

Help those Sick Kidneys

How many times have you had your work, sleep, or your leisure hours interrupted by recurring pains in the region of the kidneys?

Did you ever experience anything more unpleasant and annoying?

You probably neglected it too—let yourself believe it wasn't serious—be over it in a day or two. When the kidneys give you warning of inability to perform their duty, assist them in every way, help them get rid of poisons that are accumulating, waste matter they cannot throw off.

They are weak and need strengthening. See that they are built up, back to normal, and it won't be many days until you are built up, eager for work and enjoying your rest and leisure hours

All You Need is to Take

Nyal's Stone Root Compound

There's a wealth of wisdom in that assertion, this preparation is one of the most prompt and effective preparations we have and we are confident that it will do as represented. Make us prove it. If we can't, your money will be refunded. **50 cents and \$1 the bottle**

Kerr & Rowland Drug Co.

Phone Main 144

Lebanon, Oregon

Photograph Gallery

Photographs and Post Cards

We have located in Sweet Home and will be ready to do photograph work of all kinds about Monday, Sept 21. Call and see us. Prices Reasonable. Work Guaranteed.
A. E. EDWARDS, Photographer.

When in Lebanon go to the

Home Restaurant

For Your Dinner

We furnish the best dinner in the valley for 25 cents
BRUER BROS. Props. LEBANON, ORE.

W. J. LAWRENCE

DEALER IN

General Merchandise

A Large and Complete Line of
GROCERIES, HARDWARE, CURED MEATS, LARD, ETC.

I have a large assortment of Ladies Shoes which I am closing out at 40 per cent discount from the Retail price

Highest Market Price paid for all kinds of farmers produce. I aim to give my customers satisfaction in every respect.

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LEBANON

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Attorney at Law

(CITY ATTORNEY)

LEBANON

OREGON

Sweet Home's Wants

If a "Want" book was kept for our city, the following items would certainly be found therein:

Railroad connection with the outside world.

A more efficient water service which would afford some measure of fire protection.

Wider and more uniform sidewalks.

Electric light system and street lights.

A bank.

Paint on many of our buildings.

A number of new streets.

Harmonious thought in all matters pertaining to city improvements.

Less knocking.

Many new settlers who will build homes.

Manufacturing enterprises to use up our wealth of raw material.

Our immense water power developed etc.

Insect Enemies To The Codling Moth

O. A. C. Corvallis Ore.—The codling moth and its brood of larvae that cause wormy apples are to be attacked with a new and interesting weapon, the Calliephialtes messor gray. This new enemy of the moth is only a small insect, but it is fully as formidable as its name, if it accomplishes all that is expected of it. Just what the insect is and what it does to destroy codling worms are described by Professor H. F. Wilson, head of the Entomological department of the Oregon Agricultural College, who will direct experimental work with the beneficial insect.

"The methods of this parasite are not intended to be warlike. Its fatal damage to moth larvae is inflicted in its peaceful pursuit of a home in which to rear its young. In seeking for a place to deposit its eggs, the female of this species discovers the cocoon of the codling worm. She settles down upon it, penetrates the shell with her ovipositor, inserting it deeply into the body of the larvae or pupa, and there lays the egg.

"Almost as soon as it is hatched from the egg the young parasite begins to feed upon the tissues of its living home. And it never ceases to eat until it has grown strong and is able to make its living in the outside world. By this time the moth larva has been burrowed into a lifeless shell. The parasite then emerges to rear another generation of its kind, and, if a female, to inflict death upon large numbers of moth larvae.

"A supply of specimens of this insect has been secured by the department of entomology and an attempt will be made to rear colonies large enough to carry on successful warfare against the codling moth. If this attempt is successful, colonies of the parasite will be liberated in orchards in various parts of Oregon."

S. W. Bowser was a business visitor in Lebanon, on Monday.

DR. I. B. WILSON

Physician and Surgeon

Calls promptly attended day or night



SWEET HOME

OREGON

How Wheat Perspires.

When you are perspiring furiously in the dog days it may or may not console you to think that an ordinary field of wheat is giving off moisture quite as furiously. Between the months of April and July, according to Sir James Dewar, a field of wheat perspires sufficient moisture to cover the surface of its ground to a depth of nine inches. Another interesting fact is that it requires three and a half pounds of water to produce sixteen grains of wheat. Speaking of the solar radiation in tropical places, Sir James says that in six hours about four-tenths of a square mile receives heat equivalent to the combustion of 1,000 tons of coal, while an area of 1,300 square miles receives in one year heat equivalent to 1,000,000,000 tons of coal—the whole estimated coal output of Europe and America.—Philadelphia Ledger.

