The Lebanon Express.

TERMS OF ADVERTISING. (LEGAL)

Local Notices, per line..... Regular advertisements inserted upon liberal terms.

JOB PRINTING

SOCIETY NOTICES.

LEBANON LODGE, NO. 44, A. F. & A. M.: Meets at their new half in Masonic Block, on Saturday evening, on or before the full moon.

J. WASSON, W. M. LEBANON LODGE, NO. 47, L.O.O. F.: Meets Saturday evening of each week, at Odd Fellow's Hall, Main street; visiting heethren cordially invited to attend.

J. J. CHARLTON, N. G.

J. S. COURTNEY, M. D., PHYSICIAN AND SURGEON

LEBANON OREGON. 13 Office in Dr. Powell's Residence.

F. M. MILLER, ATTORNEY AT LAW

Notary Public and General Insurance Agt. LEBANON, OREGON. Collections and other business promptly attended to.
Office on Main street.

> DR. A. H. PETERSON, SURGICAL DENTIST,

Filling and Extracting Teeth a Specialty. LEBANON, OREGON.

sidence, on Main street, next door north

C. H. HARMON. BARBER & HAIRDRESSER,

LEBANON, OREGON. Shaving, Hair Cutting, and Shampooing in the latest and

ST. CHARLES HOTEL,

LEBANON, OREGON,

N. W. Corner Main and Sherman Streets, two Blocks East of R R. Depot, J. NIXON, Prop'r.

Tables Supplied with the Best the Market Sample Booms and the Best Accommodations for Th General Stage Offi e.

J. O. ROLAND.

Lebanon, Oregon,

MANUPACTURER AND DEALER IN Harness, Saddles, Bridles, Whips, Spurs,

....AND ALL Goods in the Saddlery Line.

Harness and Saddles Repaired Promptly and at

LOW PRICES. LEBANON

Meat Market

WM. WERTH, Prop'r.

Fresh and Salted Beef and

MUTTON. PORK, SAUSAGE. **BOLOGNA** and

Bacon and Lard always on Hand. Main Street, Lebanon, Or.

MEAD'S

Harness Shop! Manufacturer and Dealer in

HARNESS.

SADDLES, WHIPS. SPURS.

....And a full line of

Saddlery Goods. All work work warranted Hand-made and

Agents for STAVER & WALKER

Agricultural Implements And the Celebrated

Main Street, . LEBANON, OREGON.

STUDEBAKER WAGON.

Lebanon, Oregon,

-DEALER IN-

G. W. SMITH,

Stoves and Tinware, Iron, Pumps, &c.

.....MANUFACTURER OF

Tin, Copper, Sheet-Iron Ware,

EVE SPOUT, Etc.

All kinds of Repairing Done at Short Notice.

Also keep in stock

The WOVEN WIRE BED.

T. S. PILLSBURY,

Brownsville, Oregon.

Practical : Watchmaker.

..... DEALER IN

Watches, Jewelry, Optical Goods. A COMPLETE ASSORTMENT OF

Ladies' and Gents' JEWELRY,

Rings, Bracelets



ROYAL ALLOY THIMBLES, LADIES'

Cuff and Collar SETS. Chains, Pins, Etc.

ROGERS & BROS.' SILVERWARE.

All Goods Guaranteed. All Work Warranted.

MITCHELL & LEWIS CO., Limited.

Factory: Racine, Wis.

THE MITCHELL FARM AND SPRING WAGONS.



THE MITCHELL WAGON.

Log, Header and Trucks; Dump, Hand and Road Carts; Open and Top Buggies, Phaetons, Carriages, Buckboards, and

HARNESS.

General Agents for Canton Clipper Plows, Harrows, Cukivators, Road Scrapers, Gale Chilled Plows, Ideal Feed Mills and Wind Mills, Knowlton Hay Rakes, Horse Powers, Word Saws. Feed Cutters, etc. We carry the largest and best assorted stock of Vehicles on the Northwest Coast. All our work is built especially for this trade and fully warranted. Send for new 1887 catalogue.

Mitchell & Lewis Co., Limited, 188, 190, 192 and 194 Front Street, Portland, Oregon.

Our goods are sold by F. H. ROSCOE & CO., Hardware Dealers, Lebanon, Or.

G. E. HARDY,

Watchmaker .. and .. Jeweler.

Watches, Clocks, Jewelry, Silver Plated Ware and Optical Goods.



Guaranteed

... ALSO AGENT FOR

The New Noble Sewing Machine and Machine Supplies. LEBANON OREGON.

