

NOW EAT LIGHT BREAKFASTS

English People, Since the War, Are Said to Have Abandoned Heavy Morning Meal.

The hearty breakfast which every body in England ate for centuries has gone out of fashion, a correspondent of the New York World writes. Stenographers and clerks as an early morning meal, which the French regarded as a horrible British habit, disappeared some time ago. Now scarcely any one eats porridge, fish, ham and eggs and marmalade for breakfast. Both those who have leisure and those who work eat smaller breakfasts and larger lunches.

The clubs and restaurants now provide big lunches. Many serve a luncheon of four or five courses—soup, fish, joints, sweets and cheese—and at a comparatively moderate price. Busy men find they can work better after a light breakfast—boiled egg or a thin rash of ham or bacon. But they satisfy their appetites fully at luncheon, giving an hour or even more to enjoy their food in comfort.

With women, too, the hearty luncheon is becoming popular. They no longer are satisfied with a cup of coffee and some buttered cakes. Girl stenographers and clerks take a substantial meal of meat and pudding. Probably they have done a good morning's work on a cup of tea and a slice of bread and butter. So they have learned to appreciate and enjoy a luncheon that sustains and upbuilds them.

NEW SPORT ON SUBMARINES

Fishing With Baited Lines Is Now Employed to Relieve the Tedium of the Life.

Fishing with inverted lines from the decks of American submarines is the newest craze among members of their crews operating in the Pacific ocean from the Los Angeles submarine base, says the Popular Mechanics Magazine.

The boats make frequent practice trips between Los Angeles and Santa Catalina Island. The water in this area averages about 90 feet in depth, and is one of the finest fishing grounds of the Pacific coast.

Frequently the boats dive to the bottom, and lie there with their motors shut off while practicing submarine signaling, torpedo-tube routine and the like.

The upside-down fishing is done in a very simple manner. First in making a dive the men arrange their lines on the deck rails of the submarine. The hooks are baited and are strung out on the decks to be carried upward when the boat dives, by a float attached near the hook.

Since any fish that takes the bait can not be removed until the boat comes to the surface, the lines are fastened to the deck rail by coil springs. This practically eliminates the chance of losing the fish by its breaking the line, or tearing the hook out of its mouth.

Franklin Medal to Sir Charles Parsons.

The Franklin medal has been awarded to Sir Charles Parsons "in recognition of his epoch-making success in the development and the construction of the steam turbine which has revolutionized the art of steam engineering, particularly in regard to the propulsion of mercantile and naval vessels, and the driving of electrical generators." Not many people know of the courageous struggle of Sir Charles in the early days of his invention, and that he separated from his original partners owing to their becoming too discouraged to "carry on." Engineering, in speaking of the award, says: "The work of Sir Charles Parsons has halved the cost of producing electric power and reduced in still greater proportion the capital cost of engineering machinery."—Scientific American.

Capsules and Fly Screens.
Among modern inventions that make for comfort a subscriber lists as two of the most important the capsules now used for disinfecting medicines, and the wire screen used to protect our houses from disagreeable insects. Quinine, he says, was in the days of the civil war the great medicine of the army, and it was the medicine of the army with nothing to disguise its bitterness. All that is past. The well screened house, with its freedom from mosquitoes and flies, was unknown "the good old days," and it alone is enough to make modern life worth the living.—From the Outlook.

Russia's Iron Ore Deposits.
The greatest iron ore deposits known are thought to have been located near Koursk, Russia, by magnetic disturbances of intensity unequalled elsewhere. These disturbances were studied several years by the late Prof. Ernst Lebedev, a Russian, and his records are said to have been rescued.



"Dangerous Curve Ahead"

LIST YOUR LAND NOW

Those who have Wheat Farms, Alfalfa and Stock Ranches for sale should call at my office and list the same at once, so as to get in on the fall and winter demand. I have sold a couple of big wheat ranches lately, and I have prospects who are looking for others. Wheat ranches especially are going to be in demand this fall and next spring.

IF YOU REALLY WANT TO SELL you must be prepared to ask considerably less for your land than it was held at during and immediately following the war, when wheat and other farm products brought high prices. Regret this as we may, the best way or so are the ones in which the buyer can see a bargain, or at least good value. My exclusive time will be devoted to the real estate business, and business interested to me will receive prompt and efficient attention.

E. M. SHUTT
THE REAL ESTATE MAN UPSTAIRS IN COURT HOUSE

and taken to Sweden. Two Swedish observers said that two Japanese parallel deposits of magnetic iron ore are indicated. These seem to have about equal length, 97 miles or more, and to be separated about 40 miles.

SHRINE'S MEANING NOT PLAIN

Erected to the Memory of Japanese Maid, But Its Precise Idea Hardly Apparent.

