

## Give Us a Fair Rate of Return

is a good slogan for any industry. But it is a very timely one right now for the electrical industry.

Everyone wants good electrical service and every one will get good electrical service, but they must be shown that unless a central station or lighting company is allowed to earn on a full and proper value and not on a depreciated value that central station or lighting company cannot continue to serve in a proper and efficient manner.

Let every man who has a stake in the industry take this fact to heart and convince his neighbors and friends. Put your shoulder to the wheel and then get every one to do likewise.

**Heppner Light & Water Co.**

## TWO RANCH SNAPS

50 acres allin alfalfa. Good water right, good new house. One and one half miles from school....\$6,000. Easy terms.

180 acres 4 miles from town. 50 acres in alfalfa, balance farm and grazing land. Good Improvements. Stock, machinery, and equipment included at only \$10,000. Easy terms.

Better See Me At Duce About These Fine Bargains

**ROY V. WHITEIS**

## THE BRICK

McAtee & Aiken, Props.

We Are Exclusive Agents in Heppner for

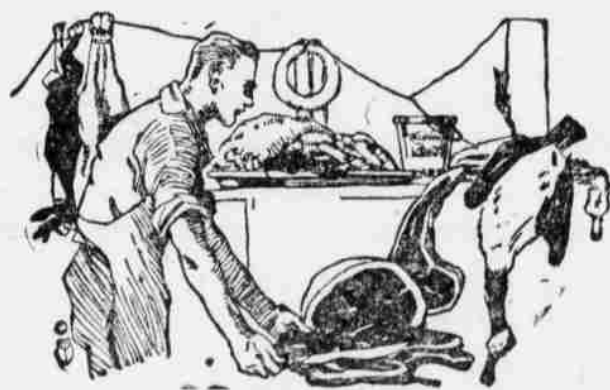
### Norman's Ice Cream

WATCH THIS SPACE FOR SUNDAY SPECIAL

SPECIAL FOR SUNDAY, JUNE 19

### Hazelnut Pudding

The Finest Product on The Market  
SPECIALS EVERY WEEK



## Fresh Pure Lard

We render fresh, pure lard three times a week and have reduced the price to 20C A POUND

Order a Strictly First-Class, Heppner-made Product

## Central Market

McNAMER & SORENSON, Props.

## Fresh Fruits and Vegetables

WE ARE HEPPNER'S HEAD-QUARTERS FOR ALL KINDS OF FRESH FRUITS AND VEGETABLES.

EVERYTHING IN SEASON WE KEEP

**Sam Hughes Co.**

## The KITCHEN CABINET

(© 1921, Western Newspaper Union.)

It is out of silence that all the marvelous things of human action, all the splendid things of human courage, all the sublime offerings of human faith, has sprung. When the great tree falls in a sudden storm, we find that, for all its external bravery, it was decayed and weak within. The real strength of human life lies there also.—S. J. Barrows, D. D.

### MORE GOOD THINGS.

Here is an oyster stew which is a "one meal in itself": Take one pint of tomatoes, one pint of oysters, two cupsful of diced potatoes, one pint of milk, two teaspoonfuls of salt, one-half teaspoonful of pepper, one table-spoonful of butter, one cupful of bread cubes and two cupsful of oyster liquor. Combine the tomatoes, potatoes and oyster liquor; cover with boiling water and cook until tender; add the oysters, milk, butter, and seasonings, and just bring to the boiling point; season, and when ready to serve, add the toasted bread cubes.

**Coconut Candy.**—Make holes in the eyes of a coconut and drain off the milk. There should be at least half a cupful. Break the shell, remove the meat and pare off the dark rind, they put the coconut through the fine knife of the meat chopper, or grate it. There should be about three cupsful. Add the sugar, milk and butter, and cook over a slow fire, stirring constantly until the mixture forms a soft ball when dropped in cold water. Remove, beat until it begins to thicken; add the flavoring, and pour into buttered tins. Cut into squares while still warm. If the dried coconut is used, add one cupful of milk to three cupsful of coconut and cook in the top of a double boiler until the coconut is soft. If the fresh is used, add three cupsful of brown sugar and a tablespoonful of butter to one-half cupful of the coconut milk. Flavor with two teaspoonfuls of vanilla just when taking from the stove.

