

Good Advice From a Humorist.

To young men Bob Burdette says: "You take a basin of water, place your finger in it forty-five or thirty seconds, take it out and look at the hole that is left. The size of that hole represents about the impression that advice makes on a young man's mind."

"Don't depend too much on your family—the dead part, I mean. The world wants live men; it has no use for dead ones. Queen Victoria can trace her ancestors back in a direct line to William the Conqueror. If you can not get farther back than your father you are better off. Your father was a better man than old William. He had better clothes to wear, better food to eat, and was better housed."

"If you are a diamond be sure that you will be found out. Cheek, brass and gall never get ahead of merit."

"I love a young man who is straight forward. Ask for what you want. If you want to marry a rich man's daughter or borrow \$5000 from him, ask him for it; it amounts to the same thing in the end. It is always better to astonish a man than to bore him."

"Remember that in the morning of life comes the hard working days. Hard work never killed a man. It's fun, recreation, relaxation and holidays that kill. The fun that results in a head so big the next morning, that a tub could hardly cover it is what kills. Hard work never does."

"Those who come after us have work to do just as hard as we do. When I shovel snow off my sidewalk, if perchance I take a three-quarter piece off of my neighbor's walk, I put it back, because if I didn't I should be doing him an injustice."

"You can't afford to do anything but what is good. You are on dress parade all the time."

"Don't be afraid of pounding persistently at one thing. Don't be afraid of being called a one-idea man or a crank. If you have one idea, you have more than most men. It takes a smart man to be a crank."—Ex.

Again on the Turf.

Call Van Cleve, who has been out of the newspaper business recently, says he is now going to make up for lost time. The citizens of Scio have raised a bonus of \$600 which they will give him to start a paper there. He will also revise the Yaquina Post and in a few weeks will have both of these papers running. He also has offers of liberal subsidies for starting newspapers at several other places and he expects to have five or six running soon, all of which he will edit and manage personally. Van Cleve is known as a journalist from 'way back, and when he gets his circuit of newspapers started he will whoop 'em up with both hands and feet.—Herald

An Expression of Delight.

"About a week ago," says a Los Angeles, Cal., druggist, "a Chinaman came in with a lame shoulder. I sold him a bottle of Chamberlain's Pain Balm and guaranteed that it would cure him. He came in again last night, and as soon as he got inside the door, began swinging his arms over his head like an Indian club swinger. I thought the blamed fool had a fit, but he finally stopped long enough to say: 'Medicine velly fine, velly fine; all same make me feel plenty good.' Chamberlain's Pain Balm is without an equal for sprains, rheumatism, aches, pains or lame back. For sale by M. A. Miller."

The Pride of Woman.

A clear pearly and transparent skin is always a sign of pure blood, and all persons troubled with dark, greasy, or blotched skin can rest assured that their blood is out of order. A few doses of BEGG'S BLOOD PURIFIER & BLOOD MAKER will remove the cause and the skin will become clear and transparent. Try it, and if satisfaction is not given it will cost you nothing. M. A. Miller, Druggist.

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The pleasant effect and the perfect safety with which ladies may use the Liquid Fruit Laxative, Syrup of Figs, under all conditions make it their favorite remedy. It is pleasing to the eye and to the taste, gentle, yet effective in acting on the kidneys, liver and bowels.

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Suicide.
Tuesday morning Timothy Ralview, a young man living on the reservation near Athena, committed suicide by sending a pistol ball through his brains in a fit of despondency.

It seems as though he was paying attention to a young half breed girl and that he had been notified to cease his attentions to her by her father, which seems to have made him despondent, and on Tuesday morning he arose quite early and was seen by members of the family to act queer, but little attention was paid to him, when he secured a .38-caliber pistol, stole outside the house to near the bed-room of his father, placed the muzzle of the gun to his temple and fired, producing instantaneous death.—Home Press.

EDITOR OF THE EXPRESS:—Please announce in the columns of your paper that we are sole agents for St. Patrick's Pills, the most perfect cathartic and liver pills in the market. They not only physic, but cleanse the whole system; purify the blood and regulate the liver and bowels; they are vigorous but gentle in their action and can always be depended upon. For sale by M. A. Miller.

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Cleanse the System Effectually,
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PURE BLOOD,
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| 8:00 A. M. | Portland | Ar. | 8:45 P. M. |
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