

# When You Take Cold

One way is to pay no attention to it; at least not until it develops into pneumonia, or bronchitis, or pleurisy. Another way is to ask your doctor about Ayer's Cherry Pectoral. If he says, "The best thing for colds," then take it. Do as he says, anyway.

We publish our formulas  
We banish alcohol  
from our medicines  
We urge you to  
consult your  
doctor

When the bowels are constipated, poisonous substances are absorbed into the blood instead of being daily removed from the body as nature intended. Knowing this danger, doctors always inquire about the condition of the bowels. Ayer's Pills.

**He Must Slip Some Time.**  
Mrs. Crawford—You must love your husband dearly if you save all the letters he sends you while you're in the country.  
Mrs. Crabshaw—I'm keeping them for comparison, my dear. I'm sure to catch him in a lie.—Judge.

## SOUR STOMACH

"I used Cascarets and feel like a new man. I have been a sufferer from dyspepsia and sour stomach for the last two years. I have been taking medicine and other drugs, but could find no relief only for a short time. I will recommend Cascarets to my friends as the only thing for indigestion and sour stomach and to keep the bowels in good condition. They are very nice to eat."  
Harry Stuckley, Mauch Chunk, Pa.  
Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sicken, Weaken or Gripes. 25c, 50c, 75c. Never sold in bulk. The genuine tablet stamped C.C.C. Guaranteed to cure or your money back.

HOWARD E. BURTUN—Assayer and Chemist, Leadville, Colorado. Specimens priced: Gold, Silver, Lead, B. Gold, Silver, 50c; Gold, 50c; Fine or Copper, 5c. Mailing envelope and full price list sent on application. Control and Dupire work supplied. Reference: Carbonate National Bank.

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**The Codex Sinaiticus.**  
The most ancient of the New Testament manuscripts is the one known as the "Codex Sinaiticus," published at the expense of Alexander II. of Russia since the Crimean war. This codex covers nearly the whole of the Old and New Testaments and was discovered in the Convent of St. Catherine on Mount Sinai by the celebrated Tischendorf. It is generally ascribed to the fourth century.—New York American.

**Nothing There Stationary.**  
Drummer—Is there a stationary store at Crow Bend?  
Stage Driver—I couldn't say, pard, that you'd find anything stationary at Crow Bend, because they have a what starts things movin', but she's lively, and I'm shore you'd like the place.—Judge.

**The Gay Life.**  
"Geel!" said the observing small boy, "when I grow up I'm going after a political job."  
"What for?" asked the man.  
"So's I can go to the ball games every afternoon," he replied.—Detroit Free Press.

**Made a Fair Time.**  
Uncle—I hope you've been a good boy, Tommy.  
Tommy—Well, no—I haven't.  
Uncle—Dear, dear! I hope you haven't been very bad.  
Tommy—No! Just comfortable!—London Opinion.

**You Can Get Allen's Foot-Ease FREE.**  
Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot swollen, itching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

**From Force of Habit.**  
"Mabel! I'm surprised at you, putting out your tongue at people."  
"It was all right, mother; it was the doctor going past."—Harper's Bazaar.

**No Salad for Him.**  
Irishmen are by no means the sole perpetrators of bulls, but they generally make the best ones—or at least the best ones are attributed to them. Of this sort is one found by a writer in the Boston Record.

"Pat, do you like lettuce?"  
"No, nor, O! don't; and what's more, O! I'm glad O! don't; for av O! did, O! ate it—and O! hate the stuff!"

**Worth Its Weight in Gold.**  
It's PETTIT'S EYE SALVE, strengthens eyes of the old, tonic for eye strain, weak and watery eyes. All druggists or Howard Bros., Buffalo, N. Y.