**Virginia Apple Sauce.**—Take three cupsful of apple, three cupsful of cornmeal, one teaspoonful of salt and one cupful of water. Combine the chopped apple with the cornmeal using the yellow meal; add water and salt and mix well. Drop by spoonfuls on a greased baking sheet and bake in a moderate oven until the apples are cooked and the pone brown. Serve hot with syrup.

*Nellie Maxwell*  
**The KITCHEN CABINET**  
(© 1921, Western Newspaper Union.)

"We rise by the things that are under our feet.  
By what we have mastered of good and of gain,  
By the pride deposited and the passion slain,  
And the vanquished ill that we hourly meet."

### DESSERTS FOR THE FAMILY.

**Bavarian Prune Cream.**—To prepare Bavarian Prune Cream remove the stones and cut cooked prunes in bits. To one cupful of minced prunes add some juice. Soften one-third of a package of gelatin in one-third of a cupful of cold water; dissolve in a little of the prune pulp heated for that purpose, add one-fourth of a cupful of orange or grape fruit marmalade, the juice of half a lemon and two-thirds of a cupful of sugar; stir until the sugar is dissolved, then set into ice water and stir occasionally until the mixture begins to set, then fold in one cupful and a half of cream, beaten stiff, and the pieces of cooked prunes.

**Grape Juice Sponge.**—Soften one-fourth of a package of gelatin in one-fourth of a cupful of cold water and dissolve in half a cupful of hot grape juice; add two-thirds of a cupful of sugar, half cupful of cold grape juice and the juice of half a lemon. Stir over ice water until the mixture begins to thicken. Beat the whites of three eggs until light, then gradually beat the grape juice mixture into them. Continue to beat the mixture until firm, then dispose it a teaspoonful at a time in a mold lined with marshmallows cut in halves. Cut the other half of the lemon in slices and above each slice pipe some of the gelatin mixture. Use these to decorate the unmolded sponge.

**Peach Cobbler.**—Butter the outside of a custard cup and insert in the center of a deep pudding dish. Fill the space around with the peaches and sprinkle thickly with sugar. For the crust, take two cupsful of flour, four teaspoonfuls of baking powder, one-half teaspoon of salt, sift and rub in two tablespoonfuls of butter or substitute for butter. To three-quarters of a cup of milk add one beaten egg, mix, roll out and cover the peaches. Bake half an hour in a hot oven. Invert on a deep plate and the cup will be filled with a delicious syrup, to be used for sauce. Any juicy fruit may be substituted, fresh or canned.

*Nellie Maxwell*

## IS HAVEN FOR WEARY

Doctors, Taxes, Policemen Unknown in Tristan da Cunha.

Chaplain Tells of a Wonderful Island Where Lawyers and Pastors Never Invade.

Buenos Aires.—The island of Tristan da Cunha is described as "an unspoiled haven of rest for the weary soul, a Mecca for those who long for relief from worries of life," by the chaplain of the British cruiser Dartmouth, which has just returned from a visit to that isolated spot.

"No need to worry over money there, for there is none," said the chaplain. "There are no taxes, no doctors, no lawyers, no clergymen, no policemen, not even a head man. Newspapers and mail arrive, with luck, about once every two years."

"There is not even any medicine, for the last supply of remedies was thrown into the sea by the inhabitants, who are remarkably healthy. Epidemics are unknown."

"Tristan is a British possession in the South Atlantic between South Africa and South America. Its snow-capped peak towers nearly 8,000 feet above sea level. It is only 21 miles in circumference. The nearest inhabited place is St. Helena, 1,200 miles away. The island itself is of volcanic origin, the only habitable portion of it being a tongue of fertile land at the foot of the precipitous cliffs."

"Sufficient potatoes are grown in plots to meet the needs of the inhabitants. Cattle and sheep were introduced years ago and many cattle now run wild. Clothes are only to be obtained by bartering from ships that call. For protection to the feet the people make moccasins of bullock hide. Wonderful socks are made by the women from wool carded by themselves."

"From June to October of last year the people had been without bread, tea, coffee and sugar, but they all looked pretty well nourished."

