

Constant coughing is precisely like scratching a wound on the outside of the body; so long as it is done the wound will not heal. Let a person, when tempted to cough, draw a long breath and hold it until it warms and soothes every air cell, and some benefit will soon be received from the process. The nitrogen, which is thus refined, acts as an anodyne to the irritated mucous membrane, allaying the desire to cough and giving the throat and lungs a chance to heal. At the same time a suitable medicine will aid nature in her effort to recuperate. — Baltimore News.

A New Bedford man has a cat with a remarkable fondness for sliding on the ice. When it finds a likely bit of ice it runs to get a good start, and then, throwing itself on its belly with fore and hind legs extended forward and backward, slides down again and again until surfeited with the fun.

A Louisiana negro, near Bayou Goula, saw a bear in his turnip patch and tried to drive him out. The bear resented the insult, drove the negro out, and chased him up the railroad track. The darkey stepped aside to let an express train pass and the bear didn't. After the train passed the negro took a lot of bear meat home for supper.

Undeservedly Laughed At.

The unthinking are prone to make game of nervousness. Yet this is a very real and serious affliction, the harassing symptoms of which are rendered all the more poignant by ridicule. The stomach is usually responsible for these symptoms—its weakness and disorder find a reflex in the brain, which is the headquarters of the nervous system. As a nerve tonic and tranquilizer, we believe that not one can be pointed out so effective as Hostetter's Stomach Bitters. In renewing vigorous digestion, it strikes the keynote of recovery of strength and quietude by the nerves. Headaches, tremors in quiet sleep, abnormal sensitiveness to unexpected noises—all these modify and ultimately disappear as the system gains strength from the great tonic. Dyspepsia, biliousness, rheumatism, constipation and kidney complaints are subdued by the Bitters.

It is easier to be wise for others than for oneself.

White Elephant of Siam, Lion of England, Dragon of China, Cross of Switzerland, Banner of Persia, Crescent of Egypt—Double Eagle of Russia, Star of Chili, The Circle of Japan, Harp of Erin.

To get these buy a box of the genuine DR. C. McLANE'S CELEBRATED LIVER PILLS, price 25 cents, and mail us the outside wrapper with your address, plainly written, and 4 cents in stamps. We will then mail you the above list with an elegant package of oleographic and chromatic cards.

FLEMING BROS., PITTSBURG, PA.

Prosperity unmarks the vicissitudes; adversity reveals the virtues.

Consumption Surely Cured.

To the EDITOR:—Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hopeless cases have been permanently cured. I shall be glad to send two bottles of my remedy free to any of your readers who have consumption if they will send me their express and postage address. Respectfully,

T. A. SLOCUM, M. C., 181 Pearl St., New York.

Life is but a short day, but it is working day.

Desires to Bear Testimony.

Henry Thorne, Traveling Secretary of the Y. M. C. A., writes from Exeter Hall, Strand, London, February 2, 1888:

"I desire to bear my testimony to the value of ALCOCK'S PAIN EXPELLERS. I have used them for pains in the back and side arising from rheumatic and other causes, never without deriving benefit from their application. They are easily applied and very comforting. Those engaged as I am in public work, which involves exposure to sudden changes of temperature, will do well to keep a supply of ALCOCK'S PAIN EXPELLERS in their portmanteaus."

Diversity of opinion proves that things are only what we think them.

Happy Recovery.

There is nothing I now enjoy that I do not owe to having used Dr. Kennedy's Favorite Remedy, of Rondout, N. Y., at a time when I was suffering all that a human being could endure. My troubles began in my kidneys, from which I never expected to recover. My physician said I had Bright's disease. Later I had a bad attack of gravel. Six years ago last June—how well I remember that day—I saw Dr. Kennedy's Favorite Remedy advertised in our paper. After using three bottles I was well. I have never had a return of the disease, and though I am over sixty years of age I am vigorous and strong, as I was in my prime. What physicians and the many remedies I had taken could not do, Dr. Kennedy's Favorite Remedy did; it stayed the disease and made me a well woman.—Mrs. Emiline P. Mixer, Burg Hill, O. DR. KENNEDY'S FAVORITE REMEDY, made at Rondout, N. Y. 41; 6 for 45.

