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SHOULD CONSERVE

tion, Goes To Waste Says Old Resident

ter going to waste when every drop around the Imperial lobby. of it could, if conserved, be put to profitable use on the soil."

the construction of reservoirs where husband, Waldon, is a son of Column ever sumable locations can be found bus Rhea, early-day banker of Heppfor the conservation of flood waters ner. It was in honor of this pioneer during the center season for use the that Rhea creek was named. He war collowing summer in the pregation of a contemporary of two other noted

Agent from looking to the storage of to the county .- Portland Telegram. flood waters on the upper branches of Willow and Rhea creeks is a splendid idea and says he will do everything in his power to help put tive project across. Mr. Minor oclieves it possible to work out a storage plan by which all of the flood was ly arrived here from Nebraska, has ters now pouring into the Columbia been appointed manager of the Tumriver from Willow creek could be di- a-Lum Lumber company's yard at verted and put to good use where it Lexington, vice L. W. Holmes, who would multiply the present produc-

"Morrow county people must learn ; to save all this water now going to of his section the same high degree waste." Mr. Minor concluded, "just as they do in many sections of Cali- company has long been famous. formia and other arid and semi-arid regions and they will find it will pay big returns on the investment."

A BIT OF HEPPNER HISTORY

Many a family Christmas grout will bless the name of Rhea next Phursday. They will not know it but they'll do so just the same. One hun-Too Much Water, Needed For Irriga- dred and fifty of the finest turkeys that have reached the Portland markeet were raised by Mrs. E. W. Rhea of Echo. She and some of her child-"It makes me mad every time I ken are at the Impeiral. Mrs. Rhes look at the creek at a time like this," believes in old fashioned families. said W. O. Minor yesterday morning; She had a boy in the army and he just to watch so much precious wa- baby is just big enough to toddle

These youngsters are of honored pioneer families. Mrs. Rhea's par-Mr. Min r is strongly advocating ents were early settlers while her bankers-Henry Heppner, after whom Mr. Minor thinks the proposal the city was named, and "Uncle Jack" brought forward recently by County Morrow, whose name was attached

TUM-A-LUM CO. APPOINTS NEW LEXINGTON MANAGER

Mr. D. L. Countryman, who recentrecently resigned. Mr. Countryman is said to be a thorough lumberman and he will no doubt give the people of service for which the Tum-a-Lum

Read the classified and find what you are seeling.

by Frank II. Stanton

wer the roar of the cities, Over the hills and the dells, With a message of peace to the nations, Ring the beautiful Bethlehem bells Bringing joy to the souls that are sighing In the hovels where poverty dwells-There is life-there is life for the dving, In the beautiful Bethlehem bells.

"DRUGLESS MEDICINE" AND "BLOODLESS SURGERY"

PNEUMONIA STATISTICS LIKEWISE SIGNIFICANT

Statistics for pneumonia are equally assuring for drugless practice and disconcerting for the drugging practices of the "regulars" In 6,258 recorded cases of epidemic pacumonia treated by drugless methods there were only \$25 fatalities, a death rate of 10 per cent. About fifty of these deaths occurred, within 24 hours after estecpaths were called on the case, which means that some of these cases. were beyond help when first seen. The showing would have been different if only such cases were included as had drugless treatment from the onset, but we are dealing with official statistics, alone, now so that there can be no guess work.

Official statistics for the epidemic pucumonia show a death rate for "regular medicine" of 33 per cent. In some localities, as in New York City, the death rate reached 50 per cent. Out of every hundred patients sick with pneumonia, taking the country as a whole, "regular" doctors lost 33 by drug treatment while osteopathic doctors lost only 10-a clear saving by drugless methods of 23 lives in every hundred cases t ested-lives that allopathic treatment would have sacrificed! These figures are remarkable and ofthat the count of the ficial for both professions; and new demic is in there can be no dodging the responsibility which such a needless death-rate entails. Twer ty-three human lives lost needlessly out of every hundred persons ill with influenza-literally every fourth person who had the flu-vicariously sacrificed to the errors of traditional drug practice-surely this is a terrible toll for humanity to pay!

