## A MERIE FOOD FOUHI

You Must Feed the Nerves, not Strain Them; Build Them up, not Stimulate Them; Coax Them, not Drive Them.

Ordinary Foods do not Supply Sufficient or Proper Nourishment for Wasted Nerves-They Must be Carefully Treated on Scientific Principles.
 that he was cured.


BARBER SHOP

B. F. KIRK'S

Shaving Parlor
NEXT DOOR TO AT CHARLEs HOTEL.

Elegant Baths.

Children Kindly Treated.

Ladies Hair Dressing a Speciait

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RIVER DIVISION

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Victor Non Puncturable Tire, No. 103, is the lightest running wheel on earth. The best is the cheapest in the end. Largest stock of second-hand wheels on the cosst. Everything as represented. Write for list. Headquarters for sundries and athletic goode, 130 Sixth Street and 811 Alder Street, Portland, Oregon. OVERMAN WHEEL COMPANY. W. B. Kersan, Manager.

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