Send for hood, how to cure Kidney, Liver and Blood disorders.

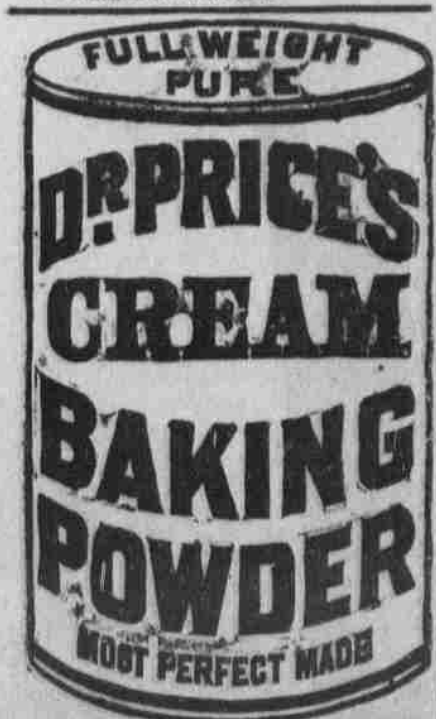
Ideas are a capital that bears interest only in the hands of talent.

For an Irritated Throat, Cough, or Cold, "Brown's Bronchial Troches" are offered with the fullest confidence in their efficacy. Sold only in boxes.

If you haven't time to be good, step over and borrow a little of your besetting sin.

If afflicted with Sore Eyes, use Dr. Isaac Thompson's Eye Water. Druggists sell it 25c.

Try GERBERA for breakfast.



Its superior excellence proven in millions of homes for more than a quarter of a century. It is used by the United States Government. Endorsed by the heads of the Great Universities as the Standard. Purest and most healthful. Dr. Price's Cream Baking Powder does not contain Ammonia, Lime or Alum. Sold only in cases. PRICE BAKING POWDER CO. NEW YORK. CHICAGO. SAN FRANCISCO.

Opoponax is the name of a new perfume that has suddenly become very popular in Paris. It is said to be made chiefly from carrots, and has what may be termed a modified smell of that vegetable.

Nearly all the fashionable of the fair sex in London now wear wrist watches. They are constructed in every form, from the plain leather strap to the magnificent bracelet, where the face of the watch is encircled by precious stones. The same device is also applied to purses, pocketbooks, canes, and even umbrellas, which are made up with diminutive watches attached.

It is said that the two pet alligators that were presented to Mrs. Cleveland during her Florida tour are to be kept in the reception room at the White House, and trained to shake hands with visiting statesmen.

Millions of jack rabbits migrated from Oregon to Idaho during the recent cold spell in the far northwest. They crossed the frozen waters of the Snake river in herds, and presented a wonderful spectacle to the people who saw them.

DR. SPINNEY'S

Dr. Spinney & Co., 181 First St. Call or Portland, or address

NERVOUS Debility, Loss of Vigor, Seminal Losses, Weak Memory, Dejection, etc., due to excess or abuse, cured.

YOUNG MEN suffering from the effects of youthful follies or indiscretion should avail themselves of our treatment. A positive cure guaranteed in every case. Syphilis, Gynorrhea and Venereal Diseases, gonorrhea, discharges, promptly and safely cured.

MIDDLE-AGED MEN who are troubled with Kidney or Bladder, Headache, Debility, Wasting of Sexual Strength, etc., cured and restored to healthy vigor.

Persons unable to visit us may be treated at their homes, by correspondence. Medicines and instructions sent by mail or express. Consultation free. Send 4 cents in stamps for "The Young Man's Friend" or guide to Wadlock.

