

"I regard the Royal Baking Powder as the best manufactured and in the market."

Marion Harland

## A BRIGHT BOY'S ANSWER

rued pelagogue at Nantucket med orning to read passages in the Bible cand the same as he proceeded, in at, by asking questions as to how sy renumbered of his comments, he certain who were the bright boys of ol. On one occasion he read from tof Job time:

was a man in the land of Uz, and a way Jub, who found God and ce-will."

red ovil."
This means, toys, "said the muster, "that schewed evil as I do tobacco; he would be nothing to do with it."
Ith the very clear and forcible checkle, of the word "schew," he proceeded, and inhere of verses were read and communited as similar clear and inheligent manner, few days affers ward the school committee of the boys up and begin to put them agile an enamination. The master of the boys up and begin to put them agile an enamination.
Who was the man that fixed in Usf" he do do one of the brightest fittle fellows.
Job.

Vint did be do?"

le chewed toliacro when notedy els-id have anything to do with it." was the



Tins, to Dodge Old Hills.

on Speding in front of a house
awenus and gating at the front
a long by minutes, when a podes
to inquire.

The Decay of the Myth.

When the Germans and Dr. Arnold disposed of Romitins and Remns and their
nurse, who was a more genial form of Red
Ridinghood's grandmother, all fairy land muse, who was a more genial form of Reil Ridinghood's grandmother, all fairy land was in danger, and since then the whole realm of poetic story has been invaded. Hawthorne's "Wonder Book" would now have to be rewritten, for its wonders have been reduced from poetry to prose. Even the faithful Lempriere is left adrift as doubtful as Heroslotus. The labors of Herenless are assailed, and the sea birth of Venus is no longer certain. The names, too, are changing. There was nime when it was enough to call the queen of Jupiter, June, and the god of the sea Neptune, But it is to be antiquated and obsolete not to adopt the latest court address of Here and Poseidon.

The reasons are profuse. They are as many as these for closing the old "Arabian Nighis" told as English stories and substituting the more crudite Lane version. Nobody is afe in mlying upon the carrier lessons which were wholly satisfactory to his ancestors. What seemed to be the very ultima thus of knowledge a century ago is now but a stage of the "unending, cidless queet." Are our hapless grandefuldron nover to know the charm that we knew in the levely legends of mythology? Shall there is no Perseus, no gardnes of the Heaperidon—George William Curtis in Harper's.

Where the Banana Graws.

Where the Banana Grows. In South America the banana is not thought of as a luxury. In fact it takes the place of bread and meat and vegetables among a large part of the people. Every garden has its bemans patch, just as we have our indispensable rows of potatoes. On the isthmus of Panama the cars spin past hills covered from base to summit with the beautiful broad leaved plants, their great clusters of fruit hanging from the stems just mode the leaves. The hanging has plant looks somewhat like as momense calls lilly. Its stom is made up of the bases of the leaves, so sheathed or folded around each other and bardened as to sustain the weight of the mass of foliage above.

abova.

It will in some localities attain a height of even twenty feet. When two years old it bears fruit and then dies, but a number of young shoots spring up from the base of the old stem, so that it continually renews itself, and the farmer, who is usually an Indian or negro, has no trouble, except to keep the weeds and the old withered tranks cleared away from the growing plants. Even the trunk is of some use, for it contains a fiber almost as soft as silk which can be woven into the most exquisite musilies. Indeed some of the dainty India musilies are made of this very fiber.—Courtenay de Kalb in Harpar's Young People.

anid something pleasant to me had fallen in love with me.

I wouldn't had that I was an ill treated personage because, though I could play pleasantly, my friends didn't count not modern Mosert.

I would not, when I could only have one freek, choose a cusapicuous one that would mark me as she girl in the red plaid.

I would not, because I was tired and nervous, give snappy, ill natured replies to questions asked use by those who really eared for me.

questions usked use by those who really cared for ma.

I would not get in the habit of speaking in a familiar way of the man I know; when you make them Tom, Dick or Harry they are apt to sensider you as Kate, Nell or Molly.

I would not permit any girl friend to complain to me of her mother; it is like listening to hiasphony.

I would not when I brush the dust-off my hat forget the colowebs of district and suspicion in my brain.

I would not tell my private-affairs to my most intimate girl friend, nor would I ask be imperitually and the properties of the colowest of the colowest of the my brain.

I would not write silly lotters to young men or permit them to be familiar with me.

