LEBANON

EXPRESS.

He who thinks to please the World is dullest of his kind; for let him face which way he will, one-half is yet behind.

LEBANON, OREGON, FRIDAY, MARCH 6, 1891.

General Dews.

UNITED STATES.

Women's World.

Southern Pacific Route. THE MOUNT SHASTA ROUTE. EXPRESS TRAINS LEAVE PORTLAND DAILY :

op only at the following stations rg: East Portland, Oregon City, m. Albany, Tangent, Shedds, urg, Junction City, Irving and Roseburg Mail-Daily. Ar | 4:00 P. M. Ar | 12:00 M. Ly | 6:20 A. M. Portland Albany Roseburg Albany Local Daily (Except Sunday.) Portland Albany Ar 9:00 A. 3 Ly 5:00 A. 1 ocal Passenger Trains-Daily Excep

PULLMAN BUFFET SLEEPERS

Tourist Sleeping Cars amodation of Second-Class Passeng attached to Express trains.

WEST SIDE DIVISION.

Mail Train Daily (Except Sunday.)

Portland Corvallis

Ar 5 30 P. M Ly 12 55 P. M

bread.

Portland Ar | 8:20 A. M. McMinnville Ly 5:45 A. M.

EAST AND SOUTH

____VIA____

Country Produce Taken in Exchange for BETWEEN PORTLAND AND CORVALLIS. Goods.

W. B. DONACA,

-DEALER IN-

Groceries and Provisions.

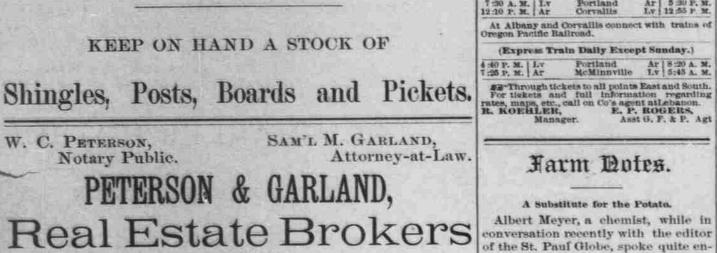
Cigars, Tobacco, Furnishing Goods,

Etc., Etc.

First-Class Goods at Reasonable Prices.

GIVE ME A TRIAL AND BE CONVINCED.

VOL. IV.



HAVE ON HAND

CHOICE BARGAINS

In Large and Small Farms. Best Fruit Land in Valley. Finest Grain Ranches in the World. Improved and Unimproved Land, from \$4 per Acre and up. Satisfaction Guarantzed. Have on hand some CHOICE CITY PROPERTY, Residence and Business. Bargains

Bread Making. I wish to draw the readers' atten-

tion to the fact that from the time the yeast is mixed with the flour till the bread comes from the oven there is a chemical action which requires some people escaped. mechanical skill to secure good sweet bread. Hops are often used by yeast makers, but they have no agency in the chemical change necessary to pro-duce good bread, on the contrary they are more of an antiseptic than a fer-

ment and are not used in making to interfere with criminal prosecution much of the good yeast found in the market. The first chemical action taking place is the action of the disastase on starch, which is soon con- bankruptey.

The oven, for if the gas and vapor rupture the outer crust of the dough stroyed its contents and threw the press in the river piecemeal. They attacked the Echo office but were

federal treasury. aldehyde is formed by the acetic acid and the result heavy sour bread.

To be sure of sweet bread all the working of the dough should be done the United States for \$1,000,000 in-demnity for Mizner's letter which caused the death of her husband. when the yeast is added, the dough The free coinage bill has been placed in the proper pan and when

placed in the proper pan and when light placed in the oven, avoiding a second working as many good house. The steamer Sherlock struck a bridge pier at Cincinnati Feb. 17 and was wreaked and four or five light

were lost. sarily deprives the dough of the first sarily deprives the dough of the first fermation of carbonic acid and the vapors of alcohol, which thereby en-drunkard, in it.

dangers the oxidation of the alcohol into acetic acid, more or less of which is almost always found in bakars'. The attempt to graft a piece of bone from a dog's leg into that of Johnnie Gethins at the New York charity hos-

The next chemical change is in the The next chemical change is in the baking, which breaks up the grain of stareh not changed by the disastase the windlass broke and he fell to the or yeast and by a certain degree of bottom and was fatally injured.

