

THE HEPPNER HERALD AN INDEPENDENT NEWSPAPER

S. A. PATTISON, Editor and Publisher

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A FIGURE OF SPEECH

The term, "Dead flies in the ointment," is a figure of speech and well known. Its expression had its origin in the Bible and is found in the first verse of the ninth chapter of Ecclesiastes.

The term has been used by writers for ages in a figurative way meaning that some particular thing, in relation to a given subject or matter, is a cause of trouble and complaint.

The Herald used the expression a couple of weeks ago while discussing the lone taxpayers meeting in an editorial with the intention of conveying the thought that perhaps the failure of the highway builders to build the highway through lone's principal street was the main cause of complaint at that meeting. We had no thought that Mr. Mason or the editor of the Gazette-Times or anybody else would take the term literally and distort our meaning into a personal reflection on Mr. Mason or the town of Lone and in order to set ourselves right in the eyes of both our critics we will here state that we had no intention of even intimating that there were any flies, dead or living, on Mr. Mason or on the town in which he resides.

Mr. Mason, however, insists on terming the figure of speech a "zap at lone" which it wasn't. The editor of the Gazette-Times also seems to have taken the matter seriously and chides the Herald for "bringing up" a subject that the people of lone are sensitive about, although, as a matter of fact, if the report of the lone meeting, as published in the Gazette-Times was correct, Mr. Mason "brought up" that matter when he charged that because of "spite work" the highway was not built up Main street. Mr. Mason now explains that the "spite work" came Mr. Vinton, the engineer in charge of the highway construction but according to the published reports of the meeting the criticism at that time was almost entirely directed against the county court.

Our critics are both reminded that the Herald has expressed no opinion regarding the merits or demerits of the location of the highway through lone. That matter was one to be threshed out and settled between the people of lone and the state highway commission and as we understand the situation it has been settled. If lone has not been treated fairly it is a matter of regret to all fair minded people.

The point the Herald has stood for is that the county court is not responsible for the location of the highway and should not be blamed for something over which they had no control.

The Herald is not in possession of the information regarding the operation and accomplishment of the caterpillar on Rhea creek grade that Mr. Mason requests but if he will secure the data from an authoritative source we will be glad to publish it.

Mother Nature Meant Man to Earn His Bread by the Sweat of His Brow.

By REPRESENTATIVE JOHN Q. TILSON, of Connecticut.



Nature meant us to earn our bread by the sweat of the brow, and if a man does that nature generally gets him in good physical condition. But if he forgets all this, rubs instead of walking, confines his energies to a swivel chair, stays within the four walls of a room, persists in the belief that he is the exception to every other animal that nature made, she soon begins to exact her penalties of him. He finds his resistive power lower. He finds he has more weight and less muscular strength to carry it. He dislikes exercise, because it tires him, and the less he exercises the more the deterioration goes on. Soon every organ partakes of this slackness. With his work comes worry and with that worry an irritable condition of the nerves. Suddenly he is brought up with a round stop and learns from his doctor that something is wrong with him.

Then begins the pursuit of health, and vacations, which formerly were a pleasure to him, are full of the foreboding and wondering whether he will be all right in a month or six months. And all this can be prevented not by orgies of exercise, not by doing things to such an excess as to still further load the vitality and the resistive force, but by constant small doses daily of a moderate exercise, which takes nothing out of a man but exhilarates him and is after nature's own methods, which consists in gradual rather than violent changes. With the improvement that comes from this moderate exercise his will power strengthens and his appetite becomes more normal, so that he can more readily control it and eat in moderation and enjoy that food. And in proportion as he practices temperance, just so much does his mental and nervous tone improve. And he soon finds that there is double the enjoyment in the kind of eating he does when vigorous and under self-control than that which he practiced before. Every part helps a part, and when the circle is a vicious circle it leads around to greater deterioration, and when it is a beneficial circle it leads around to better and better improvement in all respects.

The average man knows enough to take care of inanimate machines, to see that they have oil, to see that they are not run badly or in an imperfect condition. The average man will see that his horse or his motor car is properly taken care of. He will insist that his boys at school have proper exercise and sports. When it comes to himself he feels that he can take any liberty or license, forget all the dictates of health, and yet expect to go on with his work just the same.

Advertisement for 'It's toasted LUCKY STRIKE CIGARETTE' featuring a circular logo and the brand name.

