

BUICK

EVERYBODY KNOWS
VALVE-IN-HEAD MEANS
BUICK

Announcing New Models for 1918

THE NEW BUICK LINE

for nineteen-eighteen is complete from every standpoint of finish, refinement, comfort and service and provides a car for every demand. The successful development of the valve-in-head motor by Buick builders proves what can be done when the idea is right and its application sound.

NO DUST—NO EXPOSURE—NEW MODEL BUICK VALVES ENCLOSED IN DUST-PROOF CASE.

New Buick Prices:

E-4 \$920.	E-45 \$1415.	5-pas. touring car, 6 cyl.
E-34 \$925. Two-passenger roadster.	E-46 \$1845.	4-passenger Coupe, 6 cyl.
E-35 \$925. Five-passenger touring car.	E-47 \$1945.	5-passenger Sedan, 6 cyl.
E-44 \$1415. 3-pas. roadster; 6-cylinder.	E-49 \$1645.	7-pas. touring car, 6 cyl.
E-50 \$2325.	7 passenger Sedan, 6 cyl.	

ALBERT BOWKER

LOCAL AGENT

HEPPNER GARAGE

ATHLETICS FOR ALL MEN, BUT TOO MUCH FOR NONE

Better Body Exercises and Foundation Games Fit Students for Army Life and for the Big Game.

O. A. C., Corvallis, Nov. 5.—Better bodies for all young men and physical fitness for the strain of military hardships and the big inter-collegiate games, are the aims of the athletics required of students here.

The big and the over-developed huskies that need no "building" are no longer grabbed up on their first appearance on the campus and given the "too-much" treatment necessary to "win the games". Instead every man is given a special examination to find out what he most needs and then the kind of drill that develops it, and assigned to play with his college-mates the games he likes and needs. If defective in bodily vigor he is given special corrective exercises. Two hundred men are now taking corrective exercises.

The foundation games not only strengthen the body and clear the mind, but incidentally disclose the special athletic qualities, if any, that each man has. He is then graduated naturally into those inter-collegiate sports that he is best fitted for, where he is in a position to do the best for his school and to do it with the least strain and injury to himself. The military value of this work is seen in the success of the French in capturing one of the strongest forts on the western front almost without the loss of a man, after having "rehearsed" for the exploit for many weeks.

This work is directed by the department of Physical Education for men, in charge of Dr. A. D. Browne, who has succeeded in getting the whole school to playing. Cooperating with him are the departments of Health, the Military, and the inter-collegiate sports under Coach Jos. A. Pipal.

A YEAR OF CHER.

A lot of good fortune is in store for those families who are on The Youth's Companion subscription list for 1918—a year of cheer.

There will be 12 glorious serial or group stories, ranging from a girl's war story by Grace S. Richmond and Indian adventures by James Willard Schultz, to the unrivaled tales of former days by C. A. Stephens.

The charm of the Companion stories lies in the fact that whether they are especially written for boys or for girls, everyone enjoys them to the full. Then there are special pages for the Family, Boys, Girls, and even for little children—while the Editorial Page, Current Events and a Doctor's Corner supply all the requirements of the family for good reading. And this particular feast can come from no other source.

The Companion alone is \$2.00, but by special arrangement new subscribers for the Companion can also, by adding only 25 cents, have McCall's Magazine for 1918, both publications for only \$2.25.

This two-at-one-price offer includes:
1. The Youth's Companion—52 issues in 1918.
2. All remaining 1917 issues of the Companion free.
3. The Companion Home Calendar for 1918.

All for only \$2.25.
THE YOUTH'S COMPANION,
Commonwealth Ave., Boston, Mass.
New Subscriptions Received at this Office.

George Stevenson this week moved into the property recently purchased from his father as administrator of the estate of Hannahah Stevenson, deceased. This is one of the best pieces of property in Heppner and will make Mr. Stevenson and his family a splendid home. Uncle Andy will make his home with George and his family. He expects to go to California shortly for a visit with his daughter, Mrs. Emma Davis, who lives in Oakland, and will probably remain there during the winter months.