Albert Meyer, a chemist, while in conversation recently with the editor of the St. Pauf Globe, spoke quite en-thusiastically of a new tuberiferous plant which he thought would do ex-ceedingly well if introduced in the and 500 down and sugar, which are ceedingly well if introduced in the and 500 down and sugar. The state of the same of eedingly well if introduced in the and 500 degrees of Fahrenheit is

northwestern states. He said: A few years ago a scientist discov-ered in Japan a plant resembling the want! I have been as true to you as the needle is to the pole since the time when, a little boy and girl, we used to go nutting together." "Poor Mark! I am sorry." nd sent samples of it to Ber- If not hot enough the bread will not at sea. Spain is trying to get Blaine to ad-mit Cuban tobacco free. There was no mistaking the expression of the soft brown eyes. Genuine what she was, and she is alone and The strike at the Chicago steel pity was in them for the pain she was successes, and the new potato has too hot, too much of the water is works has collapsed after three ansing, but no love. been extensively introduced in Berlin driven of, and common charcoal or months' struggle. "Don't, Barbara! I can't bear it! and Paris, especially in hotels and restaurants. A number of farmers in our vicinity, with whom I conversed promise to try and love me. Resubmission of the prohibitory clause in the constitution of South Just then a young man rode by on a powerful black horse. Mark saw a Royal Prussian society of Berlin has ness of a well-toasted slice of bread, Dakota has been defeated in the sen udden change pass over Barbara's taken pains to make experiments with which does not require any great ate, 18 to 12. face. Turning, he saw, with a bitter Joel S. Jones, a Tacoma saloon plant is stachys tuberifera, but as to their form they might be called pine cones. Stachys affinis is another The first consideration is good yeast, name, and lately they have given it the name stachys Sieboldii. The cul-question with the best of flour, while dered to pay her \$50 a month. He then went to Chicago and sued for divorce, swearing she had deserted There was no mistaking the answertivation is the same as the potato, with good fresh yeast good bread can him in 1888, and now he is in danger ing look in the eyes of the equestrian, as, bowing low, he rode lingeringly by, turning ever and anon to smile at the and there have been found over 100 be made with inferior flour. In all of prosecution for perjury. fair face which Mark knew now not to be the light of his home. FOREIGN. "So it is that stranger whom you love! You need not deny it," he said Houses were unroofed and trees almost fiercely. "I saw it in your Barbara answered, proudly: "I do not wish to deny it." Then, a girls' college. The shipping federation, organized to resist demands of union men, now embraces seven-eighths of the ton-nage of Great Britain. 78.33 From its nature it cannot keep long, a girls' college. 1.67 being a plant which must be kept moist. When dry the plant is likely 0.73 to be killed and lose all power of us be friends for the sake of the pleasant days of our happy childhood. Be my changing the starch, the first chem-There is neither starch nor sugar, but galactan, a substance between both. Stachys affinis or tuberifera is Union men, who control the handbrother, Mark! Mark hesitated; but he could not resist the pleading wistfulness of the eyes, whose brightness shone through a mist which suggested that tears were not far away. He took the soft eyes, whose brightness shone through a mist which suggested that tears were not far away. He took the soft little hand in his great brown palm, hardened by manly toil. "I will be your friend, Barbara, but I cannot see you and be in your society as I have been. I could not bear it. I shall sell the farm, and leave the ion-union men. The Argentine troops have revolted and taken Cordova A stranger snatched \$60,000 from a action, the acid of the cream tartar Padlewski, the nihilist who killed the as I have been. I could not bear it. I shall sell the farm, and leave