One of the pretty shrines of Japan is based on the story of a beautiful girl, and to this day occidentals can not figure out if the shrine was to perpetuate a tragedy or an honor. The story is that Yamatochika, one of the greatest warriors in the history of the country, waited for a night at the village of Shimodaira. He was weary of battle and death, and went out word to the village that he wished to be entertained by the prettiest girl there. Koushiya was selected, and it is told how she spent the evening singing and dancing for the warrior. He went on his masterful way the next morning leaving the little maiden to mourn his passing, and to give birth to his child in due time.

Now, the village died its shrine, and every few years it is rebuilt and made more beautiful. But what no occidental can discover is whether the shrine was built to remember the citizen of the militarism of the old days that trod with relentless heels on beauty and wealth alike, and thus to pay tribute to a tragedy, or whether it was built to show that the great warrior honored the humble village by taking one of its membership into his arms.

DIDN'T GET CHIEF'S MEANING

Sailor Misunderstood, but After All Kangaroo Is as Good a Name as Any Other.

The Kangaroo recited its name through the failure of white men to understand the language of the Australian bushmen. Captain Cook, discoverer of Australia, capturing a kangaroo one day, saw a group of natives about what seemed to be a most peculiar animal. He sent a group of men ashore to get it, and was still more amazed when told of its shape. Its habit of carrying its young in a pouch and its remarkable leaping ability. He wanted the natives' name for the specimen that he intended to take back to England.

"What's the name of that beastie?" demanded an English far of the natives' chief.

"Kangaroo," replied the native.

"Kangaroo, oh?" repeated the sailor, and, satisfied, returned to his captain. The fact is, however, that the words spoken by the chief are merely a phrase meaning "I, or we, don't know."

Taking Care of Indoor Plants.

To make ferns grow rapidly indoors and look fresh and green, chop a few oysters fine and mix with the soil and then water well. This may be done every fortnight. Wash the leaves of your rubber plant with a cloth wet with olive oil. This nourishes the plant and keeps the leaves dark green and velvety. Add a few drops of ammonia to a quart of lukewarm water when you water house plants. The chemical acts as a tonic and fertilizer and makes the foliage fresher. And be careful, when real winter weather comes, not to water your plants with water too cold. Water running from a faucet in January is far too cold for tender plants. Add enough hot water to make the drink you give your plants lukewarm—as lukewarm always is in summer time.

Story of the Pansy.

The century of the pansy was celebrated a few years ago by the English florists and the history of the flower as given at the time was as follows:

"Just one hundred years ago Lady Mary Bennett, a daughter of the earl of Tankerville, was so struck with the simple beauty of a tiny wildling violet tri-color that she collected some of the best plants and gave them careful cultivation. The first batch of seedlings raised by her gave such promise that systematic selection was at once instituted, and thereafter the improvement of the genus was taken up by the leading growers. Thus to an enthusiastic amateur we are indebted for one of the most popular and beautiful of our garden flowers."

Had a Home-Made Lock.

A few years ago we were enjoying a vacation trip in a little car of ancient vintage. This little car had been built originally without a windshield; later we had improvised one, using a bent wood frame. One day while I was waiting for my wife another motorist walked up to me and said: "Do you know that car of yours doesn't look so bad until one sees the windshield, and then any one can tell you made the whole thing yourself."—Exchange.

Alike.

Mother was washing her hair, when was fluff at all times but when we decided early. Five-year-old John watched the process with great concern.

"Mother," he finally remarked wisely, "your hair is a lot like grandma's face, isn't it? When you wash it, it wrinkles up like everything."

Twenty cents a pound has been offered by W. H. Barrett of Heppner for his wood chip. Mr. Barrett, member of the state highway commission, is in the sheep business and had a good clip this year. J. W. Beymer of the Farmers & Stockgrowers bank of Heppner closed the deal while the two were in Portland Saturday. The amount of wool sold by Cummings Barrett was not stated. It is reported that John Killenny, also of Morrow county, sold his clip of the past two years a few days ago at 15 cents a pound. Mr. Barrett and Herbert Nunn, state highway engineer, left Portland last night for The Dalles, where, a few miles east of that city, a new road drag, devised by the construction department of the highway, will be tried out. If the drag comes up to expectations it will revolutionize the maintenance of macadam roads.—Oregonian.

Seeded Wheat Land For Sale.

At \$27.50 per acre, in center of finest wheat land belt in Morrow county, only few miles from railroad; 450 acres sowed to wheat and 80 acres to rye; ranch consists of a little over 1000 acres of rich, deep-soil plow land, a tractor proposition with only ten acres waste land; worlds of water and good improvements. Just as it stands and immediate possession given at only \$37.50 per acre, \$7,500 cash down, balance one-third crop payments. This offer holds for only 20 days. Sickens compels owner to move. No better bargain ever offered. See me quick. E. M. SHUTT.—Advertisement. tf. 027

WANTS

Seed rye for sale at the Scott & McMillan Warehouse, Lexington.—Adv.

