

VALUES OF DAIRY PRODUCTS

Leaders in Fight Against H. C. L. Judged From Economy and Nourishment Furnished.

a problem and since New York is one but there is nothing to prove it. of the two foremost dairy states of the union, the workers in dairying and home economics at the state college at Ithaca, N. Y., are calling renewed at tention to the relative cheapness and high food values of dairy products.

To eat these products is to increase the prosperity of the state and to decrease the drain on the pocket book because the folks at Ithaca say, there is a double advantage to the New York housewife, from the viewpoint of economy and of nourishment. if she makes a larger use of them in the family diet.

Not only do these foods contain the growth-promoting substances needed by children, but they are among the cheapest foods of animal origin in respect to protein and lime content Whole milk, skim-milk, cottage cheese and American cheddar, or common "store" cheese, are good, cheap foods and the workers at Cornell advocate

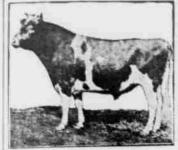
BETTER TO KEEP GOOD BULLS

Farmer Sold Registered Holstein for \$50 That Afterwards Proved to Be Worth \$5,000.

(Prepared by the United States Department of Agriculture.)

When a certain farmer a few years ago sold his registered Holstein bull to his local butcher no records had been made by any of the bull's daughters. Within a year 11 of the daughters freshened at the ages of two and three. Records were then made of milk and butterfut production, and to the asteolshment of everybody the average milk production was 14,502 pounds and the average butterfat production was 578 pounds,

But before these recards were avail- | ceased. able the bull was dead and his hide had become leather. Because there were no records, a \$5,000 bull had been sold for \$50. The cow-testing association tests the dams and daughters, and the bull association makes



t practicable to keep a bull until his ughters have been tested. These two associations would have saved

Registration alone cannot guarantee production. Registered dairy bulls should be backed by good production records. Without record Since the high cost of living is still backing they may be very well bred,

COVERING FOR CREAM CANS

Great Part of Value Is Lost If Product Is Exposed to Sun While Being Hauled.

A great part of the value of keeping cream cool on the farm and at the station or creamery is lost if the cream s exposed to the direct rays of the sun while being hauled from the farm to the point of sale. Far too few people stop to realize the importance of covering their cream cans when bringing hem to town. Expensive jacketed ans are not a necessity to keep the ream cool. In summer weather just an ordinary piece of wet burlap thrown over cans will keep the temperature of the cream as much as 20 degrees clow what it would rise to if left unovered while being transported over the average hauling distance.

DRYING UP COWS NEGLECTED

Some Animals Inclined to Keep Up Heavy Milk Flow Until Calving Time-Care Is Needed.

Some cows are inclined to keep up the heavy milk flow until calving time, and the dairyman is apt to neglect drying them up. Some cows dry themselves while others must be dried up by the milker. Care must be taken or the udder will be injured. The best practice is to cut off the grain feed, giving no grain at all, and in some cases giving less of other feeds. The cow should be milked only once a day for a few days, and then the period lengthened until only once in four or five days. This should be kept up until the flow has entirely

Much attention should be given to feeding enives if they are to become good dairy animals.

The darkened stable by day and pasture by what for the dairy cows help boost the ceam check.

PROTECTION FOR DAIRY COW

Exposure to Cold Rains is Often More Injurious Than Colder Weather of Winter.

The dairy cow often suffers the most from exposure to the weather before real winter has begun. After steady cold comes the cow is generally stabled. Exposure to cold rains in November is often more injurious to the animal than the colder but dry weather later in the winter.

The dairy cow is not like the fat steer, protected from cold by a layer of fat. As a result bad weather causes a big drop in milk production. So long as the weather is dry it is just as well to leave the cow outside nights, but every cold rain should find her protected.

The main thing is to have tight walls so there is no draft or wind and a good roof. Care should be taken to arranging the stalls in the form of a platform of the right length and a gutter of sufficient depth to hold the manure. The cleanliness of the milk depends to a considerable extent upon having the barn built so the cow will keep herself clean.-Clemson College

FOUNDATION FOR DAIRY HERD

Young Calves From Good Cows Are Satisfactory for Start, Say Government Specialists.

(Prepared by the United States Depart-ment of Agriculture.) It is not always necessary to purchase all mature animals in establishing a herd. Young calves from good dairy cows are a satisfactory foundation for starting a dairy herd, in the opinion of specialists. Ordinarily the ethod advocated is to grade up conmon cows with a purebred bull, requiring a number of years of patient selecon and breeding-a period sometime discouraging to an energetic dairyman. Frequently this causes farmers who want results too quickly to change

How Asbestos Is Produced.

The finest asbestos, and the greater part of the world's supply, comes from Quebec. Ashestos is a fibrous mineral that can be spun and woven into fabrics as fine as silk, which are unaffected by temperatures of from 2000 to 3,000 degrees F. It is found in layers filling fissures in certain ser-It is believed that, when the rock was forming and still hot, water penetrated the fissures, widened them and dissolved some of the sillen and magnesia. On drying, these crystallized as a hydrated silicate of magnesia, forming threadlike crystals building up from opposite walls of the sures and meeting in the middle.