Iwould not grow weary in well doing— instead, I would keep on encouraging my-self by trying to live up to my ideal of a woman, and the very fact of my trying so hard would make me achieve that which I wished.—Ladies Home Journal.

The study of Sanitation.

We should have a teacher of sanitary living and dieterics in every school in this

We should have a teacher of sanitary living and dieterics to every school in this country.

The family dector can do much to enlighten the general darkness by innisting upon the value of sanitary living as a means of preserving the health. The success of the earlier practitioners of homosepathy was largely attributable to their insistence of reasonable attention to the needs of the body. When it does not even to the physician to give explicit orders about sanitary observances, the nurse or mother should ask him for them, and should supplement them by studying all the sound authorities in her reach. As a matter of fact many diseases proceed from disturbance of the nutritive functions, and the dector's prescription of drogs is secondary in his purpose of helping nature. Hursland says that the gastric treatment of disease, which endeavers to reach the evil through the digestive organs, is incidental to the earliest practice of medicine, and surviving all changes of theory and practice, the insestinal canal still remains the battle ground where the issue of the gravest disorders is decided.

That many of the remedies are to be found within the range of ordinary food is but mitural when we consider how many medicines are of vagetable origin. Most of the "old women's herbs and simpless still hold high place is the mothern pharmacepoins, and conversely some of our every day foods have poisonous properties; for instance, our pleasant, familiar natures, wherewith we spice our custants and hot toddies, is a virulent noison, an entire globe being capable of killing a person if taken at once.—Juitet Corsen in Harper's Bazar.

Bazar.

Plenty of Steep for Women.

It is a known fact smong physiciana, nurses and those generally interested in the restoration of health that the percentage of women among the middle and upper classes who retire early is olarmingly mail. The term "ainrungly" is used advised by, because the growing tendency to keep late hours cheats Nature onto the just disea and compais her to resultate in a manuer that eften threatens not only health, but life, most seriously. There are few women so constituted but that the wear and tear of daily life consumes to a great extent their vitality, which can only be restored by means of perfect repose.

Especially are long, unbroken hours of rest necessary for wives and mothers, all of whom are giving of their strength unreservedly and getting little physically in return save that which is derived from sleep. The growing tendency of the age toward physical culture training is not well suicined in the late hours so universally kept by many of the most enthusiastic advocates of that movement. Those who earsely desire to use the most effective means at hand for the preservation of health and heatity chould not fall to keep early hours.

Jenness Miller Magazine.

Dual That Is Harmless

Robinson Crusoc's Island.

The island of Juan Fernandes, once inhabited by Robinson Crusoc, is now tennested by a former Austrian officer, Baron was Roddin, who, after being forced by the terrible wounds which he received at the pattle of Sadown, in 1886, to leave the army, know the distribution of the monotony of existence in cyllined Europe and determined to devote his fortune to a life of adventure. For fifteen years past he has been living on the pland of Juan Fernandes with a small colors of natives and of European deservant from civilization, and only communicating with the world once a year, when he small heighe saling yearh to Valparaise for provision and supplies.—Harper's Weekly.

Lord's Praber in a Breastpia.

Augustin L Barret has a curiouity in the shape of a breastpin, by which is set asmall circle of paper heartly helf an inch in diameter on which is written the whole of the Lord's prayer. What halves the work specially remarkable in that it was done with a quill pen. The words can be made out by persons with extra good cyesight without the mid of a magnifying gloss.

CONTENTMENT IN NATURE.

Of emperors and sings.

What has my gentle friend, the rose, rold them, if aught, do you suppose.

The rose that tells me things?

What sympathy have they with birds.
Whose songs are songs of mine?
Do they s'or hear, as though in words.
Twas lieped, the message of the herds.
Of graving, lowing kine?

Ah, no! Give me no lofty throne.
But just what Nature yields.
Let me but wander on, alone
If need be, so that all my own
Are woods and dates and fields.

—J. K. Bangs in Harper's Weekly

Parrots a Source of Piezzo

Parrots a source of Pleasure.

There was a time when parrots were regarded in India and elsewhere as eacred, and anybody who dared to injure one of them was regarded as guilty of a dreadful crime. It is true that since then they have fallen somewhat from their bigh estate, and that in this more degenerate age the common Amazon parrot has been shot in great numbers in the eastern parts of Brazil for the prosaic purpose of making a particular kind of soup to which the natives are partial, while the naturalist waxes quite cloquent when be sounds the quits eloquent when he sounds the praises of parakeet pie.