HOME AGAIN.

Home again! Mother, your boy will rest, For a time at least, in the old home nest. How good to see you in your cornered nock, With knitting or sewing, or paper or book; The same sweet mother my boyhood knew. The faithful, the patient, the tender and tru

You have little changed: ah well, may be A few gray hairs in the brown I see; A mark or two under smiling syes. Se lovingly bent in your glad sarprise. 'Tis I who have enauged, ah mother mine, From a teasing lad to manhood's prime.

No longer I climb on your knee at night For a story told in the soft firelight; No broken slate or book all torn Do I bring to you with its edges worn; But I'll come to you with my graver cares. You'll help me bear them with tender prayers

Fil come again as of old, and you
Will help the man to be brave and true:
For the man's the boy, only older grown,
And the world has many a stambling stone.
Ah, mother mine, there is always rest
When I find you here in the aid home nest.

—Abbie C. McKeever.

ADVICE TO GIRLS.

The Necessity and Benefit Abundant Exercise.

How to Avoid at Thirty the Sofa, a Shawl, Neuralgia and Nerves-What May Be Accomplished by Proper Training.

over thirty," says Mr. William Blakie, whom can be seen any fine day speed are, "is the sofa, a shawl, and neu-sparkling eyes and glowing cheeks to ralgia" Surely a most discouraging indicate their benefit. They have an of "physical degeneration"; men who day if they walk many squares. And so |ing will have to look up some feasible it is—the whole race is becoming puny and inexpensive plan of recuperaercise, upon which depends so much of their happiness, particularly of the the advantage over us. Their uncongirls, since they see across the "Rabi-ventional life makes it possible for

on" the sofa and a shawl, neuralgia them to avail themselves of the manand nerves, headaches and temper. nd nerfes, headaches and temper. opportunities Nature has provided

Miss Bertha von Hillern is a notable What a glorious chance the girl has example of what it is possible for a who lives near a river. Its resource woman to accomplish by training. are two-fold. In winter she can skate Devoted and successful artist as she is, to her heart's content, and thus get herher physical culture is not deemed self into a fine, healthy glow. In sumsecond to her artistic, and a portion of mer what more interesting and bene each day is given up to this need of her ficial than to pull a stroke with some nature. And while it is a need of all expert college friend? Base-ball is annatures, it becomes pre-eminently so to other sport in which the country girl those who give it its rightful consider-Branch: Portin nd, Or ation. Not only does the material comfort depend upon regular, moderate exercise, but the mental growth and development as well. It stands to reason that vigorous health influences the mental conditions, and that the man or woman who is constitutionally the most robust will be capable of a greater amount of intellectual labor. Look at Gladstone as an illustration of the nower of the body upon the mind. Alshough an old man, he still walks six miles every morning before breakfasting. The result is a clear, active brain and a well-preserve l structure, such as a man half a century younger might well envy him. He attributes his activity to the physical culture, which has never been neglected during the whole of his remarkable career. And here is no doubt that if the men and women of the present would emulate his example there would be fewer pigmies it is to be hoped that all of our girls in the world. Julian Hawthorne, who s an athlete mentally and physically, hows his opinion of the necessity of egular exercise for women in the raining of his own little daughter, who, dthough but eleven years of age, can valk a mile in seven minutes easily. Imagine what a glorious specimen of womanhood she will be! No shawls or

nerves for her, thanks to her father's uperior intelligence. Strength should be a woman's pride no less than a man's. Exercise alone will develop it, and at the same time impart that symmetrical beauty of form which characterized the "godlike Greeks." It has been too long negfacted in our schools, as the pale faces of the children will testify. Few children really take any beneficial exercise while in school. The hour, or halfhour, for recreation in the middle of the day is passed in studying the lessons for the afternoon session or in walking up and down the warm rooms and halls. This is partly due to the fact that few of the schools have yards sufficiently large to accommodate them in any pleasant pastime. This is to be regretted, as it is at this period of a person's life that physical training should be doing its work. The introduction of calisthenic exercises in the schools several years ago was the first step in the right direction, and gave the children a taste for physical cultare, which was before unknown to them. Unforunately, they must go breakfast, well seasoned with red pepthrough the various movements and per and a little salt, and they will pay drills in the school-room, and so can you in the egg basket. But don't fornot inhaie the pure oxygen, which is get that an innocent-looking chicken will bear watching, especially when the most essential part of the benefit. The fashionable craze for lawn-tennis goes to prove that our girls are becoming aware of their deficiency in the matter of out-of-door sports, and the enthusiasm which has been developed in them for this graceful and healthful game shows that they are not behind young Nicefellow can begin life with a