The reason there is no bread is that fifty or sixty years ago a shipwreck near the island allowed rats to get ashore, so that since that time no wheat has been raised. But the men say that they are going to try again when the next mail in a year or two brings them some seed wheat. In the meantime they are in no hurry; if there isn't any bread they can be contented on potatoes. And, to supplement their potatoes, fish are abundant, and cattle and birds with their eggs, and seals. They want for many things, says the chaplain, nevertheless there appears to be little discontent, and few ever wish to leave the island.

### GOING TO SEA IN BOWL



What is that old story about going to sea in a peanut shell? Almost the same thing here, only a brass kettle takes the place of the peanut shell. In some parts of India this conveyance is used by travelers for fording shallow streams. The mystery about the picture is to find the man's legs. Are they sticking through the bottom of the pot or has he in some unexplained manner been able to double them up under him? It's a curious puzzle.

### SAXOPHONE LURE HITS ARMY

All Band Recruits at Columbus Barracks School Express Preference for "Jazz."

Washington.—The lure of the saxophone has hit army musicians hard. Reports from Leader Weber, chief of the band recruit school at Columbus Barracks, Ohio, to the war department, say he is overwhelmed with requests for instruction in producing "jazz" melodies on this instrument.

Leader Weber was enthusiastic about the progress of his 100 recruit hornblowers, but the department said other inhabitants of the reservation took a different view. The bandmen have been lodged in a bombproof building, "where all manner of strident harmonies can be practiced in safety."

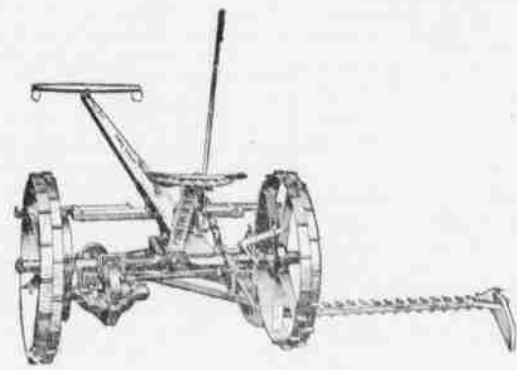
### SUICIDE RATE IS 15 A DAY

Cold and Hunger Cause Many to Seek Death in Budapest, Says Statement of Police.

Budapest.—Cold and hunger are causing an average of 15 suicides daily in this city, according to an official statement by the Budapest police. A recent suicide was a former army officer who brought home a scant supply of wood and provisions, kissed his wife and three children and then took poison.

Another former officer drew his monthly pension of 500 crowns, used it in buying one ample meal at a restaurant, and then went home and hanged himself.

## Hay and Harvest MACHINERY



WE Carry the Famous

## I. H. C. LINE

Mowers, Rakes, Headers, Binders, and Threshers.

Better look up your repair needs Now and avoid costly delays after you start cutting.

## GILLIAM & BISBEE

"We Have it Will Get it Or it is Not Made"

## IF YOU WANT

Clothes that wear and are becoming to you, step into the Heppner Tailoring and Cleaning Shop. We have just received some new goods. More are on the way

**G. FRANZEN**  
Proprietor

## To the Man Without a Bank Account:

EVEN if your business is such that you have gone without a bank account, the idea is EVERY TIME you give your check you make a legal, indisputable record of that transaction.

WE WILL APPRECIATE AN OPPORTUNITY TO SERVE YOU

## Farmers & Stockgrowers National Bank

HEPPNER, OREGON.

**Taught by Experience.**  
Dr. Samuel Johnson, the man who first said, "Hell is paved with good intentions," was a man who endured the severest poverty, and was always put off by those whom he asked for support, only to be told after he became famous that they had intended to help him.

**Swelling New York's Population.**  
New York's population would be 50,000,000 instead of 5,000,000 if they counted all of those who registered from New York at the small town hotels.—Southern Lumberman.

**Beeswax Finish.**  
To try this method of covering the cracks in furniture soften beeswax until the consistency of putty, then press it into the cracks very firmly, smoothing the surface over with a thin knife. The surrounding wood should then be sandpapered with fine sandpaper, working some of the dust into the beeswax.

**A Texas Iconoclast.**  
Our guess is that when the promises to love, honor and obey is just as earnest as when she the bridegroom's folks.—Dallas