

A Beautiful Woman Is Always a Well Woman

Tacoma, Wash.-"When one of my daughters was developing into womanhood she was nervous and in a run down state of health. Dr. in a run down state of health. Dr. Pierce's Favorite Prescription regulated her system and proved an excellent tonic and nervine. I think the 'Favorite Prescription' is a splendid remedy for womanly ailments and can be depended upon. I am always glad to speak a good word for it because it is so reliable."—Mrs. Martha C. Wilton, 3589 E. Jay St.

You will soon be well if you start to take Favorite Prescription, in tablets or liquid. All druggists. Write Dr. Pierce, President Invalids' Hotel, in Buffalo, N. Y., for free medical advice. Send 10c for trial pkg, of the Prescription Tablets.

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Title.

Title to property should be guaranteed and protected. A buyer who takes the word of the seller is only himself to blame if he runs into trouble. At the time of signing the preliminary agreement have it incorporated into the contract that a guaranteed title shall be delivered and title insurance 'backed by a reasonable company furnished.

Not Known to Science.

The geological survey says that there are no springs known to a storm. Any such condition would be caused the spring lessening, due to the sible. change of the barometer. However, such a change would hardly be noticed and few, if any, streams of this sort have been discovered.

Here's a Sample. A prominent physician says that

face powder causes asthma. It is certainly responsible for a lot of "wheezing" among the paragraphers.-Boston Transcript.

Personal Magnetism.

Watches are sometimes very seriwho have this effect are dark complexioned.

Office of Deemster.

Originally the deemster was a judicial officer in Scotland, who formally propounced the doom or sentence of death on condemned criminals. The name is now given in the Isle of Man to two judges, who act as chief justices of the island.

His Call Names Him.

The hoopoe is about eleven inches long, of a dull rufous or fawn color, varied with black and white, says Nature Magazine. Its name originated from its strange call. The bird is a native of parts of Europe, Asia and



after every meal Give the family the benefit of its aid to digestion. Cleans teeth too. n the house.

Costs little-helps much

You Want a Good Position

Behnke-Walke

SANITATION URGED TO FIGHT DISEASE

Dr. V. A. Moore of the New York state veterinary college at Cornell university says that the best way as yet known to fight the poultry plague which has alarmed so many poultrymen is by thorough and adequate sanitation. No remedy is known for sick fowls, nor is any drug known that can be given to healthy ones to immunize them.

With these facts in mind, Doctor Moore offers the following suggestions to poultry growers to help them in fighting this swiftly working malady: Keep houses clean and well ventilated, and feed no garbage containing raw chicken flesh or viscera. At least one outbreak was started from feeding hens infected viscera. Be sure that any new fowls come from a healthy source, and isolate newly purchased fowls in a separate house for at least ten days before they are placed in the home flock, Watch all poultry carefully. Remove any sick ones promptly and thoroughly clean and disinfect the place. Burn or bury dead fowis.

Clean and disinfect all used poultry crates brought on the premises. Cats and dogs should not pass from one poultry house or farm to another, and owners, attendants, or other persons should not go from farms on which fowl plague exists to other poultry farms or houses. Take precautions to prevent the virus from being brought to the premises on implements, clothing or animals, and if the virus should gain entrance, keep it, from getting away and into other flocks. All infected poultry houses should be cleaned, the litter burned or burled and the floors, roosts, feeding and watering dishes and nests disinfected.

In describing the symptoms of the disease, he says the head hangs down, the comb and wattles become bluish in color, and the temperature, which at first is high, drops to subnormal. The nose and intestines discharge, and this matter is heavily charged with the virus causing the disease. As the plague is reported to be more active in summer than in winter, it is important that its spread be checked and by the air pressure on the outside of the virus destroyed as soon as pos-The main thing, says Doctor Moore, is to destroy diseased birds and keep healthy fowls away from them, either before or after death.

