

"SALT-RISING" BREAD LIKE GRANDMOTHER'S

Favorite Where Difficult to Get Satisfactory Yeast.

Recipe Recommended by Home Economics Kitchen of Department of Agriculture—Fireless Cooker—Maintains Temperature.

Salt rising bread, which is commonly called by the misleading name of "waterless bread," has been known in one form or another for generations. It has been a particular favorite when and where it was difficult to get satisfactory yeast. The following recipe is recommended by the home economics kitchen of the United States department of agriculture:

1 cup yeast milk 1 tablespoon sugar
1 tablespoon salt 1/2 teaspoon butter
1 teaspoon salt 1/2 cup flour

Soak the milk. Allow it to cool until it is lukewarm. Then add the salt, sugar and yeast. Place in a fruit can or a heavy milk can, and set in a water bath at about 120 to 140 degrees F. Water at this temperature is the best in which the bread can be raised without inconvenience, and can be secured by mixing nearly equal parts of boiling water and tap water (unless the tap water is unusually warm). If placed in a fireless cooker a fairly even temperature can be maintained for several hours.

Allow the mixture to stand for six or seven hours, or overnight, until it shows signs of fermentation. If it has fermented sufficiently the gas can be heard as it escapes. This leaven contains enough liquid for one loaf. If more loaves are needed add one cup of water, one teaspoon of salt, one tablespoon of sugar and one tablespoon of butter for each additional loaf. Make a soft sponge by adding a cup of flour for each loaf to be made. Beat thoroughly and put the sponge in a convenient receptacle and surround by water again at the temperature of about 120 to 140 degrees F.

When the sponge is filled with tiny

air bubbles and has more than doubled in volume add more flour gradually until the dough is so stiff that it can be kneaded without sticking to the hands or to the board. Knead ten or fifteen minutes, put at once into the pans, allow to rise until about two and one-half times its original bulk, and bake. Salt rising bread is never so light as the bread raised with yeast. A loaf made with one cup of liquid therefore will come not quite up to the top of a pan of standard size.

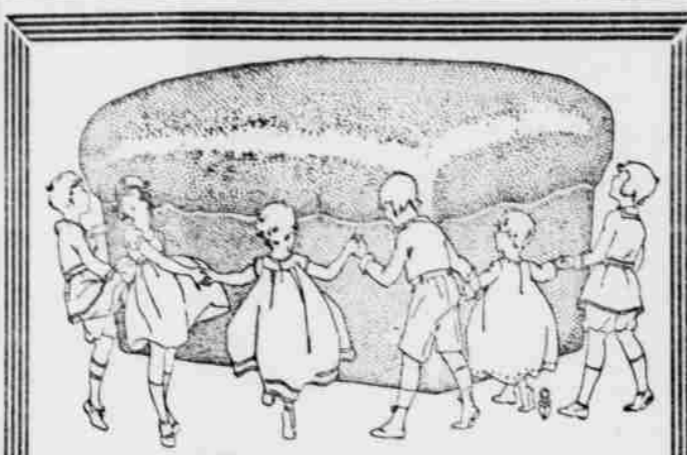
HEAT CORNMEAL AND WATER

Best Results Secured by Placing Them in Double Boiler and Not Stir the Mixture.

In experiments made in the home economics department of the United States department of agriculture it has been found that it is best for almost every purpose to put cornmeal and



OF INTEREST TO THE HOUSEWIFE
Vinegar will remove stains from zinc.
Gelatins desserts are ideal for hot weather.
Old felt hats can be cut up for insoles of shoes.



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From the wheat in the field to the bread on your table comes this delicious product untouched by human hands. The entire process of making

Holsum Bread is by machinery.

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NEWS ABOUT OREGON'S INDUSTRIES

North Bend, Ore.—Negotiations are now in progress. It is understood, for the erection of a big plant to be put up here by the Menasha Woodensaw company of Menasha, Wis.

Warren, Ore.—Residents of Warren are planting many acres of loganberries in anticipation of the erection of a plant capable of handling 100 acres. Capital sufficient for a plant to be built at either Warren or Houlton is practically assured.

Albany, Ore.—More than \$100 an acre will be the return from 150

acres of witch hay land owned by E. E. Clem, on the Santiam river. Samples of the hay brought to Albany were seven feet and five inches from tip to tip.

The Dalles, Ore.—Ten cars of cherries sent from here to eastern markets brought a net return of \$22,288.86 for 11,600 boxes this season. Fifty orchardists were interested in this shipment.