Dr. J. G. Turner, the well known eye specialist of Portland, will be at Palace Hotel, Heppner, again on Tuesday, Nov. 13th, one day only. Dr. Turner is a specialist of experience and standing and you will make no mistake in consulting him about your eyes and glasses. Headaches relieved, cross eyes made straight, satisfaction guaranteed. Dr. Turner makes a specialty of fitting the Kryptok invisible bifocal, for distant and near vision, all in one light, solid piece of glass. Don't forget the date. Consult him in Ione Monday Nov. 12, in Heppner Tuesday, Nov. 13th.

W. L. Barlow of Fairview visited Heppner Monday. Mr. Barlow has been putting in some grain which is coming up nicely, and states that a number of his neighbors are busy with seeding. The rains of this week have been quite beneficial and seeding will now be general throughout the wheat belt.

Wm. Perry returned home from Yamhill, Oregon, where he has been spending the summer, on Monday. He expects to remain in Heppner for some time before going out to work.

SAVE THE WHEAT.

Get the "Eat More Corn" Habit at Breakfast Time—Recipe for Corn Pancakes.

Order a "stack of corn" or a "stack of kafir" instead of a "stack of wheat" cakes at the hotel or restaurant. Pancakes made of corn or kafir corn or one of these grains with a little wheat flour are fully as palatable and nutritious as cakes made of wheat only, say food specialists of the United States Department of Agriculture. Millions of wheat cakes are consumed at the American breakfast table every morning. Get the "stack of corn" habit and save the wheat.

The department is urging restaurants and hotel proprietors to instruct their chefs to prepare and have ready for use batter for corn cakes each morning so that patrons may order corn cakes instead of wheat cakes. Corn cakes have always been popular on the family table. By featuring the "stack of corn" cakes on their menus it is believed patrons will be glad to form the "eat more corn" habit at breakfast time.

Corn cakes with sirup are appetizing and satisfying. The following recipe is recommended:

Corn meal pancakes:
1 cup corn meal; 1 cup flour (wheat); 2 teaspoons baking powder; 1 teaspoon salt; ½ tablespoon sugar; 1 tablespoon melted butter; 1 egg; 1 cup milk.
Mix the dry ingredients, add melted butter, well-beaten egg, and milk. Bake like ordinary griddle cakes.

Corvallis Gazette-Times: Think of Oregonians paying 11 cents a quart for milk, but that is what Corvallis is up against. High feed, an expensive delivery system, stringent supervision laws and ordinances forbidding town people keeping cows are causes contributing to this condition.

Cutting spruce logs and sawing same for alrship material for government contracts has so far been blocked by strikers, and government may take over the spruce timber industry.

Hurt by Vicious Bull.

John Wightman was very seriously injured late last Thursday evening by being attacked by a vicious Jersey bull at the Alfalfa Lawn Dairy ranch below Heppner. The animal took Mr. Wightman by surprise, coming upon him from behind and knocking him down. Mr. Wightman received very severe injuries, his thigh being gored, his spine injured just below the neck, and the skin and flesh torn from portions of his face. A brother near by rushed to John's assistance and no doubt was the means of saving his life from the infuriated animal. It took some hard work to force the bull away as he seemed determined to finish the job he had started. Dr. Winnard was immediately called to administer to the injured man, and Mr. Wightman is now reported out of danger and improving rapidly.

Puts Up Fine Hay Crop.

A. Henriksen, of Cecil, was a pleasant caller at this office while in town Friday last. Mr. Henriksen purchased the W. B. Ewing place below Cecil last Spring, and has recently finished putting up his hay crop, which measures 900 tons of alfalfa and he has been traveling over portions of Eastern Oregon to pick up some cattle for feeders. Having just returned from this trip he is full of information concerning stock conditions on the outside. Mr. Henriksen found that cattle are being disposed of in very large numbers and sent to the markets because of a scarcity of hay and owners are not disposed to pay the price being demanded. It is the opinion of the gentleman that these people are making a grave mistake, as the price of hay at this time is not out of proportion to the price being received for cattle and they should manage to keep their stock cattle for the needs of the immediate future. Mr. Henriksen reports feed as being fine on his place in the mountains and all stock should winter well in this section.

