

Local Happenings

Wm. Lasson got home on Monday evening from his stay of more than three months in Iowa, where he visited with brothers and sisters he had not seen for 48 years. The most of the time was spent at the home of a sister at Richland, and a brother at Pleasant Plains, Iowa. His youngest brother died while Mr. Lasson was there, his illness being one reason for William's trip east. It was a very warm summer but Mr. Lasson enjoyed the stay in his native state. Excessive rains were doing a lot of damage to corn and wheat crops when he left, that part of the country getting far more than they needed of the moisture, while out this way we fell short. Mr. Lasson is glad to be home again.

William B. Barratt, for years a resident of Heppner and one of the prominent sheepmen of that section, has moved to Portland for the winter. Mr. Barratt is a former member of the state highway commission. He said yesterday that he had just received word from his son, who is in Baker county, that there is plenty of dry feed, but that water is scarce, streams which have always been navigable in the past having dried up this year. Similar conditions are reported from many other sections of the state, the water supply having been diminished during the hot weather because of shortage of snowfall last winter and very little precipitation during the current year.—Oregonian.

F. K. Morrow and wife of Portland, arrived at Heppner on Tuesday evening on their way to Pendleton to attend the Round-Up. They were accompanied by E. E. Bartholomew of White Salmon, Wash., uncle of Mrs. Morrow and the party enjoyed a visit of a day at the home of Grandma Bartholomew in this city before going on to Pendleton this morning. Mr. Bartholomew, who is a producer of vegetables and fruits in the White Salmon country, left a sample of the very fine tomatoes he raises at this office. The market is dull at present and Ed states that large quantities of the tomatoes are going to waste.

Al Henriksen was in town Tuesday. He spent a few days at the Henriksen ranch on Willow creek and was looking after business affairs here. He states that the prices for hay are good just now and Umatilla county growers are refusing around \$18 per ton for their alfalfa, f. o. b. cars. The alfalfa crops are good and Mr. Henriksen will have 1000 tons to dispose of on his Pendleton ranch, and expects to realize at least \$20 per ton for the crop.

Dr. A. D. McMurdo and family returned on Tuesday from Portland. The family spent several weeks at the coast at Rockaway and Dr. McMurdo joined them about three weeks ago. It was his misfortune to take down with an attack of erysipelas while away and his home coming was delayed about a week on this account, while convalescing in Portland, and what would otherwise have proven a very enjoyable vacation turned out to be not quite so pleasant.

Mr. and Mrs. Frank Evans were down from their home at Walla Walla on Tuesday. Mr. Evans was closing up some matters here pertaining to the disposal of the Evans place at Lexington.

Mrs. Helen M. Walker returned recently from Salem, where she spent a couple of months attending summer school. She has filed her certificate of qualification for the office of county school superintendent. Being the candidate on the republican ticket for this office, Mrs. Walker will now be busy until the November election looking after the interests of her campaign. She was in the city on Saturday from her home at Hardman.

Claude Cox, manager of the Morrow County Creamery, was a visitor at Fossil during the past week. While there to look up business for the creamery, Mr. Cox also attended the Wheeler county fair and states that there was a splendid showing of agricultural and horticultural products, while the stock show was one that it would be hard to beat in any county. They have a lot of fine cattle over in the Wheeler county section.

W. G. Scott, banker and warehouseman of Lexington, was taken ill the past week with a severe attack of pneumonia, and has been a very sick man. He visited the inter-state fair at Spokane and becoming ill drove to his Lexington home, taking down with pneumonia. According to last reports received here, Mr. Scott is getting along quite well with prospects favorable for his early recovery.

The Clark brothers, John, Will, and Henry of Lone, who recently purchased the Summers place near Lexington from Messrs. Frank and Jeff Evans of Walla Walla, have taken possession of the farm and are busy with the fall work. They were in Heppner a short time on Saturday and state that they are well pleased with the deal they made. These men will make this ranch a profitable producer.

Spencer Akers returned to Centralia, Wash., on Sunday after spending a couple of weeks in this city where he was called by the illness of his little granddaughter, Edith Marie Barlow. Mr. Akers has a position with a hardware firm in Centralia and expects to spend the coming winter there. Mrs. Akers is still in Heppner and will join her husband later.

Dave Wilson and Laverne Van Marter tried their luck again the end of the week and hid themselves in the tall timber in quest of big game. The deer are getting pretty wise of late, and while the boys run out some from their hiding places they had no chance for a shot and came home empty handed.

Jack Mulligan of the Pendleton Music House was a visitor here on Friday, looking after business. Jack states that there will be a bigger attendance than ever at the Round-Up this week, and the show will surpass all former performances. Jack has imbibed the Pendleton spirit all right.

Mr. and Mrs. John Miller arrived home from their honeymoon trip on Friday and are now located on the Miller farm northeast of Lexington. While on their trip they visited Crater Lake and the Oregon caves, the latter being one of the most wonderful attractions to be found anywhere.

Wanted—Good work horses, harness, and two or three wagons, in exchange for a 20-acre improved alfalfa place three miles Hermiston, mail route and 50 rods to school; all in alfalfa and good buildings; some fruit. E. P. Dodd, Hermiston, Ore.

