Insomnia

"I have been using Cascarets for Insomnia, with which I have been afflicted for twenty years, and I can say that Cascarets have given me more relief than any other remedy I have ever tried. I shall certainly recommend them to my friends as being all that they are represented."
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Crushed.

"I suppose you know, barber," said Percy, with a wink at the man in the other chair, "that the hair on a man's head grows at the rate of three-millionths of a yard in a second."

"No, I never heard that before," said the barber, beating a tattoo on the strop with his razor; "but I know there's a spot on the back of your head where the hair wouldn't grow as much as that in a million years."

Willing to Help the Cause.

Philanthropic Person (with subscription paper)—We are raising a fund to prosecute the white slavers. Can you assist us?

Baseball Magnate—Sure! I've just disposed of two of my players and got a good cash price for them. Hundred dollars be enough?—Chicago Tribune.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

His Time to Be Alone.

"Come away, children," said their mother. "Run out in the yard and play."

"But we're watching papa lay the stair carpet, mamma," they answered.

"I know it, but he's going to lay it around the bend in the stairway pretty soon, and I don't want you to hear the language he will use."—Chicago Tribune.

Conversational Opportunities.

"So your wife is a suffragette? Why does she want to vote?"

"She doesn't want to vote," answered M. Meekton. "She wants to make speeches."—Washington Star.

Little children are suffering every day in the year with sprains, bruises, cuts, bumps and burns. Hamlins Wizard Oil is banishing these aches and pains every day in the year, the world over.

How the Trouble Started.

Estelle—I don't suppose you have heard of it, but George and I are going to be married some time next June.

Maybelle—Glad to know it, dear. Has George heard of it yet?

Proof Conclusive.

Lawyer (cross examining)—You testified that Miss Smythe was walking in her sleep. How do you know she was asleep?

Witness—Well, a mouse ran across the floor right in front of her and she never even batted an eye.—Chicago Tribune.

To Great in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Dont accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Get the Ax!

"Yes," said the retired auctioneer, "that boy of mine is a chip off the old block, with all the original bark on him; he's a spieler for a 5-cent theater."—Chicago Tribune.

Vacation Days.

"You say Grinder worker last summer just for fun?"

"Oh, no; just for funds!"—Harvard Lampoon.

Among persons of social standing generally the world throughout, the average age of marriage is at present, men 37 and women 28.

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22k bridge teeth	3.50
Molar crown	3.00
Gold or enamel fillings	1.00
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The best red rubber plates	7.00
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CONCERNING THE MOVEMENT FOR EQUAL SUFFRAGE.

WHEN the agitation for woman suffrage began to grow strong in England in the nineteenth century, lawsuits were brought by women who claimed that they had the right to parliamentary suffrage, inasmuch as in the early days when parliamentary boroughs were being created women were recognized as burgesses and had the right to vote. The judge held that the non-use of a privilege for a long time was in itself an argument against its existence, and all the world knows that the English woman of the nineteenth century who brought the case was not given the parliamentary or national suffrage.

Several States have recently seriously considered measures extending the sphere of woman's political rights. The active work and substantial accomplishment of woman suffragists in other States, notably Australia, New Zealand, Norway, Finland and Tasmania, where women have full suffrage rights, as they have in the four States of Colorado, Utah, Idaho and Wyoming, have undoubtedly spurred the workers for the cause in this country to stronger endeavor.

For many years they were few in number, though unwearying in spirit. The first woman's rights convention, called in 1848 by Mrs. Elizabeth Cady Stanton to meet in Seneca, N. Y., was attended by herself, Lucretia Mott and a few Quaker women. The abolition movement and the civil war diverted to the cause of the slave the energy that might otherwise have been devoted to the woman's cause which Mrs. Stanton then espoused. It was not until the close of the war that the movement for suffrage was really organized. The great civil contest, calling upon women to combine in societies and conventions, taught them the value of organized effort, and the arguments presented for the liberation of the slave and for his right to the suffrage certainly led to the interrogation, "If the suffrage be a good and desirable thing for the ignorant negro, what about women?"

At the presidential and congressional election in 1872 Susan B. Anthony and several other women, claiming the right to vote among the privileges and immunities secured to them as citizens by the fourteenth amendment, offered their votes to the inspectors of election in Rochester. The inspectors received and deposited the ballots. For this act the women, fourteen in number, were arrested and several of them were indicted under an act of Congress which makes it an offense to "knowingly vote without having the right to vote." The inspectors were indicted under the same statute for "having knowingly and willfully received the votes of persons not entitled to vote."

Recently there has been a significant change in the attitude of women of the leisurely and wealthy classes toward the movement. Bryce, in his chapter on "Woman Suffrage," from which Dr. Abbott quotes, comments: "It is remarkable that the movement has in America found little support among what may be called the 'upper classes.' Woman suffrage has been though perhaps less so now than formerly, thought 'bad form' and supposed to betoken a want of culture and refinement. The same reproach attached forty years ago to abolitionism."

