

"DRUGLESS MEDICINE" AND "BLOODLESS SURGERY"

By Dr. J. Perry Conder.

(Continued from last week)

The drugless physician and bloodless surgeon, who is skilled enough to understand the mechanics of the body, makes all needed adjustments, sets the parts back into their natural positions, relations, and movements and thus helps the body to get well. As soon as all the parts of the human organism are working again properly health has returned. Health is but the sum of all individual actions of the body in natural and proper degree and relations. Disease is merely the subtraction of part of some of these actions, or the addition of too much action through irritation. In either event the working parts of the human machine are at fault somewhere and faulty adjustment has crept in. Proper treatment is to correct the misfit restore the impaired co-operation of the parts. This fundamental conception has brought a new view-science: the mechanical correction and adjustment of dis-ordered, that is to say, dis-eased body. It has evolved a new kind of medicine for the body, simply the putting of its parts into good running order when they have fallen into dis-order (dis-ease) so that the body can operate naturally, healthfully again.

THE A-B-C'S OF MAN'S MYRIAD ILLS

Nerves control motion, sensation, temperature, absorption, secretion, excretion and nutrition—by which the latter term is meant, technically that a body cell cannot utilize the food brought to it by the blood unless it has unimpeded contact with its own "tropic", or nutritional, fibers of cerebro-spinal nerves, which ultimately center in the brain. Pressure upon a nerve fiber causes it to act abnormally in proportion to the degree and duration of that pressure, the extremes of altered function being over-activity from mere irritation, as the initial ill, and complete paralysis, or even atrophy of the structure, as the final and extreme morbid change.

WHY THE ORGANS "PLAY OUT"

If the "tropic" nerves to a tissue of organ are most concerned, there will be a quick weakening of the function of that structure, to be followed by prompt deterioration, in the structure itself; and soon there will be apparent all the derangements of health determined by the particular life-processes being subverted. If the heart is the organ thus weakened there may be any form of heart disease, acute or chronic, from angina pectoris and deficient circulation to valvular mischief, dropsy, etc.

LUNG TROUBLE

If it is the lung region involved, then any of the diseases of the respiratory tract is likely. It may be that the lung vitality will become weakened to the point where tubercular bacilli are permitted to propagate and bring on the ravages of "consumption." (It is certain that this much dreaded disease germ is harmless when introduced into healthy lung tissue.) It may be that not tuberculosis, but asthma, or bronchitis, or pleurisy, or pneumonia are the product.

BILIOUSNESS; PILES; GALLSTONES

If it is the liver most involved there may result any form of disease dependent upon the half-dozen important functions of the liver—disordered digestion, biliousness, auto-intoxication in any of protean forms horrid complexion to jaundice and fevers; anemia, piles, gallstones or, perhaps diabetes.

If it is the spleen—any of the blood and nutritive disturbance centering about that organ—perhaps anemia, perhaps malaria, perhaps rheumatism, perhaps leucemia, perhaps various other ills. The functions of the spleen have been thought to be rather mysterious until scientific men have recently shown it to be the most important in life.

BRIGHT'S DISEASE

If it is the kidneys whose currents of vital activity are withheld, there may be nephritis with uremic poisoning and its awful wake of pain and death. Bright's disease, a steadily progressive destruction of kidney tissue—which medical science has sought to explain by a hundred different causes—is very often the result of an injury to the spine (such as has been already explained), robbing the organ of its nutritive support—and such simple mechanical ills very often can be readily adjusted by the Mechanotherapist if only given a chance in time.

ILLS OF THE JOINTS

If it is a "joint" that has its nutritive fibers disturbed, there will result likely a "synovitis"—such as surgeons cut into the knees and sometimes amputate legs for when merely setting a partially dislocated hip or mal-adjustment of the pelvic bones would often cure the malady. If the disturbance is more general, the "arthropathies," so called, or joint diseases, are likely, giving rheumatoid arthritis, etc.

WOMEN'S SORROWS

If the ovarian or uterine centers happen to be the ones involved, there will result any of the common ills from which women suffer—painful, delayed or suppressed menstruation; weakness of pelvic organs and tissues, with consequent displacements and inflammation, attended by pain and loss of function. Here, emphatically, "doctoring" the organs directly, according to established gynecological practice, is a most fruitful source of ill and is wanting in logical defense, inasmuch as the trouble usually lies further back—is manifestly and palpable a "lesion" at, or connection with, definite spinal centers. Primary lesions of the "fixed" joints of the pelvis are very often responsible for women's ills and in such cases there will usually be found lesions at the related spinal centers which have been induced sympathetically, reflexly, secondarily.