Soft Shelled Eggs Are

Caused by Too Much Fat Hatching eggs should be tested as early as the fifth day, but in the case of beginners particularly the seventh day of incubation is the best for the first test. By that time it is an easy matter to detect the infertile egg.

A cardboard with a round hole about

an inch in diameter cut in the center makes a good egg tester. The room qualy affected by the magnetism of should be dark excepting for the light their wearers. In most cases those used in testing. The cardboard should be held between the operator and the light and the eggs placed one at a time before the small hole in the cardboard. The germ will then be easily located.

The dead germ is readily distinguished from the live germ, as it will show a grayish, lifeless appearance. The infertile egg-will appear as clear as an ordinarily fresh egg. On the other hand, the fertile egg will show a dark spot in the center, with numerous blood vessels radiating from it. The should of course be removed.

It is advisable to test again about the fourteenth day, as sometimes the germ dies in the course of development. Such eggs should also be removed at once, as decay is very rapid and frequently they cause changes in the temperature of the incubator.

Guinea Hens Are Wild

Guinea hens usually are too wild to he set anywhere except in the nest where they have become broody, and often such a nest is unsafe. Because of these disadvantages and the fact that guines hens do not make the most satisfactory mothers for guinea chicks. ordinary hens are most often used to do both the incubating and the brooding, at least until late in the summer, when the guinea hens often are allowed to sit and raise a brood without much attention being given them.

Poultry Facts

************** Chickens should be put on the muret as soon as they are ready.

One might better hold stock in a wildcat scheme than to buy feed for poor layers. Cull.

Soy bean meal added to the poultry mash must not be made a substitute for animal protein

Eggs during the winter are a rarity on the average farm, and so long as corn is the sole diet, the fowls exposed to all sorts of bad weather and the pullets sold off, there will be a scarcity of both eggs and market poultry.

Hens that have been in the laying pen two full seasons and are to be sold this year will not molt until fully two months later than the younger hens. There is no use in keeping then through the hot weather waiting for the molting season to arrive before you market them.

TOM KITTEN'S LUCK

TOM KITTEN had had a hard time of it ever since he could remember If he ever had a mother he did not remember her, and he never had a

Tom slept anywhere he happened to find a place when he was tired running away from big dogs. In fact, most of his life, it seemed to Tom, had been spent in running from dogs and dodging stones and brooms.

One day Tom found himself in a place where there were no high build-ings or noisy street cars. Tom Kitten did not think there could be so many trees in the world as he could see now

He felt so happy he ran, and the farther he ran the nicer things looked.



Awakened by a Big Dog Right in His Face.

little white houses and more trees and flowers, and, best of all, Tom found garbage cans.

"This is a pretty good country to live in," thought Tom that night when he crept behind a barrel on the soft grass to sleep, but he was rudely awakened in the morning by a big dog barking right in his face.

Tom was city bred and quick at jumping, and he was on top of a fence before the dog had recovered from his surprise at a scratch Tom gave him on the tip of his nose, and pretty soon the dog tired of barking at Tom, ran away, and Tom went hunting for his breakfast,

He found plenty to eat, and that night he slept under some steps, where he found an old bag, the nicest bed

Tom ever had known, and in the morn ing, when the sun shone in through the cracks nice and warm and awoke him, Tom Kitten for the first time in

his life did not have to jump and run. Instead he stretched himself and yawned, and if he were not so hungry Tom thought he would like to stay there the rest of his nine lives, for he was certain something dreadful must be awaiting him outside.

But when he crawled out from under the steps and looked around all was still, so he walked up the steps and sat in the warm sunshine to make his tollet. Tom eyed a bottle of milk on the

steps. There was no way of getting any, and he had tasted milk only a few times. That was when someone broke a bottle and he was able to get a few laps before he was driven away While he was washing his face some-

one opened the door, and instead of a bang from a broom a pleasant voice said, "Hello, pass, where did you come Tom was quite surprised at the nice

sound he made as he rubbed against the nice voiced person. He had never done much purring, and he was pleased with the sound. The kitchen door was open, and as

Tom looked in he saw a mouse, and forgetting brooms and stones he ran in and caught it.