BE PREPARED TO FIGHT THE FLU

The Surgeon General of the Public Health Service has issued a warning notice in which he says there will probably be a recurrence of influenza, that the indications are that it will be milder than last year, but that every community should prepare. You should heed every word of this warning and advice of the Surgeon General of the Public Health, for the safety of one's own life and that of one's loved ones is of supreme interest and importance to every one. You have been given just a little look-in on some of the official statistice of this great disparity in results achieved by these two systems of practice and we have been ultra-conservative in the selection . Take the sections of the country where the records have been most complete as to deaths ir the flu epidemic under drugs, the city of Boston, 27 per cent, Chicago 14 1/2 per cent, but we have taken the lowest estimates from the official records for drug-therapy in contrast with the adjustive, stimulative, manipulative, deugless-therapy. Take your choice of methods it it should come your turn to doctor coughs, colds, sore throats, loss of voice, catarrh, influenza, bronchitis, pneumonia, pleorisy, neuralgia, neuritis, rheumatism or any other of winter's diseaser, where it be trivial or counted dangerous.

The practice of drugless medicine is original and distinctive from drug medicine in that its chief therapeutic effects are secured by mechanical instead of drug agencies. The drugless physician relieves pain, restores normal functions, stimulates glandular action promotes normale digestion, absorption, assimilation and exerction by a manipulative technique originated and exclusively used by his system of practice. The fundamental principle of this unique science and art of manual therapy is adjustment of tissues, the restoration of normal mechanics to the body, the free unimpeded circulation of blood and lymph, the unobstructed action of the Iwin nervous systems, and the result of such treatment is that stimulation of all natural processes of the body is greatly augmented.

THE TWO OPPOSING SYSTEMS

Whenever the drug-doctor comes into your home and tells you that he believes the drugless physician is just the thing in some cases that not yours, of course) he is making use of a hypocritical lie or he is not well informed, as we will show you as these facts are dug out from official sources. The drug-doctor is not qualified to give a drugless treatment-HE DON'T KNOW HOW-and therefore he is not qualified to advice you whether it will do you any good or not, but on the other hand, the drugless-doctor must know drugs and their effect on the human body and he must know how to get better results and quicker results without the drugs or he is a failure, as we will undertake to show in these articles.

DR. J. PERRY CONDER.

TRAIN SERVICE RESUMED TODAY FORMS OF MANY NATIONS FOR

After being shut off from the outside world since last Friday Heppner people were pleased to see the pas senger bus headed for the depot this morning loaded with passengers for the first train out on the Heppner branch in four days. Passengers. mail; express and freight have been accumulating at Arlington and the Junction since the tieup of trains last Friday morning and there should be a good-sized train load ready for the flyer today.

A number of Heppner young peo ple returning from the various colleges and universities for the holidays are among the marooned parsengers.

MARRIED

A quiet wedding was solemnized in this city last Saturday evening when Miss Lola M. Matteson, only daughter of Mr. and Mrs. Eugene Matteson. became the bride of Mr. Edgar Beniett, a well known young stockman,

The ceremony was performed at he residence of the bride's parents. performing the ceremony.

Mr. and Mrs. Bennett will reside or the present with his parents, in this city. The bride has resided in and near Heppner all her life and is aniversally loved and respected by a wide circle of friends.

INTERIOR DECORATOR

County Agent Hunt is always busy, When the mud is too deep to exterminate Jack rabbits and when there is no mail either coming or going to fecorator and brightens up his office he was doing yesterday when a refloor of the Roberts building.

ELECTION OF OFFICERS

the ensuing year.

noome fax inspectors have spent sey. Pounds to be worth about a quarter eral weeks correcting income tax returns in this county. The reason is that the income tax statements were not properly made. A correct state- 21, in Odd Fellows hall at 2:15 ment in the first instance may save o'clock. Hostesses are Mrs. W. R. you time, annoyance and a possible Irwin, Mrs. Fred Case, Mrs. C. C. penalty. Brown & McMenamin.

