about seldom is.

### How's Your Stomach?

Fresno, Calif.—"Dr. Pierce's Golden Medical Discovery gave me entire satisfaction as a blood purifier and stomach tonic, and I am only too glad of this opportunity to recommend it. It is my candid opinion that there is nothing better for a general debilitated condition of health than the 'Golden Medical Discovery,' and I do not object to publication of this statement."—R. W. McLaren, 117 S. Angus St.

Obtain the "Discovery" in tablets or liquid from your dealer, or send 10c for trial pkg. to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., and write for free medical advice. Ever tried Dr. Pierce's Pleasant Pellets to regulate bowels? 60 Pellets, 30 cents.

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