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The American Legion

(Copy for This Department Supplied by the American Legion News Service.)

ALL KNOW JACK WILLIAMS

Adjutant of North Dakota Legion Department Acquired Popularity While Serving as Newsie.

Everybody in North Dakota, and not a few in bordering states know Jack Williams, adjutant of the American Legion department, and his resonant voice. Williams acquired both his popularity and his voice by crying "Extra, extra, all about it" on the streets of Fargo, N. D., for six years.

While newste, Williams conceived a monopoly on all the city's evening papers which brought all the other boys into his employ and made money for him. Later he branched out and worked in a newspaper press room. He worked up to pressman, a position he was holding when he enlisted in the Third Engineers for the war.

Forced to quit school while in the fourth grade, Williams obtained a good education on the streets and by night study. At twenty-one years old he was president of the Fargo Trades and Labor assembly, a post he resigned to enlist. He went into the army as a private and came out with the same rank. He was the first state adjutant of the American Legion department.

POST SELECTS THIS BEAUTY

Puget Sound Organization Chooses Miss Hazel Jordan as One of Their Prettiest.

A dip in refreshing ocean water every day during the summer and every week, at least, during the winter, makes for the sparkling eyes and exceptional beauty of Miss Hazel Jordan, recently selected by the American Legion of Seattle, Wash., as one of the three most beautiful girls in the great Northwest.

Because of the cool, moist air which blows the year around, because they swim, skate, ski, float and fly and do everything else that a real live American girl is supposed to do, the beauties of the Northwest far surpass those of any other section of the United States, the Legion of Seattle holds. All these advantages obviate the use of rouge, powder, the lipstick and paint, too, they declare.

Miss Jordan lives in Everett, Wash., on the eastern shore of Puget sound. She was the only one of the three girls who would tell, willingly, her age. She admits eighteen years.

KILLED BY SHELL FROM WAR

Ammunition Expert Is Almost Blown to Pieces in His Own Home at Indianapolis.

Although he had gone through the World war unscathed and had qualified as an expert in handling artillery ammunition, Frank M. Kinne, Indianapolis, Ind., recently was nearly blown to pieces in his home by a three-inch shell he had brought from France. After having served in an exhibition squad which gave demonstrations of how shells were unloaded and exploded, Kinne was unloading his souvenir shell when the fatal accident occurred.

Kinne's little home was wrecked, but his mother and sister, sleeping in an upstairs room, miraculously escaped injury. The local post of the American Legion, to which the soldier had applied for membership following his recent discharge from the regular army, gave him a military burial.

Special Rates to Convention.

Sixteen railroad lines touching 27 states have granted one-cent-a-mile fare to the third annual convention of the American Legion in Kansas City, Oct. 30, 31, and Nov. 1. Rate reductions have been made by the following railroads: Missouri Pacific; Kansas City Southern; Frisco; Rock Island; Chicago, Milwaukee and St. Paul; Wabash; Illinois Central; Chicago Great Western; Chicago and North-western; Burlington, Chicago and Alton; Santa Fe; Chicago, Peoria and St. Louis; Missouri and St. Louis; Missouri, Kansas and Texas and the Union Pacific. The one-cent-a-mile fare zone is bounded by Denver, Minneapolis, Buffalo, N. Y., Savannah, Ga., Jacksonville, Fla., Birmingham, Ala., New Orleans and Port Arthur, Tex.

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Save and Invest

Two things are important if you want to reach the goal ahead—Save and Invest.

Even small savings, made regularly, will eventually grow into a moderate fortune and bring you a comfortable income.

Make your start at the First National Bank, even though it is with One Dollar. Follow up your start with vigor—this gets results. Savings invested here are safe; they grow more rapidly when you add the interest earned.

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Stories of Great Scouts

By Elmo Scott Watson

"JOHNNY APPLESEED," SCOUT WHO PLANTED ORCHARDS

Not all of the great scouts were Indian fighters. In contrast to the career of Lewis Wetzel, who was something of a professional Indian killer, is the life of John Chapman or "Johnny Applesseed." Chapman never killed an Indian in his life, but he probably saved as many white men from death at their hands as Wetzel did.

Chapman first appeared on the Ohio frontier in 1806. He came floating down the Ohio river in a canoe, towing another, and both boats were loaded with apple seeds from the cider mills of Pennsylvania. His purpose was to plant the seeds in the wilderness so that orchards would be started for the settlers when they arrived there to make their homes.