USE IN SCHOOLS

The rebook of the Morrow county chapter of the American Red Cres have received an unusually interest ing coin set including the unit silver coin and the smallest copper coin of thirteen great nations of the world. This set was loaned free by the department of Junion Redd Cross. northwestern division, with headquarters in Seattle, for use in the

Mrs. Lena Snell Shurte, county superintendent and director of the Junfor Red Cross for the Morrow county chapter, has charge of distribution of

The following coins are representland-Shilling, Penny; France-Franc, Centime; Germany-Mark Pfenning; Holland-Guilder, Cent. IMPORTANT REALTY TRANSAC-Italy-Lire, Centesimo; Mexico-Pe so, Centave; Norway-Ore; Russia-Rouble; Spain-Peseta; Sweden-

Centime. In connection with the German Mark it is interesting to note that about 24c, has fallen as low as 2c in value, while the pfenning, usually about the in value, is now hardly worth more than Indian wampum From these enemy coins included the children can understand better the enormous indomnity imposed upon the Central Allies.

Money is an interesting subject and teachers will find a limitless educasecupy his time be just turns interior tional resource in this collection. When the ancient Spartian wanted to in the Roberts building. That's what buy a sack of flour or something, he had to hitch up a yoke of exen toporter called and that was about the hant his money to town-for the only news item in sight on the second Spartians used Iron money and frousers pockets were quite inade quate to carry enough for important purchases. A here is a story made the statement that he would go so far The Women's Relief Corps will west that he couldn't get thanks for most with Mrs. Gillman, on Chase St., a dollar and no far sunt that he could on Wednesday afternoon at 2:20 for got change for a penny. Portinent the purpose of electing officers for to both these observations is the currency of Rores today, where coussing strong by the handred on grass There is a reason why a number of strings and where it takes nine

> The Ladies Guild will hold their social meeting on Wednesday, Dec. Chick and Mrs. Oscar Borg.

With the passing of old King Winer's reign and the resumption of orlinary Heppner December weather. building operations which were temorarily suspended for a couple of reeks, have resumed and artisans

BUILDING OPERATIONS RESUMED

re again busy. L. N. Traver has recurned from Salem and things started humming on the Elks' building and the

to have the Elks' building ready for occupancy some time in February and the boys are all hoping the conumation will be early enough in the nonth to allow the dedication to be teld on the 22nd which is a sort or which is plenty, of the cold weather ime-honored festival date with Hepp- and deep snow most Heppnerites

is fast as weather conditions will peruit and the traveling public as well is those local people who make the noted fuely home, may hope to pu their rest under the table in a first- ple of days before he got things comclass hotel dining room before many

Gillian & Bisber's fine new buildng is rapidly nearing completion sloted and other finishing work round up the big store will be read for eccupancy. The firm expects to move in early in January.

A SPLENDID EDITION

It gives the Herald pleasure to ommend the enterprise shown by its entemporary, the Gazette-Times. videnced in its aplendid 28-page Thristmas edition which appeared ast Friday. Such an edition is a credit not enly to the publishers, but to the town and community as well. whose business men so liberally patonize its advertising columns. Every vidence of enterprise and progresuch as this on the part of the newspapers of a community, no matter who is the publisher, is a benefit to very interest of that community and he Herald would be petty, indeed, if it failed to give credit for mention ous work of a contemporary because contemporary is, perforce, a comeittor. We contratulate our neighor and wish air the degree of pros perity such enterprise merits.

DIDN'T THINK

The boy stood on the back yard fence Whence all but him had fled, he flames that lit his father's barn Shown high up o'er the shed-One bunch of erackers in his hand Another in his bat,

In wild surprise he loudly cried, "I didn't think of that."

And so it is with most of us. "We the coins in this community, and to too late. The fire started, house her application should be made by hurned, nothing saved, the accumuschools wishing to borrow the coins. Intion of a lifetime destroyed, and nothing left but to start over again ed in the set: Austria-Krone, Hel- Didn't think. History repeats itself. ler; Belgium-Franc, Centime; Eng-Will we think next time? - Fire Marshall's Bulletin.

