

ounty residents transacting in this city on Thursday business in this city on Thuraday afternoon last. These men, who for years carried on ranching in Morrow county, are living just across the border in Gilliam county these days and engaging in wheat raising and wheat growing. Mr. Smith has been running cattle for several years but is now taking up the handling of sheep and large. hopes that by close application to the business he will come out on top in a year or two and we hope that he will succeed beyond his fondest

Mrs. Emmet Cochran returned last week from a visit to Portland, where she attended the Red Cross convenshe attended the Red Cross convention. She reports an enthusinatic meeting, brimful of new ideas and helps to the local chapter. A meeting of the Morrow county chapter will be held shortly, Mrs. Cochran announces, and prepartions for the annual roll call will be discussed. This comes off soon, and is expected to meet with the usual good support that is accorded this work. Miss Nell Holsinger will be here October 9. She is the head of the Pacific division.

This paper humbly apologizes to Attorney C. E. Woodson, member of the Heppner school board, for not getting his name in the write-up of the reception to the teachers in last week's issue. Mr. Woodson, in his usual happy vein, delivered the short address of welcome to the teachers, and it was purely an omission chargeable directly to the editor, whose gray matter was not properly functioning at the time the account was being

Jake Young was busy the past week getting what wheat he had into the Heppner warehouse. Grasshoppers were very thick out his way during the summer and his garden was entirely destroyed by the pests, making it necessary for Mr. Young to take out vestables for the continuous terms. out vegetables from town, something he never was in the habit of doing as he has an excellent garden spot on his old home place.

Hugh D. Brunk, pastor of the Christian church at McMinnville, was in Heppner over Sunday and held services both morning and ovening at the Christian church here. Mr. Brunk is closing his work with the church at McMinnville and may accept a call to the work here. He returned home on Tuesday. turned bome on Tuesday.

There was some three inches of snow fall in the Willow creek basin in the vicinity of Herrin's Mill on Friday night. It soon disappeared with the warm sunshipe of Saturday. However, the season is fast approaching when we should expect snow to begin piling up in the higher mountains.

Mrs. Clara Wilson of Marion, Iowa, is a guest at the home of Mr. and Mrs. A. M. Phelps in this city, having arrived at the end of the week. Mrs. Wilson is an old time friend of Mr. and Mrs. Phelps and they were schoolmates together. She will remain here

W. G. Scott, who has been quite HI for the past two weeks at his Lexington home, appears to have passed the crisis in the attack of pneumonia from which he is a victim, and is now reported by his physicians as on the road to recovery.

Miss M. Clowry, nurse in the office of Dr. A. D. McMurdo, who has been pending her summer vacation at the TO HEALTH.

CARE OF EYES VITAL by properly fitted glasses. Have this ditions in torms of general disease. To HEALTH.

TO HEALTH.

by properly fitted glasses. Have this ditions in torms of general disease. To not the close of point of the close of the close of the close of the pending her summer vacation at the cycs. Eye strain from badly fitting means to a large extent right living. pending her summer vacation at the ome of her father, Jan. Clowry in Chicago, is expected to return to her work at Heppner early in October.

ness, and two or three wagons, in exchange for a 20-acre improved al-falfa place three miles Hermiston, muil route and 50 rods to school; all in alfalfa and good buildings; sor fruit. E. P. Dodd, Hermiston, Ore.

Mr. and Mrs. E. N. Routh of Pon eroy, Wash., are visiting at the home of Mr, and Mrs. A. J. Chaffee in this city. They are the parents of Mrs. Chaffee and are spending a couple of weeks here.

Mr. and Mrs. Joe Devine returned on Sunday evening from their honey-moon trip, spent at Portland and Seattle. They were warmly received by the usual charivari crowd of

Archdeacon Goldie will hold services at the Episcopal church in Heppner on Summay evening, beginning at 7:30, and a cordial invitation is extended to the Heppner people to attend.

Mr. and Mrs. C. W. McNamer were called to Bandon, Oregon, the first of the week upon receipt of the news of the death of Mrs. McNamer's fa-ther at his home in that city.

Wanted-To lease, large wheat and stock ranch, partly equipped, in good wheat belt; have own help. W. M. ASCHENBRENNER, Heppner. 3tp.

For Sale-Pure bred Holstein bull, eligible for registry; age 2 years; price reasonable. See or call J. O. Turner.

Paperhanging, decorating, painting, by experienced man. Prices reason-able. Inquire at Peoples Hardware

For Rent-Seven room house with bath; other conveniences on prem-ises. See C. A. Minor, For Sale—100 head yearling Rambouiliett bucks. J. C. HOSKINS, Stanfield, Phone 28F3. 5tp.