Were he writing now, the ambassador would have to qualify the statement measurably. The movement has passed the stage where it would attract only those whom the more conservative members of the community regard as radical and visionary. The labor organizations indorse woman suffrage in the belief that with the ballot in their hands the woman laborer would strengthen the cause of labor. So all classes, professional, working, wealthy, are enrolled in the movement, based on the belief that to woman educational, industrial, social and civic work of every nature should be open.

Disorders of the Stomach.

The stomach, like all the other organs of the body, is subject not only to various forms of organic trouble, but also to many kinds of functional disorder, or neuroses.

In these nervous disturbances of the stomach, pain may be just as severe and the list of symptoms just as long and as trying as in true organic disease, and it is often impossible to convince the victim that he is not suffering from some terrible local disorder calling for immediate operation.

The stomach is usually a somewhat abused organ. It works hard, generally overtime, and often at tasks extremely distasteful to it. Small wonder, then, that it sometimes goes on strike.

When it decides to do this, the weapons it controls with which to boycott and intimidate the rest of the system are most efficient. In times of normal health we are no more conscious of the tremendous commotion and toil going on in the stomach than the passengers on a sunny deck are conscious of the trials of the engine room below them; but when the stomach has stood all it is going to for the present, it telephones the brain to that effect, with the immediate result that the whole consciousness is flooded with the misery resulting from its rebellion.

The visible signs of this rebellion are myriad. Among the most usual of them may be mentioned nausea and vomiting, eructations that are sometimes so acid that the very throat is scalded, disagreeable sensations after eating, that range from discomfort to agony; and naturally in time a general "run-down condition" of the system.

When it can be proved that this state of affairs is traceable to abuse of the stomach, the treatment becomes a comparatively simple matter; but in many cases of so-called "nervous dyspepsia" the trouble will be found to be a fault of the nervous system, the stomach itself showing no sign of disease, but simply suffering from faulty nervous control, just as any other organ of the body may. This diagnosis, however, will be of little comfort to the patient so long as his stomach is made the vicarious culprit for the guilty nervous system.

When the troubles arise from causes that can be easily controlled, such as improper food, hasty eating, irregular meals, insufficient mastication, the cure lies largely in the hands of the patient himself.

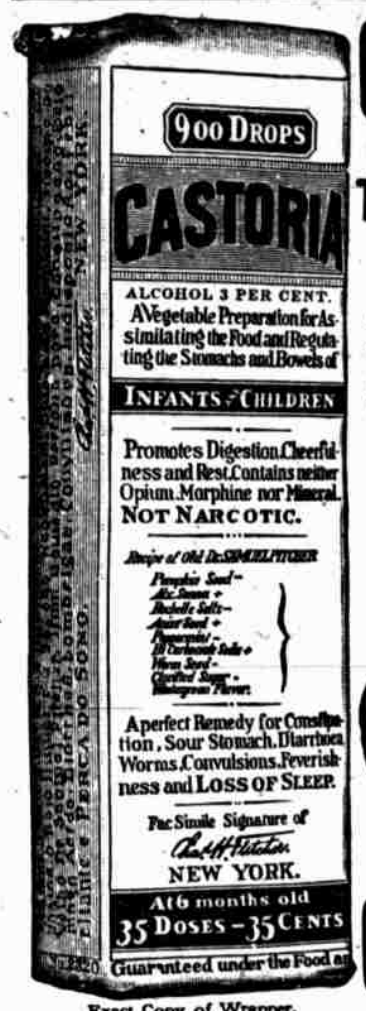
The small boy who heard his father pronounce a eulogy on a statesman, said, "Father says Mr. Blank has intelligence, tact and honesty, and also abdominal courage." This is a form of valor far too prevalent, and is the kind that should be tempered with discretion.

Her Lockout.

"I must tell you the joke on me," said a business woman who "keeps bach" in a cunning little apartment. "Last week I invited two friends for luncheon. As I have just an hour at noon I got everything ready before I left in the morning that could be prepared and set on the ice. I made a lovely salad, a dessert, prepared for toasted muffins and tea and set my table in all its glory, even buying some flowers for a centerpiece. My guests met me at the office and we went to the apartment. What do you think I had done? Left my keys inside and locked the door!

"There was absolutely no way for us to get in. The janitor had a pass key, but he was away. All the windows on the fire escapes were locked, and no other key in the building fitted. There was nothing to do but take my guests to a restaurant. Then I found that I had not even brought my purse from the office, never dreaming that I should need it. I had to ask my guests for money to pay for the luncheon, and, as it happened, they only had a quarter each above their carfare. We went to the cheapest place we could find and had sandwiches and coffee. Wasn't that funny?"—Philadelphia Ledger.

Every time you tell a bad story on your neighbors, it's a pity some one doesn't say to you: "Well, you have no room to talk!"



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Second Passenger—With pleasure, sir.

First Passenger—Thanks, awfully, and now, as you can no longer read your newspaper, would you kindly pass it over to me?

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