"Well, if this puss can't catch a mouse!" exclaimed the nice person. "You are a real cat. You don't wait to be in a liquid state, for your breakfast to be brought to you on a plate. You shall have a saucer of milk."

Tom crawled under the stove. He had never seen one before, but somehow he knew just what to do, and while he was dozing he heard some one say, "We'll keep that kitten. He knows how to catch mice."

That night behind the stove Tom found a nice bed made for him. "This is what I call tuck," said Tom as he curled up for a good night's sleep. Not all night, of course, for Tom knew that mice run about mostly in the dark, and he wanted to show he was grateful for such a good home, so he slept with one ear open, ready to catch

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Something to Think About By F. A. WALKER

A RAY OF SUNSHINE

IT MATTERS not how lowly we may he nor how dread life-tides about our little selves may ebb and flow, there is always some one among our friends and acquaintances upon whom we can shed a ray of sunshine,

Some one is living under darker skies than we, longing for encouraging words or cheering smiles; some one is starving for affection which means to him or her a lamp of hope; some one is striving to overcome rulnous habits, too weak to hold his or her frail craft on a safe course,

Each one needs a ray of friendship, the blessed boon which if used aright would make the whole world brighter, knit mankind closer in happiness, othe aching bearts, dry burning tears and hide from cold stares the beggar's outstretched hand.

There is something in soul-sunshine that penetrates the toughest fiber in human pature. So send forth this mystle cheer far

and wide.

slabs of hovels, praying for appreciation and sympathy. Find one if we can and blow to

flame the spark that kindles love. Scatter sunshine across the sea and over the land until it shall turn night to noon-tide.

We may speak different dialects. but we can punctuate our sentences with cheer and make ourselves understood, not clumsily nor dimly, but easily and clearly as the sunlight of heaven.

And if we have within us the right spirit, we can continue this beneficent work until love shall canopy the earth, faith and hope flood the dark places with glorious light and sorrow turn to gladness. Whatever the number of good deeds we may have done, however far we have flung the sunshine, them will be times in our lives when we shall feel that we have not done enough to merit the peace which is ours-unspeakably sweet and rich be-

(D by McClure Newspaper Syndicate.)



The Appleton Family Mr. Lysandar John Appleton Mrs. Lysander John Appleton Miss Daysey Mayme Appleton Master Chausery Devare Appleton

MRS. LYSANDER JOHN APPLE-TON claims to be the neatest housekeeper in her town. Her kitchen



There are hungry hearts every floor was painted two months ago where, behind walls of marble and and she points to it with pride now Not a vestige of paint left on it. Ordi narily, it takes three years to scrub all the paint off a kitchen floor, but Mrs. Appleton did it in two months.

If Lysander John Appleton gave the guests all the chicken his wife begs them to eat, there would be nothing left for the Appleton family but the neck and the gravy.

Daysey Mayme Appleton has issued a card to the public as follows: "Perhaps, being only a simple little girl, sell in the Century Magazine. my influence in this great world will never amount to much, but what little weight it may possess I wish to throw In the interests of peace. I desire to ask kind friends that they no longer invite my father, the Honorable Lysander John Appleton, to any evening entertainments. When he gets the invitation he roars till he has reached the hostess' door, and is cross for a week afterward. He always says he won't go, and my mother always makes him, and he gets so riled up that it is almost impossible for me to coax any money out of him for a month later. If kind friends will add to their invitations, 'Mr. Appleton Not Expected, I may get him back to that calm, submissive state of mind where it will no longer be necessary for me to pick his pockets after night." (@ by George Matthew Adams.)

