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You have the grain and we have No. 1 second hand grain sacks.

We can save you money on sacks. Don't forget to come and get our prices before you buy your sacks.

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The better you eat
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PAT MURPHY, Proprietor
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We carry a Full Line of

Wheels, Rims, Springs

and are equipped to
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Write for booklet describing our
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Catarrhal Deafness

is often caused by an inflamed condition
of the mucous lining of the Eustachian
Tube. When this tube is inflamed you
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be reduced, your hearing may be de
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do what we claim for it—rid your system
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Sold by all druggists for over 20 years.
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Health and Home

PROPER FOOD FOR SCHOOL CHILDREN

The age during which children are attending school may aptly be called "The Dangerous Age." It is the period of rapid growth and every care should be taken to insure the child of a normal and healthy body. The idea of eating only fit and wholesome foods should be early impressed on the younger members of every family in order to protect them against later ill health and its accompanying unhappiness. If the utmost care is not taken in the diet that is used by children, cases of food poisoning, indigestion and kindred ailments may result.

And milk, being the chief item in the diets of most children, should be carefully guarded. It is, because of its nature, prone to infection if exposed to germs and may soon become unfit for use. Wherever there is the slightest reason for doubt as to its purity and food value, steps should be taken to insure the sterility and the fitness of milk intended for consumption by children. Many mothers have adopted the excellent practice of using milk that is absolutely pure and sterile and free from any germs or bacteria. The most satisfactory, as well as the safest milk used in preparing food for the growing child is evaporated milk.

It is sterile, and therefore safe. It is more digestible than market milk. Its uniformity, convenience and cost are qualities that recommend it.

The following dishes are well suited to the needs of the growing child; they are easily digested and very nourishing:

Caramel Custard.

1 cup evaporated milk diluted with 1 cup water
1 egg
1/2 cup sugar (caramelized)
2 tbsp. sugar
1/4 tsp. salt
1/4 tsp. vanilla

Scald the diluted milk. Caramelize the sugar and add to milk to dissolve. Beat eggs slightly, add sugar, salt, and flavoring and combine with scalded milk. Pour into custard cups and set in a pan of hot water and cook in a moderate oven. When done, a knife-blade run in the center will come out clean.

Fish Chowder.

1 pint raw fish cut in 1-inch dice
2 small potatoes sliced
2 onions chopped fine
1/2 pound fat salt pork, sliced
2 cups boiling water
1 cup evaporated milk diluted with 1 cup water
6 crackers

Fry out the salt pork. When brown, remove pieces of pork and put fish, potatoes, and onions in kettle. Cover with boiling water. Simmer until potatoes are tender. Add the milk and cook 5 minutes longer. Season with salt and pepper. Just before serving add the crackers.

His Own Death Notice

Mike was working diligently in his potato patch when he saw the postman coming up the road, bringing a black-edged envelope.

Mike became uneasy, and showed it.

"Hope it's not bad news," said the postman.

"It is that," said Mike, looking at the address. "It's upset I am entirely. My brother, Pat's dead. I can tell by his handwriting."—From Everybody's Magazine.

Gave Name to Vogue

The name "silhouette" is derived from Etienne de Silhouette, a French minister of finance, who was famous for his measures of economy in 1759. All business was stripped of unnecessary detail. Paintings were reduced to mere outlines. Whether this was in conformance with the spirit of economy or because it was coincidence that black and white outline portraits became popular at this time, the name "silhouette" was applied to them and has clung.

Animal Highly Valued

The water buffalo is valued highly in China, especially in the fields, where it is used for the cultivation of the rice crop. It is said that they are more powerful than the ox and capable of dragging or carrying a heavier load. The female yields a much greater quantity of milk than a cow, and of excellent quality, from which the ghee or semi-fluid butter of India is made. The hide is valued for its strength and durability.

THINGS UNUSUAL

By T. T. MAXEY

(© 1924, Western Newspaper Union.)

HAT ISLAND

Great Salt Lake is the strangest lake on this continent. It is keeping with

this situation, one of the strangest islands in America is in this strange lake. As if to perpetuate this strangeness, the entire population of this island consists of a conglomeration of bird life—pelicans, seagulls, and heron, or crane, about 100,000—all told.

Hat Island, appropriately nicknamed Bird Island, has an area of about 22 acres and is located many miles off shore. There are no trees on it and no vegetable growths aside from some scrubby sage brush. There is no record of animal life on it and there is no human life on it. Nothing having a food value grows on it. Furthermore, it is said that no living thing, with the exception of a minute shrimp, can live in the saltiest of salt waters which surround it.

There is a ditty which says, "A wise old bird is the pelican." The existence of this bird colony appears to bear out the truth of this statement. Apparently, a band of roaming pelicans from the Pacific coast concluded that the location of this isolated refuge made it a veritable paradise for the rearing of their young. It was practically immune from disturbance by man; it appeared to be free from danger to both eggs and young birds because of the absence of prowling animals, and climatic conditions were favorable—the sun shining on the rocks would assist the process of incubating the eggs while the birds were absent from their nests. Accordingly, since no trace of the pelican, in numbers is found in any other section of the western inter-mountain region, except at Yellowstone lake in Yellowstone park, the supposition is that the news of this "find" was communicated to the haunts of the tribe of pelicans along the Pacific coast, because now, especially during the mating season, great flocks of these peculiar birds migrate hundreds of miles over mountains, desert and plain to this rookery in the midst of this salt sea. Later, the seagulls and cranes, sensing the security enjoyed by the pelicans, followed and also adopted this as their refuge.

The utter lack of food on this island is not a serious matter because these birds are all good long-distance flyers. They fly to the outlets of fresh water rivers and lakes and obtain the necessary sustenance, the average round trip being about 80 miles.

Father Picked Moral From Youngster's Joke

A prominent Los Angeles attorney told the following story in a recent address to the graduates of a grammar school. He said that his son, a high-school graduate, came home one day and asked him if he were a good mathematician.

"Yes, my boy, I think I'm pretty good," the father replied.

"Well, then, I have a problem I'd like to have you solve. There were three frogs sitting on a log—a bullfrog, a tree frog and a toad frog. The bullfrog decided to jump off. How many were there left?"

The father smiled. "Why, that's an easy one. Two frogs were left."

"And that's where you are all wrong!" exclaimed the boy, grinning. "Three frogs were left, because the bullfrog only decided to jump off. He didn't jump."

Then the lawyer impressed upon his audience that a person who would win success must act promptly on his decisions.

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you need to repair your barn and sheds.

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Yours to live and let live,

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For Men, Women, Children

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Scio, Oregon

Scio Independent Cash Produce Co.

Is operating independently and can pay the Highest Market Price for Cream and Produce. Now Open For Business.

LEONARD JORDAN, Proprietor

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are Coming!

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J. B. COUEY, proprietor

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Fresh and Cured Meats

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