No one has yet discovered how finely ashestos fibers can be split. A mleroscope magnifying 900 diameters revealed fibers that are estimated to be five one-millionths of an inch thick

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The Irish Republic Can Pay Its Way

IRELAND HAS MORE PEOPLE THAN MANY

01.	HER S	MUTTI HUT	LIOIN	
NORWAY	has a	population	of	2,396,782
DENMARK	44	- 66	**	2,940,990
SWITZERLAND	16	3.6		3,888,500

Ireland has a population of . . 4,390,219 IRELAND IS BIGGER THAN MANY OTHER SMALL

BELGIUM	has	an	area	of		11,373	square	miles
HOLLAND	**	6.6	35.5	11	29.000	12,582	**	4.4
DENMARK	65	44	44	£¥	(* (*) X	15,042	44	44
SWITZERLAND			7.4			.15,976		44

Ireland has an area of . . 32,531 sq. miles

GOVERNMENTAL COST (1913) SERBIA\$26,250,000 BULGARIA \$35,000,000 GREECE\$27,000,000 NORWAY ...\$36,200,000 SWITZERLAND \$35,000,000 DENMARK \$47,500,000

\$65,000,000 Ireland

While to end of fiscal year, March 31, 1919 England spent \$65,000,000 in Ireland, but collected from Ireland

All the Small Powers mentioned have maintained their own Governments, their own armies, and three of them have fleets as well. IT IS CHEAPER TO BE FREE THAN IN SLAVERY.

Liberty has cost only \$6 per capita, per annum, in Greece and Serbia, \$7.50 in Bulgaria, \$9 in Switzerland \$13 in Sweden, \$14 in Portugal, \$15 in Norway-while in IRELAND British militarism costs about \$40 per capita

Ireland is large enough, populous enough and rich enough to run her own national business in a business way The money Ireland paid England last year could have run the governmental business of Bulgaria, Norway, Switzerland and Denmark combined—paying for all their administration charges, their police, ships, and guns. Ireland means to spend her own money, for her own people, in her own land; developing her anthracite and bituminous coal, her enormous peat deposits, her marvelous possibilities in the linen and leather and many other industries, as well as in developing her great waterpowers and using her unrivalled harbors.

IRELAND DOES MORE BUSINESS THAN MANY OTHER SMALL NATIONS-IN 1917

SERBIA	did a	business	of		-\$47,500,000
GREECE	44	44	64		\$61,500,000
BULGARIA	**	4.6	4.6		\$75,000,000
PORTUGAL	**	4.6	4.4		\$115,000,000
ROUMANIA	-64	44	44		\$205,000,000
NORWAY	3.6	14.	16	*****	\$210,000,000
DENMARK	4.6	11	66	*****	\$325,000,000
SWEDEN	**	16	4.4	F 4 70 4 F 5	\$375,000,000
While					2 2

Ireland did a business of \$820,000,000

but more than 95% of it was done with England

These figures prove the natural wealth of Ireland.

The indisputable facts above presented clearly prove that Ireland can stand alone and pay her own way as a Nation. Judged by any standard, Ireland is equipped for freedom. She asks no favor save that of a hearing from America, now that the hour for the Irish Republic has struck. England has shut off Ireland from direct intercourse with the outside world, with the result that English middlemen secure not only double freight charges and commissions on Ireland's exports and imports to and from other countries, but also England compels Ireland to buy in the dearest market and to sell in the cheapest, with great consequent loss to Ireland.

Irish independence means an increased trade with America—to the advantage of both countries.

A free Ireland with a normal population of from fifteen to twenty millions of people, trading with all the world as a matter of right, instead of with England as a matter of compulsion, would mean another great market in which America could sell to advantage many hundreds of millions of dollars' worth of American products annually and from which she could buy directly products now exported by Ireland, but which reach England alone.

Irish freedom means prosperity and peace and good will to all the world. A failure to do justice to Ireland means that there will be no just or permanent peace.

If anyone has been overlooked during the drive to seil certificate bonds in Morrow and Gilliam counties, they may mail their subscriptions to W. P. Mahoney, treasurer of the local fund at Heppner.

F. A. McMENAMIN,

Chairman for Morrow and Gilliam counties.

(Paid Advertisement.)

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Cap't. Dinsmore Upton, formerly Superintendent of municipal recreation in Grand Rapids, Mich., and later army athletic director and officer at two of our great cantonments, brings to the Lyceum platform one of the most instructive and inspirational lectures of the present day. As an authority on athletics and recreation, the name "Dinny" Upton is familiar throughout the middle

Cap't, Upton is now giving to western audiences the story of things he has learned through many years of experience with youngsters. He will make you think deeper on the question of child health than you probably ever have before. He will leave you a definite constructive message in his lecture, "Recreation-the Maker of Men"

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