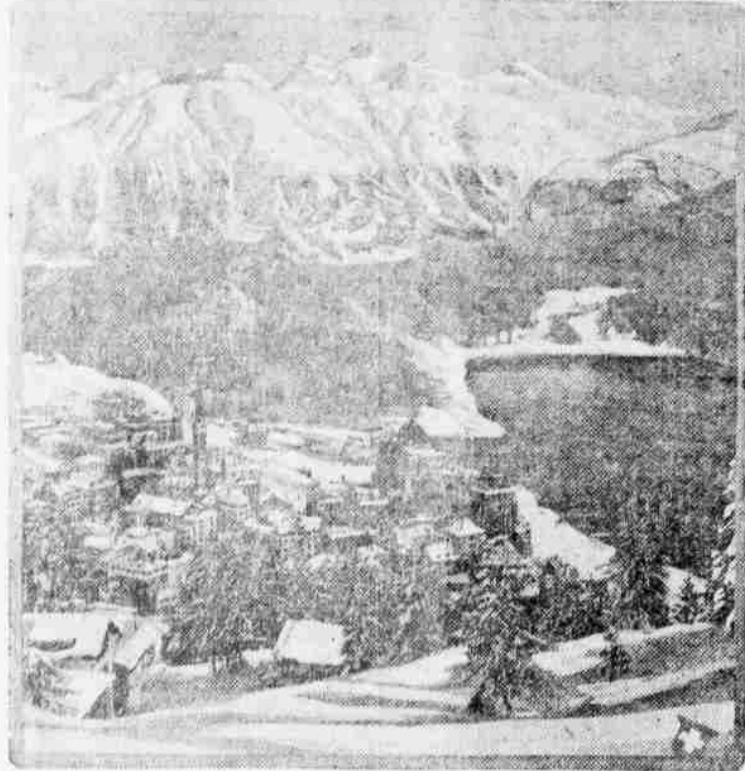


WINTER in SWITZERLAND



St. Moritz In Winter.

NOW that peace has come, Switzerland is busily preparing to assume her old place as the favorite playground of the old world. The little Alpine republic of proverbial beauty, and far more beautiful still in the eyes of many—for as an angel of mercy has shown her red worth in the world's tragedy—is fairly brimming over with attractions sought by lovers of the medieval and quaint and curious, and will now more than ever become a haven of blissful rest and healthful enjoyment, writes Marie Widmer in the New York Herald.

During the last five winters, in spite of the war, the numerous winter sport resorts tucked away in all those lovely spots over 3,000 feet above sea level, managed to have a "season" on a limited scale, and now that conditions are once more becoming normal it is expected that the winter 1919-1920 will see a great many visitors flock to that snow-clad Alpine land, which, although in the midst of that horse turmoil, has remained intact.

Snowland in her winter gird! To the newcomer it means a vision of marvels—to the habitual it conveys home to a beloved habitat. Once a winter study in arctic color conditions, the country appears now as a glorious symphony in white. Jack Frost has imprinted a silencing kiss upon the bubbling lip of every tiny brook and mountain stream and glistening sheets of ice cover also the bluish blue eyes of ponds and Alpine lakes. Ice and snow everywhere and above a glorious expanse of deep blue sky. The air itself seems to have gained some new miraculous qualities and faces which yesterday looked weary and tired have a cheerful and energetic expression today.

Land of Winter Sports.

For the frigid the time of pleasant sociality has now come. Visits between friends and relatives are frequently interchanged—by sled or the use of the older set, and by sled in the case of the younger generation. Even some in the passes are quite unjaded, as, indeed, is the time of the great (frosts) of merchandise over mountains, such as the Veltliner wine in the case of the gourmets. From the high, long passes they ride down to the valley the bay which has been stored in the prismatic luna, and the meadows, in their turn, are home to the fish forest. The present (only) fish existing before the ice set in, and the legs dart like arrows during summertime to the traffic-laden roads below.

Nowhere on earth have the pastimes of winter sport been more easily realized than in Switzerland, and that is why we find in this small land such a great choice of resources which passively, but yet bold and bold, will call out the best in the body and boldness can be seen through the old saying, etc.

Very soon we find everybody interested and engaged in some form of winter sports. There is skating, of course, but among others complete men with this other art of sports on the ice which has, however, been developed into an art which charms the onlooker by the gracefulness of the movements, now whirling in the cool darling of its swift dashes.

As in summer over the lawn, so this the tennis ball over the ice in the game of hockey. Curliers are fruitfully sweeping their "stones" toward the coveted goal and the unlimited diversity of gymkhana sports offers constant amusement for the players as well as for the onlookers.

