

Constipation

"For over nine years I suffered with chronic constipation and during this time I had to take an injection of warm water once every six hours before I could have an action on my bowels. Happily I tried Cascares, and today I am a well man. During the nine years before I used Cascares I suffered untold misery with internal piles. Thanks to you, I am free from all that this morning. You can use this in behalf of suffering humanity." R. F. Fisher, Keanoke, Ill.

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sickens, Weakens or Grips. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C.C.C. Guaranteed to cure or your money back.

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22 Years a Leader in Painless Dentistry
Work in Portland.

Out-of-Town People

Should remember that our force is so arranged that WE CAN DO THEIR ENTIRE CHOWN, BRIDGE AND PLATE WORK IN A DAY if necessary. POSITIVELY PAINLESS EXTRACTING FREE when plates or bridges are ordered. WE REMOVE THE MOST SENSITIVE TEETH AND ROOTS WITHOUT THE LEAST PAIN. NO STUDENTS, no uncertainty.

For the Next Fifteen Days

We will give you a good 22k gold or porcelain crown for.....	\$2.50
22k bridge teeth.....	1.50
Molar crown.....	1.00
Gold or enamel fillings.....	1.00
Silver fillings.....	.50
Good rubber plates.....	1.00
The best red rubber plates.....	1.00
Painless extractions.....	.50

ALL WORK GUARANTEED 15 YEARS
Dr. W. A. Wise
President and Manager
The Wise Dental Co.
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PORTLAND, OREGON

Just a Pleasant Run.
"Is it really only ten minutes' walk from the station to your house?" asked Citiman.
"What a ridiculous question!" exclaimed Sububa. "Nobody in lovely Swamphurst ever 'walks' to the station. I may say, however, that it's only about eight and a half minutes' run."

An Intermittent Memory.
A small customer appeared at the grocery store, says a writer in the Century Magazine, and the smiling grocer asked him what he wanted.
"Please, mister," said the boy, "I can't remember what ma sent me for, but you can give me two cents' worth o' peppermint candy, 'cause she said I could keep the change."

Curious Giant Cranes.
Australia, the land of oddities, animal, vegetable and mineral, has few more curious creatures than the giant cranes—often five, and six feet in height, with beautiful blue-gray plumage—which are called native companions. These huge birds mate for life and, as mates, are singularly and touchingly devoted to one another.

Force of Habit.
"I beg your pardon," said the landlord, "but do you walk in your sleep?"
"No, sir," answered the guest, who had arrived the day before. "I hope I didn't disturb you last night, but the fact is I've been a country doctor for thirty years, and I'm so used to being called up two or three times during the night that unless I get out of bed and walk around once in a while I don't get any sleep."

Seldom Nowadays.
Tradition is a noble thing.
But did you ever hear or see
A graduate who'd say or sing:
"Beyond the Alps Lies Italy?"
—New York Mail.

O, yes, indeed, young man! And say,
If you were older you would know
Of one sweet girl grad, anyway,
Who wrote that—empty years ago!
—Chicago Tribune.

When We Fackie It in Earnest.
"I have read," said the visiting foreigner, "that when you celebrate your Fourth of July in this country the destruction of life and property in appalling. Don't the people take any interest in bringing about a reform in the manner of observing the day?"
"O, yes," said the native; "we begin a crusade for a safe and sane Fourth the next day after the celebration, and sometimes we keep it up for three or four weeks."

Heard in the Foyer.
"Well, how did you like the play?"
"There's one thing about it I liked exceedingly; the star didn't come on until the middle of the third act."

HOWARD E. BURTON—Assayer and Chemist.
Leadville, Colorado. Spontaneous, primary Gold, Silver, Lead, St. Gold, Silver, Zinc, Zinc or Copper, St. Mailing envelopes and full price list sent on application. Control and Empire work solicited. Reference: Colorado National Bank.

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SCIENCE IN THE PHILIPPINES

Journal Published, Germs Studied and Serums Prepared.
"One work in the Philippines, purely American, has escaped general attention," said Dr. Frederick J. Houser, of Minneapolis, to a reporter for the Washington Herald, who has spent a number of years in the Philippine government service. "It's the kind that's done with a microscope and so does not attract public notice like building bridges and roads, and sewers and water works, and harbor improvements. It is the work of what is called the bureau of science."

"That work has been worth millions to the Philippines," continued Dr. Houser. "It grew out of the necessity of examining the water supplies, of making analysis of foods, of investigating agricultural problems, making vaccine virus and serums for certain diseases, as well as studying insect pests and making assays of mineral products."

"Gradually all these functions and many more were centered in one institution to investigate the natural resources of the islands to study diseases, to standardize weights and measures and to form a great scientific library. There have been all sorts of chemical work done for the benefit of agriculture."
"All kinds of germs have been studied and serums have been prepared for them. More than 60,000 botanical specimens have been collected. A fine scientific journal is published and has made itself known throughout the world."

"Do you wonder that the Filipinos have a reputation for being lazy? It isn't laziness. In plain English, it is a case of worms. The Filipino won't be good for much, either in the way of government or industry, until you get those worms out of his system. Well, the bureau of science is getting after 'em."

RUNNING THE BIG RAPIDS.

Where the waters of half a continent become hemmed in between the rock walls of the River Saskatchewan, at a point not a third of a mile wide, with such steep descent over huge boulders and rocky islets that it could not be any steeper without being a cataract, one can well believe Miss Agnes Laut's declaration, in Scribner's Magazine, that at such a place "things are doing" in the river. She describes the passage of these rapids as follows:

We heard the far wh-u-ah, then the wild roar, then the full-throated shout of triumphant waters. You think your blood will not run any faster at that sound after having run more rapids than you can count? Try it!
We sat up from our sluggish, easy postures. Then the river began to round and rise and boil in oil eddies, and the canoe to bounce forward in leaps without any lift on our part, then a race-horse plunge; and we are in the middle of furious tumult.