the place." "No, Mark; you need not do that to avoid seeing me; for we are to be marking and hasty words would not resist. She would go up to him and thread her fingers through his they are claimed to be a delicious dish. (tartaric) uniting with the soda and forming Rochalle salts in the broad skoff, in Paris, has been drowned and forming Rochelle salts in the bread, otherwise killed several times in the Associated Press dispatches, and now he has been eaten by wolves near married next week, and—and I shall curly brown hair, and put up her lips for a kiss; so what with some would Phillippopolis and his remains identified by papers found in the pockets of Mark looked at her in pained sur-prise, as, blushingly and hesitatingly, she told him this, overcoming her maidenly shyness and reserve so that the honest heart, whose friendship she constd would deter the intervention of the second his clothe Portugal will borrow \$45,000,000 from French bankers. Smallpox prevails about Belfast. Buckwheat Cakes.-Nice buckwheat Troops have been called out in the Charleroi district of Belgium to precakes are made of four cups of buckcoveted, would not drive its owner to Barbara, being constantly with them wheat flour, one scant cup of yellow Charleroi district of Belgium to pre-Indian meal, a teaspoonful of salt vent an uprising of workmen demandtake a rash step which might mar his was often an unthought-of-witness of whole future. ing universal suffrage. "Going away so soon, and with a perfect stranger? Oh, little Barbara! what do you know of him? He may when in a few moments, Alice had The National League at Cork has adopted resolutions declaring Parnell the sole leader of the Irish people. Sadler, arrested for the last White hapel murder, declares that the police are suppressing evidence in his favor, being determined to convict it is cruel in you to make such a sugsomebody to partially retrieve their gestion. eputation "But you know nothing of his family The Cuban government captured a band of supposed robbers under the leadership of Domingo Montelongo and murdered them all without trial of his past life." "He brought letters to auntie. His to speak of it." mother was an old friend of hers. The woman raised her head and Don't be worried, dear old Mark. He looked wonderingly into the kind symis as good as gold. I would stake my pathetic face for a moment. Feb. 7, after setting them on board a steamer under promise of giving them their liberty if they would leave Cuba. life on it.' Mark sighed heavily and turned rocked herself to and fro, moaning to The Chilean rebels are still gaining away. The joy of the afternoon had herself: gone for him, and another hour found "I an ground. They have captured Iquiqui After the czar got his debt refunded by the aid of Jewish bankers, under im on his way home. He did not see Barbara again until Alic long after her marriage, though her softly: of orders for seed. To make honey vinegar 1 gallon of vinegar, 1 pound of honey and 1 gallon of water is required. That is, 29 pounds added to it enough to fill a regular 32 gallon barrel) 1 barrel of the best vinegar. Use common alcohol bar-rels; saw out one of the barrel heads and paint the outside to prevent iron hoops from being destroyed by the vinegar. Keep it in a house cellar, so covered with burlap as to keep the dust out and let the air in. One year converts this water and honey into the choiceest vinegar. wedding was quite an event in the quiet neighborhood, for the friends and sorry for it, He who chastiseth the chilneighbors were invited for miles around, but poor heart-sick Mark stayed "Can He bring the dead to life?" said away. For weeks after the beauty and happiness of the bride was the with eyes that seemed to read her very and happiness of the bride was the village gossip, and Mark heard it talked over until he felt as though he must cry He can bring healing to the afflicted Several years passed by, during heart of the mourner." which Mark led a lonely life. His disappointment, while not souring his tears. kindly nature, had made him indifferent to social pleasures.