The improved appliances for sport requirements have nearly ousted the old-fashioned, lumbering sleds which are now only occasionally used by timid beginners. The up-to-date vehicle is the so-called skeleton, a low, yard-long toboggan, on which the rider lies flat, steering the craft with hands and feet.

Like an arrow it darts up to the red walls of the curves, and as the bewildered spectator fearfully anticipates an accident, the toboggan shoots down into the furrow and around a beautifully shaped curve.



When in Doubt

WHAT TO COOK FOR DINNER WHEN UNEXPECTED COMPANY ARRIVES AT MEAL TIME



Or In a Hurry

TO PREPARE A QUICK LUNCH FOR HUBBY AND THE CHILDREN WHEN THEY RUSH IN AT NOON



It Is a Comfort

TO HAVE AN ASSORTMENT OF OUR LINE OF CANNED GOODS ON YOUR PANTRY SHELVES. IT WILL SAVE YOU TIME, TEMPER AND NERVOUS ENERGY AND FURNISH THE BASIS FOR A SUBSTANTIAL AND APPETIZING MEAL.

ASK US ABOUT PRICES AND A SUITABLE ASSORTMENT.



Phelps GROCERY CO.

Walk in Faith.

Have faith, then, oh you who suffer for the noble cause; apostles of a truth which the world of today comprehend not; warlike in the sacred fight whom it yet stigmatizes with the name of rebels. Tomorrow, perhaps, this world, now incredulous or indifferent, will bow down before you in holy enthusiasm. Tomorrow victory will bless the banner of your crusade. Walk in faith and fear not.—Mazzini.

Philadelphia Parks.

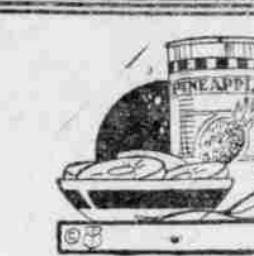
Philadelphia has a park system of 4,634 acres.

Acorns as Human Food.

The Indians of the Pacific coast, from northern California to Mexico, eat acorns in considerable quantities. Dried and pounded they are made into a sort of mush, and also into bread. Acorn meal is usually bleached to free it from tanin and whatever other bitter principles it contains. In certain parts of Italy acorn meal, with the addition of two-thirds ground grain, is made into bread.

The City vs. the Country.

The city is a place where people must dwell—the country a place where people may live.—Exchange.



Solomon Predicted It.
In the book of Tobit, chapter 3 verse 16, there is this statement—"and the young man's dog went along with them." In one of the published accounts of the Tuesday election in New York city there is this statement—"the women went to the voting booths and, in many instances, their dogs went along with them." As King Solomon remarked, there isn't anything new under the sun.—Baltimore American.

But Kaiser Wilhelm II. Forgot It.
Charles III. of Germany adopted the phrase, "year of our Lord."

DR. HAROLD C. BEAN
PHYSICIAN AND SURGEON
Heppner, Oregon
Permanently Located Odd Fellows Building
Office Phone 762 Residence 523

VAUGHAN & BUTLER
DENTIST
Permanently located in Oddfellow's Building
Heppner, Oregon

S. E. NOTSON
ATTORNEY-AT-LAW
Office in Court House
Heppner, Oregon

DR. A. D. McMURDO
PHYSICIAN & SURGEON
Telephone 122
Office Patterson's Drug Store
Heppner, Oregon

WOODSON & SWECK
ATTORNEYS-AT-LAW
Heppner, Oregon

SAM E. VAN VACTOR
ATTORNEY-AT-LAW
Heppner, Oregon

F. A. McMENAMIN
LAWYER
Roberts Bldg., Heppner, Ore.
Office Phone Main 643
Residence Phone Main 665

ROY V. WHITEIS
INSURANCE
REAL ESTATE, LOANS,
Heppner, Oregon

DR. CLYDE R. WALKER
PHYSICIAN AND SURGEON
Phone Connections Ione, Oregon



Many of The Men

In Morrow County who have the reputation of wearing good clothes had their suits made in the



Heppner Tailoring AND Cleaning Shop

I also represent two of the best order houses in the United States.

G. FRANZEN Proprietor

NEWS ITEM

Please insert the following news item in the HEPPNER HERALD:

SIGNED:

Please fill in above lines with any news item you know of, sign it and mail to Herald office. Your name will not be published but is required only as an evidence of good faith.

JUST WHAT YOU NEED THIS WEATHER

Men's Rubbers

IN ALL RUBBER AND CLOTH
TOP STYLES.

Men's Four-Buckle Artics

Ladies' Rubbers

IN ALL STYLES AND SIZES

MISSES' AND CHILDREN'S JERSEY LEGGINS. COME IN AND LET US OUTFIT YOU WITH STORMY WEATHER FOOT-WEAR

Sam Hughes Co.