Catarrh

hether is is of the nose, throat, nach, bowels, or more delicate or-s, catarrh is always debilitating and

gans, estarrh is always
should have attention.

The discharge from the mucous
membrane is because this is kept in a
state of inflammation by an impure
condition of the blood. Therefore, to
core, take the best blood purifier,

In usual liquid form or chocolated tablets known as Sargatabe. 100 doses ti.

Juvenile Reasonix

"Tommy, aren't you going to get up and offer your seat to that lady?"
"No, mamma; If she's a real indy she won't take it 'cause I'm a little boy, an' if she ain't a real indy I don't want her to have it."

In case of pain on the lungs Hamlins Wixard Oil acts like a mustard plaster, except that it is more effective and is so much nicer and cleaner to use.

Accounting for It.

Imogene—Why is it that so many eddings happen on Wednesday? Esmeralds—Well, on Sunday everybody wants to sleep, you know; Mon-day is wash day, and Tuesday is iron-ing day. Wednesday is the first day in the week when there's really any



DENTISTRY



ESS EXTRACTION.

ALEBONE FLATES \$10.00
strof-town patients can obtain perfect work
aver money by calling at our office.

STUDENTS NO GAS NO COCAINE
All work grainstead for ten years
CHICAGO PAINLESS DENTISTS

3234 Washington St., Cor. Sixth
blished IS years.

Here to stay.

The ! unily lived in the suburbs e the cit and, much to the joy of Lulu, a little pig was given a home in the stable tellar. A few days later the little t ie was calling at a neighbor's, where he showed great interest in the bird.

The lady said, "Don't you keep a

bird a home?"
"No," said Lulu, "we keep a pig in stead."—Delinestot.

Eng and had to pay \$555,000 to have Caar Nicholas visit London in 1844 Of the \$50,000 was spent in redeco-rating Buckingham palace.

AN EXCELLENT BEMEDY.

Will lireak Up a Cold in Twenty-fou Hours and Cure Any Cough The Is Curable.

The following mixture is often pre-scribed and is highly recommended for coughs, colds and other threat and bronchial trouble: Mix two ounces of Glycerine, a half ounce of Virgin Oi of Pine compound pure, and eight ounces of pure Whisky. These can be bought in any good drug store and ensily mixed together in a large bot-tle. The genuine Virgin Oil of Pine compound pure is prepared only in the laboratories of the Leach Chemical Co. Cincinnati, and put up for dispensing in half-ounce vials.

A new London library has a room set apart for talk on literary matters.

Best for Children CURE THE BEST WEDKINE FOR GUCKS - FOLDS

are instant relief when little throats are instanted and sore. Contains no opiates and is as pleasant to take as it is effective.

SMITH WANTS

The following produce of good, fat quality, and will pay as follows. He pays promptly and he does not charge commission.

Ship immediately.

Dressed Pork 9c
Dressed Veal, u is 130 pands 10c
Large Veal Less. 14c

FRANK L. SMITH MEAT CO.

Portland, Oregon.

THE Famous a Rayo user always one there are lamps that cost more but there is no better lamps that cost more but there is no better lamps any price. The flurner, the Wick, the Chimner, Holder—all are vital things in a lamp; these parts of the RAYO and LAMP are perfectly constructed and there is nothing known in the art of lamp-making that could add to the value of the RAYO as a light-giving device. Satishber any room in the house. Every dealer everywhere. If not at yours, write for descriptive circular to the nearest agency of the Standard Oil Company

From Arctic to Tropics



in Ten Minutes

No oil heater has a higher efficien-cy or greater heating power than the

PERFECTION Oil Heater

(Equipped with Smokeless Device)

With it you can go from the cold of the Arctic to the warmth of the Tropics in 10 minutes.

The new

Automatic Smokeless Device

prevents smoking. Removed in an instant for cleaning.

s font holds 4 quarts of oil—sufficient to give out a glowing heat solid brass wick carriers—damper top—cool handle—oil indicator, sutifully finished in nickel or Japan in a variety of styles.

The Record Agency of the STANDARD OIL COMPANY

STANDARD OIL COMPANY

MOUNTAINEER'S SAVINGS.

Mostly in Gold, and Some of It Had Been Buried for Fifty Years. The First National Bank of Logan,

Va., has received a deposit to-day which has an interesting story behind it, the Roanoke correspondent of the Baltimore Sun says. The amount is \$6,020, of which \$5,000 is in gold coin, some of which is fifty years old. Twen-ty dollars is in silver and there are fifty \$20 bills. The money had been secumulated by Milton Mullens and

accumulated by Milton Mullens and represents the savings of a lifetime.

