

Town and Country.

J. J. Monahan of Condon was in Heppner on Monday.

Mrs. Leo Hill and children left Saturday for Woodland, Wash., to make a visit with relatives.

N. P. Benson and Alfred Troedson, well known farmers of Moraga, were in the city Saturday.

Prof. H. H. Hoffman, superintendent of the local schools spent the week end at outside points.

Criss Hamilton, Hamilton merchant and pioneer of Grant county, is spending a few days in Heppner.

Paul Reitmunn was in Heppner Saturday, bringing up the election returns from the North lone precinct.

John Perry Conder was in the city Wednesday from his wheat farm in the north end of the county, after a load of supplies.

Arthur Smith has returned after working through the spring months at the Frank Monahan ranch just south of this city.

G. A. Nichols, Wheeler county sheepman, was in Heppner from the Dam ranch on the John Day river, the first of the week.

W. P. Malloney, cashier of the First National Bank, spent a few days in Portland on business last week, returning home Sunday.

Mrs. Gay M. Anderson and two children returned Monday from a two weeks visit in Portland at the home of Mrs. Anderson's sister.

Hugh Stanfield and family of Butter creek were Saturday night guests in Heppner. They were on their way to the Stanfield ranch on Rhea creek.

Victor Wigglesworth, young Butter creek sheepman, took out a new Hudson super-six car last Sunday, which he had bought from Vaughn & Sons, the local agents.

Gus Williamson, who has been working at the Wigglesworth ranches on Butter creek for some time past, left Tuesday for Portland, where he will spend a few weeks on a well earned vacation.

David and Will Hynd, Sand Hollow sheepmen, were business visitors in Heppner Tuesday. David remembered his young lady friends at the telephone office by setting up the strawberries and ice cream.

C. A. Walton, mayor and postmaster of Fox, Grant county, who also operates a general merchandise store at that place, was a business visitor in Heppner Wednesday. Mr. Walton reports conditions flourishing in his section.

T. J. Mahoney, cashier of the Live Stock State Bank of Portland arrived in Heppner Tuesday evening to make a brief business visit. Mr. Mahoney is vice-president of the First National Bank of this city. He was pleased to note the extensive street improvement that is now taking place here.

C. L. Sweek, local attorney, left the first of the week for Portland, where he will attend the war conference as a delegate from the Heppner Home Guard. While in the city, Mr. Sweek will also look into some matters for the city of Heppner. Mrs. Sweek is now in Eugene, where her father is seriously ill.

A man lost his wife's watch somewhere on the street and was almost afraid to go home, for he didn't know what might happen to him. A friend told him he saw an ad in The Gazette-Times telling of a watch that had been found. He looked the matter up and found the watch. You can't beat the want ad columns of The Gazette-Times.

The Morrow County Chapter of the Red Cross is very anxious to make the shipment of towels and clean white rags to Camp Lewis by next week and to that end are urging members and others to bring in their donations at once. There is a most urgent call for the above articles and the local chapter desires to fill its quota at the earliest possible date.

During the summer months several new homes will rise in the town and on the farms of Morrow county. John Killenny, Hinton creek sheepman, contemplates many improvements on his ranch, chief of which will be an addition to his farm house. Work is already under headway on the new residence of J. G. Thomson, which will go up on Court street. Ralph Thomson, Willow creek farmer and sheepman, will build a modern house on his farm just above town. Hugh C. Githens reports the sale of lumber for these new homes.

ON JULY FIRST The Gazette-Times Goes to \$2.00 Pay That Subscription TODAY and save money

Ed. Adkins is in Portland this week.

E. M. Spray is over from Spray this week.

Mrs. W. O. Minor is ill at her home in this city.

John Patterson is a visitor to outside points this week.

Mr. and Mrs. Albert Bowker are Portland visitors this week.

James Murtha was over from his Rock creek sheep ranch this week.

Earl Wigglesworth was in Heppner Monday from his Butter creek ranch.

Ed Buckman is putting the lathing on some new dwellings in Lexington.

Mr. and Mrs. L. D. Neill of Butter creek were Heppner visitors Tuesday.

E. E. Rau of Hardman garage was a business visitor in Heppner Tuesday.

County Court was in session Wednesday to pass on some road matters.

Don't overlook the basket social at the Frank Winnard ranch Friday night.

Mr. and Mrs. W. B. Jenks of Monument are visiting here with Mr. and Mrs. D. M. Ward.

A. E. Rivers and J. F. Fenwick of the Rivers Auto garage, spent Sunday in Pendleton.

Summer Pasture Wanted for 30 to 35 head of horses. Address Matt Halvorsen, lone, Ore.

REMEMBER—The subscription price of the Gazette-Times goes to \$2.00 beginning with July first.