WOMEN NOT MADE TO BE CUT TO PIECES

Before the advent of bloodless surgery ruthless surgery was in vogue. Even today there is too great a tendency in that direction. There are thousands of women leading a cheerless existence who are the victims of misplaced confidence in surgeons whose eyes have been strangely blinded to the truth. Invariable in telling of her symptoms the patient will exclaim: "Oh, doctor, I can't tell you how my back hurts!" or something to that effect. Strange to say, doctors generally regard the accompanying backache as secondary to the pelvic disorder. This is clearly a serious mistake. It has been abundantly proven that instead of backache being a result it is only another manifestation of the cause of uterine trouble. The real cause is in the back, and the ache is symptomatic. The proof lies in the fact that after years of the best treatment other doctors could devise a cure is effected by correction of spinal faults. Drugless medicine and bloodless surgery is here to stay because it gets these results.

Continued Next Week.

(Advertisement)

DEAL FOR DEFUNCT LEXINGTON CREAMERY CLOSED BY A. L. SPARLING

Price Paid is Only Portion of Real Worth of Building and Fixtures and Sale Carries With it Good Will of Dairymen—Final Organization Meeting Wednesday.

A fine stroke of business was put through by promoter Sparling of the Morrow County Creamery & Cold Storage Company of Heppner at a meeting of the Stockholders of the defunct Lexington Creamery which was held in that city last Saturday when he closed a deal whereby the new institution becomes the owner of the property and chattles owned by the Lexington people. All of the directors except Mr. Iler, and the mortgagors, were present and accepted Mr. Sparling's bid of \$1460 for the property. \$875 of this amount is to be paid in cash and the balance of \$400 is to be distributed pro rata among the shareholders who are milk producers. The Hazlewood Company of Portland outbid Mr. Sparling but upon the earnest plea of R. L. Benge, who pointed out that the shareholders could afford to sacrifice a few dollars in order to favor a local company, Mr. Sparling's bid was accepted and the New Creamery company becomes

the owner of a building costing \$1500, a lot valued at \$500, an engine valued at the same price and considerable machinery and apparatus worth in the neighborhood of \$1000, all for an outlay of only \$875 cash. Besides this they have the good will and support of a number of dairymen.

Notices have been sent to the 80 members of the new creamery company, to inform them of the fact that next Wednesday, the 27th, the meeting, to receive the charter and perfect the organization, including the election of officers, will be held at The Oddfellow Hall in Heppner at 2 o'clock p. m. Every member that can possibly do so should arrange to be present and all those who have not yet taken out stock but desire to do so should attend to the matter before this meeting.

In the meantime Mr. Sparling is to be congratulated for his efforts in closing the deal with the Lexington people.

IRRIGON

Snowey McCoy, who has been attending school at Umatilla all winter, is home now for the summer.

Roy Harris is here with a battery car doing our signal maintainer, Emmett McCoy, service in the line of recharging batteries on the signals.

Walter Caldwell and Jessie Davis were down from Castle Rock Sunday to spend the day with friends and home folks.

L. B. Kicker was a business visitor in Heppner Saturday and Sunday. He went to take the ballot boxes over and reports a pleasant talk with the editor of the Heppner Herald.

Bert Combs went to Umatilla Saturday night to take in the movies there. Wm. Friend was in town last week and left Sunday for Pendleton.

Tom George went to Pendleton Friday on business.

Sidney Saylor, the Umatilla barber, was in Irrigon Sunday the guest of Mr. and Mrs. Roadruck.

Mr. and Mrs. Willard Adams are now numbered among Irrigon's population. They came in last Wednesday and are living in the little Hamilton house in the east part of town. Mr. Adams is employed on the Echo-Coyote cut-off work.

H. P. Dunbaugh was an Irrigon visitor from The Dalles Friday.

The Johnson children went to Hermiston Friday afternoon to attend the funeral of Mrs. Holder.

Ray Castle, who is working at Umatilla, was here for a while Monday to visit his mother.

The river is running high steadily and the high water last week released a stranger boatman, who had been stranded on the island, and he is now on his way down the river headed for Portland.

Willis J. Pegg, the editor in Umatilla, made a short business trip down here last Friday.

When news of Mrs. Charlie Holder's death reached this place Thursday morning, her many friends were much surprised as well as pained. To show the respect and feeling of the citizens of this place, several ladies went to Umatilla to the funeral services there, taking with them flowers of many kinds to help decorate before the body was taken to Hermiston for burial. The sincere sympathy of the entire community is expressed to those who are grieving for her.