Mullens began hoarding his savings when a young man. This was before the civil war. All his surplus he conyerted into gold, which he buried in the yard. A faw years ago, when gold coin was scarce and almost out of circulation, Mullens began to exchange his smaller mopey for \$20 bills.

These were hidden in a safe place in his barn. It was believed for many

his barn. It was believed for many years that he was hoarding his money and on numerous occasions marauders have endeavored to force him to reveal its hiding place, but without suc-

A few days ago his wife died and believing that he would not live long he called his grandson, J. M. Perry, and told him where to search for the treasure. The young man, after digure, and this enug little fortune wen into the bank to the credit of the aged and infirm mountaineer.



Respiration in health and under normal conditions of rest or moderate exercise is an unconscious act, almost as much so as digestion or the beating of the heart, but it is very easily disturbed, even in health, and in cer-tain diseases its disturbance is often one of the most distressing symptoms. The short breath following violent ex-ertion, such as running or hill-climbing, is familiar to every one. It is due to the increased call for oxygena-tion of the blood and the temporary inability of the heart to pump the blood in sufficient volume through the

When shortness of breath is brought about by moderate exercise or mental about by moderate exercise or mental excitement, it is due to some abnormal condition, such as anemia, obesity, a weak heart or indigestion. This tendency is relieved by attention to the weak point, whatever it may be, and a judicious system of exercises—a sort of modified training.

Permanent shortness of breath or

Permanent shortness of breath, or dyspnœs, as it is technically called, is a more serious affair, and is usu ally due to some actual disease. What the disease is of which this dyspness is a symptom can often be discovered only by a careful and thorough medi-cal examination of all the organs of

It is often called asthma, and treat ed at home by inhaling the fumes of burning niter paper or by some other of the ordinary remedies. But asthma is a distinct disease, although its true nature is not yet definitely determined. It occurs in paroxysms, usually at night, in the intervals of which the breathing is generally easy and quiet. ter, and is an indication of something

Wrong.

It may be due to a great variety of causes, only a few of which can be mentioned here.

'Anemia, or poverty of blood, may give rise to permanent dyapnora, as well as to shortness of breath on exertion. The symptom is a regular accompaniment of diminished lung capacity, either through consolidation of more or less of the lung tissue in tuberculosis or pneumonia, or through compression of the lungs by an accumulation of fluid or air in the chest.

Anything that interferes with the free action of the heart, such as westeness of the cardiac muscle or disease of the valves of the heart, pressure by fatty deposits, an enlarged liver, or gas in the stomach, will produce shortness of breath.

gas in the stomach, will produce short-ness of breath.

Short breath in children is com-monly the result of obstruction in the air passages, caused by enlarged tou-sils, the presence of glandular tissue in the pharynx, called adenoids, or a swellen condition of the mucous mem-brane of the larynx.

Persistant shortness of breath is a

sting Her Par Sect.

ath the waters of Lake Amet, in Italy, lie buried two pleasure gal-leys. They belonged to the Emperora-Tiberius and Caliguia, and it is said they contain art tressures that have been covered for many centuries. Sys-temstic efforts were made to recover the contents of the old hulks by Sig-nor Borghi in 1895. Divers were en-gaged, and the two galleys located, measured and carefully examined, and from both bronzes, pieces of wood, an-chors and ornaments of all kinds were collected. The larger vessel measures about 230 feet in length and 80 feet in beam, and the smaller 200 feet in length and 65 feet in beam. Some pieces of lead pips were found in the vessels. They bear the inscription, "Caesaris Aug. Germanice," the official name of Caliguis. been covered for many centuries. Sys-

It's Pettit's Eye Salve

that gives instant relief to eyes; irri-tated from dest, heat, sun or wind. All druggists or Howard Bros., Buffalo, N. Y.

Not So Simple.

"Are you leading the simple life while your family is away?"
"No, indeed! I'm not so simple! I have that kind of a life to lead when they're at home."—Houston Post.

Algy—Well. I've decided one thing, anyhow. I'm net going to be either a lawyer or a pracher.

Archie—Huh! Nature decided that for you about the time you were born.

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The Family Physician .

The best medicines in the world cannot take the place of the family physician. Consult him early when taken ill. If the trouble is with your throat, bronchial tubes, or lungs, ask him about taking Ayer's Cherry Pectoral. Then take it or not, as he says.

yer's Tales

Billous attacks, sick-headaches, indiges-tion, constipation, dizzy spells—these are some of the results of an inactive liver. Ask your doctor if he enderses Ayer's Pills in these cases. The dose is small, one pill at bedtime.

The output of cast iron sash weights in the United States has reached \$5,000 tons a year in recent years.



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