TION

Roy V. Whitels reports the sale or on Center street, Judge A. L. Cornett | Krona, Ore; Switzerland Franc, the Jim Hayes ranch, in Sanford Can week the purchaser being E. F. Chek who cormerly operated in the stock this coin, which is normally worth buriness on Baim Fork. The ranch tion, wring slightly and dry. This contains around 1790 zeres, 1000 seres of which is farm land the remaint a being time pasture land. The price paid will run over \$50,000.

> We are now preparing 1913 income az returna. Brown & McMenamin.

A Christmas Wish

Wherever there is sickness May Santa Claus bring health; Wherever there is poverty May Santa Clas bring wealth. Wherever one weeping May tear, to smiles give way, Wherever sadness hovers May joy come Christmas day.

To every heart that's aching May peace and comfort come, And may an outlook rosy Supplant each outlook glum, May friends now separated Soon reunited be, And every one find gladness Upon his Christmas tree.

WARM CHINOOK WIND TAKES SNOW QUICKLY

RAILROAD BRIDGES GO OUT; TRAIN SERVICE STOPS

Monday morning. Mr. Traver expects Water Everywhere Especially in Some Folks' Cellars. Several Families Move Out

While most people had had enough would have gladly given old Chief Work on the hotel will be rushed Chinook a little more time for his work of removing the snow blanket and making the world safe for a continued coal famine. The old chief fought with the north wind for a couing his way and then, Friday evening the snow in sight in a minute which made some little slush and sich around Heppner. Soon after dark the creeks began to come un and by 10 o'cleck Power House eanyon was some considerable torrent. Willow creek also carried plenty of water but stayed within its banks all right but little Hinton creek kicked up quite a tuss in the lower part of town, in the warehouse district where several families acted on the assumption that the "better part of valor is discretion" by leaving their homes and going to some neighbor's on higher ground.

The pit at the Farmers' Union Elevator Co., was filled with water and judging from reports Saturday morning most of the cellars in town were

in a like Train service on Heppner branch was discontinued on account of two oridges being out between here and Lexington and reports from Ione Satarday noon were that no damage was being done there but higher water was expected from a reported freshet from Blackhorse,

A TASTE OF THE TROPICS

J. W. Vaughan, janitor at the First National bank building, exnects to make that institution look like a real banana belt for the Christmas holidays. Mr. Vaughan, who used to live in California and who still owns a ranch there, sent down to some of his friends and had a big box of tropical fruits and flora sent up with which he will try to make Heppner people forget all about the recent cold snap. Among the specimens received are foliage from the pepper tree, boughs from the Eucadidn't think of that" until after it is lyptus, palmleaves, oranges, grape fruit, figs, olives, pomegrantes and several other products of the sunny southland all fresh from the tree.

MAKE CHILDERN'S DRESSES SAFE

It is a very wise precaution to fireproof the children's filmy dresses. and any inflamable decorations possible which can be done for a few cents in the following marmer, viz: Dissolve commercial ammonia phoson, which was closed during the past phase in water in the proportion of one pound to the gallon. Immerse the articles for a rew minutes in soluis not injurious to the skin or fabrie in any way, and very effectually Divepenols, as the material will not blaze or burn,

NOTICE OR STOCKHOLDERS MEETING

Notice is hereby given that there will be a meeting of the stackholders. of the Frest National Bank of Heppner, Gregor, on the second Tuesday in January 1920, (Jaunary 1915. 1920); between the hours of to A. M. and 4 P. M. of said date for the purpose of electing directors and you tion transmetton of much huniness on may legally come before said meeting: W. P. MAIRONEY,

Dated this 19th day of December.

OFFICERS ELECTED

Heppner Chapter, Royal Arch Degree held one of its regular meetings last Thursday evening when the fultowing new officers were elected to serve for the ensuing year;

Frank Gilliam, high priest; W. H. Pruyn, king; John Her, scribe; Oncar Borg, companion of the host; J. A. Waters, secretary.