The Indian rises at the stern and leans eagerly forward. Even the cool Saxon admits, "This is a place where the river really does things, isn't it?" But the Indian is paddling like a concentrated fury. Then we shoot forward into a vortex of whirling sheaves of water.

"She—strang—she—per"—strong rapid!" shouts the Indian, as we swirl past one rock and try to catch the current that will whirl us past the next. "Pull—pull—pull a strong paddle!" And we rise to a leap of wild waters, have plunged into the trough, and are climbing again before some one can remark, "Say, I don't like sliding to rapids."

There is a rock ahead about the size of a small house, where the waters are breaking, aquiver and white with rage. The Indian had risen again. "Stop!" he yells. "Don't paddle! Let her go!" But he himself is steering furiously as we graze past out to the bounding waves.

So we run the Big Rapids for about a mile, then ride a third rapid in a long, easy swell, and swerve to the north.

Boy's Essay on 'Possum.
"There's this to say of the 'possum," writes a Georgia youngster: "He ain't no bear, 'cause he's always grinnin' like he was in a good humor with ever'body. It's just as if, when you tol' him you was goin' to kill him, an' cook him, an' eat him for dinner he looked on it as a good joke—just took it for a laughin' matter. I don't know whether he is just good-natured, or was born grinnin'!"
—Atlanta Constitution.

New Shades of Color.
Argent is a degeneration of argent, meaning silver. Torosador is yellow, and alexan is said to be brown with pink reflections. The names of colors out of the ordinary are invented by dyes and sometimes by sales persons.

"Somehow," said a brakeman to-day, to a man he disliked, "you remind me of last month's Pock."

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of
Chas. H. Fletcher
In Use For Over 30 Years.
THE CENTAUR LAMP, 77 MURRAY STREET, NEW YORK CITY.

Time.
"It's sort o' curious," said Uncle Jerry Peebles; "but when a man is workin' for another man he's always wantin' to go and see the ball game. When he's workin' on his own time he gets stingy with it and can't spare it."
—Chicago Tribune.

An Expert Opinion.
"Maria, is there a single good thing about these great wide hats the women are wearing?"
"Yes, John, there is; when two women meet they can't kiss each other now."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Cynical.
"The law, you know, presumes that every man is innocent unless he has been proved to be guilty."
"Yes; I sometimes think the law hasn't any more sense than the average jury."

Eureka!
City Man—You broke an old hen from wanting to set? How?
Suburbanite—I set her in one of my wife's spring hats.

Sore throat is no trifling ailment. It will sometimes carry infection to the entire system through the food that is eaten. Hamlin's Wizard Oil is a sure, quick cure.

Not by That Name.
Shoe Salesman (to tall, bony customer)—I'm afraid these shoes will pinch you a trifle, madam. I suggest that you try what we call our—h'm our contracted No. 9.
Customer—No, sir; I won't wear a 9. Have you an expanded No. 6?

Built early in the eleventh century, there are great cracks appearing in the north and south transepts of the cathedral of Southwell Minister, England.

You Can Get Allen's Foot-Powder FREE.
Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Powder. It cures sweating, hot swollen, itching feet. It makes new or light shoes easy. A certain cure for corns, ingrowing nails and bunions. All drug-gists sell it. 25c. Don't accept any substitute.

It's Fruity Flavoo.
"Old boy, that oration of yours was a peach."
"It wasn't so bad. I had—er—pruned it down till it was just about the right size."

Not His Best Role.
Algy—If there is anything I detest, it is this so-called "joy riding."
Miss Tartun—I don't doubt it. I saw you on horseback the other day, and you didn't look the least bit like a joy rider.

CRESCENT BAKING POWDER
A pure phosphate baking powder that does all that the high priced baking powders will do and does it better. It raises the dough and makes lighter, sweeter and better risen foods. Sold by grocery stores 25c per pound. If you will send us your name and address, we will send you a book on health and baking powder. CRESCENT MFG. CO. Seattle, Wa.

DAISY FLY KILLER
Please use anywhere, indoors and outdoors. Kills all flies, mosquitoes, house flies, and all insects. Made of natural, essential oils. Will not soil or injure anything. Guaranteed effective. Write for free literature. HAROLD SOMERS, 150 DeKalb Ave., Brooklyn, N. Y.

A CURE FOR FITS

The Treatment is to Accomplish What Science Has Been Struggling to Attain for Centuries

The intense interest that has been manifested throughout the country by the wonderful cures that are being accomplished daily by epileptics, still continues. It is really surprising the vast number of people who have already been cured of fits and nervousness. In order that everybody may have a chance to test the medicine, large trial bottles, valuable literature, History of Epilepsy and testimonials, will be sent by mail absolutely free to all who write to the Dr. May Laboratory, 441 Pearl Street, New York City.

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The best and most logical method of furnishing water yet devised. The tank is placed in the basement or in the ground near the house and keeps the water cool in summer and prevents freezing in winter. It never leaks. It is impossible for impurities to get into it. It outlasts the building in which it is installed. It costs a little more to begin with, but there is no second cost. We have a catalogue which illustrates and describes the Leader system. Ask us for it.

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are especially adapted to pumping duty and in fact any duty that requires a strong, reliable power. They are economical, simple and easily understood. It is an engine which anyone, no matter how little he knows about such engines, can operate as successfully as an expert. In short, it is an ideal engine for any kind of work. Send for STOVER Engine Catalog—Free.

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