But in our own country, though we do not go either to the one extreme of holding them sacred or to the other exholding them sacred or to the other ox-trems of putting them into pies, parrots still occupy a place of honor in our households, and a well behaved "pretty Poll," who has been duly instructed in the accomplishments of her kind, is still the source of as great a degree of pleas-ure as ever.—Strand Magazine.

Why He Could Not Attend.

Why He Could Not Attend.

An amusing instance of the expedients resorted to by men summoned to attend as common jurymen in order to avoid serving in that capacity occurred recently. One morning a little girl whose eyes just peered above the desk timidly exclaimed:

"Please sir, father can't come; he can't put on his boots."

The judge asked the nervous little creature what was the matter with her parent. She hesitated. Evidently she had not been instructed further than the statement she had made, and looking

statement she had made, and looking straight into the judge's eyes said:

"Woll, sir, father don't wear boots; he's got wooden legs. I wasn't told to say anything else, sir; that's all."—Lon-don Tit-Bits.

The Sirest Hand's Delight.

One of the delicate delights of the street band is its propensity to scent out household musicales. In nothing, apparently, do these wandering musicians so much delight as to spring into blatters that the street beautiful to the second from which ao much delight as to apring into blat-ant strains before the bouse from which issues the voice of song or the modest music of the pianoforte. They carry the day or rather the night every time: for while they can play through and over and above anything, it would take a self possessed and sleady herved house-noid performer to hold his own or her own against such rivalry. And than they ring the bell and extend the hatl-Beston Commonwealth.

The Names of Two Cities.

On the principle of "In Rome do as the Romans do." I think it a safe rule to pronounce the name of a place as the residents of that place do. Honce we should speak of St. Lowis. In the were written "St. Lowis," not "St. Loues." All good Missourians say "St. Lowis." It is a little difficult to put down in black and white the local pronunciation of New Orleans, but it is something like this, "New Awl-yins," with the strong ascent on the "Awl."—Cor. New York Tribune.

She should Have Been Glad. She had induced him to swear off on cigarettes, but one hot day he fell from

"George," she said severely, as she swept her nose through the atmosphere of his surrounding, "you have been smoking." "Of course I have," he replied, as he

mopped his face, "and you ought to be thankful that I have not gone further and broken out into a regular blasin conflagration—confound this weather. confound this weather." -Detroit Free Press.

A Child with Two Brains

A few years ago, in 1894, a child was born to Mr. and Mrs. Ernest Kuerwitz, of Spring Creek, bear Hebron, Neb., that had two well developed brains, the second and useless adjunct being in a sac attached to the back of the real head by a ligament six inches in length. The child lived but two days.—St. Louis Re

The fact that man has been able to produce many great changes on the face of the earth is a tribute to his industry and ingenuity. But it is possible that he is bringing about effects of equal im-portance without intending them.

A enfety surfboat, with deck, sides, bottom, stern and kesi all made out of one piece of metal and so constructed as to have but one seam, and that running down the ends along the bottom, is the invention of a New York genius.

## PROMPTCY AND PERMANENTLY refrancish



SCIATICA, SPRAINS, BRUISES, INJURIES, CUTS.

NEURALGIA

ALL ACHES, BURNS. WOUNDS,



FROST-BITES Lumbago.

THE CHARLES A. VOGELER CO., BAIlimore, M.

⊕ PRINTERS 
⊕

PUBLISHERS

## TYPE, Presses,

Printing Material and Machinery

For sale at lowest prices and most advantageous

Palmer & Rey Type Foundry,

Cor. Front and Alder Streets,

PORTLAND, OR.

Write for prices and terms before buying else

"German Syrup'
My niece, Emeline Hawley, was, taken with spitting blood, and she became very much alarmed, fearing

that dreaded disease, Consumption. She tried nearly all kinds of medi-cine but nothing did her any good. Finally she took German Syrup and she told me it did her more good. than anything she ever tried. It stopped the blood, gave her strength and ease, and a good appetite. I had it from her own lips. Mrs. Mary A. Stacey, Trumbull, Cons. Honor to German Syrup.



A ull stock of Raymond Extension Rulies Skates consistily on hand.

Fire Arms, Fishing Tackle Sporting Goods of t very Description

H. T. HUDSON,

Sand 5 cents in stamps for new 1/2-page illustrated natalogue.