For the next 30 years he went everywhere up and down the Ohio country, planting seeds, going from one orchard to another, pruning and caring for the young trees. He was a welcome visitor in the log cabins of the settlers for he always carried a Bible and some books from which he would read and preach to them before the blazing fireplaces in the evening.

Johnny practiced his teachings of humility and kindness. He never killed anything for food. He carried a kit of cooking utensils, including a mush pan, which he sometimes wore as a hat. Usually he wore a broad-brimmed black hat, but a coffee sack with arm holes cut in it was his only coat.

White men called him "queer," for he often went barefoot in winter as well as in summer, but the Indians said, "He has been touched by the Great Spirit." He went everywhere among them unharmed, for the fact that Johnny never carried a gun convinced them that he was under the special protection of the Manito.

During the War of 1812 when the British were overrunning the Ohio country, Johnny Applesseed performed his greatest service for his people. In his wanderings among the tribes he often learned of their plans for attacks on the settlements. Where no other white man could have gone, Johnny passed in safety and more than once he carried warnings to the settlers, giving them time to prepare for defense before the red invaders swept down upon them.

All this time Johnny Applesseed was carrying out his cherished dream of making Ohio bloom with fruit trees and many of the finest orchards in that state today owe their beginnings to this strange man. In his later years Johnny left the country which he had helped beautify and went to live with a relative in Fort Wayne, Ind. He died in 1847.

THE KITCHEN CABINET

There must be no stint of labor where labor will tell for our neighbor's happiness, but no wasteful extravagance of it where it will not profit.

SOMETHING TO EAT.

When fresh milk is not available why not use condensed or evaporated milk? A most delicate soup may be prepared with a can of unsweetened milk and a can of pea soup. Heat them together and serve piping hot.

Banana Ice Cream.—Peel and mash six bananas, add the strained juice of half a lemon, one and one-half cups of sugar, beat to a cream. Dilute two pint cans of condensed milk with one quart of water, and combine with the fruit mixture. Freeze, using one-third salt and two-thirds ice.

Cereal Pudding With Prunes.—Take one cupful of cooked cereal, two cupfuls of sweet milk, two tablespoonfuls of butter, one-half teaspoonful of salt, the yolks of two eggs, sugar to taste, and flavor with a bit of lemon peel. Mix ingredients and cook slowly in a buttered baking dish. When firm remove from the oven and cover with stewed prunes from which the stones have been removed; spread over this the beaten whites of two eggs, to which a pinch of salt, four tablespoonfuls of sugar and a grating of lemon peel has been added. Return to the oven to brown. Serve with cream.

Rosy Macaroni.—Break half a package of macaroni into short lengths and cook until tender in boiling salted water. In the meantime open one pint of tomato soup and dilute it with one-half can of boiling water. Add to this one tablespoonful of minced onion, two tablespoonfuls of chopped celery, a pinch of ground cloves, a pinch of soda and two tablespoonfuls of melted butter. Drain the macaroni and blanch with cold water; add one tablespoonful of butter and two tablespoonfuls of cornstarch with this. Add the tomato soup mixture and cook until free from lumps. Have ready a cupful of grated cheese, butter a shallow baking dish and put in a layer of macaroni, cover with sauce and grated cheese and season with paprika and salt. Repeat until the dish is full. Cover with buttered crumbs and bake in a moderate oven thirty-five minutes. Serve hot.

Nellie Maxwell

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Not letters or telegrams but almost as personal as letters or telegrams.

The advertisements in this paper—they were written for you and printed for you.

You would not lay aside a letter or telegram without opening it.

Neither would you lay aside your newspaper without reading the advertisements.

Merchants and manufacturers are talking to you. They are telling you of their

goods and their wares and their services. They tell of opportunities. They give you invitations.

It is impossible for these merchants and manufacturers to send letters to all the readers of this paper.

So here in the paper today are the letters to the whole community—and to you as a part of the community.

Reading them will help you to economize and post you on store news just as well as if each advertiser sent you a personal letter.

Read them as if they came as personal letters to you

Up-to-Date Economy.
One little economy which all stenographers can practice is to chew their gum on both sides.

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There are two kinds of men—those who do what their wives tell them, and those who never marry.—Smart Set.

Oldest Danish Blood in Jutland.
The inhabitants of Jutland are believed to be the most genuine specimens of the old Danish stock.