The Summer Fishers. Three fishers went sailing out in the lake, Out into the lake as the sun went down; Each thought on the biggest lie he co

make-And the reporters stood watching them Unprecedented floods were caused n Virginia, Pennsylvania and southof the town: For fishers will lie and reporters believe, For 'twas over their wont though they se

For we've all been fishing ourselves ! Three editors sat in their offices high, And they made up their sheets as the moon went down; And each murmured, "Til glance at the usual

lie." And they picked up the "copy" with dark-some frown: "For papers must print the fisher's tale Though it calmy tells of hooking a whale— For we've all been fishing ourselves.

Three journalists lay on the office floor In the gaslight gleam when the foreman came 'round, For each had read the tale from the shore And each had sunk down in a deadly swound, For the fishers had said and the scribes had

written That all that eve not a fish had bitten-And truth was stranger than fiction!

A WOMAN'S ERROR.

The young people of Groveland were having a picnic. It was in a pleasant grove just at the edge of the main

of the Groveland world. The aunt with whom she had lived died sudden-ly soon after her marriage, and all trace of the village beauty seemed to have vanished.

nearly-ironed white dresses; some with bright-colored sashes and bows to match, others wreathed with wild flowers gathered in the woods, which stretched invitingly away in the shady coolness at the back of the grove. Conspicuous among the rustic beauties was Barbara Wildman. She was a tall bright-looking girl, whose great dark eyes usually flashed back a merry answer to the jests of the rustic beaux, who generally bovered around her like moths around a flame.

Just now, however, their brightnes was under a cloud; for Mark Everson was standing at her side, and the tete-a-tete she had for some time been

ship, and with a woman's instinct she newly-learned insight into her own heart, she now knew that she did not

love him Her answer must be "No." With all her gay friendly ways she and not an atom of intentional coquetry about her, and with a sudden

resolution to end his suspense she turned towards him. "Well, Mark," she said gently, what is it you want to say to me?"

"You must know without my telling. Oh, Barbara, it is your own sweet self I

It had proved more lasting than the ordinary liking between schoolmates, and she was to spend the summer in band still lived, as, judging from deep mourning, she had thought widowed.

and she was to spend the summer in Groveland. She was a gentle little thing, whose shy blushes at the most trivial word ad-dressed her by Mark at first amused him greatly. He tried to draw her out and in doing so, found, after a time, that Alice, with her childish ways, had brought peace and happiness into the heart once so niled with the imago of the lost Barbara. From the first, Mark had seemed to Alice all that was good and noble, so his wooing was a speedy one, and in a twelvemonth after his introduction, Everson Farm had a gentle mistress. Comfort and luxury joined hands in beautifying the quaint old homestead for the prosperous young farmer had plenty of money, and "Alice musthave pretty surroundings," he thought

to Barbara! She sprang forward with a wild cry, and was caught to his breast. "Oh, Elmer, forgive-forgive!" "My poor girl! It is I who should plead to you for forgiveness. Can you let the past be as a sealed book, and begin our life over again?" "Oh, so gladly—so joyfully! If you only knew how I longed to see your dear face since my wild flight away from you—anywhere I thought, so as to relieve you of my unwelcome presence."

"And I, too, my darling! Life has eemed a blank since I lost you! But, please God, nothing shall again divide

Explanations followed.

Elmer Haughton was wealthy; and in her wild anger at some fancied neg-lect of her handsome worshipped husness. Alice, as a matron, had grown, even more attractive than in her girl-hood. Care sat lightly on her white forehead, and her soft pink cheeks seemed made for dimples to play hide-and each in

As she had told Alice, her temper was fiery and unreasonable. Its con-stant friction had worn upon Elmer until his fervent love had apparently merged into indifference towards the wife whose beauty and bright ways had first attracted him.

But mutual absence had proved to each how great was their love for one another. Owing to the influence of the example which Alice had unconsciously held before Barbara, all is now peace and happiness with the re-united pair.

THE MONKEY AND THE MIRROR

Some years ago an "aquarium and nenagerie" in Boston came to grief and was sold under the hammer.

After the Sheriff's visit there remained nothing on the premises but a few mirrors, which had lined a passage way, and a cage filled with a forlorn lot of

