

UNCLE BEN SAYS:

"Health, Nevvy, is like an air cushion, it eases the jolts of life wonderfully."

Rose Cold Victims Don't Like June

By D. O. L. SCOTT, C.

—Along in the month of June when the roses bloom and the bride marches to the altar, comes a pernicious trouble known as "rose cold," because it comes when the roses are in bloom and, like hay fever, affects the air passages.

—Rose cold is a forerunner of hay fever. Those who suffer from rose cold are invariably victims of hay fever a little later in the season. Now it is agreed by all authorities that rose cold is a sub-normal condition of the air passages and can only be eliminated by "stepping-up" the vigor and tone of the nerve cells and tissues. This is naturally done by chiropractic spinal adjustments. No other way to restore nerve impulses in any given portion of the body is known. That is why chiropractic succeeds where everything else has failed, both in this disease and in hay fever.

HEALTH FOLLOWS

CHIROPRACTIC CORRECTS PRESSURE ON SPINAL NERVES IN DISEASES OF THE FOLLOWING ORGANS:

HEAD
EYES
EARS
NOSE
THROAT
ARMS
HEART
LUNGS
LIVER
STOMACH
PANCREAS
SPLEEN
KIDNEYS
BOWELS
APPENDIX
BLADDER
Spinal Column—LOWER LIMBS

THE LOWER NERVE UNDER THE MAGNIFYING GLASS IS PINCHED BY A MISALIGNED JOINT. PINCHED NERVES CANNOT TRANSMIT HEALTHFUL IMPULSES. CHIROPRACTIC ADJUSTING REMOVES THE PRESSURE. THE UPPER NERVE IS FREE AS NATURE INTENDS.

I testify that I was entirely relieved.—G. J. White, sworn to before E. B. Jones, Chiropractic Research Bureau Statement No. 1272H.

Your Health Can't Start

before you telephone 87 for an appointment and make it today.

DR. O. L. SCOTT

CHIROPRACTOR

414-19 U. S. Bank Bldg. Phone 87. Salem, Oregon

Hill. It had been many years since they had been there. The men are sons of Fred Browning. Arnold works in a bank in Salem and Fred has a farm near there.

Jo. Kitchen has returned from the Los Angeles electrical school.

The following attended the Jersey picnic near Marion Saturday: S. B. Holt and family, T. M. and J. G. Holt, Mr. and Mrs. Scott and boys, Lucile Sommer and Leonard Gilkey and family.

Mrs. John DeWall was operated on in Albany Saturday for appendicitis. Mr. DeWall is able to get about with a crutch.

O. L. Holt and family spent Sunday at T. M. Holt's.

Dorris Smith, of Albany, is assisting Mrs. Frank DeWall in caring for the John DeWall home.

The following are attending summer school in Corvallis for two weeks: John Scott, Lona Zysset, Marion and Allen Gilkey.

Mrs. Tim Kelly is ill with the mumps at the home of her parents, the John Reileys.

Mae Higginbotham and children are visiting at W. E. Serfling's.

Frank Prokop and family and Ira Serfling visited in Silverton Sunday.

Alvin Gilkey is home from Washington.

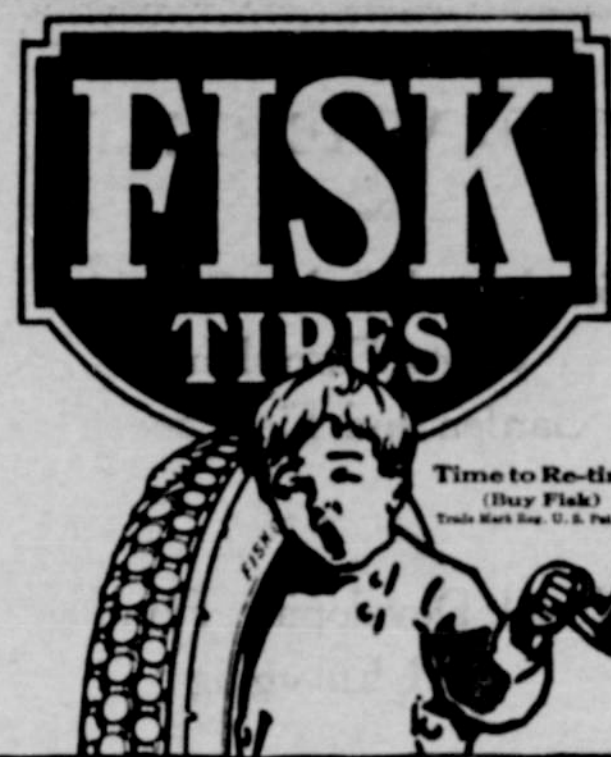
Mrs. W. E. Serfling and Margaret visited at Lacombe Sunday.