WHAT

SCOTT'S EMULSION CURES CONSUMPTION, SCROFULA, BRONCHITIS, COUGHS, COLDS, Wasting Diseases.

Wonderful Flesh Producer.

Scott's Emulsion is not a secret remedy. Containing the stimulating Hypophosphites and Pure Norwegian Cod Liver Oil, the potency of both being largely increased. It is used by Physicians all over the world.

PALATABLE AS MILK.

Sold by all Druggists.



Some years ago I was thrown from a horse in McLean county, and received a frightful wound on one of my legs. For more than a year I was unable to walk. The wound ulcerated and refused to heal, and every one thought I would have to amputate. S. S. S. was recommended, and I used it freely, and I shall never get through thanking S. S. S. for saving my leg, and restoring me to perfect health.

GARLAND WILSON, Palestine, Texas, July 24, '88.

Send for treatise on Blood and Skin Diseases, mailed free. SWIFT SPECIFIC CO., Drawer 3, Atlanta, Ga.

I prescribe and fully endorse Big G as the only specific for the certain cure of this disease. G. H. INGRAHAM, M. D., Amsterdam, N. Y. We have sold Big G for many years, and it has given the best of satisfaction. D. R. DYCKE & CO., Chicago, Ill. Mark \$1.00. Sold by Druggists.

THE VAN MONCISCAR PRIVATE DISPENSARY.

NOS. 133 and 134 THIRD STREET, Portland, Oregon.

In the only Private Dispensary in Portland or on the Northwest Coast, where patients are successfully treated for all NERVOUS, URBAN, AND PRIVATE DISEASES in young or old, single or married, such as LOST MANHOOD, Nervous debility, seminal losses, falling memory, spinal irritation, etc., foot and bladder troubles, gonorrhea, gleet, stricture, etc.

CONSULTATION FREE.

REWARD—If you have an Old Sore that needs healing, and that other remedies have failed to heal; or a breaking out or itching of the scalp or body; or a Boil, Burn, Cut, or any ailment for which a Salve is suitable, buy a 25-cent box of Mexican Salve, which is warranted to cure when everything else fails. If not kept by your druggist send 25 cents in stamps to J. C. DEMENT, Apt. Astoria, Or., and receive a box by mail.

N. P. N. U. No. 280 S. F. N. U. No. 367

ARM & HAMMER BRAND

To Housekeepers and Farmers.—It is important that the Soda or Saleratus you use should be White and Pure same as all similar substances used for food. To insure obtaining only the "Arm & Hammer" brand Soda or Saleratus, buy it in "pound or half pound" cartons, which bear our name and trade-mark as inferior goods are sometimes substituted for the "Arm & Hammer" brand when bought in bulk. Parties using Baking Powder should remember that its sole rising property consists of bicarbonate of soda. One teaspoonful of the "Arm & Hammer" brand of Soda or Saleratus mixed with sour milk equals four teaspoonfuls of the best Baking Powder, saving twenty times its cost, besides being much healthier, because it does not contain any injurious substances, such as alum, terra alba, etc., of which many Baking Powders are made. Bakers and Farmers should use only the "Arm & Hammer" brand for cleaning and keeping Milk Pans Sweet and Clean.

CAUTION. See that every pound package of "Arm & Hammer" Brand contains full 15 ounces net, and the 2 1/2 pound packages full 13 ounces net. Soda or Saleratus same as specified on each package.

Packed in Card Board Boxes. Always keeps Soft. **SODA OR SALERATUS**

S. JACOBSON'S FOR NEURALGIA.

Neuralgia and Paralysis—Nov., 1880—Cured.

Springfield, Tenn. My wife suffered 18 months with neuralgia and paralysis. I had to move her in bed, and could not get her to sleep. By the time she had used two-thirds of a bottle of S. J. Jacobs Oil she could walk.

JOS. F. MURPHY.

From Same 8 Years Later—Permanent Cure.