FOR SALE—Black Minorca Eggs. \$1.50 per setting. Write Mrs. W. D. Gordon, Echo, Ore., R. R. No. 1.

Hanson Hughes left Sunday for Seaside, where he goes as a delegate from Willow Lodge No. 66 to the Grand Lodge convention of Odd Fellows.

Wanted—Position as cook through harvest. Have had experience and can furnish references if desired. Mrs. W. Scott, 529 E. 13 St., The Dalles, Ore.

FOR SALE—Studebaker car, seven passenger, Model "35", perfect mechanical condition. Terms \$450, \$200 cash and note for balance. Inquire at this office.

Olin Hayes, who is in the employ of the Warrenton Investment Company of Astoria, is spending a few days in Heppner. He recently made a trip into Wallowa county.

John Healey, East Heppner sheepman, was kicked in the eye by a sheep one day during the past week. An unusual occurrence, but John bears the evidence of the force of the cloven hoof.

Mrs. Clive Huston and Mrs. Walter Beckert of Eight Mile were in Heppner Wednesday completing arrangements for an affair to be given Saturday night at the home of Mr. and Mrs. Herb Olden at Eight Mile. These women have something up their sleeve that will mean more money for the Red Cross. May the good work continue.

E. J. Starkey, who recently took the agency for the Maxwell car has sold three of them to Heppner people. E. R. Huston and T. J. Humphreys have both placed their order for a Maxwell and the third was taken by a man in the country whose name we did not learn.

Mr. and Mrs. Pat Campbell of Condon were visiting this week at the home of Mrs. Campbell's brother, Tom O'Brien on Butter creek. Mr. Campbell is an extensive sheepman of the Condon country and only recently went east to New York for his bride. Mr. O'Brien had not seen his sister for eleven years.

Mike Zepanek was in town Wednesday from his ranch in the north end of the county. Although they have received but little rain there this spring, Mr. Zepanek reports that grain is growing fine nevertheless, there being sufficient moisture left over from winter which the cold days of the past few months has preserved.

Charley Shaver was up from lone on Tuesday and made this office a pleasant call. He is now busy with his well drill on the farm of Ed Reitmunn north of lone, is down 252 feet, and is of the opinion that he will soon have an abundant flow of water. As soon as he is done at the Reitmunn place he expects to put down a well for John Troedson.

Mrs. C. M. White and twin daughters are guests at the W. W. Smead home in Heppner. The Whites have been living in Portland, but Mr. White is now in Pendleton, having become associated in the practice of law with Judge S. A. Lowell. Mrs. White and the children will remain in Heppner until they are able to secure a house in Pendleton.

Sunday School Convention. The annual meeting of the Morrow County Sunday School Association will be held in the Federated Church at Heppner beginning with an evening session Thursday, June 6th. All interested in Sunday School work are cordially invited to attend these meetings. Entertainment will be provided for visitors and the new State Worker will be present to assist in making the services profitable. Program will be published next week.

USE POTATOES INSTEAD OF BREAD

Bread Must Be Saved—Potatoes Contain the Same Nutrient.

How many potatoes are you eating? This is a question the Food Administration wants every loyal American to ask himself or herself. Strange as it may seem, the eating of potatoes at this time is a practical war service, according to a recent Food Administration bulletin, which points out that this nation now has a large potato surplus on hand and that this valuable food, unless eaten within the next two months, will be lost through sprouting and rotting. By eating of potatoes liberally, every family can save a substantial amount of other food, particularly of wheat. By eating up the surplus of potatoes the nation will also prevent serious loss to the potato producer, who needs to be encouraged to grow maximum crops during the coming year.

"Domestic science experts have figured that: One ordinary baked potato equals in nourishment one thick slice of wheat bread.

"Potatoes at one and one-half to two cents a pound have more food value than bread at ten cents a loaf. "Potatoes are healthful. They improve the general tone of the system by their wholesome action on the digestive organs. They are easiest on the stomach of all vegetable foods. They are easy on the kidneys because of the minimum of nitrogen they contain. They are easy on the intestines because of the tenderness and small proportion of their cellulose and the fine division of starch.

"Potatoes are valuable in the diet of the sick. They can be eaten with benefit by people suffering from dyspepsia, anemia, diabetes, Bright's disease, cardiac affections, intestinal troubles, constipation, hyperacidity, arthritis, gout, liver complaints, etc. "Always serve potatoes with meat," concludes the Food Administration bulletin. "Never serve bread and potatoes."



By Mrs. Robt. J. Burdette. The firing line is now in your kitchen.

Knock out the breadline at your table.