Albina Engine and Machine Works launched the steamship Margit Nov. 3. But for the shipyard strikes Portland would have launched two ships a week for the past ten weeks.

When it is Time to Eat
JUST REMEMBER!
The O. K. Restaurant
CAN PREPARE THE MEAL THE WAY YOU WANT IT. OUR EXCELLENT SERVICE IS MAINTAINED TO GIVE UTMOST SATISFACTION
We Invite Your Patronage

Springs Are Sold.
Mr. Waters was here Thursday and reported to the Eagle that he had just sold the Mt. Vernon Hot Springs to Frank Noble of Heppner. Mr. Noble has taken possession and will conduct this popular pleasure resort.—Canyon City Blue Mountain Eagle.

Some Good Spuds.
Lish Watkins left at this office Saturday a hill of Early Vermont potatoes from his place up Willow creek. There were 13 fine tubers in the bunch, smooth and of even size and weighing 9 pounds. For this season this is a splendid yield and is a fair sample of Mr. Watkins' potato crop. The spuds are an excellent variety and this crop was produced without any irrigation, which adds to their quality.

Sells Ione Garage.
John Bryson, who for a number of years past has been running the big garage at Ione, has disposed of this property to Chas. O'Neill and retired from the business. Mr. O'Neill has been head mechanic in the garage most of the time since Mr. Bryson started business in Ione. He is an excellent hand at the business, and with a mighty fine young man, and this paper bespeaks for him the success he deserves. Mr. Bryson will not engage in business, for the present, at least.

Prospector's Notice
We can handle commercially workable deposits of:
Chromite Manganese
Strontia Magnesite
Silica Salts Alkali
We will make free test. Send samples and full description of deposit.
Chas. A. Newhall Co., Inc.,
Industrial Chemists
1810 Westlake Ave., Seattle, Wash.

VULCANIZING
We do all work from the smallest patch to re-treading. Expert mechanics, and all work guaranteed.
SEND YOUR TIRES BY PARCEL POST
Arlington Vulcanizing Works
TONY CIVITA, Prop. Arlington, Ore.

MT. HOOD ICE CREAM
Pure -:- Delicious -:- Refreshing
Something Special Every Sunday
ALL SOFT DRINKS SERVED HERE
THE VERY BEST
THE PALM
LOWNEY'S CHOCOLATES BEST CANDIES

WE SELL PURE WHITE FLOUR—NONE BETTER
HEPPNER FARMERS' UNION WAREHOUSE CO.
WE HANDLE WHEAT AND WOOL. HIGHEST PRICES PAID FOR HIDES AND PELTS.

People's Cash Market
Phone Main 73
Wholesale and retail dealers in
FRESH AND CURED MEATS
Prompt attention given all orders.
HENRY SCHWARZ, Proprietor

Dr. Gunster
Graduate Veterinarian
at
PATTERSON & SON
Drug Store

A Coffee Tip
ONE WAY TO HELP REDUCE THE HIGH COST OF LIVING
Everybody wins but the "Tin Trust."
Do you know it costs 7 cents per pound to put Coffee in the tins?
That means you pay 40 cents for a 30c. to 33c. Coffee, or 20% waste, as the cans are useless to you.
To get as near 100% food value for your money as possible, try our **BULK COFFEE.**
WE WILL GRIND IT FOR YOU ON OUR NEW ELECTRIC COFFEE GRINDER
A Complete Stock of both Bulk and Package Coffees
PHELPS GROCERY Co.

L. MONTERESTELLI
MARBLE AND GRANITE WORKS
PENDLETON, OREGON
FINE MONUMENT AND CEMETERY WORK
All parties interested in getting work in my line should get my prices and estimates before placing their orders
ALL WORK GUARANTEED