**Unprejudiced.**  
Mike McGinnis was being examined for jury duty in a murder trial.  
"Mr. McGinnis," asked the judge, "have you formed or expressed an opinion as to the guilt or innocence of the prisoner at the bar?"  
"No, sir," replied Mike.  
"Have you any conscientious scruples against capital punishment?"  
"Not in this case, your honor," Mike replied.—Success Magazine.

**Fair Offer.**  
Mrs. Hank—If you won't do no work, yer won't git no dinner, and that's all there is to it.  
"Tell you what, I am willing to do. I will give you a lesson in correct English. Is it a go?"—Life.

**Could Suit Himself.**  
Heiress—Tell me truly, Arthur, is it your love or your reason prompts you to marry me?  
Arthur—Just as you like, dearest.—Meggendorfer Blätter.

## COUGHING BURST BLOOD VESSEL

Says Danger Avoided and Cures Coughs in 5 Hours.  
A writer for the medical press states that coughing is responsible for the intruding of blood vessels quite frequently. A cough or cold means inflammation (fever) and congestion, and these in turn indicate that the body is full of poisons and waste matter. Simple relief, as found in patent cough medicines, and whiskey, often result in more harm than good; as they cause more congestion. A tonic-laxative cough syrup will work marvels and have followed a prescription which is becoming famous for its prompt relief and thorough cure. It rids the system of the cause, except it be consumption. Don't wait for consumption to grasp its victim, but begin this treatment which cures some in five hours. Mix in a bottle, one-half ounce fluid wild cherry bark, one ounce compound essence cardui and three ounces syrup white pine compound. Take twenty drops every half hour for four hours. Then one-half to one teaspoonful three or four times a day. Give children less according to age.

**Horrible.**  
"That was an awful disaster. There was only one survivor—ain't that terrible?"  
"Fearful. What a bore he'll be!"—Cleveland Leader.

P N U No. 40-03

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**Succotash.**  
Take one dozen ears of uncooked corn, scraped. Boil until well done a pint of shelled young Lima beans. Add these to the corn, with a teaspoon of the liquor with which the beans were cooked. Season with a tablespoonful of butter, and pepper to taste. Place on the top of the stove. Allow the succotash to boil up twice. By then the corn will be sufficiently cooked and ready to serve.

**Old-Fashioned Waffles.**  
A quart of flour with enough milk to form a stiff batter. Stir in a tablespoonful of melted butter, a teaspoonful of salt, three teaspoonfuls of baking powder and beat to a cream. When quite light add two well-beaten eggs and bake in hot greased waffle irons. The second batch of waffles is usually better than the first, because the irons have had time to become uniformly heated.

**Frozen Cream Cheese.**  
Beat one-half pound of cream cheese to a cream, and add a quarter of a teaspoon of salt, one-half teaspoon of paprika, one teaspoon of Worcester-shire sauce, one of lemon juice and one-half pint of whipped cream. Freeze in a freezer, the same as you do ice cream. Serve on crisp lettuce leaves with a teaspoonful of currant jelly on each.

**Fried Chicken.**  
Cut the chicken into six or eight pieces and season well with salt and pepper. Dip in beaten eggs and then in fine bread crumbs, in which there is a teaspoonful of chopped parsley to every small cup of crumbs. Dip again in eggs and crumbs, and fry in deep boiling fat. Cover the center of a cold dish with a nice white sauce.

**Cornmeal Kisses.**  
Stir into a pint of corn meal a teaspoonful of salt, and scald with boiling water. Beat quickly and drop from a spoon into a little boiling lard on a very hot griddle, and cook on top of the stove, or drop upon greased letter paper and bake inside. The kisses should be very small, and should cook quickly until brown.

**Fig Ice Cream.**  
Soak two pounds of figs over night. Put through a meat chopper, just cover with water and bring to a boil. One quart of milk, one pint of cream, one and one-half cups of sugar, brought to the boiling point. Add to the figs, cool, add two teaspoonfuls of vanilla and freeze.