Springfield, Tenn., Oct. 17, 1884. My wife was paralyzed and could not walk a step. Before I used S. J. Jacobs Oil she was about the house. She is now entirely well; does all the house work and milking too. JOS. F. MURPHY.

Sold by Druggists and Dealers Everywhere.

I CURE FITS!

I do not mean merely to stop them for a time and then have them return again. I mean a radical cure. I have made the disease of FITS, EPILEPSY or FALLING SICKNESS a life-long study. I warrant my remedy to cure the worst cases. Because others have failed no reason for not so receiving a cure. Send at once for a treatise and a free bottle of my infallible remedy. Give Express and Post Office.

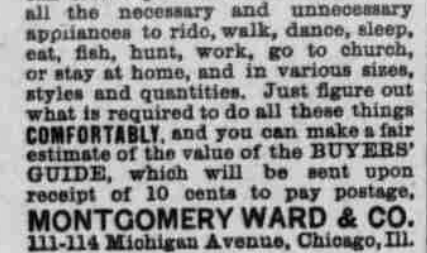
H. G. ROOT M. D. 183 Pearl St., New York

A BIG SHOW

Smith's Cash Store, 418 Front St., S. F., Cal. largest general dealers west of the Mississippi River. Dry Goods, Notions, Hosiery, Underwear; Wall Paper, Stationery, Blankets, Bedding; Boots, and Shoes; Canned Goods, Dry Fruits; Wooden, Tin, Crockery, Glass, Granite, and Hardware, Meat, Fish, Provisions, Honey, Grain, Feed, Groceries, Pure Spices, Seeds, Beans; Drugs, Medicines; Clocks, Ammunition, Rubber Goods, Tents, and quantities of other goods at lowest prices for Cash only. Send 2c stamp for full list by first mail, and learn how to live cheap and well at small cost; 32 years in business; Customers in every County west of the Rocky Mountains, and many elsewhere.

WELL DRILLS

FOR EVERY PURPOSE. Sold on Trial!



Investment small, profits large. Send 50c for mailing circular and full particulars. Manufactured by F. G. Austin Mfg Co 167 & 169 Lake St. Chicago - Ill.

CHICHESTER'S ENGLISH PENNYROYAL PILLS

RED CROSS DIAMOND BRAND. Original, best, only genuine and reliable pill for sale. Never fails. Ask for Chichester's English Pennyroyal Pills, in red seal wrapper, with blue ribbon. At Druggists. Accept no other. All pills in paper-board boxes, pink wrappers, are a dangerous counterfeit. Send 4c. stamps for particulars and "Bottle for Ladies" by letter, by return mail. 10,000 testimonials from LADIES who have used them. Name Paper. Chichester Chemical Co., Madison Sq., Phila., Pa.

OPIMUM AND MORPHINE ANTIDOTES.

DR. WEATHERS' ANTIDOTES, in use 17 years. Special Morphine Habit Cure also. Correspondence Confidential. Call on or address J. J. ALKEN, Manager, Room 28, St. Ann's Building, San Francisco.

\$5 TO \$8 a day. Samples worth \$2.15 FREE.

Lines not under horses' feet. Write Brewster Safety Rein Holder Co., Holly, Mich.

STEINWAY, BEANICH, PEASE & BACH.

Gabier, Roundup Piano; Burdett Organs, band instruments. Largest stock of Sheet Music and Books. Bands supplied at Eastern Price. MATTHIAS GRAY CO., 22 Folsom Street, San Francisco.

ASTHMA CURED

GERMAN ASTHMA CURE. Instantly relieves the most violent attack and insures comfortable sleep. NO WAITING FOR RELIEF. Being used by inhalation, its action is immediate, direct and certain, and a cure is the result in all curable cases. A single trial convinces the most skeptical. Price 50c. and \$1.00 of any druggist, or by mail. Sample Free for stamp. Dr. H. SCHIFFMANN, St. Paul, Minn.

