## STAR THEATER

## Thursday and Friday：

MUTUAL WEEKLY－－Latest war scenes and interesting current events
WHO IS NO．ONE？Fifth episode of the thrilling mys－ tery film
＂PIGS and PEARLS＂－－．Some comedy． 10 and 20 cents
Return to the screen of Bluebird＇s dantiest star，
VIOLET MERSEREAU in
Ingram Production
THETITILETERROR＇ A screaming comedy＂Up the Flue．＂Seven big acts next Saturday night only． 15 and 25 cents．

## Sunday and Monday： <br> ＂SOULS TRIUMPHANT＂

A vivid story of regeneration－How a young wife turns her husbac
the lure of sin and sensuality to the higher joy of home． A big Triangle production featuring Lillian Gish and Winifred Lucas．
Comedy，＂Tne Camery Cure．＂You will just have to laugh．Seven big films； 15 and 25 cents

## Tuesday and Wednesday： <br> TRIANGLE－－＇Wild Winship＇s Widow＂ <br> Featuring the tascinating Dorothy Dalton．As witching a widow as ever wore weeds <br> COMEDY，＂Twin Troubles＂ <br> Six acts， 10 and 20 cents．

Amusements－．－


| result is that she gets more devotion |
| :--- |
| than she really cares for and has to |

resort to certain very feminine wiled
to extricate herself from the demand to extricate herself trom the deman
of her suitors．

## Special Free Offer

\＄1．45 VALUE FOR \＄1．10
3－lb．Can ROYAL CLUB COFFEE，Regular $\$ 1.10$ $\frac{.35}{\$ 1.45}$
THIS WEEK ALL FOR $\$ 1.10$
PHELPS GROCERY COMPANY

CORN WILL WIN
DEMOCRRCY＇S WAR
America＇s Greatest Cereal Crop Is Now Moving to MAINSTAY IN NATION＇S CRISIS．

##  <br> mine

##  <br> 

 that will sustatil IIfe puditentitely．or or dalan warriers in colonital days 1 lived on








 Corn m nermer yeark



 the nation＇s battle with autocracy．
Corn meal is finding greatly tncreas Corn meal is finding greatily Increas
ed use the making of ordinary white
breid ec use in the making of orilinary wiltte
bread．Hundreds of housewives and
many of the larger many of the larger takers are mixing
20 per cent．corn meal with wheat 20 per cent．corn meal with wheat
thour to make leavenent tread．This
kind of a mixture is worked nud baked kind of a mixture es worked and baked
tin the same recipes und with the same
nethodes thet and ti the same recipes und with the same
methods that apply to straight wheat
bread． bread．
Corn brend－using corn meal entire
iy -18
gainting a kreater
－is saining a greater．popplarity
thann ever hefore．Housewives are
coming to renilize that every pound of
coming to realize that every pound on
whent son surdin Amertca meansa pounu
of whent released natoons with whic
ated in the war There are a seore of corn products
that todny possess unusual tungers for Americans，Corn syrup tor sweet．
eang corn cakes and buckwhent cakes eand for use in the kitchen listeand of
anranulated sugnr is one of the leadlag products made from corn．
Corn
every，excellent for frymg and for
ever every other purpose filled his salat olls．
Is appearing on the marker in lnrige
quatitues．It cones frou the germ of
the corn．

MADE－IN－GERMANY LIES

## CIRCULITED IN CANADA



## 




## blue that hous

The Canadan rood controler est




 each instance have heen
arouse public thitskntion．
＂They are mysid lous sabute，persast， ent．Bet by bit
trust，the great
of toond control．
＂tI lies with every Indlvidual to for bear from criticism：to refrath fron
passalng on the varrunt and harmutul story，and thus tie more enfectively
to co－perate in werkk which is boling to mean more than the
people yet reallze．＂
THE UNITED STATES FOOD ADMINISTRATION SAYs There is no royal road to food
conservation．We can only ac． compliah this by the voluntary
aetion of our whole peeple，each action of our whole people，each
olement in proportion to its means．
It ls a m matter or It is a matter of equality of burr
den a matter of miluto aving den；a matter of minute saving
and substitution at every point in
the 20，000，000 kitchens，on the 20 ，
 alale and retall
the country．


四四四䧃国
FIRST NATIONAL BANK．


Systematic Saving is The Road to Success
$\widetilde{(1)}_{\text {tle }}^{0}$ earn a little money，－and spend a lit－ tle less，means Happiness．
And，too，in these trying times，saving is a patriotic duty every man，woman and child owes to his or her Country
The way to save systematically is to keep an account，day by day，month by month， and year by year，of what you spend，and，
knowing your necessities，save before you knowing
spend．

Foin now the army of Thrifty Savers We are in a position to serve you
First National Bank of Heppner
HEPPNER，OREGON