The Drummer's Tender Heart.

The commercial traveler had just finished a story of a disastrous fire, in which his firm suffered severely.

"And what did you do when you heard of it on your journey?" inquired his friend.

"Oh, I sent the boss a long telegram of sympathy! He likes that kind of thing. Cost me half a crown."

"Half a crown!" exclaimed the other incredulously.

"Oh, I charged it to my expenses, of course!" explained the traveler.

Kindly feeling and thoughtful economy could go no further.—Manchester Guardian.

Plausible Excuse.

Guest—Waiter, are you sure this is oxtail soup? Waiter—Yessuh. Guest—But I've found a tooth in it. How do you account for that? Waiter—Well, I don't know, sub; but I reckon dat ox must have been biting his tail.—Sphinx.

In a Bad Way.

"My friends," declaimed an orator during a convention—"my friends, I say to you that this great republic of ours is standing on the brink of an abyss!"—Philadelphia Saturday Evening Post.

Sloth, like rust, consumes faster than labor wears, while the used key is always bright.—Benjamin Franklin.

Thirty years ago a fellow would have been considered sort of cracked in the upper story who would have predicted that a man would some day travel 100 miles in a flying machine. Yet one day recently a Frenchman, Moulins, made an uninterrupted flight from Paris to London of 287 miles in 185 minutes, an average of ninety-four miles an hour.

A pedigree is a desirable thing in connection with a dairy cow and particularly if it is desired to sell her offspring at fancy prices, but of even more value from the practical standpoint is her performance. There are a good many cows that have pedigrees that, so far as being able to deliver the goods is concerned, are essentially scrubs and whose pedigrees are not worth the paper they are written on.

Roquefort cheese, one of the most popular products of its kind to be found on the world's markets, is made from the milk of hundreds of thousands of sheep in the province of Roquefort, France. The lambs are allowed to suck their mothers for some two months, at the end of which time they are weaned, and thereafter the sheep are milked and the milk made into this appetizing cheese, for which there is a great demand and which sells at a fancy price.

Hen manure makes an excellent fertilizer for roses, currants and gooseberries. But it is well to remember that it is very concentrated and should be used sparingly. It should be scattered in the early spring and spaded into the surface soil.

Steel Cars and Railway Slaughter

The morning after the last New Haven wreck the press was lurid with demands for steel cars. Steel cars are necessary, because they render accidents somewhat less fatal. But the hue and cry for steel cars may be very harmful, for all that, if it fills the public and the legislative mind with the foolish notion that such equipment will prevent railway slaughter. Indeed, in some future wreck these steel cars, which are conductors of electricity, may result, in connection with a third rail or an overhead wire, in a tragedy of wholesale electrocution not pleasant to think about. But that is another story.

The only thing which will prevent that is good railroading. Wrecks happen on almost all railways; but wrecks on the shocking American scale of frequency and loss of life are caused by only one thing. That thing is railway incompetency. It may be incompetency in training and managing men. It may be incompetency in allowing greed for dividends to forestall needed improvements in track and equipment. It may be financial incompetency.

But it is incompetency. These wrecks prove by ghastly and overwhelming evidence that the railway management of the United States have not had the brains and the integrity to develop their roads with the growth of the nation on safe lines. Railways in other lands have no such horrible array of deaths and wounds. Whatever may be said of the superiority of the American railway in some regards, so long as this thing continues it is a failure, and the system of private ownership stands hopelessly condemned.—Colliers.

Mayor Gaynor of New York Dead

Mayor Gaynor, of New York, died last week while enroute to Europe for a vacation rest. It will be remembered that an attempt was made to assassinate the mayor some months ago. It is thought the wound then inflicted, contributed to the cause of his death.

Mayor Gaynor's death somewhat complicates the political situation in New York City. He had accepted the nomination as independent candidate to succeed himself.

To Lebanon Tribune Subscribers

The unexpired subscriptions to the Lebanon Tribune will be filled by the Intermountain Tribune, also, all live subscriptions will be continued from this office. Should any of the above not desire the continuation, they will confer a favor by notifying us of the fact. It is our purpose to make the Intermountain Tribune an up-to-date country weekly and we hope all of our friends will continue their patronage.

Goings, Tittle & Goings

DEALERS IN

Farm Implements, Wagons, Buggies, Harness, Plumbing Supplies Flour, Wheat, Oats, Ground Feed, Etc.



Good stock of rough lumber on hand

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