

COMING TO OPERA HOUSE

Royal Filipino Band

8-Men-8

...REAL MUSICIANS...

Wednesday, Oct. 2 at Ione

Thursday, Oct. 3 at Heppner

Instrumentalists That are Really Great

**Big Dance After Show
AT BOTH PLACES**

Friday and Saturday at the Star Theater

"THE BOY GIRL"

Featuring VIOLET MERSEREAU, a Big Blue Bird

Sunday--Special Vitagraph, "THE DESTROYERS"

BY JAMES OLIVER CURWOOD

PUBLIC SALE

We, the undersigned, will sell
at Public Auction on

Tuesday, October 2, 1917

At the old Holloway place 2 miles east of Morgan, to the
highest bidder, the following described property:

10 HEAD OF HORSES :

- 2 MARES, weight 2800 pounds.
- 1 YEARLING, weight 1500 pounds.
- 1 GELDING, weight 1350 pounds.
- 1 GELDING, weight 1200 pounds.
- 2 GELDINGS, weight 2300 pounds.
- 14-year-old MARE, weight 1300 lbs.
- 1 5-year-old MARE, weight 1150 lbs.
- 1 SADDLE HORSE, weight 1000 lbs.
- 2 COLTS.
- 2 CHOICE MILK COWS. One fresh last June, the other coming fresh December 1, 1917.
- 14 HEAD HOGS. 3 large sows and 11 pigs 3 months old.

- 1 NEW PEORIA DRILL.
- 1 26-inch WOOD HARROW.
- 1 STEEL HARROW.
- 2 WAGONS.
- 1 BUGGY.
- 1 HEADER BOX.
- 1 2-bottom JOHN DERE PLOW.
- 1 5-bottom JOHN DERE PLOW.
- 1 FANNING MILL.
- 7 SETTS HARNESS.
- 1 SADDLE.
- BLACKSMITH TOOLS.
- EMERY STAND AND STONE.
- 1 155-gallon DISTILLATE DRUM.
- HOUSEHOLD GOODS and other articles too numerous to mention.

Terms of Sale: On all sums less than \$10, cash in hand. Over \$10 bankable notes, 8 per cent interest, payable after date. 5 per cent off, sums less than ten dollars.

FREE LUNCH AT NOON

HOWTON & WICKHAM, E. E. MILLER,

OWNERS

AUCTIONEER

PERSONAL MENTION

Mr. and Mrs. W. E. Severance and daughter Miss Sylvia passed through Heppner Wednesday on their way to Banks, Washington county, where they will make their home in the future. The Severances lived in the Hardman country for several years, but Mr. Severance recently rented his ranch to Glen Farrens, disposed of all his stock and farm equipment and intends to take life more easy from now on. Their many friends here wish them well in their new home.

J. B. Huddleston, local agent of the O.-W. R. & N. Co. has grown tired of walking the long distance from the depot up town so has purchased a new Ford. J. B. hasn't mastered all the traffic regulations yet, but he gets there just the same.

Samuel Swanson of Portland is spending a few days in Heppner on business. Mr. Swanson owns considerable wheat land in Eastern Oregon and desires to dispose of some three hundred and twenty acres in Sherman county.

Dr. W. H. Lytle, State Veterinarian was called up from Salem this week to look at some sheep infected with the scab. The sheep will probably be dipped at once to prevent any further spreading of the disease.

Mrs. Cora Elliott of Butter creek has filed suit for divorce against her husband, Frank Elliott. She charges cruelty. Mr. Elliott is now held in the county jail on a charge of assault.

C. R. Rice and Conrad Bellenbrock are over from their homes in the Monument country this week. Both formerly farmed in Morrow county.

Misses Isabel and Hannah Wilson, Florence Ralston and Messrs. Marshal Phelps and Alva Jones were Round-Up visitors in Pendleton last week.

Handsome new bungalow for sale, situated on north end of Gale street. Modern in every respect. For terms see J. W. Johnson.

Luther Huston was a passenger out of Heppner Wednesday, bound for Salem, where he will attend the State Fair.

The Bones of the Body And How They Affect Health.

Any intelligent person knows that the bones of the body must be properly developed and in correct relation, part to part, if the body is to be normal in shape, but comparatively few recognize that correct relationship of the parts of the body is essential to normal functional activities. That faulty body structure is one of the great causes of human disease has been established by the science of osteopathy and has been abundantly proved in osteopathic practice; and when the mechanisms and the activities of the body are examined with this truth in mind, the fact becomes so self-evident that one wonders it was so long neglected in the diagnosis and treatment of disease.

How "Bad Mechanism in Our Joints" Makes Sickness and Why Correct Structure is the Foundation of Good Health

While the word "osteo" means bone, osteopathic science and practice does not deal with bones only, but includes the entire structures of the body: muscles, tendons, ligaments, blood vessels, nervous tissues, membranes, organs, skin, etc. The adjustment of bones does not play any more important part in osteopathic practice than does the adjustment of other tissues such as the ligaments and muscles. Those variations of bones from their correct or normal position, to which osteopathy gives its special attention, are usually very slight, but it is the effect of these slight deviations on surrounding tissues which makes them so important. Ligaments and muscles get strained and sore, then thicken and harden. Nerves and blood vessels which interlace these ligaments and muscles, become pinched and their currents obstructed. Nerve action and circulation are impeded and stagnated and then follows abnormal functioning of one organ or another and the distressing symptoms and conditions designated as diseases under various names. Faulty body structure interferes with nerve flow and blood circulation. Without proper nerve stimulus; consequently, correct structure is the foundation of good health.

In the September issue of Osteopathic Health, which is an illustrated number, the structure of the body and the theory of osteopathy in regard to the effect on health of malpositions of bones is explained in a very lucid manner. It tells about the bones which are most liable to slight misplacements that may cause grave disorders to health and why it is that misplacements of these particular bones, if not corrected, must inevitably lead to disease conditions.

You can get a copy of Osteopathic Health from any osteopathic physician for the asking. Do it today. You will be interested in the information the magazine gives you about the body and about osteopathy, even if you are not a victim of ill health.

Hoover Approves

KEEP ICE IN YOUR ICE BOX THE YEAR ROUND

MOST EFFECTIVE WAY
OF REDUCING HIGH
COST OF LIVING.

SAVES EVERY MORSEL OF THAT
HIGH PRICED FOOD STUFF.

PHONE MAIN 362

Heppner Ice & Soda Works

J. B. SNYDER, Proprietor

QUALITY - QUANTITY - SERVICE

Tash & Akers

Successors to

VAUGHN & SONS

Dealers in

General Hardware

Plumbing a Specialty

We have secured the services of a professional plumber and will be in a position to give you satisfaction in all lines of plumbing work.

Shelf Hardware, Stoves, Tinware

Homestead Relinquishments

FIVE OR SIX

SEE ME BEFORE MAKING FILINGS

Grain Insurance

I ALSO CARRY AUTOMOBILE INSURANCE, AND ALL OTHER KINDS OF INSURANCE AND BONDS.

ROY V. WHITEIS

The Insurance Man
Heppner, Oregon

Three Times Secure

GOVERNMENT Regulations; the most approved Vaults and, Conservative Management form the combined protection for funds deposited at the Farmers & Stockgrowers National Bank. You will find the first fool-proof, the second fire and burglar proof and the third error-proof.

Careful attention to the needs of all patrons—is our policy.

INTEREST ON SAVINGS AND TIME DEPOSITS

THE FARMERS & STOCKGROWERS NATIONAL BANK
Heppner, Oregon

The G.-T. Job Printing Satisfies