Furnished housekeeping rooms for rent. Inquire this office.—Advertisement. tf.

Thoroughbred bronze turkeys for sale. Inquire of Mrs. F. Burroughs, Lexington.—Advertisement. n34t.

FOR SALE—Singer sewing machine, in good condition. A bargain. Inquire this office.—Advertisement. tf.

WANTED—Three or four men boarders for dinner and supper. Inquire at this office.—Advertisement. tf.

Sent your hemstitching. Price 10c and 12½c per yard. MAELI, V. WILCOX, Estacada, Ore.—Advertisement.

WANTED—a second-hand windmill that is in good running order.—Advertisement. O. E. ADKINS, Heppner.

SEED RYE FOR SALE—Cleveland ranch, phone 48F11, or leave orders for delivery at Minor & Co.—Advertisement. n34t.

STRAYED—Two-year-old mare mule brown with bay points, brand DM on left jaw. Reward for information leading to recovery. DWIGHT MINTER, Jones, Oregon.

Seed rye for sale at the Scott & McMillan Warehouse, Lexington.—Adv.

FOR SALE—Practically new Superior disc drill, 20-7, 117½, and Iowa cream separator. Archie Zeek, care of John Widenman, Heppner, phone 22X3.—Advertisement.

Seed rye for sale at the Scott & McMillan Warehouse, Lexington.—Adv.

HAY FOR SALE—Between 115 and 120 tons of clean alfalfa hay, near mouth of Rhea creek, at lowest market price if taken at once. Secured note satisfactory. Free feeding grounds. See me at once. E. M. SHUTT.—Advertisement.

A Newspaper's TWO Sources of Revenue



SUBSCRIPTIONS and advertising are the only sources of revenue a newspaper has, and often the subscriptions do not pay for the cost of white paper.

Advertising today, especially in newspapers, is the greatest business getter there is. This is acknowledged by men who know. People read advertisements in newspapers. They have been educated to do so. Every merchant in our town ought to advertise. You remember the story about John Wanamaker. The first day he was in business his receipts were \$24.64. He kept 64 cents and spent the \$24 the next day in advertising. We all can't duplicate this feat, but according to the best statistics available three per cent of the gross sales should be put aside for advertising.

Possible you will say: "I don't need to advertise. I've been in this town thirty years and everybody knows me."

Probably they do, but did you ever stop to think of the sales you lose because your fellow competitor advertises? He may advertise the same goods you have in stock, but the people don't know you have them. The other fellow gets the sale because he advertises. And then how much more business would you do if you did advertise?

We know of one merchant who advertised a lot of goods at 19 cents a yard. They cost him 27 cents. He took a clean loss, but while the sale was going on he could buy new goods at 12 cents. He put them in with the other goods and the result was that he cleaned his shelves of the old goods and he broke even on the deal. Advertising and good buying liquidated his stock without a loss.

We can't all be John Wanamakers, but we all can advertise in proportion to our business. Results will be sure if you advertise honestly and give service. A newspaper can bring people to your store, but it can't make people buy your goods. Your clerks must do that and it depends upon the service you give as to how successful your business will be.

What is done in the big cities can be done right here in this town, if you will show the pep, give the service and advice. Make business good. You can do it through this newspaper.

WE SELL

Weyenberg Shoes for Service

And back them up with the manufacturer's guarantee.

WEYENBERG SHOES are built for service. Solid leather throughout and built for comfort with every needed reinforcement to prolong the shoes' life and usefulness. Easy on the feet—hard to beat. No matter what your work there's a WEYENBERG SHOE for you.

David A. Wilson

Everything in Men's Furnishings.



Have that damaged tread fixed before it causes a lot of blow-outs and punctures and costs you five or six times the price of having it repaired.

Bring It Here!

We will vulcanize it making it as good as new.

Have any tire trouble? Bring it here

C. V. HOPPER TIRE SHOP

Tri-State Terminal Building.

Big Bargain in Small Creek Ranch

16 acres, all under ditch, partly in cultivation, alfalfa, strawberries, raspberries; good five room house, good barn and out buildings; stock and machinery; good spring and well. Price \$2250.00 if taken at once. 7 miles from town.

ROY V. WHITEIS

Real Estate and Insurance, Heppner.

Central Market

FRESH AND CURED MEATS
Fish In Season

Take home a bucket of our lard. It is a Heppner product and is as good as the best.

Seeding Time Is Here

Gilliam & Bisbee will sell you

Drills and Harrows

at prices that are right.

Gilliam & Bisbee

L. MONTERESTELLI

Marble and Granite Works

PENDLETON, OREGON

Fine Monument and Cemetery Work

All parties interested in getting work in my line should get my prices and estimates before placing their orders

All Work Guaranteed