expect to see "Hebes," and each succeeding generation will develop a more perfect type of womanhood. The new "Woman's College," which is being erected in our city, is to be on the most evidence, having seen so many instances advanced scale, the grounds attached to it will be for the physical culture of the fair students; a gymnasium will not be missing from the building, and every thing that can add to the menta and bodily growth and expansion will

find its place within its walls. But we need not belong to a collegclass, or indeed, any organization, is order to take the exercise so necessary to us, although it is true that we are more likely to do it if we have otherto spur us on. Every girl who is bless-ed with moderately good health should walk a mile or two every day, and feel all the better for it, while in reality most of them loll around on their lounges or beds the greater portion of the day to be ready for the evening ball or german. That is the reason so few of our girls have any "go" in few of our girls have any "go" in them—they waste all of their energies dancing before they are conscious of their mistake, and so are disinclined to exert themselves by walking, or playing The time passed for him to return and he exert themselves by walking, or playing tennis, or lifting dumb-bells. The trievele is the most delightful means of taking an airing that is open to the belles who are too weary to foot it. These vehicles have found great favor "The natural destination of women with the Washington girls, many of in an article relating to physical cult- ing along through the bracing air with prospect to the gentle sex. And yet, it is largely their own fault, for our smoothness of their streets, for it it is largely their own fault, for our smoothness of their streets, for it girls neglect too frequently the exercise which would banish the latent the suburbs should we adopt the triweakness that hastens their arrival at eyele, and then, as some of our mamthe destination so graphically described mas would properly suggest, the sub-by Mr. Blakie. In our own city we urbs are not sufficiently protected and clear demonstration of the theory from that unclassified portion of society, the tramp, to make them the should be our ideals of strongth and most desirable place for exercising. So beauty are small and of almost effem- I guess we will have to resign the cominate physique. Girls who should be fortable invention, and all of us who able to walk several miles without are not happy in the possession of a fatique are completely overcome and gentle saddle-horse upon which to take good for nothing the remainder of the a run across the country every morn-

> Here is where the country girls have may develop her muscle without being considered masculine; and, indeed there is no more exciting and interest ing pastime for girls than a game with a "good nine." Its only drawback is that it will enlarge the hands, which, to a girl, is never a recommendation. There was a young ladies' seminary in one city where a regular nine played every day at recess, and at times the game would become so interesting that the professor in charge would omit the lessons to see the result. Before the session ended one young lady had her eye nearly put out, another a broken arm, several boasted sprained fingers. to say nothing of the broken windowpanes on the side of the house facing vardwards; but as it was all in the physical culture service no one was blamed. I will not predict such results from the classes just organized. for it is undoubtedly a good thing, and who can will enroll their names at once.

-Selene, in Baltimore American. HINTS FOR FARMERS.

Suggestions Whose Universal Observance Would Add to the Joys of Rural Life. Keep a serene temper. Fretful, ross, ugly tempers are contagious. Don't let your cross-grained boys break your colt or steer unless you want a spoiled animal. Remember that a pleasant disposition is very catching. while an open heart and smiling coun tenance permeate the whole household. You can get double more work from man or beast (except the mule) by kindness that you can by force. You wife will always execute your wishes if you treat her as you did about the time you were married. Her righteous indignation is justly aroused while trying to iron your shirt bosoms with nothing but green wood in the stove, especially if she had to dig that out of a snow drift, yet she should not put a libel on brute creation by calling you such. Look well to the comfort of all that is surrounding you. See that your cattle and horses are not breathing noxious air or sleeping on wet straw through your negligence, for it certainly is not theirs. Don't yard your sheep and cattle together if you can possibly avoid it. Bear in mind that if you treat your swine hoggish, they, too, will be hoggish in their returns. Give your fowls a warm

headed for the garden. - Cor. Ohio Farmer. -Mrs. Muggers-And so Miss Flighty intends to marry old Oppulence because he can't live long, and then she and this age of progression. And we can fortune. Mrs. Wiggers—That seems to but feel proud to know that we have be her idea. "I know a case of that lately started in Baltimore a physical kind, but the rich old man lived for culture class for girls, in connection twenty years, and then left all the law with the Hopkins University, or rather would allow to his only daughter." under its kindly patronage. Instead "But did the woman's lover wait?" of listless white-faced maidens, we may "Yes, and married the daughter."

JUDICIAL MURDER.