The Irrigon Sunday School is beginning to grow again, and will probably continue to do so until the weather becomes too warm. Don't be afraid to come out and help; your presence will be appreciated.

A few of the party of surveyors who are located here went to Hermiston Sunday to see the ball game.

We are having lovely weather now with prospects of its continuing for a while. That is what is ripening off the strawberries fast, and cherries also are nearly ready to pick.

Instead of on Friday, as before stated, our school closes on Thursday the twenty-first. No more school now for a long time and we can go swimming and fishing and eat berries to our heart's content, without being disturbed by the clinging of the old school bell.

CASTLE ROCK

S. H. Boardman is working for the Telephone Company this week.

R. S. Crooks has got tired of waiting on the Government for irrigation and has installed a new gasoline engine on his place. He expects to pump water from the river.

Stanfield Bros. shipped over four thousand sheep from this place Wednesday. They are taking them to their summer range near Huntington.

The election was very quiet at this place last Friday. Only thirteen votes were polled which was about fifty per cent of the registration.

A. H. Spafford, E. L. Warren and Jim Bradburn of Coyote made a business trip to Arlington Monday.

Twohy Bros., the contractors on the Echo-Coyote cut-off have completed the two hundred-seventy-six thousand yard fill across Coyote Canyon and have moved their machinery farther east.

Mrs. A. R. Nall is planning a visit with her grandmother back in St. Paul, Minn. She expects to leave about June 15, and will spend the summer up in the lake country.

Mike Marshall and family made a trip to Heppner last Saturday and returned Tuesday.

J. A. Gibbons took the election ballots to the County Seat last Saturday. He went on out to Hardman Saturday night and spent Sunday with his wife and baby. On Monday he returned to Castle Rock.

The Hobos have recently been causing much disturbance on the Washington side. A short time ago one broke into Ed Maroney's house and stole a razor and a few small articles. Last Thursday night some of them got away with Mr. Carley's boat. On Friday one was caught breaking into the Greek section foreman's house at Carleys. When the hobo saw the Greek coming with a rifle he started to run. The Greek fired several shots only one of which took effect. It was found that one bullet had struck him in the left side and passed entirely through the abdomen. A physician and the sheriff were immediately called from Goldendale who took charge of both parties. The physician claimed that wounded man had some chance of recovery.

As a result of a fall H. H. Weston is suffering with a lame arm this week.

Some of the ranchers in this end of the county are putting up their first crop of alfalfa. Harvest is a little early this year.

School was closed Monday and Tuesday for want of pupils. All of them having gone to Heppner.

Miss Ethel Barr left for Portland last Saturday.

Neal Daugherty went to Heppner Monday.

Mrs. John Marshall will start on a trip to Ireland in the near future.

\$5.00 REWARD

for the return or information leading to the recovery of one bay horse, weight about 1200 pounds, branded on left strifle with a dot in the center of a diamond, mane trimmed between ears. R. B. WILCOX, Lexington, Or.

Mrs. Will Cowins was operated upon at the Heppner Sanatorium the first of the week.

☆ STAR THEATRE ☆

2-NIGHTS-2

Monday, Tuesday, 25, 26th

MUSICAL HUMELL CO.

WITH A COMPLETE CHANGE EACH NIGHT
MUSICAL---COMEDY---REFINED VAUDEVILLE
They Play Anything From a Tin Can To a Hand Saw

ALSO THREE REELS PICTURES EACH NIGHT

Picture Program as Follows:

SATURDAY

- 1—THE BRANDED SIX SHOOTER—A forcible western drama.
- 2—LOVE AND THE WORKMAN—By your old favorite Florence Lawrence—A drama of intense interest.
- 3—THE HONEYMOONERS—A comedy full of funny situations.

SUNDAY

- 1 and 2—THE SPECTRE BRIDEGROOM—Adapted from Washington Irving's little masterpiece—In two parts.
- 3—COPS AND COWBOYS—A western comedy screen

MONDAY

- 1—THE SILENT HOUSE—A single reel feature that's worth your time to see.
- 2—DEMONYTE—A beautiful dramatic picture.
- 3—AUNT BETTY'S REVENGE—A tornado of laughter.

TUESDAY

- 1 and 2—THE FLAMING ARROW—A mammoth western drama written by and produced under the personal directions of Lincoln J. Carter—101 Bison in two parts.
- 3—WHO'S THE BOSS—A very funny Power comedy.

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