FOR SALE-Oliver typewriter No. 7, in good repair. Bargain. Phelps

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Modern civilization has greatly hanged the function of the eyes of an. The reading of the printed page throws an enormous strain on the eye by requiring it to make many more movements than are called for in visualizing large objects. The eye is one of the organs most com-monly strained in modern life. In its modern use, the eye is constantly focusing at short distances. Unfor-

focusing at short distances. Unfor-tunately many of us—in fact more than 60 per cent—have physical de-fects of vision. By this is meant that the eye is defective to an extent that causes the vision to be less than nor-mal, or that good vision is obtained through an exertion which causes strain. No physical defect contributes more directly to fairne exercises. nore directly to fatigue and ineffi-lency than eye strain or is more re-ponsible for waste of vitality, effort, time and material. Headaches, nau ea, and dizziness are especially fre-quent results of eye strain. Print blurring, resticted distant vision, occasional double vision, muscular twitchings, digestive disturbances and a variety of other manifestations may

a variety of other manifestations may be due to eye strain.
Your eyes require intelligent care.
If you have headaches or if in read-ing, the book is held nearer than twelve inches, you should have your cyes examined by an eye specialist. Lack of proper care causes a var-iety of defects. Avoid fine work. Such work is especially bad for children and should not be continuous. Res your eyes frequently from study and close work. The muscles are relaxed by directing the eyes on distant ob-

Reading on moving trains, locking for a long time at moving pictures, reading in a recumbent position, reading in a dim light, facing a glaring light, should be avoided as harmful to the eyes. For the purpose of conserving your vision the direction, source, power and color of artificial fillumination are important. The light should be steady. It should be of sufficient intensity to illumine with-out glare and no shadows should be produced on the reading or work sur-

DR. MELLENTHIN SPECIALIST past twelve years DOES NOT OPERATE

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Will be at The Dalles on Saturday, October 11, at The Dalles Hotel, and in Pendleton on Sunday, October 12, at the Dorian Hotel.

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ONE DAY ONLY

No Charge for Consultation

Dr. Mllenthin is a regular graduate n medicine and surgery and is licens-ed by the State of Oregon. He does not operate for chronic appendicitis. gall stones, ulcers of stomach, tonsile

He has to his credit wonderful re He has to his credit wonderful re-sults in diseases of the stomach, liver, bowels, blood, skin, nerves, heart, kid-ney, bladder, bed wetting, catarrh, weak lungs, rheumatism, sciatica, leg ulcers and rectal ailments.

Below are the names of a few of his Mrs. D. W. Womack, Haines, gall tones and stomach trouble.

Earl Eastberg, Portland, catarriclers of stomach. Mrs. Alice Williams, Malheur, hear Hedrick Wilson, Gold Beach, gal

John Luciana, Echo, high blood

C. G. Coniwell, Baker, heart trou-ble and ulcers of the stomach. George Wachtman, Hubbard, ade-

Mrs. Geo. A. Gilman, Coquille, gall

Remember above date, that consult-tion on this trip will be free and hat his treatment is different. ed by their husbands.
Address: 211 Bradbury Bldg., Loingeles, Californis.

eyes. Eye strain from badly fitting glasses may in time seriously affect and the eyes will share in the generator and the eyes will share in the generator and the eyes will share in the generator and the eyes and effects.

For Sale—200 yearing hens—Hollipwood strain White Leghorns. Good by the should interpret the eye con-For Sale—200 yearling hens—Hol-lywood strain White Legherns. Good layers. R. H. Quackenbush, Heppner, house. Enquire this office.

PIANO FOR SALE NEAR HEPP. NER-Beautiful late model plane perfect condition. Big saving and terms \$10 monthly to reliable party. Write at once to Cline Music Co.,



When you buy your groceries from us there are three things of which you may be sure-best quality, lowest prices, prompt attention to your order - whether it be large or small.

#### RODEO SPECIALS THIS WEEK

Coffee, per lb	35c, 3 lbs. for \$1.00
Canned Berries	5% Off Regular Price
	ck, per can 20c
Peanut Butter, per	
Oranges, per dozen	
Lemons, per dozen.	45c

Cash & Carry Grocery



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**Rodeo Shirts Rodeo Hats Rodeo Boots** Rodeo 'Kerchiefs

"SHE'S WILD" The Rodeo

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Start the boy off right and fit him with one of our sturdy

OREGON CITY WOOLEN MILLS SUITS

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With Two Pairs of Pants

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Let's Go!

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Manufactured by the O'Rourke Eubanks Hat Co. of San Francisco, has just been received. Look them over. They are good values and reasonable in price. A shipment of

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Fit, satisfaction and wear guaranteed at \$31.50 WORTH \$50 OF ANY MAN'S MONEY

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