I have little faith in c'reumstanial

Why a Prominent St. Louis Citizen Has No Fulth in Creumstantial Evidence.

where it was in error. In direct testimony a w tness may distort the truth, but in circumstantial evidence he has a double opportunity to lie, and no way of tripping him up. I remember a case in Mississippi, happening when I was a boy, that has made me chary about using circumstant'al evidence since have been engaged in the practice of law. This v ctim was a poor man, who came there from the North, got hold of a small farm to cult vate, and co struct ed a log hut down by the river, in which he lived all alone. Near him res ded a rich planter. Around his hut the country was very soit and swampy. It was off the main road and was not seen fre-quently by travelers, 'u. a bridle path-leading near the but was used consider-ably by people around there to cut off the distance to town. This rich planter did not come. Later his horse arrived home, rider ess. A search was instibody of the planter was found in the swampy land off the bridle-path. His pockets had been r fed, and it was ear that the murder had been committel for rol bery. Beside he body was f, and a derringer, with the name of thoceus nt of the but engraved on it. Leading to the body from the but and from the body bock to the but were well dened trocks. At the hut the man was found sleep n; the mate to the derrin er by his side, h's shoe-mudd, and h's hat filled with papers aken from the dead man's pocke's The shees fitted the tracks neely, and a rery strong case of circumstantial evidence was made out. He was tred, considered and hanged. He protested he nnocence so strongly on the scalfold that the short delayed the performance of his duty. Wi him twelve months after that a hard case in that co nt y was mortally wound d, and on his death-bed he confe sed to having his death-bet he coule sed to having committed the murder, and gave up money and pap is he had secured. He said he had crossed from the road to he had no his stocking fiet, had put on the poor man's shoes, armed himself with his derringer and laid in wait for he planter, and after comm tt ng th nurder had fi ed the evidences of gu'lt sround the still sleeping occupant of the ht. -Thos. B. Harrey, in St. Louis the shell furthest from the breast. The Hobe-Democrat.

GERMAN LIEUTENANTS.

hard, or for as many hours daily, as does a L'eutenant in any branch of the a ferman military service, says the Lon don Telegraph, making a statement which will seem nered ble to those who know these officers only by their smart appearance. In the I teral sense of the expression, he is a slave to duty. It is more especialy in time of peace that is labors know no intermiss on save during the brief intervals allotted to him for his meals—between the hours of even in the morning and nine at night. War time he regards as a comparative holidar, the relatations of which would be altogether delight ul were they not accompanied by t a urgent probability of getting shot. As long as the Fatherand continues to be on friendly terms with its ne glibors, the German subaltern's life - week n. week out, from the open ng to the close of the year is what Mr. Mantalini would have called 'one dem'd horrid grind' of teaching his men every item of their daty in barrack and reld. The constant demand thus made upon his twe, intelli-gence and professional aptitude is the necessary outcome of the Cerman compulsory short service system, which only keeps the conser pt two years and seven months with the colors, but reu'res that he shall be converted into a perfectly efficient soldler by the expiraion of that prod. To achieve end his offic rs have to be at him all the me. They drill him, ins ruet him in the construction and use of his weapons, indoctrinate h m to a certain extent in tactics, inspe t h'm n many veral ways with relation to his det, habits and general conduct; in short, look after him w th benevolent severity from rosy morn to dewy eve. With such a we gat of duty and respons blity ever hanging to their shoulders, it may well be u derstood that hey have no time for recreat on, and that their day's work done, they are only too glad to seek in well-earned slumb r a brief rest for the'r we wied bodies and m nds. Yet these ove worked men are not riously the b st mil tary officers in the world, al hough with respect to pay, cave a d promotion, they are at a disadvantage compared with their comrades of every European aims; to whom, however, their untiring devotion to the r co ntry's service and splendid s lf-sacrifice, se' an example which, we smecrely trust, Br t'sh subaltern: will not be itate to follow -Liverpool G'obc.

Friendship's Truest Gain.

The truest gain of friend hip is in triend. Only he who knows how to be The Government has spent within the a friend unselfishly and unswervingly, last twelve years not far from \$1,000,knows what true fr endship is, or knows | 000, but it has been a remarkable busiwhat a true friendship is wo th. He ness investment, for the value of our friend! is not likely to obtain his wa'r in this direction; nor is he probably worthy of being loved as a friend. But he who say, with all his heart, I will be a friend, whatever it costs! is likely to compass his heart's desire so far; and ne may also gain a friend far wo thier and dearer than any he ever dreamed of. -S.-S. Times.

gether by yows not to wear overcoats the gun was discharged, and George this winter. -N. Y. Mail. was shot dead. -N. Y. Sun.

