

MRS. CHARLOTTE DESPARD



Mrs. Charlotte Despard, sister of Field Marshal Lord French, has announced herself as a candidate for parliament in the October elections. Mrs. Despard, who is a prominent factional figure in Irish troubles, is president of the Women's Freedom League and was a pioneer in the fight for women's suffrage in England.

COLD DRINKS ON HOT DAYS

Belief That They Were Highly Dangerous Is Not as Generally Held as Formerly.

Medical men have their folklore, as have the people at large. Mistaken ideas, sanctioned by time, die hard, even among so-called men of science. In the differentiation of diseases and the sorting of causes and effects it is little wonder that there should have arisen confusion of ideas that to a degree still persist.

There is a general belief that it is highly dangerous to drink cold water in warm weather when we are very warm, and in a much recommended book on dietetics of the present century the warning against this practice is down in black and white.

If we trace this teaching to its origin, we find that the fatalities that occurred from this practice always happened when the temperature of the air was 85 degrees or upward. The symptoms described are those of sunstroke or heat exhaustion, and the clinicians of the day had confused, or rather not yet differentiated, the effects of heat suppression and the very different experience of giving the interior of the stomach a cold bath.

So strong was the belief that the taking of a cold drink, and not the inability to get rid of heat, was the cause of those pathological catastrophes of hot weather that in one of our largest cities a century since the humane society placed printed posters on the public pumps, warning the hot and thirsty to pause before imbibing and hold the cup in the hands until some of the dangerous cold was extracted from the water. Very different from what a humane society might be doing in this day.—New York Medical Journal.

BASS ALWAYS A WANDERER

Fish Has No Special Abode, but Seeks Places Where Food is the Most Plentiful.

The bass, both large and small-mouthed, is a roamer. He is always looking for the place where the most food is, and is fond of variety. You can fish for him night or day, as he is a 24-hour feeder, but early morning and late afternoon are the surest times to get him right.

He is an active rogue, and continually rising from the bottom to the surface, at times jumping above the water in pursuit of food. He changes his home and feeding ground as the season passes. In the spring he is found in shallow water in streams and rivers, below rapids and riffles, and as the water warms up he moves to deep pools sheltered by logs, weeds or ledges. During the summer, he migrates to greater depths, where the water is cool.

The same is true of the lake bass. In the spring he frequents the shallow places, but later he goes into the weeds and lily pads. The small-mouth bass favors stony bars or shoals varying in depth from 2 to 40 or 50 feet, while the large-mouth prefers weeds and muddy bottoms.

Mars Green as Well as Red.

A few weeks ago we mentioned that an English astronomer had gone to Tenerife to make observations of Mars during the planet's nearest approach to the earth for the past 13 years. Mr. P. Ryves recently sent the following message to a London paper: "My instruments have been installed at Izana at an altitude of 8,000 feet. The sky is cloudless.

"Mars has been observed at about the time of its least distance from the earth. Snow around both planet's poles is abundant. The south temper-

ate regions are dark and pronouncedly greenish. "The rest of the side of the planet now visible shows little detail, but there are red color marks suggesting clear, dry weather over this part of Mars."—Montreal Family Herald.

SHERMAN A. CUNEO



"From Printer to President" is the story of the life of President Harding, as written by a lifelong friend and fellow-editor, Sherman A. Cuneo of Columbus, O., who is now connected with the prohibition office of the bureau of internal revenue. The book takes up the ancestry and early days of the President, his success in printing, insurance, advertising and publishing.

LEGAL NOTICES

NOTICE OF SHERIFF'S SALE

In the Circuit Court of the State of Oregon, for the County of Morrow. John F. Vaughn, Plaintiff

vs. Irvin Wilkos and Ben Juday. Defendants

Notice is hereby given that by virtue of a judgment, executed, and order of sale, issued out of the Circuit Court of the State of Oregon, for Morrow County, to me directed, in the case in said Court, wherein John F. Vaughn, as plaintiff, procured a judgment against Ben Juday, defendant, on the 6th day of October, 1922, in the sum of \$493.00 and the further sum of \$50.00 attorney's fees, and \$12.50 costs. I will on the 30th day of December, 1922, at the front door of the County Court House, in Heppner, Morrow County,

State of Oregon, at the hour of 10 o'clock a. m. of said day, sell at public auction to the highest bidder for cash, all of the following described real property in Morrow County, State of Oregon, owned by the defendant, Ben Juday, to satisfy the above judgment, attorney's fees, costs, and accruing costs, to-wit:

Lots 1, 2, 3 and 4, the Southeast quarter of the Northwest quarter, the Southwest quarter of the Northeast quarter of Section 2, Township 1 South, Range 24 East W. M.

Said sale will be made subject to the confirmation of the Circuit Court of the State of Oregon for Morrow County.

GEORGE McDUFFEE, Sheriff of Morrow County, State of Oregon.

Date of first publication Nov. 28, 1922. Date of last publication, Dec. 26, 1922.

NOTICE FOR PUBLICATION

Department of the Interior, U. S. Land Office at The Dalles, Oregon, November 8, 1922.

Notice is hereby given that John J. McDonald, of Hardman, Oregon, who, on Oct. 26, 1920, made homestead entry, No. 029203, for W 1/4 N E 1/4, Sec. 30, T. 5. S., R. 25 E.,

Lots 2, 3, NE 1/4 SW 1/4, NW 1/4 SE 1/4, SE 1/4 SE 1/4, Sec. 5, SE 1/4 NE 1/4, Section 6, Township 6, S., Range 25 E., Willamette Meridian, has filed notice of intention to make final Proof, to establish claim to the land above described, before J. A. Waters, United States Commissioner, at Heppner, Oregon, on the 20th day of December, 1922.

Claimant names as witnesses: W. A. McCarty, Lotus Robison, Raymond Steers, Robert Steers, all of Hardman, Oregon.

29-34 J. W. DONNELLY, Register.

NOTICE TO CREDITORS

Notice is hereby given that the undersigned has been duly appointed by the County Court of the State of Oregon for Morrow county, as Executrix of the Last Will and Testament of W. O. Minor, deceased and that she has qualified as such.

All persons having claims against the said estate must present them to the undersigned, properly verified, at the office of Woodson & Sweek, attorneys, in Heppner, Oregon, on or before six months from the date of the first publication of this notice.

Date of first publication October 31, 1922. MAHALA MINOR, Executrix.

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