Valuable to Science

The American Nautical Almanac is a mathematical publication of the bureau of equipment of the naval observatory. It contains tables of positions of various heavenly bodies at stated times and other information of like nature and is issued several years in advance. It is used by navigators, astronomers and geodesists.

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Natural Soap Factories. Most of the raw material procured

rom the interior of the earth must go through various processes before it may be utilized, though much is delivered ready to use. Coal and salt are familiar examples and in some localities ready-made soap is found. One natural "plant" is at Ashcraft, British Columbia, another in Nevada, and a third at Oken's Lake, Cal., soap from which places has been used in quanties for many years.

Bayberry Candles.

The berries are collected from the bayberry bush and boiled in pails of water. The wax rises to the top, is skimmed off, and boiled again. Regular candle wicks are cut the desired length, attached to a rod dipped in warm water and then dipped into the pail of wax several times. Allow the wax to harden between times. The wax should be kept just warm enough

Glass of Milk Equals Eggs.

As a tissue-building food milk is recognized as in the first class, but it remains for the food chemists to tell how'a glass of milk compares with other edibles. As for protein, they say one glass will provide as much as one large egg, twelve onions, three potatoes, two and a quarter shredded wheat biscuits, five slices of bacon, twenty apples, six bananas or two thick slices of whole-wheat bread.

Sheltered Cortez.

What is known as the Cortez tree, which is said to have sheltered Cortez 400 years ago, recently ended its existence and has been taken down. The pieces are being carefully guarded and it is possible that the trunk will be placed in a Mexican museum. It was also known as "The Tree of the Woeful Night," and it is said that Cortez rested under it when he had been driven from the Aztec capital.

Sea Lions.

On the Pacific coast there are two species of sea lions, the California sea lion, ranging along the coast of that state, and the Steffer sea lion, ranging Alaska, says Nature Magazine. The largest of the old bulls will measure about ten feet and the estimated The cows weigh 400 to 600 pounds.

What's Posterity to Do?

What are we to do for big, successful men in the future? Those who walked three or four miles to school member an incident which occurred and underwent many hardships in their youth soon will be all gone.-Toledo Blade.

Explaining Emotions.

Pleasure and pain are only different one's fifth year is blotted out. constitutions of the mind, sometimes occasioned by disorders in the body or sometimes by thoughts in the mind.

Teaching History.

History should be taught not only from the point of view of one's own country, but also from that of foreigners. If history were taught by Frenchmen in England and Englishmen in France, there would be no disagreements between the two countries, because each would understand the the difference between "high culture" other's point of view.—Bertrand Rus- and agriculture, says the office boy,

treated with quinine, for the drug was It was in Twin Peaks tunnel. Somenot discovered until after the time of thing happened to the lights and they Columbus. all went out for a moment. When they came back a woman complained to the conductor. "Somebody kissed me" "Gwan," growled a workman. "You ain't got no kick. Somebody swiped me veal cutlet. Now, what do yuh think o' that?"-San Francisco Bulletin.



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INFORMATION.

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The word bar when applied to music between two vertical lines of the score, is not correct. The bar simply from the California coast north into divides the music into portions of equal duration. Such portions are really measures of music, or as it was called in ancient times, "musica menweight is about 1,200 or 1,500 pounds. suratis," to distinguish it from the old "musica choralis," in which all the notes were of the same length.

What Can You Remember?

The man who said that he could rehave had a peculiarly vivid imagination. Some people can remember back to their third or even second year, but, as a rule, all that occurred prior to

Red-Light Gloves.

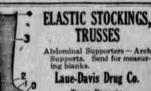
Luminous gloves are being worn by motor drivers in Parm. A red light showing on the back of the outstretched hand is switched on by bringing the thumb and forefinger together.

and a tomato is regarded by some as

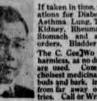
The Difference.

The difference between a "tomabto"

Discovery of Quinine. Colds of the ancients were not



ROOT AND HERB



REMEDIES

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