Portland, Ore.—Another concern which has recently had to enlarge its quarters is the Heacock Sash and Door company, which has taken over floor space three times the amount originally utilized.

Portland, Ore.—A firm which makes a specialty of built-in features

for homes and business houses is the Roberts-Landers-Fineth company, which has recently added new machinery to its sash, door and wood-working plant. Recently a factory at Hillsboro was taken over, where all special work is done.

Portland, Ore.—The Pacific International company has recently been organized, here to purchase apples largely for export. It will participate actively in the mid-Columbia apple deal this season.

Portland, Ore.—Distribution of the product of the Portland Broom company has now reached every part of the West and export business has

been developed with Japan, China and the Philippines. Broom corn for the ten lines put out is secured in the middle west, but all handles are made of Oregon fir.

North Bend, Ore.—The Bay Park Lumber company mill at Old North Bend will resume operations about September 1 after a shutdown of more than two months.

EDUCATION PAYS

FOR THE INDIVIDUAL AND FOR THE STATE

A person with No Education has but One Chance in 150,000 to Render Distinguished Service to the Public
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With High School Education 57 Chances
With College Education 800 Chances

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THOSE STATES ARE WEALTHIEST THAT HAVE INVESTED MOST IN EDUCATION

Oregon Agricultural College

Through a "Liberal and Practical Education" prepares the Young Man and Young Woman for Useful Citizenship and Successful Careers in Agriculture Engineering Mining Home Economics Commerce Pharmacy Forestry Vocational Education. The Training includes PHYSICAL EDUCATION, MUSIC, ENGLISH, MODERN LANGUAGE, ART and the Other Essentials of a Standard Technical College Course.

FALL TERM OPENS SEPTEMBER 20, 1920. TUITION IS FREE.

FOR INFORMATION WRITE TO

The Registrar, Oregon Agricultural College, Corvallis, Or.

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Come in and let us demonstrate Eden superior qualities to you.

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The Still Better Willard Battery—the only one with Threading Rubber Insulation—has been selected by 136 manufacturers of passenger cars and motor trucks.

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Announcement

We are now distributors for Heppner for

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Firestone Tires are original equipment on 75 of the leading makes of automobiles.

All we ask you to do is to buy one with our personal guarantee of satisfaction and you will find out for yourself that they give

Most Miles Per Dollar

Cohn Auto Co.

Heppner, Oregon

STAR THEATER

Tonight :- Thursday, August 26th :- Tonight

"Yankee Doodle In Berlin"

As to "Yankee Doodle in Berlin" it is a picture that should be seen by everyone of no matter what political leaning, for its story is "pure Americanism", its message is pure satire and farce and its story is pure fun—with something after the laugh is done to cause the brow to knit in thought.

FRIDAY :- AUGUST 27th :- FRIDAY

THE INIMITABLE LAUGH PRODUCER

Douglas Fairbanks

"The Man From Painted Post"

Among other things Douglas is called upon to shoot two holes through the "bad man's" hat while it reposes peacefully upon the latter's head, some hundred yards away. The story is one of action throughout and portrays the efforts of Sherwood (Fairbanks) in getting rid of a desperate band of cattle rustlers.

TUESDAY, August 31



THE TRIFLERS

One of the Year's Most Appearing Pictures
Starring Beautiful

EDITH ROBERTS

A FREAK of Fate tossed humble, pretty Janet Randall into the social swirl she craved and dreamed of. A society lion—her idol—was her sponsor. But she emerged from it dazed and bewildered. What did she learn as the mock wife of a social leader? Her surprise will be yours. And so will her happiness.

See "THE TRIFLERS"—the picture you simply can't afford to miss.

It's a UNIVERSAL Picture

SATURDAY, AUGUST 28th

Dolores Cassinelli in

"The Right to Lie"

This is the picture that was scheduled for last week, but it failed to arrive, but it will make Saturday's show an extremely interesting one.

Sunday, August 29th

THOMAS S. INCE PRESENTS

Charles Ray

IN

Greased Lightning

Gosh all tarnation! And Cy Perkins sold that car for its weight o' metal. Some hundering, Mirandy! And they do say he'll tie up with the little blonde if he wins this here race. By Hicky! Look at the city feller that tried to get her. Hanging behind like an old cow's tail!

Don't YOU hang behind like an old cow's tail. You be right up in front o' the line to see Charles Ray in "Greased Lightning."

Doncher fail, by cracky!