Orville Gilkey and S. F. Zysset have returned from Tillamook.

Ethel Zysset visited at home one day last week. She is staying at Claude Hyde's, near Corvallis.

Father's Day was observed at the Sunday school with a short program, as follows: Reading, "Remember Father," Edna Gilkey; reading, "Deeper," Effie Sommer; solo, "Let Me Hear the Songs My Father Used to Sing," Mrs. S. B. Holt. Roses were presented to all fathers, white ones to those whose fathers are deceased and pink ones to those whose fathers are living.

Will Mespelt and J. H. Kelly and wife motored to Eugene Sunday. The Kellys visited Mrs. Kelly's sister, Mrs. Janie Baber. Mrs. David Smith accompanied them home to



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Time after time one Red-Top has outworn three ordinary tires. Its distinctive looks indicate your selection of a high-grade tire while its extra mileage more than justifies your choice.

There's a Fisk Tire of extra value in every size, for car, truck or speed wagon

visit at Will Mespelt's.

D. H. Hildreth, of above Scio, has purchased the last grade cow Leonard Gilkey had, a Holstein. The Gilkey herd now consists of purebred Jerseys. It pays to advertise in the Tribune.

We hope to see a large crowd at the Community Club meeting next Monday night. You will find a royal welcome awaits you.

Has Been Busy

In his monthly report, County

Agent A. C. Heyman says:

"We spent thirteen days in the office and thirteen days in the field, of which many were from twelve to fifteen hours per day. We had 71 office calls, wrote 95 personal letters and eight circular letters with a circulation of 1718 copies. We wrote five articles for local papers, answered five questionnaires, traveled 600 miles by auto, and visited 76 farmers. We were present at one project meeting and five miscellaneous meetings attended by a total of 929 people."

Scientist Conquers Nervousness

Nerve Centers Fed with Soothing, Healing Force

Marvelous results in giving almost immediate relief in cases of nervousness, sleeplessness, brain-fag and kindred ailments have been demonstrated by means of home application of high-frequency electricity. These results are described in a free book that can be obtained from the Renulife Violet Ray Headquarters, Salem, Oregon.

Thousands of volts of electricity, vibrating so rapidly that they are as painless as a ray of sunshine, are applied to any part of the body. The immediate result is a feeling of strength, confidence and well-being. The nerves are steadied, vital organs are stimulated and the entire body responds to its strengthening influence. Success in the treatment of more than 100 diseases is reported by users. Get this health book at once.

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Physician and Surgeon
Calls Attended
Day or Night

SCIO - ORE.

HELEN JOHNSTON WEDS

Becomes Bride of Roy Lee, of Port Orford—Many Other Items of Interest.

Gilkey, June 13—A pretty home wedding took place at the home of James Johnston Saturday afternoon when his daughter, Helen, became the bride of Roy Lee, of Port Orford. Rev. J. J. Canoles, of Lebanon, officiated. A bounteous repast was served at 5 o'clock. Mrs. Lee has lived near Thomas most of her life where her friends are numbered by her acquaintances. She is a graduate of Monmouth college and has spent several years teaching in Linn county and elsewhere. The best wishes of the community follow these young people. The following were present at the wedding: James Johnston, Leona and Guy Johnston, Herman Johnston and family of Lebanon, Miss Agnes Johnston, Mrs. Minnie Smith and Miss Ella Jiroch of Scio, and Clarence Miller of Jefferson. The bride and groom left that evening for their new home.

Miss Juanita Mespelt entertained the members of her sewing club at her home Friday afternoon.

Cletus Holt is improving. Mrs. Julian Hrudka and two children visited at Frank Prokop's on Tuesday.

Will Mespelt has a new Overland Four.

Arnold and Fred Browning and families, of Salem, called at Fred Sommer's Sunday to enquire the road to their old home on Hungry

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25% Saving to San Francisco and Return

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Swing East this way and see more of the U. S. A.

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Are the Lowest in Years

\$2.85 \$3.00 \$3.50

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JOHN M. SCOTT, General Passenger Agent