PRIVATE

Information, either sex, sealed, free. Private Diseases cured. M. J. Paris Co., San Francisco, Cal.

LADIES!

A SECRET YOU WOULD like to know, especially MARRIED LADIES of delicate health. Send stamp for full particulars of this great boon to women, sent in securely sealed letter. DR. GRAEME, box 1841, San Francisco, Cal.



AFTERNOON TEA.

Said Mrs. G. to Mrs. D. ("Twas o'er a cup of fine Bohemian: "Our pretty hostess yonder, Has gained in looks surprisingly; She seems as well as well can be! What is the cause, I wonder?"

Said Mrs. D. to Mrs. G. "She's changed indeed, but then, you see, She put aside objection, And tried that famous remedy, Which did so much for you and me— Pierce's Favorite Prescription."

For "run-down," debilitated and overworked women, Dr. Pierce's Favorite Prescription is the best of all restorative tonics. It is a potent Specific for all those Chronic Weaknesses and Diseases peculiar to Women; a powerful tonic and nerve, it imparts vigor and strength to the whole system. It promptly cures weakness of stomach, nausea, indigestion, bloating, weak back, nervous prostration, debility and sleeplessness. It is carefully compounded by an experienced and skillful physician, and adapted to woman's delicate organization. Purely vegetable and perfectly harmless in any condition of the system.

"Favorite Prescription" is the only medicine for women, sold by druggists, under a positive guarantee of satisfaction in every case, or price (\$1.00) refunded. This guarantee has been printed on the bottle-wrappers, and faithfully carried out for many years.

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Pierce's Pleasant Urgeative Pellets

Unrivalled as a Liver Pill. Smallest, cheapest, easiest to take. One tiny, Sugar-coated Pellet a Bowl. Cures Sick Headache, Bilious Headache, Constipation, Indigestion, Bilious Attacks, and all derangements of the stomach and bowels. 25 cents, by druggists.

ANY ONE CAN DYE

A Dress, or a Coat, Ribbons, Feathers, Yarns, Rags, etc. Any Color FOR TEN CENTS

and in many other ways SAVE Money, and make things look like NEW, by using DIAMOND DYES. The work is easy, simple, quick; the colors the BEST and FASTEST known. Ask for DIAMOND DYES and take no other.

For Gilding or Bronzing Fancy Articles USE DIAMOND PAINTS. Gold, Silver, Bronze, Copper. Only 10 Cents.

Baby Portraits

A Portfolio of beautiful baby pictures from life, printed on fine plate paper by patent photo process, sent free to Mother of any Baby born within a year. Every Mother wants these pictures; send at once. Give Baby's name and age. WELLS, RICHARDSON & CO., BURLINGTON, VT.

Cleanse the System

With that most reliable medicine—Paine's Celery Compound. It purifies the blood, cures Constipation, and regulates the liver and kidneys, effectually cleansing the system of all waste and dandruff matters.

Paine's Celery Compound

combines true nerve tonic and strengthening qualities, reviving the energies and spirits. "I have been troubled for some years with a complication of difficulties. After trying various remedies, and not finding relief, I tried Paine's Celery Compound. Before taking one full bottle the long troublesome symptoms began to subside, and I can truly say now, that I feel like a new man. Digestion has improved, and I have gained ten pounds in weight since I have commenced taking the Compound." HONESTUS STRAIN, Felchville, Vt. \$1.00. Six for \$5.00. At Druggists. WELLS, RICHARDSON & Co., Burlington, Vt.



DWIGHT'S COW BRAND SODA OR SALERATUS

TO MAKE A Delicious Biscuit Ask your Grocer for COW BRAND SODA OR SALERATUS. Absolutely Pure.

THE BEST CLOTHING

For Men and Boys at "THE HASTINGS,"

Lick House Block, San Francisco.

MANN & BENEDICT, Successors to C. C. HASTINGS & Co

27 Years in present location.