Miss Elizabeth Huston departed Monday for Albany where she will visit a few days before going on to Eugene to register as a student at the University of Oregon for the coming year.

Gunnar Lindhe, who farms the Clark place out in the vicinity of Alpine and also owns a farm of his own on Sand Hollow, was doing business in the county seat on Saturday. Crops with Mr. Lindhe were pretty light this season.

Going out to help Charley Vaughn bring in his deer, Earl Gilliam had the good fortune to run a big buck from a thicket and bagged him. The boys came on in to town on Friday evening bringing the two bucks instead of one.

Miss Frances Parker opened the fall term of school at Hurricane Creek schoolhouse Monday with an enrollment of 14 pupils with all grades from the first to the seventh inclusive represented.—Joseph Herald.

A. W. Andrews, attorney of The Dalles, was a business visitor here on Wednesday. Mr. Andrews has charge of the settling of the estate of the late Hiram E. Clark.

Jerm O'Connor was a shipper of a bunch of lambs this week. He disposed of 2300 head to J. W. Robertson of Gooding, Idaho, receiving a price of \$6.50 per head.

Born—At Portland, September 15, 1924, to Mrs. Baird Patterson, a 6 1/2 pound son. Reports are to the effect that mother and babe are getting along nicely.

Frank Turner is confined to his home this week suffering an attack of flu.

Wanted—Women to do chamber work during Rodeo. Hotel Heppner.

GOOD TEETH VITAL TO HEALTH.

(From State Board of Health.)

The importance of the care of the teeth needs no argument. A well cared for mouth and set of teeth are a mark of well being, refinement and character. Bad teeth are an unnecessary evil. Tooth decay is perhaps the most common of all diseases to which man is heir. Tooth decay sooner or later causes toothache, but toothache is only a fore-shadow of what is likely to result if the tooth is not properly treated by a dentist. Toothache is the danger signal but it is frequently sounded too late to enable the dentist to save the tooth. We used to think that toothache, the good, old-fashioned, "jumping toothache," was the worst punishment anyone could receive for the crime of decayed teeth. Now we know that poison from bad teeth and gums has a far reaching effect in stomach disorders, rheumatism, heart trouble and a number of other disorders which cause ill health and disease in almost every part of the body. It is cheaper, less painful and better for the health to go to a dentist, twice a year, and have the teeth kept in good condition all the time instead of going only when one decays or aches.

The teeth are living, sensitive structures, lying in sockets which resemble a bony joint. Strong teeth and a healthy body have a much greater power of resisting decay than otherwise. Teeth need exercise by eating the right kind of food in the proper way. A soft pulpy diet weakens the teeth and invites trouble. Tooth decay is often an expression of general malnutrition and is frequently associated with enlarged tonsils, adenoids and other signs of disease or degeneration. It is probable that sound, vigorous teeth have a definite power of resistance and it is

now believed that structural changes within the teeth render them susceptible to outside influence. The teeth are dependent on the general nutrition of the body. A well balanced diet, rich in vitamins, including whole grain, fresh dairy products, and green vegetables is one of the best preventatives against tooth decay. The most frequent cause of tooth decay is unclean teeth and mouth. The teeth almost always decay from without as a result of acid formed by bacterial fermentation. The common explanation is that calcium is dissolved by lactic acid formed by the fermentation of food in contact with the teeth. Cleanliness helps avoid the immediate causes of decay.

For the cleanliness of the teeth we can well content ourselves with a tooth brush, some silk floss and clean water. While it is preferable to brush the teeth the last thing before retiring, the first thing on arising and immediately after each meal, many persons find it inconvenient to brush the teeth more than twice a day. A good method of brushing is known as the rolling stroke method. To brush the teeth and gums with this method, place the toothbrush (ends of the bristles up for the upper teeth) between the cheek and the gums; turn the brush toward the cutting edge of the teeth. Reverse for the lower teeth and brush up. This motion brushes the cheek side of all teeth and the tongue side of the front teeth by putting the brush,

bristles up, on the roof of the mouth for the upper teeth and on the floor of the mouth for the lower teeth, and pulling the brush outwards over the gums and teeth. Brush the grinding surfaces of the teeth with an in-and-out and side-to-side stroke of the brush. Rinse the brush in clean water frequently while brushing the teeth.

The advice of the dentist should be sought as to the condition of the teeth especially as to whether there is any decay or destruction of enamel. Periodic examination and cleaning by the dentist are the only safe means. Prevention is greater than cure.

Groceries!



When you buy your groceries from us there are three things of which you may be sure—best quality, lowest prices, prompt attention to your order—whether it be large or small.

RODEO SPECIALS THIS WEEK

Coffee, per lb.	35c, 3 lbs. for \$1.00
Canned Berries	5% Off Regular Price
Tomatoes, Solid Pack, per can	20c
Peanut Butter, per lb.	25c
Oranges, per dozen	30c
Lemons, per dozen	45c

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Manufactured by the O'Rourke Eubanks Hat Co. of San Francisco, has just been received. Look them over. They are good values and reasonable in price. A shipment of

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