SCALLOP FISHING.

One of the Rare Delleacies of the Eastern Markets is Obtained. Though it had long previously been enjoyed by the shore towns in New England, the introduction of the scallop as an edible into the New York markets is as recent as 1858 or '59. Now the annual product of the fishery, which is restricted in area and subject to much variation, amounts to something like 75,000 gallons in all, worth from twenty-five to thirty thousand dollars at first cost; and New York receives and dispenses about three-

The species of scallop in question is Pecten Irradians, which is common in suitable places all along our coast. Besides this there are half-a-dozen other varieties, living at more or less depths in the Western Atlantic, one of which, the great Peeten tenuicostatus of the coast of Maine and the Bay of Fundy, was formerly highly valued by the people of that region, but now is too scarce to appear on the tables of even "the rich" except at rare inter-

Scallops are caught by hand-dredging from small sail boats. The dredges are about thirty inches in width, have a scraper blade upon the bottom, and in favorable weather several may be thrown over from each boat. In shoal syster an iron-framed dip net is sometimes used on calm days. It is pretty hard work, and entails exposure to very severe weather.

The only edible part of the scallop is the squarish mass of muscle (the adductor) which holds the shells together, and this part is skillfully cut out by "openers," who have their houses at the landing places where the dredgers take their cargoes to be sold. It is the buyer, not the dredger, who "opens" or "cuts out" the meat and prepares it for market. In some places men alone are employed in this work, at others women and girls for the most part, and they will earn from eighty cents to \$1.25 a day. The work is performed with great dexterity. The motions of an expert opener are but three after the scallop is in hand. The bivalve is taken in the left hand, palm up, with the hinges of the scallop towards the opener's body. The knife -a simple piece of steel ground sharp, and with one end stuck in a wooden upper "eye" is severed through by this movement. A flirt at the same moment throws off the upper shell. The second Men Who Have to Work Hard Except to motion cuts the lower fastenings of the No student of law, physic or divinity. eye to the upper shell and takes the no c ty clerk or shopman. no skilled motion pitches the shell into one barrel perst ve or hand'eraft man works as and the soft and slimy rim into another. while the eye is thrown into a basin of yellow stoneware a basin of yellow stoneware holding a gallon. They are then poured from the basin into a large colander, thoroughly washed, placed in clean boxes and shipped to New York and Brooklyn. As little fresh water or ice is placed in contact with the "meats" as possible, as it is thought detrimental to their firmness and flavor. As this is altogether a winter operation, the help of ice in transportation is not

usually needed. There is, or ought to be, no waste in the seallop fishery. On Long Island the refuse is taker by the farmers as manure. The sea-faring agriculturists have always been accustomed to replenish their half-exhausted lands with the scrapings of the beach, and with the menhaden and other seine-fish which could be caught plentifully enough for the purpose in the offing-much to the tisgust of every stranger who found himself to leeward of their fields. This demand failing, there is always sale for the refuse to the regular fertilizer-fac-

tories scattered along the shore, The shells are preferred above all others by the oyster-planters as "stools" or "cultch" to spread upon their deep-water planting-beds as objects upon which the oyster-spawn may 'set" and grow. This wise preference is due to the fragility of the scallopshell, permitting it to break into pieces under the strain of a growing cluster of oysters, each one of which will be benefited by the separation, which frees it from the crowding of its fellows and gives it room to expand by itself into comely and valuable rotundity, instead of remaining a strapshaped distorted member of a coalescent group. All their shells, therefore, can easily be sold by the openers to the oystermen at from three to five cents a bushel .- Ernest Ingersoll, in American Naturalist.

Excavations in Rome.

The Roman archæologist, Prof. Rudolfo, has had for the past sixteen years the absolute control of Roman excavations. Speaking of his work in conversation, he said: "The excavations in Rome are now being conducted by the national government, the municipal government and private citizens. Hundreds of statues and busts we have found, some of marble, others of costly seing a fr'end, rather than 'n having a' bronze, many in perfect preservation. whose chiefest cry is, I must have a finds is placed at \$4,000,000. So rapidly is the work going on that we are almost unable to store properly from day to day the results of excavation." N. Y. Post.

-George Pancake, of Anoka, Minn., with his dog and gun, started to walk to a lumber camp. He met two men, and leaned on his gun as he talked to -A half dozen rich young men in them. His dog jumped upon him, hit New York have banded them elves to the hammer of the gun with his paw,