MOST ANYTHING Soft summer breeze, whispering trees, stars shining brightly above, moonbeams peering all around. It may be true that love is blind, but be careful; the neighbors have rather keen eyesight.

Red sex: "Good bye."

SINNOTT HAS MEASURE TO INCREASE FORESTS

(Telegraph Washington Bureau) WASHINGTON, April 16.—Congressman Sinnott has introduced in the house the following bill: To authorize the president to consolidate the offices of register and recorder in United States district land offices.

To add certain lands to government's national forest, Oregon. (1) side of 28-28-28, same as is approved by the forest service.

Amending joint resolution giving to discharged soldiers, sailors and marines a preferred right of homestead entry approved February 14, 1920. (This amendment increases period of preference right from two to ten days.)

Portrait of George W. Smith with text: GEORGE W. SMITH International

George Weisinger Smith, mayor of Louisville, Ky., who is considering the purchase of a coal mine and the establishment of municipal coal yards.

FASTEST AT SHORTHAND



Nathan Behrin, official reporter of the supreme court of New York county, who made a new world's speed record in shorthand when he took down 279 words in a minute. Behrin made the record at a contest held by the New York State Shorthand Reporters association. In the test he broke his own previous world's record of 278 words, made in 1913.

The Trouble. "Everybody about that bunk seems to be catching cold. Is it damp?" "No; but there are so many drafts about it."

SUMMONS

In the Circuit Court of the State of Oregon for Morrow County.

W. E. STRAIGHT, Plaintiff vs. Nancy Crank, Frank Tharp, John Hale, Elias Hale, Loyd Hale, Ralph Hale, John Woodward, and Ada J. Woodward, his wife, Fannie Woodward, Clarence Woodward, Chasney Woodward, Harrison Hale, Ora Williamson, and Laura Williamson, his wife, Elsie Williamson, Frank Hale, Mabel Avera Sprague, and J. P. Hester, Defendants.

Notice is hereby given that Howard E. Pearson, of Lena, Oregon, who, on March 5, 1920, made additional homestead entry No. 017366, for SW 1/4 NE 1/4, E 1/2 NW 1/4, SW 1/4 NE 1/4, SE 1/4 SW 1/4, SW 1/4 SE 1/4, section 16, and on March 2, 1920, made additional homestead entry No. 017266, for N 1/2 NE 1/4, SW 1/4 NW 1/4, SW 1/4 SW 1/4, section 17 all in township 18 south, Range 28 east, Willamette meridian, has filed notice of intention to make three-year proof to establish claim to the land above described, before Clerk of Circuit Court, at Heppner, Oregon, on the second day of June 1921.

Claimant names as witnesses: Eddle A. Haunmer, of Gardane, Oregon, Ross Brown, of Lena, Oregon, Jay Hatt, of Lena, Oregon, Fred Howe, of Lena, Oregon.

Department of the Interior, U. S. Land office at La Grande, Oregon, April 15, 1921.

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NOTICE FOR PUBLICATION

Department of the Interior, U. S. Land office at La Grande, Oregon, April 15, 1921.

Notice is hereby given that Mack T. Gentry, of Lena, Oregon, who, on April 7, 1918, made homestead entry No. 014751, for S 1/4 NE 1/4, E 1/2 NW 1/4, NW 1/4 NW 1/4, E 1/2 SW 1/4, NW 1/4 SW 1/4, section 16, and on March 2, 1920, made additional homestead entry No. 017266, for N 1/2 NE 1/4, SW 1/4 NW 1/4, SW 1/4 SW 1/4, section 17 all in township 18 south, Range 28 east, Willamette meridian, has filed notice of intention to make three-year proof to establish claim to the land above described, before Clerk of Circuit Court, at Heppner, Oregon, on the second day of June 1921.

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homestead entry, No. 017308, for SE 1/4 SW 1/4, section 21, S 1/4 NW 1/4, N E 1/4 SW 1/4, SW 1/4 SE 1/4, section 27, NW 1/4 NE 1/4, Sec. 34, Tp. 3 S, range 29 east, Willamette meridian, has filed notice of intention to make three-year proof, to establish claim to the land above described, before United States Commissioner, at Heppner, Oregon, on the second day of June 1921.

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Advertisement for Farmers & Stockgrowers National Bank, Heppner, Oregon, featuring the text 'TO THE MAN WITHOUT A BANK ACCOUNT'.