Alice had heard the whole story of Mark's infutuation and disappoint-ment, but she made no sign, though her heart gave a great throb at hearing the name from her husband's lips. "Why, what of her?" she asked mietter and a enge filled with a formation with a formation of the Mischlevous boys broke the mirrors and threw pieces of them into the monk-eys' cage. And so it befell that for want of something better to do one of "I saw her to-day, and it made my heart ache. She is the mere shadow of Suddenly the monkey started and his countenance assumed an expression of mingled astonishment and rage. He saw friendless. Think of it! Barbara Wildman looking for employment! mingled astonishment and rage. He saw another monkey—or he thought he did —boldly looking through the glass at him, as he had seen people look at him through windows many a time and oft. Disturbed by the fancied approach of this phantasmal monkey, which was nothing more nor less than the presenta-tion of himself in the mine hereints. Couldn't we find a place for her, Allie? cheese making." Alice would rather have died than let Mark see the keen pain that his words had caused her. The thought tion of himself in the mirror, he chatter ed at it and extended a warning paw. of his first love domiciled in her house! It was like a dart aimed at face. Turning, he saw, with a bitter pain tugging at his heart-strings, that the eyes of the girl that he loved were resting on the stranger's face with a rapt lingering expression in them which had never irradiated them for him, her old-time faithful friend. There was no mistaking the answer-Ing him. But although the paw went around the side of the glass like lightning, it encountered nothing, for the simple reason that nothing was there. Again and again did the angry mon-key endeavor to come at the enemy, which chattered when he chattered and threatened when he thattered and So it was arranged, Barbara came. A quiet reserved woman-still beautiful-but not with the winsome brightness of old. Suffering and sorrow had set its stamp upon her high broad fore-head, and the great bright eyes seemed threatened when he threatened. He reached over the top of the glass, he looking away into some unapproach-able distance. Her lips were shut so threw down the glass and tried to flatten tightly together that the pretty pouting the enemy beneath it, but all was of no curves which Mark remembered so well had merged into straight red lines suggesting an idea of firmness which

verted into dextrine and sugar. The next chemical action is the fermenta-tion of the sugar, which develops car-bonic and alcohol which divides the particulas of four and avails the dough particles of flour and swells the dough recent crimes committed thereabout to the proper point of lightness for the oven. Here comes in the mechan-ical skill to know when it is ready for

the gas (carbonic acid) escapes, per- driven away by the use of firearms. mitting the air to mingle with the Charles Foster, governor of Ohio, vapors of the alcohol and quickly has been nominated secretary of the

was wrecked and four or five live keepers insist on doing, which neces-

is almost always found in bakers'

Barrundia's widow says she will sue

pital is now reported to have proved a complete failure.

Captain Francis L. Norton, his wife,

pretty of money, and "Ance internave pretty surroundings," he thought tenderly, "to make up for such a com-monplace workaday sort of a husbard." It would not have done to say the concluding clause aloud, however, for he well knew that the little woman would not have done to a say the

would not have changed him for a king; though he considered himself sadly overrated in her mind, it was very sweet to have it so. Barbara had fallen completely

Most of the village girls were there, dressed in their crisply-starched and neatly-ironed white dresses; some with

If Mark ever thought of her it was to wonder at the poignancy of the old sufferings. His wedded happiness had been without a cloud to mar its bright-

endeavoring to avoid was inevitable. She was sorry to lose Mark's friend-"Has anything gone wrong with you to-day, Mark?" knew that it must be all or nothing from henceforth with him; and with a

He looked up in surprise. "Why, little wife? What put that into your head?" "I don't know, I'm sure; unless it is that you seem so quiet and unlike your-

Mark thought a moment, then he

room for an extra helper.'

made her face too severe-looking to be

She went about her duties with a

pre-occupied air, as though her

thoughts were far away; but they were faithfully performed. She made no effort towards sociability. Alice at first regarded her with a

Going to her, she put her tender arms about her, and said gently: "Tell me your trouble, Barbara. Perhaps it will make your heart lighter

"I am unworthy, and God has pun-

ished me." Alice caught the words, and said

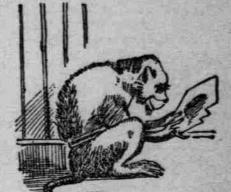
"The truth is, Allie, I am sorry and pained, but not for myself. Did you ever hear anyone speak of a girl who was once the beauty of the village— Barbara Wildman."

Alice had heard the whole story

NO. 52.