It has been said that the Revolutionary War was won by men fed on hearty pudding, in other words, corn meal mush. Let it be written in history that the winning of the present war was made possible by the United States eating potatoes.

The manner of eating, the time of eating and even the kind of foodstuffs eaten are largely a matter of habit. We do not desire to break ourselves entirely of the habit of eating or life would not prove worth living, but it can be made to prove better worth living if we change some of the habits. Suppose we cure ourselves of the hand-eating habit and see if we do not consume less bread. If you were to put your bread and butter on your plate and eat it with a knife and fork it would reduce the amount of bread eaten at once. In some of the Oriental countries men carry strings of bright red wooden beads that are known as "Conversation beads," and they seem unable to talk unless they have them in their hands to play with and pass from one hand to the other. We seem to need something in our hands at table or we feel the meal is incomplete and that something is usually bread. Forget this habit and save wheat. If you must continue the hand-eating habit, hold a hot potato.

How to Increase World's Bread Ration

With famine creeping through Europe, and every nation struggling to produce enough food to sustain life, the American farmer has a duty that he can not shirk. America must ship food to Europe for our soldiers. America must supply bread to starving peoples. No matter what other crops are raised, more acres should be devoted to bread grains. "Do your bit, Mr. Farmer," says a Food Administration bulletin. "Success depends upon you in this world war."

West Point is on a food-conservation basis, and the health of the cadet corps is better than ever. All bread used is composed of 45 per cent wheat flour, 45 per cent rye, and 10 per cent white bolted grain flour; and many cadets consider it superior to the former white bread. Sugar consumption has been cut down, meatless days and meals are rigidly observed, and the reduced amount of meat has been beneficial to health. A lesson from a reliable source.

Taking It From Babies.

"Every ounce of wheat products in excess of six pounds per month that you eat, Mr. American Citizen, is that much literally taken from the mouths of the starving women and children of France," says a Food Administration bulletin. "The armed allies may go without wheat, but these innocents will actually die unless we give them of ours in generous proportion."

Victory bread is received with hearty approval. But don't be satisfied to use it on a wheatless day or at a wheatless meal, because it isn't wheatless.

Range Not Promising.

W. W. Cryder, supervisor of the Umetilla forest, who has just returned from an inspection trip, says that the conditions in the forest are not so promising as they were some weeks ago. There has been but little water in the mountains this year and the weather lately has been cold so that the grass has been held back. The water is lower than usual, also.

REPORT OF THE CONDITION OF Lexington State Bank

Table with columns for RESOURCES and LIABILITIES. Resources include Loans and discounts, Overdrafts, Bonds, Furniture, etc. Total resources: \$124,406.39. Liabilities include Capital stock, Surplus fund, Undivided profits, etc. Total liabilities: \$124,406.39.

State of Oregon, County of Morrow,

I, W. O. Hill, Cashier of the above-named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

W. Q. HILL, Cashier. Subscribed and sworn to before me this 16th day of May, 1918.

VAWTER CRAWFORD, (SEAL) Notary Public. (My commission expires Feb. 16, 1920.)

CORRECT—Attest: CHAS. R. POINTER, GEO. L. McMILLAN, Directors.

Red Cross Extends Thanks.

The Morrow County Chapter of the American Red Cross takes this means of thanking the Lena auxiliary for \$279.35 from the proceeds of a dance. Ten dollars of this amount

was from Oscar Otto for music furnished.

Also to Mrs. Wm. Haylor for \$2.99 and \$2.00 from Mrs. Kelley for a plant donated by Miss Gilman, the chapter extends thanks.

REPORT OF THE CONDITION OF THE Farmers & Stockgrowers National Bank AT HEPPNER, IN THE STATE OF OREGON, AT THE CLOSE OF BUSINESS ON MAY 10th, 1918. Table with columns for RESOURCES and LIABILITIES. Resources include Loans and discounts, Liberty loan bonds, Payments actually made on Liberty, etc. Total resources: \$269,071.10. Liabilities include Capital stock, Surplus fund, Undivided profits, etc. Total liabilities: \$269,071.10.

Advertisement for Worthmore Waists and Welworth Blouses. Text: 'The Price of Cotton is soaring Higher, ever Higher, but the Price of Worthmore Waists and Welworth Blouses STILL REMAINS THE SAME! Before the War the Price of these Popular Garments were \$1.00 and \$2.00 And they still remain at the same Price Before the War these Garments were regarded as the best value that money could buy. They are still just as slightly and just as serviceable. The price of cotton and cotton fabrics has advanced excessively, reaching the highest figure since Civil War days and still their price remains the same. Highest in Quality - Lowest in Price - Style the Latest and Best. Sold here only. MINOR & COMPANY' Includes illustrations of women in blouses and waists.