**Baked Tomatoes.**  
Take twelve even-sized tomatoes, wash, take out core, put in a dripping pan, sprinkle on each a saltspoonful of salt and a saltspoonful of pepper; bake about twenty minutes in a very hot oven, serve on a hot platter, tomatoes to be buttered as eaten. Very inexpensive and palatable.

**Corn Omelet.**  
Six eggs, beaten lightly; dash of pepper; three tablespoonfuls of cream; fry as usual. When about half done put in a cupful of heated and seasoned sweet corn. When done, turn out on a hot platter, sprinkle with a teaspoonful of salt, and serve immediately.

**Frozen Peaches.**  
Two quarts of peaches, one quart of water and three cups of sugar. Pare, stone and mash the peaches. Add six broken peach kernels to the sugar and water and boil five minutes. Strain, and when cool add to the peaches and freeze.

**Muffins.**  
Rub a tablespoonful of butter into a tablespoonful of sugar, add a well-beaten egg, a cup of sweet milk, a pinch of salt and 1 1/4 cups of flour sifted with two heaping teaspoonfuls of baking powder. Bake in muffin tins in a hot oven.

**Chicken en Casserole.**  
Cut up a year-old chicken and bake in covered casserole with milk or milk and water enough to cover chicken. Season with salt, pepper, parsley and a little onion when two-thirds done.

**To Cut Brown Bread.**  
Remove hot brown bread from cans and with a common wrapping twine cut the bread.

**Helpful Hint.**  
A cloth moistened with alcohol will clean piano keys.

Clean linoleum with warm water and polish it with milk.  
To clean marble take two parts of soda, one of pumice and one of salt, all in powder, and mix to a paste with water.  
Fat which is to be kept should be cut up small and boiled in a saucepan in a little water and never put into the oven to melt.

# CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

**What is CASTORIA**  
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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**The Safe Side.**  
"May I ask you a question?"  
"Sure, stranger."  
"Why is everybody in this section mixed up in a feud?"  
"Well, nobuddy keers to take chances on being an innocent bystander."—Louisville Courier-Journal.  
Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.  
Belittled by Comparison.  
The Shah of Persia was asked if a pension of \$25,000 would be satisfactory.  
"And with Mrs. Howard Gould getting \$36,000?" he queried, peevishly.  
"Not on your tinyp."—Philadelphia Ledger.

**A good honest remedy for Rheumatism, Neuralgia and Sore Throat is Hamline Wizard Oil.** Nothing will so quickly drive out all pain and inflammation.  
**Absent Minded.**  
"Wilkins is the most absent minded ass I ever met."  
"How so?"  
"Why, the last time he got into the barber's chair he pinned the newspaper around his neck and began to read the towel."—Philadelphia Record.

## Every Man Read This

This treatment is said to have acquired a wonderful reputation throughout the East, owing to its peculiar propensity to fortify the nerve force and generate health and a consequent personal magnetism, so essential to the happiness of every normal human being. It is claimed to be a blessing to those who are physically impaired, gloomy, despondent, nervous, and who have trembling of the limbs, dizziness, heart palpitation, cold hands and feet, insomnia, fear without cause, timidity in venturing and general inability to act rationally as others do. Also of vast benefit to writers, professional men, office workers and the victims of society's late hours and over-indulgence in wine, liquors, etc.  
By preparing the treatment at home secretly, no one need know of another's trouble, while the ingredients are much used in filling various prescriptions, so that even the purchase of them separately need occasion no timidity.  
If the reader decides to try it, get three ounces of ordinary syrup sarsaparilla compound, and one ounce compound fluid balsam; mix and let stand two hours; then get one ounce compound essence cardui and one ounce tincture cadonine compound (not carlamine), mix all together, shake well and take a teaspoonful after each meal and one at night.  
This contains no opiates whatever, and may also be used by women who suffer with their nerves with absolute certainty of prompt and lasting benefit.

Raises the dough and complies with all pure food laws.



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