on the subject, are willing to experi- acid and converts the starch into ment on the plant next season. The dextrine and sugar. Hence the sweetthe plant. The scientific name of this mechanical skill, as the change is i knolls in one hill; some say as many cities there is no trouble to secure as 300, but this is probably exagger- good yeast, as it is furnished daily in ated. They are, of course, not as the form of small cakes, and I have large as our common potato. Ac- never found any better than what is arbon hydrate (Principi galactan).... There is neither starch nor sugar. an agreeable tasting vegetable when by yeast. In raising flour with yeast boiled in salt water and served with powders, so called, there is no chembutter and parsley sauce. Some people | ical change, simply a diffusion of the ike them seethed in oil, but that is carbonic acid set free from the soda like pommes de terre frites (potatoes cream tartar. This is a chemical cut in small slices and fried in butter). The taste is at first like that of a sweet potato, but one will soon feel a very fine piquant taste. They do not need acid is the acid used, and this may be to be peeled, but are only washed considered the most harmless as it is ACCOUNTS KEPT SUBJECT TO CHECK. Ing to the housekeeper. They are CHECK. Constitution on the important agent of animal life.—A. P. Sharp in New England Farmer. kept in the ground as late as possible, and preserved packed in sand in the cellar during the winter months. Exposed to the air they will shrink and lose their nice, white, mother-of-pearl-like color. The plant is winter-hardy, and thrives in any soil. Frost I. R. BORUM. TONSOFIAL Artist A Good Shave, Shampoo, Hair Cut, Cleaned or Dressed. A Good Shave, Shampoo, Hair Cut, Cleaned or Dressed. A Good Shave, Shampoo, Hair Cut, Cleaned or Dressed. A Good Shave, Shampoo, Hair Cut, Cleaned or Dressed. A Good Shave, Shampoo, Hair Cut, Cleaned or Dressed. A Good Shave, Shampoo, Hair Cut, Cleaned or Dressed. Cut, Cleaned or Dressed. A Good Shave, Shampoo, Hair Cut, Cleaned or Dressed. Cut, Cleaned or D there are many enthusiasts in favor of the new plant in that city, which prophesies for the plant a great future. The expectations of high prices and large yields will induce a good many farmers to make a trial with the new plant. I have already quite a number of orders for seed.



HOLDING THE MIRROR UP TO NATURE. To his apprehension there was a mon-key behind the glass which could make

himself visible or invisible at will. He sat back on his haunches and stared

sat back on his haunches and stared blankly into the glass—the picture of bewilderment and baffled rage. At this juncture a small, soft-haired monkey, who had been observing with great curiosity the maneuvers of his elder, descended deftly from his perch to the floor and slid quickly to the back of the mirror which the despairing monkey held. There he sat, cuddled in a little brown beap, blinking and wondering why he could not see through to his elder, who was lost in such a brown study. these scenes, where a loving word

study. After a few moments the elder mom key's features assumed an air of intense decision. He had determined to make one more trial for a solution of this great question and if it failed he would own himself vanquished by magic. No, it could not be; he would feel once more behind the mirror. There must be monkey there.

In another instant his paw had de-scended upon the little soft-haired mon-key. His face shone with triumph. He At first she made no answer, but threw away the fragment of mirror, jumped to his feet, grappled the little monkey, and proceeded to give him a most tremendous thrashing. As he flew round the cage, wiping up the

floor with the little monkey, it was easy to see he was convinced that he had been right all the time. This was the mon-key who had been there and had derided him, and he meant to teach him a lesson that he would never forget.

Sagacious Horse.

It is related of a horse at Janesville, Wis., noted for his intelligence, that during a recent storn- finding that his which Mark led a lonely life. His dis-ppointment, while not souring his indly nature, had made him indiffer-mt to social pleasures. But after a time his uncle Clifton and I have killed that in my husband's beart. He hates me! and I —I am to

Sec. 2

AF AN A

converts this water and honey into the choicest vinegar.
A bill has been introduced in congress to improve the channel of Snake in sated water until half done, them in the them up and grate them. Add to the grated salisify two gills of flour, a grate them and peoper to taste, four eggs beaten separately very light, and sufficient.
The population of the state is 349,390.
We c. Cunnington, a San Francisco faro dealer, committed suicide with poison at Tacoma Feb. 20.
We conserve at once.
We conserve at LEBANON, OREGON. FRESH & SALTED BEEF, PORK, MUT-Shaving, Haircutting and Shampo TON, SAUSAGE, BOLOGNA & HAM. ing in the latest and best style. Spec-al attention paid to dressing Ladies' hair. Your patronage respectfully so-BACON AND LARD ALWAYS ON HAND MainStreet, Lehanon, Org.

stimp.